

A Bright Future 1

We all would like to have a bright future in front of us. Let us ask therefore: What is needed in order to be able to live on the bright side of life?

It is not money or wealth, external conditions which are the determining factor but it is our Heart and Mind, what we feel and what we think affects what we experience

Even more than our thinking it is our emotions and our feelings which determine in what kind of world we are living, to which extent we can enjoy fulfilment and True Happiness

What are we primarily looking for? Our own pleasure and fulfilment or is it more important for me to make other people happy?

It is obvious that true fulfilment is not possible without True Love. For this reason our focus in life must be centred on expanding our ability to love

Love can only be experienced in relationships. We need each other in many ways. Ultimately our happiness depends on how much Love we share with others

Once we understand this fundamental point in life deeply, we will not look first of all for my satisfaction but live for the sake of others

Our common bright future as humanity can only be secured if we all come to realize that we depend on each other not only externally but on internal levels because we all are interconnected

Already thousands of years ago people knew the Golden Rule: Treat others in the way you would like to be treated

If we make this timeless wisdom our own we will always make sure that we treat others with Love and Kindness

And when we do this then the atmosphere around us will change and before long you and I will experience Heaven on earth because we are deeply concerned for one another

We can learn from past mistakes and not repeat them but show that we can do better and build a loving and caring world

It is up to you and me to build a new world where everybody can enjoy life

On the foundation of being aware that our Heart and not our brain is the centre of our personality we can make a new beginning and renew our priorities

The quality of our life does not primarily depend on how much money is at our disposal but how much Love is in the air which we are breathing day by day

Accordingly it must be our first priority to look for True Love which can only be found once we know that Love is directly connected with responsibility

In essence, to love somebody means to feel responsible for this person's happiness

We want to see the beloved deeply joyful, to enjoy life together with the ones close to our Heart

The size of my Heart, how many people I am able to love, is the main factor deciding on which level I can experience fulfilment in life

A mature person is capable of loving many people, of building harmonious relationships beyond internal or external borders which separate us from one another

Our common bright future will begin today if we start to connect with one another in Heart

A Bright Future 2

Whether my Heart is open or closed is the decisive factor determining whether Love can flow freely or not

Only if my Heart is widely open to give Love will I be able to receive deep Love

Without making room in my Heart for Love to enter I cannot enjoy the presence of Love in my life

In order to create this free space for Love to dwell we need to make order and clean our Heart and Mind from any emotions and concepts which hinder True Love to flow freely

This essential task can only be done by each one of us individually. Others can help but ultimately every person has the keys to personal happiness in his or her hands

We can learn from our body where all organs work together harmoniously in order to secure our health and wellbeing

Similarly we need to go beyond any kinds of barriers that separate us from one another and become one worldwide Family of men and women who strive to ensure the happiness of all inhabitants of the earth

To change this world where self-centredness and egoism reigns into a loving surrounding where Heart and True Love stand firmly at the centre is not an easy task

How much a person invests for this noble goal depends on the individual. Certain is the fact that the more we love the more Love will be returned to us

In a cold world somebody has to start giving true selfless Love in order to create a loving environment. Is it you or me or should the others make the first step?

Some have already begun to share their Love freely with others. With every person who joins in, more True Love will be present on this earth

People have been longing for True Love throughout history but only when we have the correct understanding of what True Love really means will we be able to experience it fully

Let us not wait for others but show that our Hearts are big enough not to ask first what can I get but what can I give

This website was created for you to use it in order to get some new inspiration and to share with others beyond cultural or religious differences by focusing on the highest value which is undeniably our Heart and True Love

Let us use the blessings of modern technology and fill in the Love which is missing in order to have not only on external levels many conveniences at hand but more importantly to enjoy a loving surrounding where people care for one another

Modern technology has enabled us to experience that the world is not only our home but also a village where we can connect directly with people on the other side of the planet in a matter of a few seconds

On the external level the worldwide web of connections is already well established. Remains only that we fill it with Love, with True Love

Because there is so much wrong understanding of what Love means, our first task is to become absolutely clear what True Love means and how we can make it an everyday reality

If we are ready to learn from one another we will surely reach the noble goal of building a world where True Love reigns

A Bright Future 3

In recent years we have been made aware of the fact that our attitude determines much of what we experience. A vast variety of answers are offered and one could spend days watching all the videos that are now available on the internet dealing with such questions

Even though there is a lot that can be learned by becoming familiar with all the insights which are offered, it is decisive that we understand first of all fundamental points in life

Every thought we are sending out is pure energy which creates an electromagnetic field; our thoughts look for a place of resonance, for an energy that resonates with our frequency due to the fact that similarities attract each other

Any thought, positive or negative, creates a field of resonance and everything that is similar is drawn into that field. It is decisive what kinds of thoughts we have and which electromagnetic fields we create with our Heart because they will materialize in one way or another

Until now our thoughts have been emphasized as being of primary importance but based on the discovery that the Heart is by far the strongest generator of electromagnetic fields it has become clear that the core decisive factor is our Heart, the attitude we harbour in our soul

Science has now confirmed that the energy that radiates from our Heart represents the most intensive form of communication, influencing our bodily organs and the world around us

In which way is the information conveyed? Through our emotions. When we feel something in our Heart then our emotions are transferred and manifest in our organs. The electric and magnetic energy interacts with the cells of our body and with subtle invisible matter

Ancient traditions have already been teaching the importance of focusing energy to reach out from the Heart to influence the people around us in a positive way. But it is not only them who are blessed but the person giving is influencing his own body positively

A great part of humankind has been focusing on the brain; societies developed where intellectual knowledge is in a central position. This tendency must now be completely reversed and our inner Heart must be allowed to stand in the central position

Upon having a closer look we will realize that the energy field created by the Heart depends greatly on our basic attitude in life. It is not just our emotion but especially the convictions which we harbour in our soul that influence our body as well as our surroundings

Our Heart serves as a kind of transformer that converts our emotions into electromagnetic fields. Therefore it lies in the hands of each person what kind of energy he or she produces and conveys to the own body and to others, not only in the immediate surroundings but even in far distant locations

All of our cells, each and every organ produces electromagnetic fields, radio waves that radiate from our body out into space to very far distances in line with scientific laws

Based on the fact that the field created by the Heart is electrically up to 100 times and magnetically up to 5000 times stronger than our emotions helps us to understand why healing is achieved through our feeling and emotions rather than base on our thinking

In this way we can understand that even though our thoughts are important, it is ultimately our emotions and the feeling which we carry in our Heart that determines what kind of experiences we make in our life, how healthy our own body is and in which way we are influencing those around us

We convey much more energy through our Hearts than through our brain. From this viewpoint it may become clear for us why some of our wishes are easily fulfilled while others cannot yet be manifested in our life based on the lack of inner foundation in our Hearts

Once we realize the great potential which we have in ourselves we will know that we can make a big difference, that we can influence the world strongly based on our convictions and the way we see ourselves and others

From the scientific discoveries centered on the Heart the conclusion may be drawn that only these things can manifest in our lives which we believe from the bottom of our Hearts. If we want to see our fundamental desires fulfilled, we have to be deeply convinced of their value

Whatever we are looking for, we have to bring our desires from the level of the brain into our Heart. We must change from being focused on our intellect to become people who put Heart at the very centre of all of our considerations in order to experience the level of fulfilment we are dreaming of deep inside

If you feel appreciation, energy fields with such a quality will be flowing from your Heart. This emotion will permeate your body and you will convey it to others

Core questions are therefore: What are my convictions? What do I feel deeply in my Heart? For example, what do I think will bring prosperity to humanity? Am I convinced that True Love is the key to achieve lasting peace and ever growing happiness?

What comes from the Heart will be fulfilled because our Heart is the strongest centre of energy. For this very clear reason we will experience a bright future if we do what we feel and realize in our innermost soul, the very core of our original personality

A Bright Future 4

The field of resonance which we create around ourselves influences us more strongly than any energy based on our wishful desire could ever manage to do. How easily we may be influenced by fields of resonance can be understood by remembering experiences in which our own emotions have been influenced through our surroundings

If we enter a church with a high spiritual atmosphere or visit a quiet place with strong energy fields we act immediately in a different way not just because it is expected of us but because we naturally respond to the peaceful atmosphere of the room. We receive that energy and become ourselves quieter in our Heart

Usually the inner peacefulness continues to prevail inside of us even after we have left a place for prayer or meditation. It is decisive that we take enough time to be in an uplifting atmosphere in order to have the strength to remain peaceful when we come into challenging situations

The fields of resonance in our immediate surroundings have a strong effect on us because they are continuously influencing our mind and body. Therefore it is a decisive that the home you live in is a place that provides you with a feeling of peace and serves as a source of strength

Is your living room a place of relaxation and inspiration or do you feel uneasy because things are not put in the proper order? Is your sleeping room full of boxes and other things or a place where you find deep peace? If our home is not our personal source of strength and energy then we have to invest in order to transform it into such a place

Often we surround ourselves with people who hinder us in our development because we are already well familiar with certain patterns from past experiences. Astonishingly we feel somehow at home in such an energy field even though it influences us negatively. If we stick to such a surrounding we will find it very hard to develop positive fields of resonance which will allow us to pull positive experiences into our life

Generally the collective consciousness is much stronger than the consciousness of an individual and therefore we are easily influenced by others in a group. Because negative fields of resonance are hindering us in our development it is decisive to cultivate relationships with people who have a good influence on us

A person who is unable to read and whose level of consciousness is low finds it very hard to reach higher levels of awareness if there is not a positive input from the side of other people who invest into this person

In what kind of spiritual atmosphere you are generally living may be easily understood when you take a piece of paper and write down the names of the people with whom you regularly meet and communicate with. And then note beside each person the main characteristic which is influencing you or which you receive through that particular individual

You may find characteristics like: inspiring, supportive and uplifting or criticizing and complaining, drawing energy from you. In this way it can be easily recognized whether the people with whom you are communicating provide you with enriching energy or whether they have rather a limiting and restrictive influence on you

Based on such insights we have to draw a conclusion: If our surrounding is not too inspiring for us we need to take more time to share with people who have a positive influence on us or invest more into making use of those sources of energy which are uplifting for our Heart and soul

The healing energy of thoughts is now confirmed by the discoveries of modern science. Many people whom traditional medicine could not help any more have become completely healthy again based on their positive thinking. This method works both for our own body as well as in support of other people's full recovery from sicknesses

Because the brain cannot distinguish well between what is actually happening and what we imagine strongly it is decisive that we visualize that we are completely healthy even though we may be sick at the moment. In this way we support our swift recovery in the best possible form which is most effective

We can feel into the healing of our body by using the strong energy field produced by the Heart. Additionally music is very helpful in order to speed up recovery. This fact is already confirmed in many ways on the level of science

Music stimulates the production of painkilling endorphins; music communicates with our body through resonance with our heartbeat and pulse, it influences the blood pressure positively and connects with our unconscious mind. Music affects our emotions in various good ways

With the help of music we can create a vortex of energy, a method which has been used for centuries by people, we can receive a boost of energy for our whole body which supports us internally as well as in our physical recovery or improvement of our health

The effect of good music on water crystals has been shown in impressive ways by various scientists. The result of classical music is visibly different from other kinds of music seen in the form of ice crystal formed by water that has been put under the influence of certain music

A Bright Future 5

In order for our deepest desires to be fulfilled we need to go through many steps, starting with the first one which may well be the visible manifestation of your goal in the form of writing it down to allow it to come in a tangible way into reality

To formulate what we wish for or aspire with simple words helps us to become clearer in our minds what we are striving for, whereby it is important to express our wishes in the present tense of portraying them as if they are being fulfilled now

To focus on positive content is decisive. Words like *'I do not want'* and *'not'* should not appear in our desires but we must concentrate on the positive side in every respect and make sure that our priorities are set right, putting Heart at the very centre of our considerations

We need to approach our goals with the attitude that they are being fulfilled now. In this way we can stimulate the thrill of anticipation which already causes the brain to initiate the production of endorphins, hormones which go along with the feeling of happiness

By emphasising gratitude we are strengthening goodness because in this way we look more at the things which go well in our life. The more we recognize all the good things which we have in our life the more gratitude we will naturally feel

Trust is a centrally important emotion or feeling. It is decisive to become aware that the opposite of trust, doubt, is a concrete wish or desire which bears its negative fruits while based on trust deep connections of Heart are established which allow Love to flow abundantly

In order to reach internal goals in an effective way we must not allow people in our surroundings to cause us to doubt. For this reason it is wise to share your deepest desire and highest aspirations with those who are supportive of our ideals

At the same time it is important to have always an open Heart and mind because things happen always for very concrete reasons although we may not be aware of them. Having an open mind allows us to gain deeper insights which will manifest in true wisdom of the Heart

While following our intuition it is fundamental for reaching our goals, we must also be aware that we need to increase our sensitivity continuously as we may easily mistake personal emotions for intuition which is a precious art which we lose when we are not cultivating a high spiritual standard

Whatever we may wish with all of our Heart causes the strongest energy to flow. For this reason it is essential that we long for the fulfilment of our dreams with all of our Heart and soul and strength

Most of all, each and every person needs to realize that I have the key to my happiness in my own hands. Now that it is already scientifically proven in manifold ways that our emotions and thoughts influence our body in very concrete ways, no excuse is acceptable because ultimately it is my Heart that determines what I feel and what I experience

Once we realize not only our uniqueness but also our unique value for others we will begin to live on a new level of wanting more than anything else to share with others on deeper levels and we will invest our Heart and soul for this very purpose

It cannot be emphasized enough that each one of us make our individual decision concerning what we experience based on the attitudes we carry in our Heart and mind. My attitude and mind-set determines what kind of situations I meet. This fact may easily be recognized by similar situations repeating in our lives, especially in these areas which point to problems that need to be resolved

If we have issues in relationships the first step is to look at the given situation honestly and when mistakes are discovered it is essential to forgive ourselves and others wholeheartedly. What we all need to be deeply aware of in this respect is that forgiving is about me and not about others. I liberate myself when I am ready to forgive others completely

In order to have a bright future in front of us it is essential to lay the right conditions for goodness and ultimately joy and happiness to enter our lives fully. For this to happen we need to make room for positive experience by getting rid of everything that is hindering us to experience overflowing emotions which allow us to feel elevated to the highest realms of inner peace and fulfilment

The process of purifying ourselves is essential in order to progress on our path towards ultimate fulfilment in life because only when we ourselves are in a harmonious state can we experience the deep beauty of creation which is ultimately based on Love

A Bright Future 6

Buddha said: *'The mind is everything, what we think is what we become.'* Now we know that even more so it is our Heart that determines who we are and what kind of personality we have. To listen to our Heart and to follow the guidance we receive in this way is therefore an essential task for every human being to learn

Recognizing what our Heart tells us may not always be easy. We have to cultivate this ability which is called intuition. Our intuition shows us that beyond our conscious thinking there is a realm underlying our external reality through which we are connected to the invisible world

That the invisible realm is influencing our life may be understood by merely looking at the fact that we use words like inkling, intuition, premonition, hazy notion, apprehension, foreboding, hunch, clue, intuitive idea or prescience, in order to express that we felt something in advance what is only possible if there is a higher level of interconnectedness among all things

The more I am listening to my intuition the closer it will be to my daily experience, enriching my life tremendously as it gives me a deeper vision for my goals and actions and secures my going in the right direction

Albert Einstein said: *'What really counts is intuition.'* Accordingly we are well advised to listen attentively to what our intuition shows us, what we know commonly also as gut feeling or gut instincts, flash of wit, sudden inspiration, flash of genius

Professor Hans-Peter Dürr is convinced: *'Every creative scientist depends on intuition; using only one's intellect is not enough.'* Should it not be natural for all of us to respond to this inner voice which speaks to us beneath the layers of logic?

