

## A loving Heart 1

Many people are familiar with the expression, '*Love is in the air.*' And everybody would like to experience such a reality of being surrounded by Love

From where does Love come? From the Hearts of those who give it to others. There is nothing more precious in this universe than a loving Heart

In our innermost soul, we all are longing to live in the embrace of the warmth radiating from a Heart filled with true unconditional Love

Heart – our ability to love – is the most precious quality of a human being

Among many aspects that we can develop in order to have a harmonious personality, the most important one is to love with a pure and sincere Heart

To embody a loving Heart is our greatest treasure

The greatest happiness and deepest fulfilment in life is connected with the experience of profound Love being shared in Heart to Heart relationships

Our original Heart and Mind long to express sincere Love in an atmosphere of mutual understanding

A Heart filled with True Love feels responsible to help other people to live in joy and to experience lasting happiness

A wholesome Heart wants to bring joy into the lives of those whom we care for

Showing a Heart of True Love is the only way which can bring people together in reconciliation and complete forgiveness so that lasting peace may prevail on the earth

A person with a True Heart longs to give and receive Love in honest and pure relationships

A loving Heart longs to see other people's noble dreams realized

True understanding among people can be achieved if we focus on the desire of our original Heart

True Love does not measure but just gives limitlessly from the Heart

The depth of fulfilment we experience in life corresponds to the level of Heart which we have achieved

Our original nature strives for goodness centred on Heart

When we live according to the original desire of the human Heart we will be eager to secure the wellbeing of all people

Because Heart represents our innermost centre we need to focus on developing Heart to Heart relationships

The more Heart we invest into a relationship the greater the fulfilment we can enjoy

Supreme happiness can be found in a position where we can give freely from our Heart and experience the response from the Heart of the beloved

The most valuable realm where we can invest our energy lies in developing Heart to Heart relationships

Without Heart being invested, true life and lasting fulfilment will not come about

Heart – gives – love – brings – joy – shares – offers

## A loving Heart 2

If we focus on cultivating the realm of Heart we can overcome any difficulties

The deeper our Heart the more strength we have to go beyond our personal situation for the sake of sharing True Love with others.

Giving love and forgetting what you have given guarantees that your Heart will be free to give more and to experience in this way deepest fulfilment

The problems of the world can only be solved when we apply the logic and wisdom of True Love

To win the Heart of another person is a prerequisite for experiencing True Love in a close relationship

In order to be able to live in a realm of True Love we need to first invest our Heart unconditionally

True Love can be found in the sacrificial Heart of a mother who nurses her baby and in the selfless Heart of a father who works hard to enable the children to enjoy a better future

When divine Love grows in our Heart our shortcomings will naturally disappear

True Love seeks for a great variety of Heart being expressed

When we establish bonds of Heart we will naturally want to share everything with one another

To be connected with others in heart the most precious level of relationship we can achieve

The only idea of possession we are to focus on is to have a Heart filled with True Love

With a Heart striving for the highest ideals we are to become a man or woman who embodies True Love

A mature Heart has learned not to ask to be loved but to gladly love others with a joyous Mind

To manifest an embracing Heart of True Love shows the greatness of our character

Respecting each other people's beliefs and preferences is an expression of a loving Heart

Caring for others from the Heart allows us to understand them deeply

Prosperity for all people can only be achieved on the foundation of allowing Heart and True Love to be our common centre

The degree and quality of Love is different in each person. Let us help each other to grow in Heart

We can only obtain true happiness when we have the victory of Love manifested in our Heart

We naturally look up to those who have a more loving Heart than the level which we embody

After establishing an inner connection with people we need to nurture relationships of Heart

### A loving Heart 3

When we cultivate a loving Heart we will naturally harvest a joyful mind

Once we grasp the infinite value of building true Heart to Heart relationships we will be ready to pursue this greatest ideal willingly at the sacrifice of present benefits which will be returned to us in the future

Barriers on the level of Heart between people can only be overcome through investing True Love which can heal the soul and mind

The experience of receiving pure unselfish Love will resurrect the Hearts and minds of people, inspiring them to practice this noble standard themselves

True unification is achieved based on the Heart and Love people share with one another

A Heart of True Love is able to trust others even though you are betrayed and to bless your enemies so that one day they will become your friends