In various dictionaries we find a number of definitions for what intuition means. What is good to remember is that the Latin roots of this word refers to look at, to look into and to realize; it is connected with the word inspiration, with something that we receive from above, referring to a common higher knowledge

Many people know intuitively what they want but they do not know why. Our intuition is not only in psychology and philosophy an important topic but also in neurology and people who study history, why certain decisions have been made and how intuition led to certain discoveries, deal seriously with this theme

Alexander Humboldt said: *'Everywhere an early precognition precedes knowledge that comes later.'* Intuition is an inevitable foundation for any kind of creative art and a natural part of our abilities which we should not allow to be neglected but cultivate by being always sensitive to what our intuition tells us

Albert Einstein expressed it in this way: *'The most beautiful that we can experience is the mystical. It is the art of all true art and science.'* We can definitely enrich our life if we take time to look inside, to listen to what our innermost Heart shows us in a very personal way

Historically, intuition was considered in the Christian world as the ability to have a direct inner connection to others but unfortunately it was degraded as something dubious below reason through the Renaissance

Most people with higher education are familiar with the words of Descartes: *'I think, therefore I am.'* Isn't it high time that we go beyond such thinking and return to putting the priority to our intuition, to listening to our Heart? The natural way of reasoning would be: *'I love, therefore I am.'* It is True Love that gives us true value and brings lasting fulfilment in life

Even modern science cannot explain from where our consciousness arises. If it were created in the brain then it would be only an issue of our head but that is certainly not the case. Pure matter cannot create consciousness

No scientist can explain what consciousness really is. It is much more than just rational thinking. That our being is founded in our rationality is nonsense. Still the majority of people in developed countries suffer from a sickness what may be called 'mono-causalitis', wanting to explain everything from only one rational principle. What is needed is a natural cooperation between our intuition and our intellect centered on Heart in order to gain true wisdom

With the help of logic one can prove something but not gain new insight; in order to reach deeper levels of understanding and profound wisdom intuition is absolutely necessary

It is essential to know that empathy is the foundation for intuition. The experiences of building heartfelt relationships in our childhood and youth are the foundation for being able to enjoy a well-functioning intuition which guides us safely through the challenges of life

Because intuition includes understanding and compassion it can penetrate reality with one glance. In order to get there where we are supposed to be as human beings who are endowed with the precious potential to experience True Love we definitely have to follow our intuition while making sure that we do not confuse intuition with emotions that has other roots

In order to get there where we would like to be we need to be clear why we have not yet reached our destination and why do I not experience what my Heart is looking for

Being attentive to what our intuition and our conscience show us is a secure way of reaching our ultimate goal

To get there where we feel truly at home requires a thorough examination of our own Heart and mind to become aware of what we are longing to see realized on inner levels.

No substitute exists to learning to follow our inner voice and to expand our ability to love if we want to reach the ideal of being able to enjoy lasting fulfilment in the realm of Heart

A Bright Future 7

Material things alone will surely not bring us the profound happiness and deep fulfilment we are destined to experience as human beings. For this obvious reason we have to look not only into our Soul and Original Mind but also see our surroundings with new eyes and find the answers which our Heart already knows

The Heart tells us what we need to focus on and our conscience reminds us of what we should not do. The only question is: Am I listening to my Heart and am I obeying my conscience?

Because we are not only faced with external pollution from which our body suffers to a certain degree but with spiritual pollution of being confronted with countless images which are not helpful for our inner development, we need to become very clear about our focus from the viewpoint of Heart

If we do not feel well and modern medicine is unable to help us in a satisfactory way then it is wise to make more efforts to listen to our own Heart and mind besides welcoming alternative healing methods including the wisdom taught by Eastern traditions

As more and more people suffer from illnesses which are undoubtedly caused by inner reasons like stress and emotional problems we have to invest more into research concerning root causes for widely spread sicknesses

Alone the fact that in most countries of the world the majority of people die because of reasons that are connected with the cardiovascular system tells us that we must have a close look at our Heart and ask those questions which really matter in the long run

It is our collective responsibility to look for the inner root causes of why so many people suffer from Heart diseases and other sicknesses which are directly or indirectly connected with inner issues that are expressed visible in the form of problems in our body

In order to enjoy a bright future we need to take care of our soul as well as of our body, whereby it is obvious that the inner precedes the outer, that we must address internal issues first in order to secure our health and wellbeing on external levels

Khalil Gibran once said that faith and trust are like an oasis in the Heart that will never be reached by the caravan of thinking. The way is now paved for all people to understand why our positive thoughts alone will not bring us to our destination due to the central position of our Heart. Only if issues are completely resolved on this causal level will we be able to see the wonderful future every child is dreaming of deep inside

Mark Aurel put it in the following words: *'Our life is a product of our thoughts.'* Now we know that much more so our life is the result of what kind of emotions and feeling we carry with us in our Heart. Let us never forget this essential fact

Albert Einstein is convinced: *'Problems can never be resolved with the same way of thinking which created them.'* He is certainly right in this point. The problems of the world can only be fully resolved if we are ready to address their root cause which lies undeniably in the Heart of man which needs to be healed

Sincere people of conscience have understood long ago a timeless truth: *'A drop of Love is more than an ocean of knowledge.'* Let us respond to this wisdom and show that we are mature human beings who know what really counts: that we walk the way of True Love

Dalai Lama once said: *'Love and compassion are the foundation for world peace.'* Remains only that we perfect our ability to love and deepen our compassion for one another and we will definitely enjoy a brighter future than we may have ever dreamed of

If we open our Heart and mind completely to connect with the ultimate Origin of Love we will find the deepest levels of joy and happiness because in this way we are uniting with the purpose for which we are created: To live in the eternal realm of True Love

For the sake of being able to experience what our innermost soul is longing for every human being has to find a Heart to Heart relationship to our Creator who is the ultimate source of all existence. Investing wholeheartedly into this task is the quickest way to arrive at our destination where we dwell in the unending realm of eternal Love

By focusing on developing our ability to love we are definitely on the safe side of life. It may not be easy at the beginning but we will experience that the more we invest into expanding the realm of Love in our life the deeper and wider the fulfilment we experience because it is our fundamental human destiny to live in the realm of True Love

The door is widely open. It is up to you and me to enter into the new world of True Love which can be built now at the beginning of this 21st century.

In 2012 we have passed through the 'end of the world' and now we live in a new era which will bring happiness to all people based on our Love for one another

Let us therefore not hesitate to give our Love freely and generously because more than anybody else it is us, you and me who benefit the most from our investment of loving care which we offer to others

Esoteric and spiritual teachers have known for ages that our body is programmable by language, words and thought. We live in a time when this age-old truth is confirmed through scientific discoveries. Core fundamental questions have been answered by modern science which has confirmed the supremacy of spirit over matter

May we all show that we are truly modern people by using the knowledge gained especially in recent years by science and unite it with the insights gained over the century by people of faith and practice the most fundamental principle of life: the way of True Love which guarantees a bright future for all humanity

A Bright Future 8

We are blessed to live in a time when the existence of God, Allah, Yahweh or whatever name we may give to our Creator is undeniably affirmed through scientific discoveries along with the testimonies of those who experience(d) our Heavenly Parent as living reality

Therefore the only open question is for every human being: How do I deal with the fact that I am a unique creation with Heart as the centre of my being, endowed with the potential to love in my unique way and manner?

Every person gives his or her own answer to the fundamental questions: In which way will I develop the gift of Love, the precious potential to share my Heart in unique ways with others?

Once I decide that I want to develop a loving Heart that is able to give unconditional Love I need to find my personal way of connecting with the Origin of True Love on a heartfelt and intimate level

This is essential in order to make sure that I follow the design inscribed in my original Heart and mind which longs to live a life of absolutely pure Love and nothing less than this highest standard

We find perfect structures in the natural world which allow us to build high-tech instruments like computers which only function properly if there is not the slightest incorrectness in the hardware. In the same way I can only enjoy the fruits of True Love if I make sure that my Heart is totally pure without any self-centered motivation

The greatest power known to man is that of unconditional Love. Through the ages, mystics, sages, singers and poets have all expressed the ballad and call to love, but unfortunately very few experienced lasting fulfilment in True Love due to the prevalent immaturity of Heart

Unconditional Love is an unlimited way of being. We are without any limit to our thoughts and feelings, and we can create any reality we choose to focus our attention upon. Therefore we need to make wise decisions concerning the future of our life

There are infinite imaginative possibilities when we allow the freedom to go beyond our perceived limits. If we can dream it, we can build it - a deeply fulfilled life based on loving with an unconditional Heart

Love is a wondrous adventure that excites the very core of our being and lights the path with delight. Nothing can bring us more fulfilment than living in a realm of heartfelt sharing in an atmosphere of selfless Love

Unconditional Love is a dynamic and powerful energy that lifts us through the most difficult times. It is available at any moment by turning our attention to it and using its wonderful potential to free us from our limitations

It requires practice and intent to allow this energy to fully permeate our daily experience. It begins with ourselves, for without self-love, we cannot know what True Love can be

When we allow ourselves to understand the impact our actions have not only on ourselves but the planet we live on, we realize the necessity to take loving action, centered on the originally designed ideal for humanity, a world of True Love

We all can make a new resolve: Who will I be in the future? How do I want to experience life? Will I be more kind, gentle, forgiving, tolerant and loving?

The power of Love is held within each of us every moment. This wondrous energy is available merely by our use and conscious recognition. When we choose to love one another we transcend the lover personality perceptions and rise to higher truth

Love is considered the most basic emotion that human awareness can feel: therefore, it is the closest to the source of life, our Eternal Parent who created us out of Love

If we make it our goal to live a life of compassion and unconditional Love, then the world will indeed become a garden where all kinds of flowers of Love can grow and bloom

With the ideal of a world of True Love in mind, let us further the understanding and application of selfless Love through being an example of embodying a Heart which is capable of giving without any conditions

If we wish to see a new world filled with peace, Love, gratitude and joy, we must fill ourselves first with these qualities and then share them to everyone and everything around us. This is the natural way which will lead to the realization of the ideal we are longing for in the depths of our Hearts

Now is the time to embrace the Love from our Heart and reach out with compassion and kindness to all people beyond cultural and religious borders so that we can become truly one worldwide family whose members care deeply for one another

A bright future is guaranteed for every man and woman if we are ready to take responsibility for our situation, prepared to resolve all issues which burden our Hearts centered on the ideal of the realization of a world of True Love

A Bright Future 9

After a long history of deep suffering humanity has finally arrived at the point where all people can leave the realm of uncertainty and become absolutely clear about the purpose of existence and deal successfully with all fundamental challenges of life

The key to a new hopeful future lies in the readiness to be absolutely honest in front of myself and to face my actual inner situation with the desire to go through the needed changes until I am there where I am longing to be

In order to advance on our path towards perfection in our ability to love we need to first be clear concerning fundamental aspects. Let us therefore reflect about the meaning of selfless Love which we are striving to manifest in our actions

What do we mean by the word Love? Is unconditional Love a feeling, something like affection or romance? What does it mean to unconditionally love ourselves and one another?

Often we define Love as a physical response to either external or internal stimuli. For instance, when we look at another person whom we love. We may get a sense of inner happiness that translates into a melting feeling in our bodies

Let us look at Love as being something more than just an internal feeling or an external description. Love, like all our other doorway concepts, is a thought within which we need to cultivate until our whole being is filled with the desire to give and to receive Love

The thought of Love has an energy to it. The energy comes from the culmination of all our experiences and memories of Love

The physical and emotional experiences provide part of the backdrop of what we know as Love. And yet there is more. Because Love is a thought and our thoughts have energy, Love is also power: internal power arising from our Hearts, the strongest centre of our personality

Love is a sense of peace within. Love is joy and happiness deep inside. True Love is an expression of kindness and compassion which we give freely and gladly, without any conditions attached

Love understands, Love comforts, supports, and cares for. Love forgives even the seemingly unforgivable, those who have hurt us deeply. True Love is wants to bless even one's enemies, knowing their pitiful situation of not being capable of loving with a true Heart

True Love honours, respects and believes in others. It is based on trusting others with a generous mind based on the deep knowledge that every person is a son or daughter of God who deserves to be treated with a loving Heart

Love is endlessly more than just a word. It is a way of being with the desire to give from the bottom of one's Heart to more and more people in ever increasing levels

To be unconditional is to have no strings attached, no expectations, no stipulations. Such an attitude liberates us to practice unconditional Love which is an unlimited way of being

True Love works special magic by caring, sharing, giving, serving, helping, healing, guiding, comforting, soothing, living from a caring Heart. This is the natural way of life which brings lasting joy to the ones giving just as the ones who receive and return from their loving Hearts

It requires courage, strength and determination to delve into our Heart and to come to know the divine bond that connects us to all sentient life and allow our expression to be one of compassion and understanding

As we learn to trust unconditional Love, we experience how this tangible, immutable power steadily brings all things into balance and harmony. Ultimately selfless Love becomes our natural path which allows us to become one with our Creator as well as with all creation

Love is a present from God, our Loving Parent. Let us make it our own by loving with a sincere willingness of allowing True Love to be our guiding intention through our thoughts and feelings

We are co-creators together with the origin of Love, our Heavenly Parent, destined to bring True Love into our own life and the life of more and more people, expanding this precious realm eternally

Because we are created in the image of God, as sons and daughters of our Eternal Parent, we are similar to our Creator with an unlimited potential to experience the beauty of giving our Heart to others

True Love allows us to be truly alive. Without it our life is more or less empty. Let us therefore embrace our potential to love wholeheartedly and use it to the best of our abilities in order to bring joy and happiness into this world in our unique way

True Love is energy with an enormous range of vibrations. It includes all aspects of our life which is meant to be permeated by this loving energy. Let us not hesitate to focus on building bonds of Heart which allow Love to flow richly

A Bright Future 10

There is a simple reason why our choices do not always create the outcome we desire. Because we are not listening to our Heart attentively enough

We may have forgotten from where we come from and where our true power lies. We definitely need to be deeply aware that we came from Love and that we are destined to move towards True Love, nothing less

Our natural state of being is Love. Deep in our Heart we know it is true, we feel that it is indeed true and therefore we should not allow anything to stop us from reaching the goal of having True Love flow without limitations

Why are we lacking the precious experience of living in the presence of True Love? Because we have difficulties to love in a completely pure and selfless way

The practice of True Love is the only lasting healing method. There is nothing to figure out because it is already unmistakably clear and proven in countless ways: The only answer is Love, True Love

May each and every person understand: There will only ever be one you – and you are a beautiful soul, capable of creating miracles of Love every day

Being your authentic self is a gift you give to the world, allowing others to also do the same by having in you a true person with an unchanging Heart

Only in the light of Love we can thrive and flourish to our fullest potential. In this way we develop our ability to heal those whose Heart is broken and we become a blessing for all life that is connected to us

Deep within the eyes the ever living Spirit of God reveals the beauty of our soul that shines the light of Love. In order to live in such a reality we need to make sure that our Heart is completely clean and our motivation totally selfless

True Love vibrantly stirring our innermost being moves us to explore the endless depths of the realm of Heart which we are meant to feel throughout our life on earth and in the next world in ever growing dimensions of beauty and harmony

After a long sad history of suffering the time has now arrived when all people can enter the realm of true life and shine their unique light of Love from their Hearts, touching all that surrounds them

It is our time of the great awakening to reach the oneness in Heart which truly loving relationships allow us to experience. Together we can create a universe where the spark of True Love is omnipresent

To experience the giving and receiving of True Love is ultimate joy of life which bring happiness into every Heart, enabling us to touch each other in the deepest soul

Knowing the path of truth means to have found the light of Love which enables us to see the vibrations of Love in everything and moves us to add our own contribution with a loving Heart wherever we invest ourselves

It is essential to feel my essence as a being of Love, an individual unique truth body that originates in Love and is born to expand the four great realms of Heart expressed in the relationship between parents and children, husband and wife, and among siblings

We are meant to be the living awareness of Love who see everything through the eyes of Love and who are dedicated to spread such a consciousness to others with the desire to help them to listen to their Hearts and to respond to their calling to embody True Love

Let us follow our Heart as we pursue the eternal journey spreading True Love as we live a renewed life with passion and purpose, fulfilling the original ideal of creation

Once you let your life be guided by Love, your intuition will always give you the right answers. Let us listen to our original mind and trust our innermost soul while striving to build firm connection with the Heart of our Loving Creator

God, who created us in His/Her image is Love, True Love. Therefore the most important question which we answer in our life is: To which extent am I ready to open my Heart to our Heavenly Parent and in which way am I ready to manifest a Heart of True Love?

It is a fact for each one of us: You are the only person ever like you in history. You and I are here to shine with absolutely since selfless Love

Ultimately every human being needs to realize the precious truth of the following simple statement: You are Love, destined to share your Heart with the world

A Bright Future 11

It is usually during times where we face the greatest challenges in life that we also create the most beautiful opportunities. These are the moments where we often initially feel the intense sense of helplessness or hopelessness, fear and doubt

When challenges loom large and threatening our first response is typically one of reactive role towards some outer condition, person or thing. If we forget in such decisive situations our inner presence and creative potential to focus on our Heart

If we continue to remain in this narrow point of view, we take on the energy and become victims of circumstance. Such moments are the reminder that we can go within and realize what is really happening: we are facing our limited thoughts and feelings that at some point we allowed to become part of our consciousness

We must use such challenging situations to remember our infinite ability to see the bigger picture and to imagine something new, and give our Heart a chance to express the wisdom of the ages, the fact that True Love is the answer; it can heal any inner disunity and struggle

Let us embrace the moments of challenge and make the very best out of them for they point to our Heart where a brighter future filled with unlimited possibility awaits if we allow the power of Love to radiate from within our Heart in harmony and magnificence

Our spiritual life, perfected from within by sharing from our Heart with others, is our Heaven which we create as our treasure out of Love

It is our loving Heart which allows us to overcome any obstacle and give us the strength to continue to invest until we are all one in an atmosphere of sharing True Love with one another

We are children of light, born out of Divine Love and destined to create a universe of Love which was initiated at the beginning of time by our Eternal Heavenly Parent

Because of our divine origin we can achieve all things possible in the world of Heart and live in harmony in a universe without borders where we share True Love without end

As we reach for the very highest light of True Love we are all connected within our precious Hearts by unbreakable bonds which have their roots in our Heavenly Father/Mother who put the seed and potential for unique expressions of Love into the soul of every human being

When we are conscious of the universal nature of Love, we will want to fulfil our dream and our life purpose by embodying this precious nature substantially and building bonds of Heart which will last eternally

Unconditional Love is a dynamic and powerful energy that lifts us through the most difficult times. It is available at any moment by turning our attention to it and using its wonderful potential to free us from our limitations. It requires practice and intent to allow this energy to fully permeate our daily experience

Selfless Love begins with ourselves, for without self-love, we cannot know what true love can be. In loving ourselves, we allow the feeling to generate within us and then we can share it to everyone and everything around us

It is a universal principle that which we send out, returns to us in greater measure. Therefore we need to be very honestly about how we feel towards ourselves, physically, mentally, and emotionally, or spiritually, and realize what kind of radiation we spread to others

Many people have travelled this world with different dreams, purposes and aspirations on the personal level but the overall goal has been to achieve one common goal, global peace and unification. But this course cannot be achieved without unconditional Love, which possesses the magical powers of the Divine for transformation in the deepest Heart of those who receive it

When the human race embraces Love unconditional, then the lost will be found, the naked will be clothed, the hungry will be fed, and there will be peace and unity in a world where all people speak one language, the language of Love

In order to see this dream realized, acts of Love are necessary on all levels. When we allow ourselves to understand the impact our actions have not only on ourselves but the planet we live on, we realize the necessity to take loving action. We each have the power to correct conditions within as well as to affect the world we live in

There are so many ways to apply Love in our everyday lives. Yet, if we do not take care of ourselves, it is virtually impossible to feel and share Love with the world around us. Therefore our first task is to love ourselves so that we can love others wholeheartedly

As an act of self-love, we can begin to educate ourselves and learn to take care of our physical bodies as well as keep our thoughts and feelings positive and loving. Nurturing ourselves also teaches us how to nurture life around us

If we practice constant acts of kindness we can bring kindness upon this planet. Forgiveness is a most powerful act of kindness; both for ourselves and for others, such a Heart promotes unity, harmony and oneness that transmutes the old into the new.

This magnificent planet is filled with opportunities to experience love, respect, peace and joy. When we, as individuals, realize our potential to love unconditionally, we transform ourselves and the planet at the same time. The choice is ours to create a world of joy and happiness, love and goodwill and to secure in this way a bright future for all humankind

A Bright Future 12

Every moment of every day is a new beginning. This can be a powerful mantra or affirmation. The meaning held in these words opens us to a new way of living and experiencing life in the awareness of the power we wield every moment of every day

Each moment holds a new beginning of possibility and an opportunity to create without limitation. We can let go of what we perceive or believe is before us and allow our personal potential to shine through

Let us start each day as a new journey of self-discovery by letting go of yesterday and tomorrow in favour of embracing the power of now and using it to manifest Love in uniquely personal ways

So many people are calling, praying and demanding peace upon our beloved planet right now. Let us all be reminded that true peace is found when we are at peace within. Be at peace and you create a world of peace

Take the time to find the natural peace that resides within and you add to the real feeling of peace to everyone and everything around you. Let go of your fears and doubts and that of others in order to be free to enter the realm of True Love

Be extremely discerning in what you focus your attention upon right now and question the messages and reflections. If it is loving, expand it. If it is less than loving, invoking hatred, fear or anger, release it and return to peace which is naturally present where True Love is being shared

We live in an amazing time; even though there are still many issues to be resolved we can walk in joy and harmony with deep confidence because the victory of True Love has been won on all levels. Remains only that all people inherit this precious realm

Every person can make a new resolution to love unconditionally as we are meant to do in line with the purpose of our existence. We have an unlimited supply of Love in us; it only requires our conscious decision to release this treasure and to allow True Love to flow from our Hearts day in and day out as this is the most natural way

Once you realize that you are a powerful, spiritual being who can create with Love we will take good care of your thoughts and feelings and make sure they reflect the positive you. Also observe your actions and insure that they have a loving intent too

Even when our emotions get the best of us and the stress and concerns of life become a bit overwhelming, just remember we have tools of forgiveness, meditation, visualization and letting go to assist us in overcoming the negative experiences we encounter each day. Some things just are not worth worrying about or holding on to.

When you are clear and receptive to your own higher, loving nature, you can then direct this Love to people and places around you. Your peace becomes the peace for others. Your Love becomes the love other people feel

May we all show the Heart of a true son or daughter of our Heavenly Parent as we are meant to have as we choose to live freely and joyfully. In doing so, we make this a better world to live and love in and we secure a bright future for all people because the practice of True Love is bound to expand and to bear beautiful fruits

The power of Love is held within each of us every moment. This wondrous energy is available merely by our use and conscious recognition. When we choose to love one another we transcend the lower personality perceptions and rise to a higher truth. We recognize our oneness, wholeness and interconnectedness.

This is not a conditional love or the type of love one may try to use to earn favours or expect validation, rather this is a universal and unconditional love that recognizes the beauty in life every moment. It is of a higher nature. It is a natural expression that is giving for the sake of bringing joy to people's Hearts

It is in the sharing and giving of Love to others that we receive the same that we give. Give Love and surely you will experience Love itself. Express Love to the world around you and the world will reflect back to you the power of Love

Each of us desires to understand and realize this experience of Love. We seek it in our families, relationships, careers, religions, hobbies, and even at times we look to nature itself. All the while, it is right within us ready to be given out and experienced

Love is such a powerful force especially when shared. Let us therefore become deeply aware of how much the notion of Love plays a part in our personal journey of life. Together we can create a Movement of True Love and secure in this way the best possible future for all mankind

The light of Love will shine so bright and people will feel pure joy. Once this happens the world will become one as a loving Family where happiness will reign forever because everyone has learned to live for the sake of others

We are not here on earth for our own purpose but for the universal cause of building a world of True Love as our Heavenly Parent has intended from the very beginning

Once our spiritual path is defined by the focus on the development of our Heart we will follow this course gladly to contribute to the whole. We all as a collective are responsible for this unfolding of a new world where evil and self-centredness is completely overcome and erased

Inner peace and harmony need to exist, before world peace exists. Therefore we need to listen to our inner voice, our original mind and conscience, and do what feels right after we connected in Heart with our Loving Heavenly Parent

A Bright Future 13

Love and peace are qualities we cultivate through the choices we make. It is up to each of us to make this choice of our own accord and equally our opportunity to share this energy from within. No one can do it for us.

If we wish to see how much love and peace is growing on the planet we need to be that love and peace. Then we will begin to notice it all around us. In fact, we will become a part of the very process itself and others will come to know us for this energy in action.

Peace is a very dynamic energy that moves in where strife and chaos attempt to control and tempers these situations so that all can be balanced naturally. Love is the same way. When we choose to love unconditionally, we bring the highest potential into every situation and heal generations of conflict

There are many events around our world that could make even the most hopeful seem to lose hope amidst the increasing appearance of seeming chaos. Yet, these are the very examples where turning to Love becomes the most viable and perhaps critical decision we can make this day. Now is the time to embrace the love from our Heart and reach out with compassion and kindness - to all

Each year we witness great tragedy with natural phenomena like earthquakes and hurricanes. However, such large scale events often distract us from the fact that individuals, groups and even entire societies are suffering daily and hourly throughout our great world. Whether by the hands of another or through disease, famine, war, or simple neglect, these conditions are no longer acceptable.

It is time for each of us to embrace and accept our selves on all levels and begin to see the reflection of our brothers and sisters in the eyes of every human upon this planet. In one swift action, the playing field is often levelled and instantly we are reminded that rich or poor, intelligent or uneducated, we are all in this adventure together. Why not realize this before tragedy strikes?

Collectively we have the resources, technology and ability to change our very reality where everyone has enough food, clothing and shelter and can begin to express their creativity in positive ways. This is a simple choice that requires a selfless understanding of the right use of life. Just as the trees give of their oxygen without request for payment, we can give of our heart and touch another right where we are.

These are not issues of money and materialism - they are issues of choice. We have the choice to balance our love, wisdom and power. We have the choice to accept that what is directly in front of us may very well be the most important thing to focus upon right now

If we cannot look in the mirror and see a sparkle in our eye of joy and happiness, it will be virtually impossible to see the world respond as a mirror to our consciousness. Therefore the first step must be to resolve internal issues by becoming more loving and caring with a selfless Heart

If we wish to see a new world filled with peace, love, gratitude and joy, we must fill ourselves first with these qualities and then share them to everyone and everything around us. This is the balance of Love, wisdom and power in action. Give it a try and see how you can change the world

What a remarkable time we are living in. Everything is ready to build a world of True Love if only we use our potential well and take responsibility for all people to live in peace and security based on loving care provided on all levels

Each year has the potential to be even more amazing as we return to Love on this beautiful planet we call home. We can make it a place of happiness if we bring about the needed changes that begin in our Heart becoming more and more loving

From our vantage point, we can easily see how much change is currently underway in every corner of the globe that signifies this wondrous transformation unfolding in the Hearts of everyone

What begins in our Heart manifests in our outer experience of reality. Therefore we need to make sure that we purify our soul, and have a second look at our motivation to ensure that any kind of selfishness and egoism is removed from the face of the earth – beginning in my own Heart

One by one and after many eons of allowing the illusion of separation to influence us, we are quickly recalling and embracing the oneness of humanity based on the realization that we have a common Heavenly Parent who created us as His/Her beloved children

Whether through our recognition of our interdependent relationship with the environment, the necessity of honest, visionary leadership in business and government, acknowledging the needs of our neighbours in distant lands, or just simply accepting our individual selves without limitation or condition, we are finally standing in our truth and light

This is all happening by your personal efforts to change and evolve your thoughts and feelings. This change is not one of outer effort, instead it is the constant recognition and release of out-dated and limiting beliefs that no longer serve in favour of focusing on the Heart and the need for loving relationships on all levels

By acknowledging and letting go of the old worn out journeys of yesterday, each of us is creating a new reality based on Love. This release is commonly known as forgiveness and together we are manifesting it as a new paradigm and opportunity to live in harmony

Our simple actions of Love will have profound results. The many humble teachers that came to prompt us with this simple message of Love had no other desire than to remind us of our natural birthright that love is the way

Ironically, when we remember that Love is the answer, we forget there ever was a question. Unconditional Love is that way, it knows no duality and therefore, creates no problems

Living daily with our focus on Love, any limiting illusions naturally begin to dissolve before us and reveal the appropriate solutions in their place. Let us use our loving wisdom and become a beacon of light and Love for others to turn to

A Bright Future 14

For so many people, the key missing ingredient to their lives is the simple act of Love. Beyond our material possessions, families, relationships, and careers, each of us quietly seeks the feeling and experience of Love

As we move about in our daily routines, faced with ever-increasing issues of stress and challenge, fear and doubt, a soft inner voice is beginning to speak to us. This is the voice of deeper truth and reason

There is another way, another path. It is a path paved with the conscious use of Love. It is going beyond personal Love into the realm of unconditional love. It is the recognition that all life deserves Love regardless of its appearance or actions. All life is sacred despite any illusion to the contrary

It is with this recognition that we can affect amazing change in our lives, both personal and global. In fact, right this moment you are affecting life just by your current attitudes, perspectives, thoughts, and feelings. What if you decided to view life with Love?

Let us make Love a choice and let us make it popular by our word, deed and action. Begin with yourself by loving yourself and then share it with everyone and everything around you. Sound simple? It is

A wonderful example of efforts to bring about positive changes and to inspire others to do the same is the work done for the sake of uniting humanity by The Love Foundation. On their website we can read:

Since launching The Love Foundation, our mission and vision has stayed the same all these years, yet our experience and awareness have grown exponentially. What began as a seed dream of hope to remind and inspire people of their natural ability to love unconditionally has now blossomed into a worldwide expression of unity - humanity remembering each other as friends and fellow travellers on the journey of life

For too long we have ignored the inner impulses to awaken from our slumber. Life has been calling to us and showing us that we are all interdependent and interconnected. It is time to greet the new day and celebrate our family of humanity

What happens to one of us, happens to all. If we allow the illusion of separation to continue, we will fracture the very foundation that supports and nurtures our essence. The journey of unification begins with one Heart and one desire - to share the Love we have within without condition or judgment

Perhaps the greatest fear in embracing our universal self is that we may lose our identity as a result. To the contrary, we actually add depth, dimension and brilliance by incorporating the best from one another. True traditions are never lost as they strengthen the foundation that brings us together

Beginning today, consider seeing the similarities and embrace the differences. Look into the eyes of another and see yourself. Laugh and cry and know that everyone laughs and cries too. Be at peace and know your planetary brother and sister remember you too!