A person with a True Heart invests continuously without expecting a direct return

When we live with the desire to be a true parent, a true husband or wife, and a true sibling who loves wholeheartedly then we will become those who create a new culture which is centred on Heart

What the world needs are messengers of peace who embody a Heart of True Love

Heaven can be felt where people love each other with a deep Heart

In order to uplift the world through a Movement of True Love we must first become people with a truly loving Heart

We need to open up a new era of liberation in the world of Heart where people love wholeheartedly even those who are not easy to deal with

Building a world of relationships that are based on Heart and True Love has to be our priority

Then the warmth of loving Heart to Heart connections will be present in our life

As we strive to give with a selfless Heart we will reach a supreme and unchangeable level of Love

Only True Love that originates in a sacrificial Heart can satisfy the spiritual hunger of people and revive them

Let us look at others with the desire to give Love and send out messages from our Heart to those around us

A True Heart moves us to give our deep Love and to show sincere concern to those for whom we are responsible

To grow in Heart means to go beyond our limitations to love

Our personality is refined and completed or perfected through loving others with all of our Heart and soul and strength

#### A loving Heart 4

All people are destined to dwell in the warmth of Love which originates in a selfless Heart

A man or woman with a deeply caring Heart will always walk the way of loving people no matter how they are treated

In the present state most people need to resurrect, recreate and reform their Heart and mind in order to be able to experience the realm of True Love we are destined to feel throughout our life

It is in the world of Heart that the original desire of man is realized and deepest fulfilment is found

When we invest into loving people deeply new energy will arise from our Hearts and we will become even better transmitters of pure and selfless Love

In order to build lasting relationships we must speak from the Heart and reach out with a completely open mind

If we focus on living with True Love in our Heart we can penetrate any kind of obstacles on our way

The summit or pinnacle of True Love being practiced can be found in the Heart that embraces even the enemy

Once bonds of Heart are firmly established the way is open for True Love to flow freely

In the realm where we are truly united we are able to echo each other's Heart

When we unite our mind and body we open the way for True Love to flow from our Heart to others.

Once we enter the realm of original Heart and encounter precious True Love we could lose the entire world and not miss it

We need to open our Heart fully in order to feel another person's Heart deeply

The key to experience rich levels of fulfilment lies in making others happy by loving them with a selfless Heart

A person who has perfected his/her character will always welcome people with a loving Heart

When we embody True Love we will gladly reach out to others to touch their Hearts

A man with a True Heart will always initiate the giving of Love to others

In order to develop our character and to reach maturity we need to focus on embodying a Heart of True Love

Once we have experienced the value of profound relationships we will readily empty ourselves by giving everything to others because we know that our Hearts will be filled again with True Love

The main concern of a person who lives with True Love is how to give well to others so that their lives will be enriched in the realm of Heart

In order to reach the goal of perfection or completion we have to go through many changes of Heart until we have become one with the realm of True Love

## A loving Heart 5

Heart and True Love are the ultimate source of life

When we become one in Heart we can naturally inherit each other's good qualities

Once we live in the realm of True Love our Hearts will be completely filled and we will be a joyous person who lacks nothing

A man or woman with a True Heart will embrace everything centring on Love

The wider the scope of things we embrace with a caring Heart the deeper we enter the realm of True Love we experience

We must always remember that Love is not for ourselves but for others. If we do, we will harvest the wonderful fruits of investing our Heart into others

A Heart of True Love moves us to always give with unconditional devotion

True equality for all can only be gained if we cultivate sincere relationships centred on manifesting a Heart of True Love for others

A man or woman of perfected character will deal with any issue from the viewpoint of Heart

Everything good comes down to being able to embody a truly loving Heart

A person who has matured in his/her character will always show a warm and affectionate Heart

A man or woman with a true Heart is a universal person whose Love transcends any kinds of barriers

True Love heals any kinds of wounds and makes things possible which are longed for in the depths of our Heart

Breaking down the walls around our Heart enables us to go beyond loneliness

Put yourself in a position to open up your Heart fully and to communicate freely with Love

People become totally different when the power of True Love touches them and liberates their Hearts

The core of what is needed in order to heal the world are men and women who practice True Love and build families where a Heart-centred culture flourishes