It is time to love from the very depths of our being and reclaim our rightful place upon this world as a unified humanity comprised of magnificent beings filled with unlimited potential in the Heart of every form

Love requires no special talent, skill or knowledge. It is held within each of us every moment. We need only realize it is ever present and available to invoke its gift. When we choose Love, we receive and share in the beauty of life itself

Love is the universal power that binds us all together and brings meaning to life. Yet, how many of us experience this Love in our daily lives? Who among us can consciously focus and become this love each moment? The answer is simple: anyone and everyone

We are all capable of experiencing love all the time because love is contained in all experiences. There is never a time when Love is unavailable. It is always there. Love is the creative force within all things. Let us not forget this truth

The key to experiencing love more frequently is to seek it out and become it. Wherever there is fear, doubt, anger, hatred, resentment, or judgment, we have an opportunity to find Love. We do this by first invoking forgiveness. To forgive ourselves and others is the beginning step to realizing the love held within life.

Every amount of effort we can place in this process is worth it. By using forgiveness and invoking Love we transform our world. It is the only way to free ourselves and others of limitation and negative experiences

Decide today to make love a priority. Do what comes naturally and follow your Heart. Listen within, forgive yourself and others, and ask for the truth of love to become your experience. Make it your intent and it shall become your experience

There is a new dawn upon the horizon. As the new millennium comes into view, humanity is facing the greatest opportunity ever. We, the people of this earth, can choose to bring unconditional Love with us as our personal and planetary expression

Through our thoughts and feelings, we manifest our physical world every moment. In other words, wherever we place our attention, that is what we create. Every person can consciously choose which way

they wish to live. Whether it is Love or fear, we all experience the consequences of the energy we send forth. Knowing this, we can accept our responsibility as creators and choose to express a higher energy of unconditional Love

As the sun has set upon this last century, we can release the struggle and strife of a limited reality. The negativity and its expressions of greed, hatred, anger, fear, and criticism, can all be left behind. When we choose to express ourselves from Love, these lower energies cease to exist and only True Love will remain as foundation for our common bright future

A Bright Future 15

Humankind has always had the potential and key to create a world of peace and plenty, beauty and harmony. It is time we use it and unlock the possibility of a new future. By turning to unconditional Love and making it our focus in life, each of us becomes a ray in the sunrise of this new dawn

When we make the effort to change personally, we change the world around us. Let us become deeply aware of this fact and invest with deep conviction that each one of us can make a substantial difference

Our journey is taking a quantum leap in expression as we recognize our individual limitless power centered on our ability to Love. As the millennium unfolds, we can forgive the mistakes of the past and move forward blazing a trail into this next century and beyond

Beginning with Love for ourselves, we can expand our reality by touching everyone with this Love. Each of us can make a difference when we let our Heart guide the way

You can carry the qualities of unconditional Love with you everywhere you go. Strive to be the best you can be in all of your efforts, in everything you do. In this way, you can be confident to be a model who inspires others to seek True Love in their own unique way

Together, all conscientious people who focus on Heart and True Love, are the visionaries of a future filled with magnificent prospects for a fantastic world which will definitely become a reality

Let us not wait any longer for others to take responsibility for changes but start today to offer our total dedication to the realization of societies where True Love is practiced on all levels

Around the world people are becoming aware of the power of Love. It is amazing to realize that something so simple has seemingly eluded humanity for so long. Yet, where once there were borders, walls are coming down. Where we previously saw an enemy, we now are beginning to see family - our fellow brother and sister

As our Hearts open we remember their tear is our tear, their laughter is our laughter. We are finally awakening to the fact that we are all one people upon this planet, destined to be one in Heart as children of our Heavenly Father/Mother who love us ever so dearly

So much change is occurring as old traditions, methods and beliefs are transforming into new ways of living. Cooperation is replacing competition, forgiveness is healing revenge and hate, and fear is being transmuted through love. These are the real issues of life that are truly altering our experience and setting the stage for a peaceful future

What can one person do to make a difference? Encourage Love. The best thing we can do every moment of every day is to be a beacon of Love. When we accept love in our hearts and see through the eyes of

Love, our collective world changes at that moment. We literally transform life each time we accept and share Love

Why would something so simple be difficult to embrace? This is due to our long held perception of separation and division from Love. We have forgotten that Love exists every moment and is available to us merely by its recognition. Instead, we trained ourselves over the centuries to believe that life is harsh and that somehow fear and doubt are more real than the all-pervading power of Love

We can make a new beginning and from this moment forward bring Love into every situation we experience in our daily life. If we do we will automatically bring Love with us wherever we go. As we practice this our life becomes the Love we seek to feel day by day

This is one planet, one world, one humanity. It has always been this way and always will be. In our daily efforts, however, we often forget that we are all connected in a beautiful and magical dance, the dance of Love

What a different world we experience when we understand the power of loving unconditionally. We see each other as fellow brothers and sisters on a wondrous journey. Each of us shares our wisdom, talent, and our unique perspective on life. In this way, diversity becomes the rich tapestry of our personal interconnectedness and interdependence

Through sincere reflection every person will come to realize his or her unique ability to love and be loved. Let us allow the truth of Love to permeate our existence and manifest a Heart of True Love in whatever situation we may encounter

A timeless wisdom says: *'Be at peace with yourself and the world will mirror peace back to you.'* May we all become those who carry not only deep peace in our soul but live with a Heart filled with Love so that we have always enough to share with others

Until recently people have been generally convinced that things that are separated from each other cannot influence each other. Based on such an understanding most people looked at themselves as separated from others which led to their feeling lonely and disconnected from people's Hearts

Such thinking led to people seeing themselves as victims of external circumstances. Many regard their situation as existing at the mercy of what is happening by chance, depending on whether destiny is good with them or not

Now we know that everything is connected with everything else, all existence is truly interconnected. This realization is decisive especially in respect to how our desires can be fulfilled because we do depend on each other, particularly in the area of experiencing lasting happiness which is only possible on the foundation of having built loving relationships

When the language of the Heart speaks to us we are touched in our soul. May we all become deeply familiar with the universal language of Love and make it our own, in order to reach out to others from the bottom of our Heart

A Bright Future 16

Seen through the eyes of Love, all things are beautiful. If we want to experience a world of Love we must see everything from the standpoint of Heart

In the ideal world, all thoughts are full of Love, each syllable that is spoken, every word that is expressed in Love, for the sake of sharing from one's Heart

Our vision for the future must be of Love, divine Love, in line with the design prepared by our Loving Creator who intended from the very beginning nothing less than an ideal where loving Hearts share with one another centered on the ideal of True Love

Because God is a Loving Parent we are created to live in Love, to lead a life of giving and forgiven, investing our Heart into people and in dealing with the natural world, in order to pass on True Love from our Heart

The core of the truth concerning Love is clear: Love is selfless, selfishness is loveless. Let us not allow ourselves to live in any realm less than sharing true unconditional Love with others

Every human being needs to understand in the depth of his/her soul that the purpose of life is to become the embodiment of Love and to realize the ideal of sharing True Love centered on family relationships where bonds of Heart are being established

Each and every human being was born with the divine dignity of a son or daughter of God, destined to demonstrate True Love in every respect, be it as brother or sister, as husband or wife, as parent or child, as friend or colleague, etc.

The most precious experience in life is to come to know our Creator through nature and most of all through God's children, any person whom we come in contact with

True Love does not watch through the eyes; it knows through the Heart. Such a perfected Love does not hear through the ears but it listens with the soul, and it does not talk with words but with heartfelt compassion

The ideal at which all people need to arrive is to love because it is my nature to love. Everybody will feel one day: I love with all my Heart and soul because I know that nothing else will bring lasting fulfillment in my life. I cannot act otherwise than to love

In the awareness that we all are the handiwork of our Loving Creator, let us be full of joy and Love by leading a life of selfless giving which naturally inspires others to join in and to expand the realm of sharing from Heart to Heart

Many people look for illumination of their consciousness; they want to reach higher levels of spiritual awareness while the light of eternal truth is very simple: We are born to live in Love which means nothing less than that I exist in order to love

This is the highest purpose of life. Nothing could be more precious than leading a life of True Love, a life of freely sharing with others from my Heart, with the desire that the presence of our Heavenly Parent may be felt in every soul

The needed change begins within by lifting our consciousness from being focused on our intellect into our Heart where the logic of True Love reigns

When we are open to align ourselves with the Heart of our Eternal Parent we set the divine plan and design for the ideal into being by becoming one with our Ultimate Origin as well as becoming co-creators of the timeless realm of True Love

May we all feel that the cosmic breath of our Divine Creator is upon us, longing that we manifest a Heart of True Love in which He/She can freely dwell

By renewing our thinking and purifying our emotions we can activate our Heart to radiate perfected Love to our surroundings, inspiring in this way those who are in contact with us to become themselves precious unique embodiments of True Love

As we become one in Heart with our beloved Heavenly Father/Mother the unending Love of God fills our whole being and we do not want to live in any other way than pursuing the path of sharing Love with whomever and whatever we come in contact with

In such a state of being intoxicated by the Love of God we want to embrace everybody and everything with a loving Heart full of compassion and empathy for others

The boundless energy of True Love activates the core of our existence and guides us on an inward journey home while we build Heart to Heart relationships with those living in our surroundings

In this way we expand into higher and higher Love dimensions while becoming our true self as beings of Love and light who live for the sake of bringing warmth to the Heart of all people

A Bright Future 17

As we pursue the path of True Love here on earth and in the world eternal we are connecting with other souls in timeless relationships as all people are created to live eternally within the realm of endless Love initiated by our Heavenly Parent

A cosmic world of peaceful harmony dawns in us to the extent that we allow the presence of our Loving Creator in our innermost soul

When we renew our sense of belonging we come together in a world of harmony and equality where we are meant to live as loving brothers and sisters who share the same ideals of a worldwide Family of Man

Within the Love of our Divine Creator who dwells in each one of us we can feel as loving sons and daughters who have achieved maturity in Heart which can never be reversed as the power of True Love lets us be united eternally, never to be separated again

As multidimensional beings of light we express deep wisdom and truth which is revealed to our Hearts based on purity and sincerity along with a crystal clear conscience

A new era of Love where all people live in oneness is at hand. How quickly this new era will be visible depends on our efforts to establish bonds of Heart among us

We hold the key of all that is and ever will be because we are created with freedom and responsibility; we decide individually as well as collectively our common future. Therefore we need to feel fully responsible for our present situation

The practice of True Love is the gateway to enter the realm of cosmic divine light and peace where we will dwell eternally after we have developed our Heart to resonate in oneness with our Heavenly Parent

As infinite spiritual beings we are able to establish connections of Heart among all people centered on our Divine Creator who longs to see all of His/Her children dwelling in peace and harmony, united with one another

When we let our inner original loving nature light our way we will live in joy every day because we will always strive to bring joy to others

The journey to the Heart there culminates in finding your true being, your divine essence, your source of true joy and elation

The life force endowed to us by our Heavenly Parent is in constant creation, bringing forth new life which will be fulfilled in joy and bliss as we add our selfless Love

Let us pause and be still in order to journey within, where silently an eternal pure flame grows which needs to be cared for by our loving attention so that it can light up our way to true wealth in the Heart

Most people need to slip out of the head focus on the Heart and realize that we are destined to be beings of Love who are motivated by True Love in whatever we are doing

As you delve into the depth of your soul where stillness pervades, deep in your Heart, you will find profound peace when you connect your existence with our Heavenly Parent who loves us endlessly

What if all the people in your life, every single one of them, asked you to be there so that your light might brighten up their way? Would you reject their desire or do your very best to be a true light for their Hearts? The answer is obvious. Let us be there for others even if we are not asked to do so as this is the most natural way of life

The virtue of True Love is not finding the perfect person but loving the imperfect person perfectly

The greatest gift you can give another person is the purity of your Heart and mind, your sincere attention and deep interest in the other person's precious soul

Life unfolds perfectly as we can witness again and again in nature. Shouldn't we do the same and become the source of very beautiful creations of Love, arising from our loving Hearts?

The hope for a glorious future of mankind begins when all people make efforts to love each other most sincerely as true brothers and sisters in Heart

With heartistic bonds connecting us we can feel free and secure to share our precious Love with one another and build a unified world wherein the culture of Heart blossoms in an atmosphere where every person is deeply loved

A Bright Future 18

We need to be profoundly aware of the fundamental fact that our thoughts create our reality. Every thought vibrates on a different level. What you are thinking about goes out and attracts similar content and our thoughts and emotions are multiplied

We are magnetized; we create certain electromagnetic fields according to the things we are thinking about. When you vibrate in the same wavelength as your desire your desire shows up in the physical reality

What you are experiencing in your life is the level of vibration you are at. This is a fundamental reality which we need to be conscious of as we take full responsibility for our life

It behoves us to focus our thoughts on that what we truly desire and stop thinking about what you don't want. This may sound very simple but there is a lot of subtlety going on in the creating process and therefore the purity of our Heart is so decisive

Conscious purification of my Heart is essential in order to eliminate the confusion when my life does not seem to be working in the way I am longing for deep inside

Once we understand the basic spiritual laws life becomes very simple. Because then you can consciously create the life that you truly desire in the awareness of the fundamental principles that need to be considered in order to ensure lasting happiness

We are beings of light because we are beings of energy; Love is the most fundamental and strongest energy in the universe, able to lead all people into lasting joy and fulfilment. Let us therefore focus on this highest form of energy

As sons and daughter of our Heavenly Parent we were made for Love, to experience deepest fulfilment in loving relationships. This is our eternal destiny of mankind

Sharing Love is human nature because we come from Love. Our life originates in a Loving Creator and accordingly we are bound to live a life that is filled with Love

Our nature is to love, otherwise we get sick. This fact can be seen in many ways, especially when we look at the root cause for the many sicknesses for which doctors generally do not a satisfactory explanation

As children of God, we have a message to deliver to the world; first we need to convey this core message to ourselves and then to one another, the message of True Love being the origin and purpose of our life

That message is to remember who we really are, to remember our real nature and to become what we are meant to be as loving sons and daughters of our Heavenly Father/Mother

It doesn't matter where we are born and what language we speak we are each a unique being, born out of Love, destined to live in Love

We have the same message: Love and Joy. In other words, we live in order to love with a selfless Heart and to experience in this way never ending happiness

The voice of integrity, the voice of your Heart and spirit is always speaking to you even if you do not want to listen, and that voice is saying: I love you. Please love yourself, take good care of your precious Heart so that it will heal completely and become free to love without limitations

In every activity of your life you can express the real message of your Heart: I am a being of Love, born to bring joy to others by loving them – and I do this gladly and joyfully

When you express what you really are in life, only beauty can come out of you, only deep respect and appreciation for others and their dignity as sons and daughters of our common Parent

You can imagine all the Love flowing from your Heart to reach many people who need your Love and if you do so sincerely new desire to be there for others will surely arise from deep within your soul

Join your Heart with the Hearts of those in your surroundings, the people with whom you can connect internally, and together let us offer our sincere Love to the world

By putting our Hearts together and sending our Love to all humanity the moment will come when their Hearts will react to that Love. They will express their Love also the same way that we are sharing our Love with them

Our internal power is immense, the Love and light within us are completely amazing. Let us choose to shine with all our Heart to light up the world by living for the sake of others on ever higher levels

A Bright Future 19

The time has come to reclaim our renaissance of unconditional Love. Let us love beautifully gracefully from the depth of our Heart as we embrace the rebirth of our own choosing

Love was never meant to be limited by emotional constraints but it is here to express boldly and without conditions the beauty of our Hearts

Take the first step today and create a new reality where unconditional Love is the beginning, middle and end in all you do and the world around you will begin to reflect your Love

Acts of Love include serving each other, to respect each other, to trust and honour each other, to cooperate with one another, to care for each other, to forgive one another, to focus on people's good, to learn from one another and to create together of world of True Love

Every person is meant to be a living expression of God's kindness. You can manifest this beautiful calling through the kindness in your eyes and in your face, the kindness in your smile and all you are expressing in order to uplift others

Love is our true essence. When we live according to this most precious content we will naturally come together and form one universal family in the embrace of our Heavenly Father/Mother

The world would be an infinitely beautiful place and people would take pleasure in simply being alive, once they have activated the potential for True Love in their Hearts

Let the light of Love come shining through our eyes and face, through our whole being as we are created in order to love by sharing the precious contents of our Heart with others

The time has come for all people to see who they truly are deep inside. Once we clean up our Hearts we will be free to love and Love will bring us together in oneness as true brothers and sisters of a worldwide family where all members care for one another

Oneness among us will make all the things we could ever dream of become a reality in our life-time. Everything is ready. We only need to unite in Heart beyond any kinds of borders and differences

Divine unconditional Love is the ultimate reality underlying our existence and based on this most precious Love all people will find lasting peace once they open their Heart to our Heavenly Parent

True Love includes everyone and everything. We only need to activate it in our Hearts and we will soon reap the fruits of the seeds we plant by investing ourselves most sincerely

True Love is a sacred Love that accepts every person the way he or she is at the present moment with the desire to support the liberation of all people to love wholeheartedly

Pure divinity will be expressed through all of us once we cultivate the potential for magnificent beauty we all have in our Hearts

Unity in Heart is the precious ideal we have to strive for on a daily basis in order to be able to harvest the wondrous fruits of living in a world of True Love

Choosing to love in a selfless way opens up the way to experience the grandest feelings of uplifting expressions originating in the depths of our Hearts, which are the finest experiences we can have in life

Because we are created out of Love there is an inner knowing in all of us that already exists deep within every Heart, longing for fulfilment in Love

Our ultimate goal is finding the truest Love possible for ourselves and others by achieving heartfelt oneness with our Eternal Parent who is the origin of all Love

Let us connect to our authentic and true inner self as a being of divinity, endowed with the precious potential to become a perfected image of our wondrous Creator, the ultimate root of Hearts

Inner peace, inner balance, and inner strength is what we experience when we realize the path of True Love

Let us believe in our unlimited potential to love and in our divine dignity and act accordingly as loving sons and daughters of our beloved Heavenly Parent

A Bright Future 20

We all have the power to awaken into the realization of having one common Origin and one destiny which is nothing less than leading lives that are filled with pure Love that originates in selfless Hearts

When we open our Hearts to the awareness of unity, togetherness and Love for all people and nature we will see a loving world unfold in front of our eyes

A new dawn breaks and a Heavenly light arises that shines on all. We only need to open our deepest Heart and we will sense this precious presence that touches our innermost soul

The light of Love is there for us to create Heaven on earth. We only need to let it shine into our Hearts and radiate it from there to our surroundings

The universal language of our spirit is Love. Let us learn this language well here on earth so that we can freely communicate throughout eternity on ever deeper levels

When we move to the centre of light we find the blessing of Love which we are destined to experience once we fulfill our task to live in the light of truth

A new Heaven and earth is being built now in this new era of Love, of selfless unconditional Love which heals the Hearts of all people permanently. Let us offer our unique contribution gladly and willingly to this precious goal

In the core of Love we find infinity. We are created to live eternally as we share Love without end on ever new levels of deeper depths and higher dimensions

The cosmic Heart forever expands into the light of purest Love to encompass the whole universe in a loving embrace that will never end

Our primal focus has to be within our Heart consciousness of being aware of the higher dimensions of our life as beloved sons and daughters, loved in unique ways by our Heavenly Father/Mother who longs to see every one of the children livening in utmost joy and happiness

Through our lifetime experiences as we journey into a new world we evolve to become enlightened beings who embody unconditional Love

Every man and woman is called to manifest his or her potential in actuality by becoming a harmonious being who spreads the light of Love throughout the world starting with the immediate surroundings

Our spirit is the expression of our Creator's consciousness, with the potential to establish unlimited connections of Heart which will bring ever growing joy both to our Ultimate Origin as well as into our own life

Like the butterfly, our spirits will one day be freely showing rainbow colours in a beautiful reflection of iridescent light of everlasting Love

On our enlightened path of awakening we will naturally merge with one another as true brothers and sisters in the awareness that we are indeed members of one universal family of Love, connected within the realm of Divine Presence

True Love energy is the vibration emanating from fully opened Hearts who have grown as divine souls who radiate the goodness and beauty of our Loving Creator

We are created to be eternal lights of Love, not separate from one another but united in Heart to radiate together the precious contents of our perfected Love into the world

Our journey within the light of God's Love brings us into heartfelt unity with one another as our unified consciousness transcends any kinds of separation among us

As matured sons and daughters we will live our conviction concerning the preciousness of True Love and fulfill our task as spirits of light who are one with the Divine Origin of all existence

Let us embrace the ideal of True Love and become one with it in our deepest Heart and from there invest ourselves completely for its realization

A Bright Future 21

What is alive in our Heart and our awakened mind of Love and truth has become a reality as reflection of the precious qualities of our caring Eternal Parent who cannot stop loving each and every one of His/Her sons and daughters

We are created as eternal beings of light who are destined to grow into ever deeper levels of unity with our Ultimate Origin whose characteristics we are blessed to embody in unique ways and forms

As we connect with the precious realm of unlimited Love we also interact with one another as unique reflections of God's Love because True Love always searches for unity in diversity

All people need to awaken from the dark realms of separation based on self-centeredness into the bright light of heartfelt unity in the abundance of Love which flows from purified souls

The lives of those who stand in the light that we shine forth will naturally be lifted up to new levels with a strong desire arising in their Hearts to offer their contribution to the building of a bright future for all

Holding the sacred truth of God's Heart within our souls we project and reflect a Heavenly cosmic realm of True Love which will naturally become a reality as we dedicate our lives to this greatest purpose which brings liberation to all people

The dawn of a new era of Heaven on earth is lightening up the horizon. We only need to open our Hearts to this reality and we will recognize it clearly as the signs are too many to be overlooked in the still confused world

Each and every one is called to feely offer his or her contribution to the realization of God's ideal of eternally growing realms of True Love which begin in our Hearts

May we all feel free like a butterfly to reach the realm of endless Love by joyfully investing now into one another, into raising each other's spirit to be fit to live in the embrace of God's eternal Love

Already now we may sense that Love floats in the air to be inhaled into our Hearts and manifested in our whole being as we learn from the examples we see around us

Love is the gateway to our true spiritual consciousness as we thrive on the energy waves of True Love emanating from the Heart of our Creator

Whether we are aware of it or not, we breathe the Love radiating from our Heavenly Parent like oxygen hungrily consumed within our Hearts

We may feel like floating in the cosmic ocean of energy waves of Love and see Love in every moment as we reach out to embrace it because it is omnipresent like our Creator

Within each Love inspiration we receive the gift of life from the spiritual light of Heaven where absolute truth and timeless principles are established

The breath of Love is the web that connects all life. We are meant to inhale it and to send it out with every heartbeat not only to our whole body but to our surroundings and out into space to the ends of the world

As we meditate we can say the magic word 'I am Love' and put this content into practice in reaching out to others with the desire to share our Heart until the whole world is filled with the bright light of loving relationships among all men and women living on this earth

The energy of Love is critical to all beings as the elixir of life, there to be absorbed into our souls and felt in our Hearts, permeating our whole being

It is our blessing to be well attuned into the waves of Love through our Heart in order to enable it to shine with a natural flow of divine light radiating from within our innermost soul

Without the Love of our Creator nothing would exist. We can be ever so grateful to exist as sons and daughters of an endlessly loving Parent, destined to become co-creators of True Love ourselves

Every human being is destined to become a harmonious expression and manifestation of True Love which shines brightly as beacon of light that testifies to the greatness of our Heavenly Parent and His/Her amazing Heart

Let us open our Hearts to feel the shining light within, filled with conscious thoughts of unconditional Love, longing for actions of selfless care for others with heartfelt compassion and empathy

A Bright Future 22

Be peace and you will come to know true peace within yourself and ultimately among all people. Be Love and share it with other, and you will find yourself one day in a world filled with Love

Search into your Heart, the place where True Love dwells; seek for the origin of the heartfelt desire embedded in the depth of your soul which longs to be united with our Loving eternal Parent

We are the children of Love on our journey into the bright light of a life which is filled with loving care which begins with those who take responsibility for its realization

It is more blessed to give than to receive. The greatest joy is giving Love out of selflessness, gladly sharing our Heart with others in our desire to see their lives blessed and filled with joy

When we give Love with an open and grateful Heart we are bound to receive a rich response which will move us to give more, initiating in this way a circle of ever greater levels of sharing from the Heart

We should not look at the wrongs in the world and be frustrated by the sad realities but we need to focus to see the Love within it and do our share in order to let these seeds of Love grow and bear fruits

We need to learn from the intelligence of the Heart which is embedded since the creation of man within all humanity as a precious potential that still needs to be fully uncovered

True Love is the binding force of all existence. If we connect with this precious realm in our soul we will naturally want to establish bonds of Heart with our surroundings

Unconditional Love lives as precious potential within our soul and if we let it become alive through our deed it becomes the greatest treasure of our life

Love naturally leads to respect for all forms of existence and a tolerant attitude in the acceptance of all what we see in our surroundings, paired with the desire for improvement wherever this is possible for the sake of more Love to flow

May all people feel that they are loved not only by our Creator but also by people here on earth who have learned to love in a completely selfless way

The essence of our existence as God's sons and daughters may be expressed in the simple words: We are beings of Love, destined to live in Love eternally

Let us allow Love set us free, free to love with a selfless Heart as we are dedicated to bring pure joy into the lives of many people

If we establish unity among us our Hearts become liberated to share Love, free to shine our unique light not only to our surroundings but out into the world to lift up the lives of countless people

When we go into deep prayer or meditation we will come to feel the reality of our divine origin and to the extent that we purify our Heart and mind we will experience the Presence of our Heavenly Parent and feel His/Her Love flow through us

We are entering a time of a profound new beginning of the light of truth shining more brightly than ever before in history, a time when we collectively can manifest a new era of Love

When we make the conscious decision to live in the light of deep insights and make sincere efforts to deeply understand and care for other people's situation, we will soon find ourselves in the beautiful realm of True Love

Our most memorable experiences are connected with Love flowing from Heart to Heart, a state which should be part of everyday life for every person

Where all is given out of sincere motivation Love naturally arises in people's Hearts and everything will be seen through the eyes of compassion and caring Love

When we realize who we really are our Heart will illuminate and brighten our soul, we will live intoxicated with the joy of being created to be the beloved sons and daughters of the Eternal Heavenly Parent who made the universe out of Love for the children to live in the embrace of endless Love

Let us reach within with the desire to connect to our essence because in this way we will find not only our real self but also the reality of our Loving Parent who cares for each and every one of His/Her children in uniquely personal ways

A Bright Future 23

God created humans to manifest the character of Love and altruism, the ability to live for others with a caring Heart. This ability is naturally learned in a loving family

Family relations constitute the environment where people are reared, moulding their character, values and identities, in order to grow in Heart to become a true son or true daughter of God who is capable of sharing True Love with others

Outwardly, a family consists of the pattern of relationships linking parents and children, husband and wife, and siblings; inwardly, it is the true, godly Love that governs these relationships

The family is the basic form of life: it is the 'textbook' for relationships in the larger society. Good family relations are productive of good citizens, who apply the lessons of relating with elder, same-age and younger family members to their relations with superiors, peers and subordinates

The dynamic in all the family relations is True Love. Each family member lives for the sake of the others, creating a virtuous circle of giving that generates energy and equalizes all. Such families are the building-blocks of virtuous societies

Human beings have a basic need to feel and connect with each other. For this, we need wives and husbands; we need young people and old people. This is why, regardless of the world's opinion, we have worked to establish the family as a universal form

A family should have both a father and a mother, and both sons and daughters. In this way it can be the complete foundation for happiness - when all the varieties of Heart are present in the family

Neither men nor women were created for their own sakes, but for the sake of their partners of the opposite sex. When you look at a woman's figure, it is clear that God gave her beauty for the sake of a man. God designed each sex to live for the sake of its opposite

Likewise, when parents live for the sake of the children and the children for the sake of the parents, taking good care of each other, they revolve around each other. The more they live for each other, they faster they revolve

This is the ideal form - not a square, but round and three-dimensional. Each adds to the other's energy; hence the more we live for each other the faster our circular motion becomes. The family forms a sphere and can continue that way for eternity

The family is the smallest unit where we can practice and perfect the Four Great Loves—the Four Great Hearts: True parental Love, true brotherly and sisterly Love, true conjugal Love, and true filial Love

A true family is the foundation of its members' True Love and true happiness. It is where true life and true lineage sprouts. A true family is the training ground and school to achieve True Love and true character

God's Love abides where parents, husband and wife, and children are united in Love. Where these three kinds of Love come together, God dwells absolutely and for eternity. This family is God's dwelling-place

Wherever there is unchanging parental Love, unchanging conjugal Love, and unchanging children's Love, God is always present

What is an ideal family? Some might say, 'It is a family whose members all trust each other.' Some might say, 'It is a family whose members know each other well.' These descriptions fall short. An ideal family is a family whose members are connected with an inseparable bond of Heart

It is a family whose members feel each other's pain as their own, or even more deeply than their own pain. Hence they willingly sacrifice themselves to carry the others' burden. Such a family can be called an ideal family

Human beings are born from Love and should walk the path of Love. Even at the point of death, they should die for Love. From this perspective, Love is more valuable than life itself; it even precedes life. That is why people willingly give their lives for Love

Love is eternal. Eternal, unchanging Love is celebrated in poetry, novels and great literature. These prompt us to desire eternal and unchanging Love, not momentary Love

A new-born baby automatically searches for its mother's breast, following the vibrations of her Love. The infant does not care whether she is beautiful or ugly; all that matters is that she is its mother. An infant nursing at its mother's breast is a sacred scene, manifested in limitless variety

Thus, we are born from Love, and we grow by receiving Love. Each of us is the fruit of our parents' Love and the manifestation of their Love. Our parents Love us because we are the fruit of their Love

Parental Love can expand infinitely, producing innumerable fruits. It is the starting point on the road to individual Love, family Love, Love for the tribe, Love of country, Love for the world, Love for the universe and Love for God

A Bright Future 24

After we are born, our parents take responsibility to raise us to become good people for our sojourn on earth. Our parents provide for us and teach us, acting not only on behalf of the family, but also on behalf of the nation and the world. They provide us with physical sustenance and education until we reach the age of individual maturity

Parents take care of us until we marry. In marriage we inherit the Love our mother and father have shared in their life together. When we give birth to our own children and start rearing them, we finally begin to understand how much our parents Loved us, and thus we inherit parental Love

Through this process, we develop into people who can fully give and receive Love. This is how each of us matures as a perfected man or woman. From this viewpoint we can see how crucially important it is to experience loving relationships in a family atmosphere

From infancy to the time of maturity, we grow in the Love of our parents—a vertical Love. Then the time comes to experience conjugal Love - a mutual, horizontal Love. In this way we enter the integrated realm of Love

Heaven and earth together form a spherical world, covering all the dimensions of top and bottom, left and right, and front and back. When the vertical and horizontal Love relationships are linked, they interact, revolve, become integrated, and finally merge into a single centre of harmony

The vertical axis of Love links Heaven and earth. Once it is firmly secured, there arises the need for horizontal Love. This takes place during adolescence.