True Love longs for relationships where Heart is deeply expressed

The giving and receiving of True Love uplifts the Heart

There is no Life without Heart being invested

Love with all your Heart; Love truly in any situation. This is the only thing that really matters in life

## A loving Heart 6

We are destined to find the original world where Heart and True Love are the basis of all relationships

Heart is the source of life. It is directly related with True Love

To focus on the original Heart and Mind, on our conscience, is essential and more important than any other considerations

The spirit that gives life to all things originates in a loving Heart

Our days on earth are numbered. Therefore we should not waste time but use every minute in order to grow in our Heart, our ability to love

We can lift each other up to a higher Heart level

Let us enrich one another in the precious realm of heartfelt experiences

When we reach out from our own Heart we will be able to touch others with our sincere Love

More than to any other voice we need to listen to our innermost Heart

May we always be attentive to each other and love one another with a sincere Heart

We are born to use our Hearts well in order to love others dearly

When we live in such a way our own Hearts will be richly filled in return

The development most needed is to go forward in Heart, increasing the level on which we are capable of loving one another in a sincere and selfless way

The eyes are the windows of the soul.

Let Love shine from our Heart and bring light and warmth in the lives of those living in our surroundings

Our Heart matures by going through many changes, becoming more and more purified and strengthened

To care about other people's Hearts stands at the beginning of a loving world

A truly loving Heart does not distinguish among whom to care for but makes an effort to love everybody

True Love is the key to open the door to the Heart of any person

Heartfelt unity between people is not achieved through knowledge but through the giving and receiving of True Love

We are meant to live with an open Heart that communicates freely with others

## A loving Heart 7

In order to become a person of True Love unconditional investment of your Heart is necessary

The desire to sincerely love others despite difficulties is an expression of a True Heart

True Love puts heartfelt understanding above intellectual insight

What matters after all is Heart, a person's ability to love

By investing our Heart into caring for others we develop our ability to love

A Heart of True Love moves us to compassionately care for the disadvantaged

A good man is one who can always embrace everything with his Heart, whatever he sees and wherever he goes

True Love can penetrate any place. Ultimately every Heart can be reached through practicing it

True Love looks for sharing with others people's Hearts in mutual concern and respect

The deeper we move into the realm of Heart, the easier it is to forget ourselves

True Love can be known deeply not by the head or intellect but by the Heart

True Love pursues the way of total giving and of receiving with an open Heart and mind

Let us aim at conveying more of our Heart

In this world we need more of Heart religion, Heart philosophy, Heart ideology and Heart thought

The more Love we offer from our deep Heart, the more our ability to love will expand

Let us explore the world of Heart and the endless dimensions of True Love

The world of Heart only begins to prosper when we love with all of our Heart and mind and soul

Let us live with the desire to take care of others from our deep Heart rather than being taken care of by them

The best way to stimulate other people's Heart is to offer our sincerest True Love

The world of Heart exists beyond time and space

True Love longs for complete unity with the object of one's Heart

## A loving Heart 8

A life of True Love is based on investing one's Heart in order to make others happy

True happiness is based on a victory of Heart of being able to love unconditionally

Let us think highly of a life centred on Heart

We can become new people by developing a new Heart in ourselves

Give Love with your deepest Heart and you will harvest overwhelming fulfilment

Our level of achievement in the realm of Heart during our life on earth is determined by the intensity of Love we practice

The ultimate unity between people is established through the Heart and Love they share

Let us invest daily for the sake of overcoming the limitations of our Heart

We have to speak from our Heart to reach other people's Heart

Everybody can contribute to establish a culture that is centred on Heart

Let us surround each other with our warmly caring Heart and Love

Loving others with a sincere Heart leads to one's own inner freedom and peace of mind

Because True Love is the strongest force in the universe we need to become experts in the realm of Heart

Let us open up our Hearts fully to communicate freely with one another

Having a forgiving and embracing Heart and mind opens the way to love even those whom we may find difficult to understand and to get along with

Special experiences of receiving True Love will remain deeply engraved in our Hearts

Warm and tender Love can heal many a wound in a person's Heart

True Love moves us to support others and to comfort their Hearts

Let us reach into our own Heart in order to touch the Hearts of other people

Heart represents the highest authority

True Love stands at the core of unification between Hearts

## A loving Heart 9

True Love uplifts the Heart and brings new inspiration

We can only educate people to the level that we are at. Let us go to deeper levels of Heart

The greatest pleasures in life are not experiences through external excitement but through Heart and Love being shared intimately in deeply trustful relationships

Nothing is more effective in moving others than by showing a loving Heart.