When a husband and wife truly Love each other and build a family, it symbolizes the planting of God

In the original world, the parents represent God, with husband and wife each embodying a different side of God. Each of their sons and daughters represents another small God

Since God is the original entity of True Love, by embodying True Love each member of the family becomes one with God

Parents are the living embodiments of God and thus represent Him to their children. For this reason the parents' behaviour is so crucial for the development of their sons and daughters

Husband and wife each represent God to each other, and the children represent Him as well. Thus three generations, centring on True Love, are at the level of God

All the family members - parents, husbands and wives, and children - need True Love in order for their relationships to be harmonious. Based on this fact we can understand that it is decisive for men and women to mature in their ability to love before they establish a family

A family formed in this way, centring on True Love, is the foundation for the ideal of creation. Unless we first make such a foundation, the Kingdom of Heaven can never be established

This is the formula of God's ideal: God, the Parent of the entire universe, abides in the centre of these manifold relationships of Love. He/She designed the family as the most important school in human life, for it is the school of Love

The family is the training ground of the Heart. You are trained in brotherly and sisterly Love, so treat your classmates in school with that same Heart and your fellow citizens in the nation with that same Heart. Hence, the education your parents give you to be loving brothers and sisters is for the sake of the school, the community and the nation

Parents should bequeath their Heart and sensibility to their children and descendants. As parents you are role models, but this involves more than teaching by example. By your Love you are laying the emotional foundation for your children, so that they are able to live for the family, the community and the nation

The ideal family is a school; it is also a textbook. The husband and wife are its joint authors. When their children can live by the lessons from that textbook, they can make it anywhere in the world. This is a formula

The family is the textbook for attaining the Kingdom of Heaven. God prepared it for human beings as an instruction manual for connecting with Him. If you take its lessons and apply them to the nation, you become patriots; apply them to the world and you become saints; apply them to heaven and earth and you become the divine sons and daughters of God

Morals are the universal virtues acquired by training in the family. No matter how social conditions may change, the importance of the relationship between parents and children is unshakable. The value of the family does not change

These days, when we prevent families from breaking down and teenagers from falling, we liberate God's sorrowful Heart. It brings God the happiness that He could not experience in the Garden of Eden, where He could not

True Love is the source of people's happiness and joy, and the family is the foundation for happiness and peace. Therefore we must treasure this precious institution and protect it at all costs

A Bright Future 25

To exist in the spatial dimension, human beings need to stand in relation to what is above and below, bright and left, front and back... Centring on the individual, in the family there are parents and children, husband and wife, and brothers and sisters

Similarly, in the nation, centring on the leader, families should embrace all the civilizations of East and West and all the civilizations of North and South. Then they can embrace all people of the world as brothers and sisters. Ultimately we will form a global family at every level

Thus, the core concept of the universe is the concept of the family. Heaven represents parents. Earth represents children. East symbolizes man, West symbolizes woman. That is why, when a woman gets married, she usually follows wherever her husband goes

Nevertheless, they have equal value - when the west reflects the sunlight, it has the same value as the east. The relationship of brothers is the same. When the older brother works on some task, the younger brothers naturally help him

Therefore, human beings should exist within relationships of parents and children, husband and wife, and elder and younger siblings. And these three relationships meet at one central point

There can be only one centre. Above and below, right and left, and front and back should not have different centres. If the central point is different, then the balance of the relationships between above and below, right and left, and front and back will be broken

Eventually, above, below, right, left, front, back and the central point all together comprise seven positions. In a harmonious and unified family these seven form a perfect sphere; they constitute a God-centered family with all elements united in perfect True Love

An ideal family is one whose family members are united as one centered on their parents and in attendance to God

Conjugal Love is a horizontal relationship; therefore a husband and wife should align their Love on the vertical axis of God's Love

God is the owner of parental Love, children's Love, husband's Love and wife's Love

God's Love is the ideal Love. Since God is the subject of Love, if we become one with God, we can always embody God's Love. Then we can create an ideal family that will never break apart for eternity. It is logical

Parental Love is focused on children and children's Love is connected to parents. A husband's Love is connected to his wife, and a wife's Love is connected to her husband

These different types of Love cannot become one by themselves. The subjective force that can unify them is God's Love

Once the Subject dwells in them, they all automatically become one. Conversely, without God, human Love is self-centered and cannot bring unity

Although the family members have diverse relationships with each other, when they are united in Love, they are equally close to one another. Hence there is equality among them

Why? They participate in a unified entity with a spherical form. The cause and result become one; and the vertical and the horizontal become one; God and the family members become one

Why does a wife weep when her husband dies? Why are people sorrowful if they have no sons or daughters? The fundamental principle of the universe is that we have to possess all the directions of the compass

In the ideal world all relationships are based on the power of Love, there is nothing but Love. Whatever people do, there is nothing but Love

When families on earth reach that state, they create the Kingdom of Heaven on earth. This is the ideal of God's creation of men and women as His/Her sons and daughters

Based on this principle, we need to respect your parents as God. Husbands should respect their wives as God, and wives should regard their husbands as God

Parents should value their children as God. Likewise, you should experience God as your Parent, your Wife, your Husband, and your Child. This is the path to the Kingdom of God

A Bright Future 26

Ideal relationships generate the very power that enables the universe to exist. Therefore, everything engages in giving and receiving; everything exists in relationship to a counterpart

The ideal for any existing being is to engage in complete give and take, and thereby gain the support of the universe. We say that it has the support of 'heavenly fortune.' This is the universe's supporting power that surrounds the existing being and maintains its existence forever. All existence cooperates with it

Therefore, it will not do if a family has no children. These days in the West, many people think that children are unnecessary. But this understanding will change immediately as soon as a person comes to know the value of True Love

Wherever a person stands, there is always an above (parents) and a below (children). Everyone needs to pass through these three stages in order to grow in Heart – by learning to love him/herself and others on different levels

The family is the smallest unit that connects the past, the present and the future. A family is like a microcosm of the world. Within it the past, the present and the future are linked together - this refers to the interdependence of grandfather, father and son. When a son has children and becomes a father, at the same moment the father becomes a grandfather

These three generations - representing the past, the present and the future - should be united as one. Such a family can establish a base for lasting happiness

Filial piety is the age-old moral principle that children show respect and honour to their parents. It is the parents' due, for they have sacrificed and laboured for their children's sake, giving them birth, feeding them and providing them with a good start in life

Therefore, filial children do not regard it as an imposition to care for their parents in their old age. Ideally this is not regarded as a matter of duty, but as the spontaneous and natural prompting of a grateful Heart

Filial should be encouraged as an enduring tradition that links the generations in an unbroken chain of lineage – connected beyond time based on the sharing of True Love

Filial piety is perfected in a mature unselfish mind of the adult child who sympathizes with his parents' difficulties and sufferings and recognizes them to be more serious than his or her own small problems

Most importantly, filial piety is a doorway to a deeper relationship with God, our divine Parent. For this core reason it is essential that children develop a very deep relationship with their daddy and mommy

Who is a filial child? He or she always thinks of what his or her parents want most and then acts upon it, taking the position of their object partner who gladly responds to the desires of his/her father and mother

The eyes of a filial child see the things his or her parents would like to see. The ears of a filial child hear the sounds his or her parents would like to hear

The Heart of a filial child has feelings his or her parents would like to feel. In other words, filial children Love centered on their parents' five senses, always yearning for the realm of their parents' Heart. They only want what is good for their parents, never anything bad

According to the principle of filial piety, the child who habitually ignores his parents' situation will fail to properly respond to his parents at the crucial moment when they desperately need his help

Filial piety starts when a child worries about his parents' difficulties more than his own, adding theirs to his own, and accepts this as a matter of course with a loving Heart rather than a feeling of duty

A filial son takes responsibility for his parents' sorrow. He goes to difficult places in order to resolve their sorrow, that they might rejoice

If his parents work ten hours and the son works fifteen, the parents will feel joy corresponding to the extra five. Thus, a filial son considers how to supplement what is missing. He serves his parents, trying his best

What should you do in order to become a filial son or daughter? You should always keep your mind and Heart in line with the direction of your parents' Heart. A child who walks the path of filial piety does not act apart from his parents

If his parents go east, he goes east, and if his parents go west, he goes west. Should his parents suddenly turn back, he turns back without dissent. Even if they change their direction ten times, he still follows them

A son or daughter who worries more about his or her parents' cares and difficulties than about his or her own can be called a filial son or daughter. The ability to have such an attitude shows that the child's Heart has matured in the ability to respond to True Love

A Bright Future 27

When educating children, parents should not teach them only to love their parents. They should explain to their children, 'I am a loyal patriot who loves this nation. I'm not a mother first, but a patriotic mother; I'm not only a father, but a loyal citizen.' In order to teach filial piety, parents should behave with filial piety themselves

People have traditionally brought up their children to put the benefit of their own families first, but this is upside-down. Rather, we should train our children first to please Heaven, then please the world, then please the nation and the community, and after that, to please our family. That is the original principle

No one can change the relationship between parents and children. It cannot be rationalized away. The relationship between a child and his or her parents is undeniable; it is destiny. It is inalienable, no matter how much people may try to break it

Since this relationship, which is derived from Love, life and lineage, is eternal, it can enable us to unite with God for eternity in line with the qualities of True Love being unchanging and unique as well as endless

Parents and children form an inseparable relationship - especially mother and child. Nothing can change the Love between a mother and her child as it is a sacred bond of Heart

It is so even in the animal world, in the way of a mother bear loving her cubs. It will continue for billions of years, eternally, never changing. Motherhood is an unchanging principle. The entire universe revolves around motherhood

To whom do you belong? You belong to your parents and to your children. Then, to whom do your parents belong? They belong to their children and to God. So, you should first belong to God, then to your parents, then to your children, and finally to yourself

Therefore, can you attain perfection by yourself? You cannot. That is why moral laws and traditional customs the world over instruct us to respect and attend our parents. That is why these teachings remain and guide our lives to this day

Since parents give life to their children, children should be willing to give their lives for their parents. Life came from Love. Hence, it is logical that we sacrifice life for Love. There is no contradiction here

Children should pay back their parents for the Love their parents gave them. When food was scarce their parents fed them, even while they went about with empty stomachs. They loved them at such a cost in order to raise children who know how to do the same for others

Parents should first go the path of toilsome work and difficulties. Then, with that as a foundation, their children will also go the path of toilsome work and difficulties that can bring comfort to their father and mother

Moreover, because you have been filial to your parents, your children will develop filial piety towards you. And by raising such children, you can bequeath a good lineage to future generations

Who is a filial child? He loves his parents as his parents loved him. A person who lives this way has a foundation to relate with God

The principle of give and take action states that only when a reciprocal base is formed can there be some return. God comes and abides only upon such a foundation. It is a necessary basis for establishing the Kingdom of Heaven

The path of parents' True Love leads to a relationship with the invisible God. Unity with your parents connects you with both realms of Heart - invisible as well as visible, vertical history as well as horizontal history. That is why your parents teach you to become a filial child

Love and harmony among siblings is essential for peace in the family. Few matters cause parents more anxiety than quarrels among their children. Yet with the common propensity for sibling rivalry, harmony is not easily kept

Sibling relations are grounded in parental Love. Siblings mirror their parents; hence when parents set a good example in caring for their children, the siblings can readily follow in caring for one another

Sibling relations are a young person's first step to relations in the wider world, with friends and peers. In God's family, all people are brothers and sisters. Therefore, sibling Love should extend to Love for all people

How should brothers and sisters love each other? What should be their standard of Love? They should love each other as their parents love them. Children learn Love from their parents

Children can begin to inherit their parents' Love by relating with their siblings. A boy can love his older sister as he would love his mother; a girl can love her older brother as she would her father

The eldest son should love his younger brothers as his father loves him, and the eldest daughter should love her younger sisters as her mother loves her. This is the ideal of family relations put into living reality

Any mother would think that a good son or daughter is one who loves his or her brothers and sisters more than her. This principle applies not only in the family, but in the family of humankind. If we live by this principle, then we can make the Kingdom of Heaven on earth

If an elder brother were a true brother, he would be sad that his younger brother's position was so far beneath his, and he would want to do whatever he could to elevate his brother. Such is brotherly Heart and Love

When you regard your brother's difficulties as less important than your own, the brotherhood relationship becomes distant

In a family, when brothers fight, whom do the parents side with? No parent will side with the one who hit first, or who fights for a selfish purpose. The reason why they do so is because they want their child to grow up to be good. This is consistent with moral education throughout history

People who have good relationships with their own siblings will be more likely to get along with their neighbours and friends when they go out into society. They are also bound to have wholesome relationships with friends of the opposite sex. They will not relate to the opposite sex with sensual or unhealthy feelings, but rather with brotherly or sisterly feelings

It is normal that you can see aspects of your mother and father in your aunts and uncles and cousins. Your aunts and uncles display aspects of your father and mother, grandfather and grandmother. The ideal attitude is to regard them as gifts to show God

In a true family all members love each other with their whole Heart. The Kingdom of Heaven is where everyone lives together and Loves one another even at the risk of their life

The world is an expanded family. There are people in the community of the same age as your grandparents, aunts and uncles, parents, and brothers and sisters. They all help us in a natural way to grow in Heart to love more and more people – on deeper levels

In the sight of God, all people in the world are His sons and daughters. Therefore, we should Love all the people of the world as our brothers and sisters by applying the principle of family relationships to the whole of humanity, who are the children of God's family

Everyone should believe that my God is also my brother's God; that the God who loves me also loves my brother. This attitude is essential in order to bring lasting peace, especially in the relationship among the believers of various religions

The lessons learned in relating to siblings find immediate application in making and keeping friends. Friendship is the natural extension of sibling Love

Strong friendships are built on an emotional connection of empathy and shared experiences, but friendship also has an ethical component: The good friend is honest, faithful and true, and always seeks to benefit his friends, while the bad friend uses his friends for his own benefit

Do you have a best friend, someone with whom you have an unbreakable bond? A relationship with a best friend cannot be broken by an angry word or a day's quarrel. You cannot abandon him even at the risk of your life

You do not feel this way about your friend out of sympathy, but because you are connected from the bottom of your Heart, which is the source of goodness. A relationship that is connected to the goodness in your original mind can never be broken

Who is a true friend? A True friend lives for her friends; she does not regard her friends as existing for her benefit. Suppose among ten friends, one of them lived his or her life for the sake of the other nine. If you ask them, 'Who is your best friend?' they will all pick the friend who lived for the others

As we cultivate our relationship with another person - a friend or family member, over time we connect a part of our life to that person's life and also connect emotionally. What may have begun as a professional or formal relationship expands to fill more aspects of our life

Our friend's presence grows ever larger in our Heart, and in time he or she becomes someone whom we cannot live without. That is the beauty of friendship – to be truly united in Heart

You feel free to interfere in your friend's affairs, and your friend can step into your personal life as well. A strong friendship is bound with ties of emotional affection. Friends can cope with any external difficulty on the strength of their bond of Heart

If you want to be someone's best friend, you should understand his agony and suffering, and comfort him in his misfortune. If you have a relationship with him through Heart and Love, you will move him, and he will move you

What we need to achieve is friendship on broader levels so that I can feel from the bottom of my that other people are not distant from me but they are closely connected with my life irrespective of external differences

When we establish such relationships it will be more and more easy to feel that we are indeed brothers and sisters of a worldwide family, and in this way we will secure the true brotherhood and sisterhood of men and women on earth

A Bright Future 29

The marriage bond is divinely sanctioned; it carries with it the promise of God's blessing. The joys of conjugal Love are a gift of God. Through bearing the fruits of conjugal Love – children - we participate as co-creators with God

More than that, conjugal Love can be a place to meet God and know God's Love in a most intimate and real way based on the intimate relationship we establish in the eternal and unchanging relationship of True Love as husband and wife

God created human beings to become complete through marriage. He offers much practical advice on how spouses can strengthen and renew their Love. Yet, the mutual affection between husband and wife is only the half of it; more fundamental is the vertical link between God's Love and human Love that is created through the blessing of marriage

The God of Love created the human Love between man and woman to mirror divine Love. Hence it should be absolute, unchanging and unique: spouses should be as faithful to each other as God is to each of us as individuals.

Man and woman are God's masterpieces. When they love each other centered on God, it is supreme, transcendental Love, not worldly Love. They feel that their Love is the best of all Loves; the most beautiful Love, shining forever. Where can they experience and fulfill such Love? Only in the family

A husband and wife love each other without conditions. Their Love is unconditional. Their Love is absolute, eternal Love

When a husband and wife love each other, the man does not block his wife from entering deep into his Heart. The woman likewise does not resist her husband. Even if impenetrable walls surround their Hearts, Love has no difficulty surmounting them

When you love your spouse, you feel your body's desire to unite with your beloved. When husband and wife become one flesh in True Love, they become inseparable. They can live in unity, loving each other forever

Why is marriage so important? It is the path to finding Love. It is the path to knowing what Love is. It teaches about life.

Marriage joins the life of a woman and the life of a man. In time through children, it joins the lineage of the man and the lineage of the woman. It thus begins a history, a nation, the world and the Kingdom of Heaven on earth

The purpose of marriage is to synchronize the man's Heart and the woman's Heart to perfect their Love. The wedding ceremony is a proclamation of the couple's commitment and determination toward that goal

If you start with the goal to perfect your Love and Heart through your married life, you are on the way to fulfilling the ideal of family. If you actually fulfill it, upon your death you will certainly go to heaven, because your lives will be heaven

A man's wife represents his mother; she contains elements of his mother as well. At the same time, she contains elements of his elder sisters, younger sisters, and indeed all the women in the world

When he loves his wife, who contains all these elements, he is loving his mother, his elder sisters and younger sisters, and indeed all the women in the world

Likewise, to woman, her husband represents and contains elements of her father, elder brothers, younger brothers and all the men in the world. In loving him, she loves her father, her brothers, and all the men in the world. This is the ideal of the family

We marry for the sake of our partner. Therefore, the man should have the attitude that even if he finds some aspects of his wife unattractive, he will love her even more than if she were beautiful. This is the right way of God-centred thinking

What is the solution for unity? It is the Heart to love each other. Love can come from pity as well as from liking. It develops as we invest our own Heart and Love into others

Love grows with time. A woman marries a man who is absolutely stubborn, and thinks the man is totally unlovable. Then the woman takes pity on him for the many obstacles that he must confront because of the stubbornness. Then, when her pity turns to Love, the man can find solace in her

The woman might even find her husband's stubbornness useful because she is not stubborn enough herself, and this way, turns his stubbornness to mutual advantage. Love's affection can bloom even from pity, and eventually lead to unity

Families that live in hardship are not necessarily unhappy. Sharing a single piece of bread, when the husband feeds his wife even though he does not eat, or the wife feeds her husband even though she goes hungry - how deep is the Love in that family!

A Bright Future 30

It is the law of Love that the strength of a man becomes like a gentle spring breeze in front of a woman. Among men matters may be rough but in front of a beloved woman men become as soft as cotton. Therefore, a woman should not be afraid of a man who is wild and rough. Rather she should think that the stronger a man is, the more worthy he is to receive her Love

A man by himself or a woman by herself is only one half. They marry to become complete. The right thinking is that you are not born for your own sake but for the sake of your partner. Then you should give and forget, give and forget. True Love begins from that point

Living for others is the basic rule of the existing world; all things are created for others and nothing was created for itself. Hence, man was not born for man; he was born for woman. Woman was not born for woman, but for man

Whether beautiful or ugly, every woman exists for the sake of a man. All the characteristics and emotions of man and woman are designed for each other, not for themselves. When the partners in a marriage say to

each other, *'I was born for you, I will live for you, and I will die for you,'* they are considered an ideal, happy couple

This is, indeed, correct from the perspective of the basic rule of the existing world. This is the starting-point for True Love. This fundamental principle needs to be applied in all relationships

Young men and women aspire to become great individuals. They want to build a good family and become good parents. Yet at the same time, they feel that they are lacking something within themselves

That is why, whether man or woman, they desire to have a good partner in their life. For the same reason, people wish to have children who are better than themselves. How wonderful it would be if we could complement our weaknesses through our counterpart! All people, when they love each other, carry such a desire deep in their Hearts

Woman has a feminine nature and man has a masculine nature; God made them as divided embodiments of Himself. How can they come together as one? Through Love. Having formerly been divided, when they come together they will experience how strong the Love is that God had been holding within Himself. Otherwise, they would never know God's Love

You have Love within you, but by yourself you cannot know it. You can experience it when you embrace your spouse. When you love your spouse, you feel all the Love that was inside you from the beginning

A husband needs his wife more than any other person in the world. The same is true for a wife. A husband and wife should be each other's walking stick, companions who are ever advising each other

For husbands, the woman standing before them as bride is God's daughter who represents also humanity's daughter. If a man can love his wife as God's beloved daughter and as a woman whom all humanity loves, then he is truly qualified to be her husband

A wife should not think that her husband only belongs to her. First, he is a son of God; next, he represents all the men in the world. A wife should become a woman who can love her husband more than all humanity can, and love him more than God loves him

When a woman marries, she should be willing to become like her husband's left foot, walking in step with him on their family's path of Love for God and all humanity. The husband is like the right foot and the wife is like the left foot. If it can walk straight, your couple is destined to live a harmonious married life

Many women think it is okay not to marry if they do not want to. Yet if a woman does not marry, her physical body will not be able to function as a woman, and she may eventually get sick. A woman's body is built with marriage as its normal life state

A man is born to find a woman, and a woman is born to find a man. We are created as man and woman to reach a higher level of God's Love through our union. As single people we cannot reach the fullness of God's Love - True Love

We may touch God's Love, but it will only be one-dimensional Love. As single people we cannot experience God's three-dimensional and spherical Love

Therefore, a man and woman marry in order to reach that higher realm of Love. In God's original world, when a husband and wife united they would form a mighty centre, creating a sphere. The stronger the horizontal bond between them, the more they would connect to the vertical power of Love. Their minds and bodies would revel in it and totally become one

When husband and wife are one in Heart, they should become one in body. When they are one in Heart and body, then they become one with God

The husband and wife become one in the centre of Love's shimmering light as God covers the place where the man and woman are joined. The light embraces them and transforms them by its mysterious power. It transports them to an inexplicable, wondrous state

God first created man and woman as His/Her incarnation, as son and daughter to be partners in order to perfect horizontal Love as the ideal Love of husband and wife. As bride and bridegroom they perfect God's horizontal ideal of Love in substantial form

In marriage, the True Love of God and the True Love of human beings - one vertical and the other horizontal - join, reach perfection and bear fruit based on their heartfelt unity. Such is the ideal which brings deepest joy to both men and women

A Bright Future 31

What is the purpose of marriage? It is to fulfill God's ideal of creation. An individual by him or herself cannot fulfill it. It requires that we form a couple whose Hearts are united with the Heart of God, the Subject of all creation

Thus, when He moves, we move, and when He is still, we are still. That is how the inner and outer become one. Unless we set the standard as a couple through which we can harmonize with God, we cannot fulfill His purpose of creation

We can solve the fundamental problems of family life by strengthening marriage. God instituted marriage as the only proper way for a man and a woman to love each other. This timeless truth needs to be understood by all humanity

When a man and a woman become one in marriage, whom do they come to resemble? They resemble God. Indeed, it is only when a man and woman unite in matrimony that they can fully resemble God, who created human beings in His/Her image male and female. Only then can God dwell with us

Why do we marry? It is to resemble our Heavenly Parent. God is the harmonious being of dual characteristics. Man and woman are the manifestations of God's dual characteristics. They have to unite as one body, becoming like a seed, in order to enter God's original dwelling place

To yield good seed, you have to go the way of Love. This means that you must be born in Love, set Love as your goal while growing, make Love your aim in life, and walk the path of Love. Then you will return to Love

Why do you have to marry? It is because God exists with dual characteristics. A man and a woman each reflect one of these aspects of divinity. Therefore, they come together and unite to manifest the fullness of God's image

Marriage blends men and women into the semblance of the divine unity, so that human beings might fully become the image of God. Our Heavenly Parent created human beings and all things for the purpose of consummating His/Her Love

Where do you consummate that Love? It is while you live on earth, in the relationship between husband and wife, in the family. That is why your wedding day is the most joyful day in your lives

With the man on the right side and the woman on the left side, their marriage symbolizes the fulfillment of all the horizontal relationships in the universe. When a man and a woman embrace in perfect Love, they bring perfection to the cosmos

Just as we lay a foundation before building a house, God created the entire pair system as the foundation for human beings to love. Doesn't human Love have many qualities in common with the Love of animals?

For instance, if a male and female are going along together and the female is attacked, the male will risk its life to defend the female. When they have offspring, they will risk their lives to defend them. Human Love is that way because the foundation on which it was created is that way

Marriage is the union of all virtues of heaven and earth. Encompassing vertical and horizontal, left and right, and front and back, it is the completion of the whole. Marriage is where we perfect the ideals of children, siblings, husband and wife, and parents

Man and woman are destined to stand in the position of the second creators, inheriting everything that God experienced as the First Creator. Through raising their children, they would have developed the Heart of Love as God's representatives

After attaining that Heart through direct experience, they would profoundly understand and empathize with their children as they in turn traversed the positions of children, siblings, husbands and wives, and parents

Their marriage and conjugal Love as husband and wife was to be the origin and starting-point of God's Love, life and lineage in human beings. It was to be the starting-point for fulfilling God's ideal, the Kingdom of God on earth and in heaven

In marriage, husband and wife are to form the realm of the harmonious oneness of God and human beings in Love. In that realm, people who perfect their Love both in mind and body would become God's sons and daughters

We would enter into a parent-child relationship with God, become God's princes and princesses, and inherit the entirety of His world. Then, when we perfect husband-wife unity centring on True Love, we would form a family that lives in attendance to God

Our family would be the base of peace and of God's ideal. As man and woman, each being a half of the whole, we would come together to form one body; and as God's partners we would perfect the ideal of divine Love

God's True Love and human beings' Love must start out from the same point and become one as subject and object partners. Otherwise, human Love will have different directions and purposes than God's True Love. It then becomes impossible to establish the absolute ideal world that both God and human beings desire

Love in marriage is not unfettered emotion; it survives and thrives through the discipline of married life. The path of marriage holds special challenges to a couple committed to a lifetime together. It serves as a crucible for refining character and a school for perfecting Love

A Bright Future 32

The ideal of marriage is manifested when the spouses live for the sake of each other, the husband respecting his wife as God's daughter and the wife respecting her husband as God's son. Love is the ultimate basis of the equality of husband and wife

The way of Love is to exalt your spouse above yourself. God went through a course of absolute obedience to humanity to reach the realm where He could love us as His object partners

A husband and wife married in God's Love desire to practice just such a high standard of Love - the standard of Love that God desires from His/Her object partners. Each partner gives the other their full attention. Each continually gives and forgets what he or she has given. From that practice, the flower of Love blooms between the husband and wife

Everything in creation was created for Love. Therefore, no creature has its reproductive organ for its own sake. Each achieves Love by offering its reproductive organ to its partner. Connecting with your partner is the only way to complete Love

True Love is absolute, unique and unchanging. Only when we are connected to True Love can we become an owner of Love who is absolute, unique, unchanging

A man alone cannot be an owner of True Love. He can perfect his Love only through connecting with his counterpart, who is the owner of his reproductive organ. A woman can perfect her Love only when she

connects to True Love; this means when she takes ownership of her husband's reproductive organ, and her husband takes ownership of hers

A husband holds the key to his wife's holy place, and a wife holds the key to her husband's holy place. No one can enter it without that key, which is conferred by marriage

Does a man's sexual organ belong to the man, or to his wife? It was not created for the man, but for the woman. Since the male organ was created for a woman, it belongs to the woman
When all men and women recognize that their sexual organ belongs to their spouse and not to themselves, they will bow their heads and become humble when they receive their spouse's Love

Love comes to you only from your partner. If you do not live for the sake of your partner, what you are doing is not Love. Once you become one, you can freely go wherever you want: you can come up from below, come down from above, or stay in the middle. There are no obstacles

All the earth's creatures want to be embraced in God's Love and live harmoniously together with their Creator. Surely this is the desire of every person who has become aware of the reality of our Heavenly Parent longing for a Heart to Heart relationship with us

Harmony arises when opposites come together. There is harmony among your eyes, nose, ears and lips. Only when a father and mother come together can they embrace and digest everything in the world. The father alone cannot do it; it is impossible

These days the world puts the man first. Therefore it is important to promote a movement for women's liberation, one that deals with the fundamental issue which can only be resolved through a deep understanding of the characteristics of True Love

Who is a true husband? A true husband determines that he was born for his wife, lives for her and would die for her. The ideal of God's creation lies in this, though most people don't realize it

As we develop our Heart and deepen our ability to love, we come to understand the principle: We exist to live for the sake of others. Only by living in this manner can we find True Love.
Since God set up this principle, it is the only path for humans to find happiness and hope

When man and woman become husband and wife, their relationship should be eternal. If the beginning was good, the end also should be good. It should remain constant. If you were happy in the beginning, you should be happy at the end

Children who grow up in a loving home become anxious and distressed if they hear that their parents want to divorce. Good children will claim, *'I am your child, the union of both of you. You should make any kind of compromise for me. Please be the great parents I know you are. I need you.'*

Everybody should know that this claim is just: their parents have no right to divorce due to their parental responsibility for their children. Those who have learned to practice True Love could never ever divorce their spouse because they would feel the pain it causes for the children

Because of their Love for their children, parents do not have any right to even contemplate divorce. This is a very important timeless truth which needs to be deeply taken to Heart

If you value yourself, you should value Love just as much. Therefore once you are bound together as husband and wife, you have to maintain that relationship for eternity. All human beings are destined to walk this path. That is where the value of a human being lies

Men are created with God's male characteristics, and women as God's female characteristics - these characteristics are absolute. The Love that can unite the inner and outer and male and female characteristics is absolute Love

Therefore Love regards each husband and wife as the one and only couple in the universe. They are absolute, eternal and unchanging. Unfortunately, because couples do not understand this principle, they divorce. This sad reality must absolutely change

Why do a husband and wife fight? They fight because they each want to receive Love. Couples who only want to receive Love will not last. A family whose members only want to receive Love will fall apart. But a family whose members are determined to give Love to each other will not break down

Eternity encompasses the future and beyond. When you say that you will love your spouse until your death, it means that you will love and give everything you have to him. Am I right? The term, 'eternity' covers all, and 'until death' means to love everything about your spouse. We can be satisfied with nothing less