Only when we pour out our Heart can we make space for new Love to flow into our soul

Unconditional Love naturally dwells in a matured human Heart from where it flows continuously as a river that never runs dry

Man is supposed to go through a re-creation and refinement of Love during his life on earth in order to develop a mature Heart

Living for the greater good naturally leads to growth in one's Heart

In search of True Love it is necessary to invest your Heart completely

The realm that needs most of all our wholehearted attention is Heart to Heart relationships centred on True Love

With True Love in one's Heart any difficulty can be overcome and digested

The greatest challenge in life is to have a loving Heart in every situation and under any conditions

May we be humble to each other with a good Heart, open to receive what others would like to share with us

The degree to which we are able to love others is a barometer of our ability to manifest a True Heart

Let us live with an open Heart so that Love can flow without hindrances in its way

A new age for humankind has to start first of all in people's Hearts

May we use our Hearts more in relating to one another in order to allow True Love to flow freely

A loving Heart allows us listen to other people very attentively

A person with a true Heart wants to pour out all of his Love

## A loving Heart 10

Believing in others begins in one's own Heart

Our world needs more than anything else people who have an open Heart committed to practice True Love.

The family is the school of Heart and Love

We learn the most by investing our Heart in people, completely to the limit, unconditionally

Let us never stop giving our Heart for the sake of others in order for True Love to be shared

The age of True Love begins with each one of us – in my and in your Heart

It depends on the level of Heart we developed, the kind of qualities we experience in our relationships

Let us discover new realms in our Heart by sharing our Love with others

The Love most needed in this world originates from a truly parental Heart

Because reality is born in ourselves and from ourselves, let us manifest a True Heart in our actual practice of loving and reaching out to others

The inner content of one's Heart is the determining factor for the achievement of lasting happiness

Let us connect with one another in Heart and not separate any more

As long as we do not have a close look at our Heart, we do not know what is inside

May we discover our own original Heart – and the precious Heart of our fellow human beings

The most rewarding communication is the one between Hearts

The greatest victories in life are won in one's Heart

The time has come for the birth of a Heart of True Love in every human being

Let us touch each other's Heart to lift off our burdens and liberate one another

Many steps of Heart have to be taken in order to be able to enter into the age of Heart

What is heaven all about? It is the realm of Heart where True Love flows freely

There is only one heaven – the heaven of Heart. Let us cultivate it here on earth

## A loving Heart 11

If we have not grown in our ability to love we will die with nothing because our original mind and heart will be empty

Our Hearts need to be stretched out so that more people can find a place in them. This in turn enriches our own life

Let us reach out to each other from the bottom of our Hearts

If we focus on the Heart we can go beyond any difficulty because we will deal with any situation from the standpoint of True Love

Our true greatness is determined by the inner size of our Heart

If our Heart does not grow we miss out on the most basic point in life

Let us build many bridges from our Heart right into the Heart of our fellow human beings

The most precious gift we can offer to others is to give our Hearts

Let us communicate with our Hearts and look at every situation from such a standpoint

Unity among people allows Love to flow freely without being blocked by closed Hearts

Breaking down the shells around our Hearts allows us to absorb the Love offered to us

Only True Love opens the inner door to another person's Heart

Going beyond limitations in our ability to love opens up new realms in our own Heart

The Heart needs to open first before being able to experience True Love

Through investing our loving Heart we experience our unique value

True Love ignites new life in our Heart, reviving our spirit

Let us see the shining sun in each other's Heart

True Love spurs us on to reach our individual perfection or maturity of Heart

A True Heart moves us to pour out our Love upon others like a waterfall

Whenever we really love someone, we want to serve this person and offer our heartfelt support in order to see him or her happy

Going beyond a situation where we can't love as we would like to brings liberation to our heart and peace to our mind

## A loving Heart 12

Going beyond the hardness of one's Heart opens the door for True Love to flow from our soul to others and to return to us