When a woman marries a man, should she have relationships with only one man, or with hundreds? There must be only one man in her life. Why only one? It is for True Love. In order to achieve absolute True Love, we marry only one person

There is only one person in the universe whom you are meant to marry. Therefore, consider that you and your spouse are the only two people in the universe. You should abide in that first Love, which only one man and one woman can share. Then God will abide with you

Being a parent calls forth the noblest and most unselfish emotions in ordinary people. Rare is the parent who would not sacrifice his or her life for the sake of their child. Having children is a life-altering experience, calling forth moral strength to end destructive lifestyles and become responsible role models to their children

Parenting challenges people as nothing else to be sacrificial, patient, forgiving - in short, to develop a Love that more closely resembles the Love of God

Parental Love is the highest stage in the family school of Love. To enter into that stage, couples have a duty to have children; it is a duty to love one's children and to help them to grow and reach maturity in Heart

Furthermore, parents are responsible to educate their sons and daughters in the most basic matters of life - in Heart and norm - so that they can learn how to lead responsible a life that is centered on True Love

This education of Heart and norm has three aspects: moral instruction, discipline, and setting an example. In other words, children need to be taught how to love themselves and others in the right way

Discipline to be an essential duty of parents, when done out of Love and concern for their proper growth. A parent's example in particular concerns the parents' example of faith and devotion to God; it is key to the children developing their own faith

Parents are guardians, protecting their children from harm. Anyone who has had a teenage daughter knows of the sleepless nights spent worried about her and thinking about how to keep her safe. It is the task of a father and mother to unconditionally love their children, forgiving them when they fall short and wanting the very best for them

What a great blessing it is to become a parent may be best understood when reflecting about the essential value of sons and daughters in a family

Once we marry, we should have children. Some may think that it does not matter whether or not we bear children. But that is not the case. Unless we bear children, we cannot fulfill the ideal of Love

Why do we need children? It is to know God's Love, His Love as our Parent. We need children to know how to attend God as our Parent. So we should not only guide our children, we should attend them and live for them as God lives for us. Only then can we comprehend God's Love

We need our children as a textbook. Without children, we are incomplete. We cannot know God's Love because we cannot know how much God loves human beings, His/Her beloved sons and daughters

Just as we cannot know the Love of a husband or wife unless we become a husband or a wife, we cannot know parental Love for children until we become parents. God created us so that we can learn to love by relating with each other. Hence if we do not have children, we cannot become true parents

Mothers and fathers cannot achieve unity without children. Why do parents prefer their children's Love? They cannot help it. Mother and father Love each other as they Love their children together, not just individually. It forms a rope of Love that binds mother and father into one

What is marriage for? It is to establish a family with children. If you do not have children, your relationship may begin to deteriorate. Only after giving birth to children can your family be secure

It is natural for good parents to love their children more than they love each other. If you women are asked, *'Who do you like better, your husband or your children?'* the correct answer should be, *'My children.'*

Parents want their children to be better than themselves. No parent wants his children to be inferior to him. A good-looking man and a beautiful woman married each other and bore a homely child. Yet if you say to them, *'Your child is better looking than you are,'* they are happy. No parent would take offense at that statement

Parental Love is to sacrifice day and night in loving their children, giving and giving more without ceasing. Thus, a mother keeps her children in mind even when she goes to the market to buy something for them. That sort of parental Love is close to the original Love that God implanted in us. Because Love has this origin, there is a basis to save humankind

A Bright Future 34

Parents who raise their fists and strike their children in anger should immediately repent. The mother who does not hit her children, but rather sheds tears of compassion and Love, is a more effective parent

The mother who disciplines this way will never be dominated by her children. She will always be successful at inducing her children to submit to her guidance. Were she to hit them, she would get poorer results

Husband and wife should never fight in front of your children. Thus you should educate your children, that they can regard their parents as their source of hope. If you have a son, he should say, *'I want to become like my Dad.'* Your daughter should say, *'I want to become like my Mom.'* That is the right way to educate them.

Parents can give a general direction to their children and let them solve the detailed problems by themselves. Tigers let their cubs experience severe trials and harsh discipline in order to rear them to be the kings of the mountain by developing their wild nature. Iron gets stronger by heating. This is an important lesson to think about when educating children

No matter how painful a situation your children put you through, when they come to you with tears in their eyes and ask your forgiveness, you must forget all the bad memories and once again put on a happy face. Understanding Love must always be the strongest emotion in relating to children

What is the essence of Love? It is living for others. It is giving what we have to others. Where does Love originate? It originates from God. Since God is the Subject of absolute Love, He desires to give. That is the essence of His Love. When viewed from this perspective, parental Love is the closest to the essence of Love

Parental Love always strives to give. Although a child turns to wickedness and refuses to listen to his parents, if the parents continue to love him/her even more than before, the child will repent

If the parent weeps in front of the child, saying, *'Your problems are all because I could not Love you enough. It is my fault for not loving you more,'* and showers him with still more Love, the child's Heart will melt and he will return to the parent. A greater Love has the subjective ability to embrace and digest a lesser Love

According to spiritual law, the worst crime is for a parent to neglect or abuse his or her children. On the other hand, God is moved to see parents who are willing and ready to die for their children. He will say, *'You resemble Me; that is the way I have been living, sacrificing everything for My children.'* Thus, parents who would die for their children can enter heaven

Bequeath to your children a good tradition that they will continue to follow throughout their lives. Parents usually tell their children, *'You should become this or that kind of person, and you should do this or that kind of work.'* But it is far better to tell them, *'You should be a person who knows God.'*

The family is the school of Love; it is the most important school in life. The family is where children cultivate the depth and breadth of their Heart by receiving an education in Love and emotion that only parents can provide

This becomes the foundation stone for building the children's character. The family is also the school teaching virtues, norms and manners. It is the way of Heaven that academic education, physical education and technical education should be given on the foundation of this primary education of Heart and norm

Parents should be true parents, showering their children with True Love. At the same time they should also be True teachers, properly educating their children in Heart and moral norms. Though some parents may not be aware of their role as teachers, their children still learn from them by imitation

The role of parents is that important. Children develop their character of Love and their spiritual nature when they are nurtured by their parents' True Love and when they emulate their parents' lives of Love

A father should be his child's best friend. When he comes home, his child should run to him, even if he was playing with a friend. A father should become his child's best teacher. And he should be the centre of Heart

As parents you should set the right example by your devoted service to God's Will, and in your daily life of faith and service. By doing so, you are raising children who will respect their parents and not talk back to them, and who will honour their parents by obeying whatever you ask them to do

It is right that parents invest everything completely for their children; that way they can leave a legacy behind. This is an age-old principle of education. It would be even better if the parents left such an excellent legacy that it should be bequeathed to the society and to the world. If parents act like that, no one will say they are bad parents

Mother should not nurse their babies with the Heart to love only their own child. Rather, be a mother who loves other babies as if they were also yours. Babies nourished with the milk of such a mother will definitely become great people. And if your children do not attain such greatness, it will be a descendant one or two generations later who turns out to be someone who will show extraordinary Love for others

When educating your children, do not love them only as your own children. Love them with the Heart to offer them for the people of the world. When nursing your child in your bosom, consider yourself the representative of all mothers on this planet earth, and regard your baby as the representative of all humankind

The Love of grandparents is precious for a family as they provide wisdom, experience, and delightful Love for their grandchildren. In traditional cultures where three generations live under one roof, children honour their grandparents and care for them in their infirmity as a part of daily life, learning lessons of Love and respect in the process

Grandparents are moral anchors. There are too many cases where parents are corrupted by drugs or crime and rendered unfit to care for their children; then the grandparents step in to the breach to take over the parenting role

As children, you are destined to inherit the fortune of your grandparents and parents. Why do you need grandparents? They represent the past - they embody the living history of the past. Parents represent the present age and children represent the future. Thus, the family connects the past, present and future, as well as East, West, North and South

Grandparents, parents, children and God - the centre of them all is True Love. By loving and respecting your grandfather and grandmother, you inherit everything from the past and learn from the past. From your father and mother you learn about the present. By loving and cherishing your children, you learn about the future

The three-generation family is like the entire universe. It is like a textbook to learn how to Love the universe. If there is not a grandmother or a grandfather in your family, you may feel insecure

Centring on God, three generations are settled - formation, growth and completion. Hence, children need to know how to Love not just their father and mother, but also their grandfather and grandmother. They should honour their grandfather and grandmother with a higher status than their father and mother. Loving them is the way for the children to love God

Grandparents represent God in heaven; their position is like Heaven. As the elders in the family, our grandparents bring Heaven to us. That is why you need to attend them as the representatives of God. Think of them as representatives of the King of Heaven and serve them as you would serve God. This teaching is one of the traditions of the ideal family

Grandfather and grandmother live for the sake of the other members of the family, telling each of them, *'You are in a high position. You are wonderful.'* Grandparents play the role of the servant of Love to the greatest extent

The greatest, most amazing and most powerful person in the universe is the person who walks the way of the servant of Love, gladly living for the sake of enriching other people's lives

Who is the oldest being in the world? It is God. Therefore, you learn from loving your grandfather how to Love God and live for His sake. When you learn this tradition, you can receive all the treasures of Love stored in Grandfather God's secret warehouse. It is wonderful!

Good grandchildren and daughters-in-law who have loving Hearts would think, *'Oh God, when my grandfather and grandmother will die someday, I will be drenched in tears.'*

All juvenile problems originate in the family. Most of these children have parents, but the parents' Heart is not deeply implanted in their children's Hearts. In other words, these children did not experience parental Love down to their bones. The generation gap arose from that point

The most serious problem besetting humankind is the destruction of family values due to immorality and moral decadence. Whether the world of the future will resemble heaven or hell will be determined by whether we can establish a moral code that sustains the purity of the family and protects family values

The family, comprised of father and mother, husband and wife, and children, is a microcosm of the world. Everybody needs to understand that the path of humankind is to love all kinds of people, expanding from the Love you have for the members of your own family

You should love elderly people as your grandparents, middle-aged people as your parents, people a few years older than you as your elder brothers and sisters, and people a few years younger than you as your younger brothers and sisters

Love your neighbours' parents as you love your own parents, love your neighbours' grandparents as you love your own grandparents, and love your neighbours' children as you Love your own children. This is how you expand vertical and horizontal relationships

Your parents represent everyone who gives you Love: your teachers, your friends, and the Subject Partner, God. Hence, you can take them as representing all people. Therefore, serving your parents is the way to serve all people and receive the Love of all people

True parents do not teach their children that it is enough to have filial piety while ignoring the needs of their country. They teach them, *'Go the way of patriots and serve your nation, even at the sacrifice of your family. Go the way of saints and live for the sake of the world, even at the sacrifice of your nation. Seek the welfare of Heaven and earth, even if you must give up the world; and even if you have to give up heaven and earth, seek for God.'*

Just as an individual does his filial duty by putting his family's welfare ahead of himself, to become a patriot he must put the welfare of the nation ahead of his family. To become a saint, he must put the salvation of the world ahead of his own nation, and to become a divine son, he must establish God's Kingdom in heaven and on earth even at the sacrifice of everything he has

Love for children and Love for spouse are the most intense of human Loves, such Love is the standard that should be universally applied to all. Sacred scriptures of the world's religions teach about teach about the importance of practicing selfless Love within the family

Saint Paul wrote in one of his letters: *"Beloved, let us love one another; for love is of God, and he who loves is born of God and knows God. He who does not love does not know God; for God is Love. No man has ever seen God; if we love one another, God abides in us and his Love is perfected in us."*

This is an important teaching that needs to be taken to Heart by all people of faith because all too easily loving one's brothers and sisters is neglected, especially when it comes to respecting and appreciating those with different religious traditions

The Love which can be learned in a good family needs to be applied on all levels beyond any kinds of barriers existing between people. In this way the realization of a world of True Love will be secured

A Bright Future 36

There are few people in the world who know what is bad in those whom they love and what is good in those whom they dislike. Hence it is said, People do not know the faults of their sons and daughters. If the personal life is not cultivated, one cannot regulate his family

An old wisdom says: *'If you step on a stranger's foot in the marketplace, you apologize at length for your carelessness. If you step on your older brother's foot, you give him an affectionate pat, and if you step on your parent's foot, you know you are already forgiven.'*

All humanity should walk the path of Love. True peace and a world of joy cannot be realized without love. Happiness is the same. Can you feel happiness alone? You can only feel true happiness when you are able to have a reciprocal relationship of Love with another.

Freedom is the same. You cannot experience freedom alone; it can only be achieved through Love and within Love. You don't feel tired in the place of True Love. No matter how exhausted you are, if you are intoxicated with Love and you burst into tears out of Love then your tiredness will suddenly disappear

When you feel True Love you don't feel hungry or tired. Also you do not feel afraid of death. True Love is capable of overcoming all kinds of borders and limitations

We may regard the family as having two axes: a vertical axis running through the generations from grandparents to parents to children, and a horizontal axis including members of the same generation: husband and wife, brothers and sisters

Furthermore, the ultimate vertical axis is the relation between the family and Ultimate Reality, recognizing God as the Ultimate Parent.

Happiness and harmony in the family are thus directly related to the good character, truthfulness, and God-directedness of the individual: of the parents first and also of other family members

Good family relations, in turn, are productive of good citizens who are able to apply the lessons of family relations to relations with their elders and superiors, co-workers, and subordinates, in school, business, government, and other community affairs

In a family, parents are responsible for the welfare of the children and offer the children an embracing, unconditional Love that overlooks and compensates for their weaknesses. Through their example, they teach their children the basic values and attitudes which they will carry throughout life

The children, in turn, respect their parents as the source of their very being, as their teachers, and as the ones who have laboured and sacrificed for their sakes. When they are grown, they should be responsible to care for their parents in their old age

These relative responsibilities should not be undertaken as a matter of duty, but rather emerge from the spontaneous promptings of parental Love and the children's gratitude and respect. This is the vertical axis defining relations of Love and respect between people of unequal status and different responsibilities

The horizontal axis of family life is manifested primarily in the mutual Love between husband and wife. The bond of marriage is regarded as divinely ordained in most religious traditions. As such, it carries with it the promise of God's blessing, and should be full of Love and joy

But Love is not merely a matter of unfettered emotion but there are clear responsibilities of marriage for both the husband and wife. The husband should honour his wife, never oppress or mistreat her, and always be faithful - and the wife should do likewise

The scriptures of all religions distinguish between roles of the husband and wife: the husband protects and supports his wife, the head of the household yet deferring to his wife in domestic affairs. The wife is obedient to her husband, serves him with kindness, and takes primary responsibility for raising the children

While of late these traditional roles have been questioned, they have served to strengthen the bonds of family through every generation. Today they need to be revisited from the viewpoint that Heart must be the centre of any relationship

This means that the primary issue is not who is doing what in the parental role but how much Love is the father and the mother capable of investing for the sake of the various tasks that need to be achieved. Not the role is in the subject position but the Love a person is capable of giving

Beyond the circle of the family, a person seeks friends who will be honest, faithful, and true. Sacred scriptures uphold the ideal of the true friend, while admonishing people to choose their friends carefully, lest they be misled or find themselves abandoned in adversity

Individuals and families function within the context of a community, which in turn functions within a larger society, nation, and world. The individual's and family's well-being is bound up with the community's well-being, and likewise its well-being is inseparable from the peace and prosperity of the society, the nation, and ultimately, the world

Religious precepts undergird community by teaching the virtues of cooperation, friendship, justice, and public-mindedness. These create the spirit of unity by which community can thrive and prosper. If True Love is added the ideal of the Kingdom of Heaven on earth will surely be established