By sincerely giving our Heart to others True Love is multiplied

Let us become substantial beings of Love who embody a truly unchanging Heart

There is nothing more fulfilling in life than obtaining a liberated, mature Heart which is capable of loving without any kinds of conditions attached

Our ultimate destination lies in enjoying the precious realm of True Heart and unending Love

We do well to give our whole Heart to others, being honest and sincere in relating to people because this is a precondition to enter the world of True Love

To manifest a Heart of True Love is the ultimate goal to be reached in life

Nothing is more valuable than being able to reach maturity in the realm of Heart and True Love

To welcome people with a loving Heart and to offer them acts of kindness with a selfless motivation is the key to lasting fulfilment

Only with parental Love and the mature Heart of elder brothers and sisters who take responsibility can the problems of the world be solved

A fulfilled life is always connected with loving people, with giving from the depth of our Hearts

The way of true wisdom strives to embrace everything centring on Heart and Love

The purpose of life is to realize perfection or maturity in our Heart and experience infinite Love which naturally brings us ever increasing joy and happiness

Let us become people who know and believe in others from our Heart

How long can we continue to love sacrificially? This is what determines whether we have victory or defeat in our Heart

Every relationship of True Love is the history of a growing patience and a maturing Heart

The depth of Heart can be seen by what a person is ready to sacrifice out of Love

The more we are moved by Love the clearer we recognize the necessity to give from our Heart

True Love is a potential in our hearts, waiting to be liberated to flow freely from our soul to others

A Heart of True Love wants to reach out to every person who struggles - to each and every one without exception

Let us give True Love with our whole Heart, reaching out to touch others deeply

## A loving Heart 13

Let us invest ourselves for the liberation of the Heart, for all people to find renewed hope that we can build a loving world

When our standard of Heart has reached the level of embodying True Love we will always gladly reach out to others

The ideal world is a world where our Hearts move in one accord, responsive to and in communion with one another centred on True Love

Let us take a deep dive into our Heart and blow off our old identities, limits and fears for the sake of being free to love unconditionally

When we live with a Heart filled with True Love we will become dynamos to create a new world culture

This world is starving for True Love. What matters is whether we have the Heart to start the circle of loving relationships all people are longing for deep inside

Can we sense the original Heart which longs to give, for no other reason than to freely offer True Love to others?

Let us learn to trust our own Heart and the Hearts of those to whom we reach out.

To have the spirit of a new-born Heart longing to give Love is a prerequisite in order to build a new world

For the sake of a hopeful future we need to become people who embody a selfless parental Heart that is able to love without limitations

Let us think of how we can be a parent for others from the bottom of our Heart

May we strive daily to be an ideal person in the realm of Heart

The spiritual or inner Heart is the very centre of every person. Let us therefore cultivate our Heart well

We can work together and establish a new era of liberation for the world of the Heart

Once our Hearts are open the right inspirations will reach our soul

Let us listen to our original Heart and Mind

Rather than being dominated in various ways man is supposed to live under the dominion of True Love

The time has come for the age of Heart to dawn, and for profound changes in the soul of all people towards embracing the ideal of True Love

We can indeed live in oneness, in the one world of Heart

More than anything else we need to first develop our potential in the realm of Heart in order to see a happy future for Humankind

Going beyond limitations to love brings liberation to our Hearts

## A loving Heart 14

Great spiritual power can be unleashed on this earth through our loving Hearts

If our Hearts are there, open and attentive to one another, lasting solutions can be found to all problems in relationships

A bright future is ahead of us when we focus on the dominion of Heart centered on True Love

In the realm of Heart there is nothing that cannot be asked for and received as long as it is according to the principle of True Love

The longing in our Heart for deep sharing of Love gives us the strength to go beyond the barriers that separate us from other people and to become one

Mutual understanding and heartfelt unity are the basis for the sharing of deep Love

Let us express ourselves more fully, showing our Heart and Love more generously

We can all become people whose Heart is connected to the highest realms of True Love where the deepest fulfilment can be found

When we break down our old concepts the viewpoint of True Love can hit home in our Hearts

Our Heart is the key for incredible things to happen, but first the layers of barriers around our Hearts need to be peeled off

Let us work for true liberation in this world, starting with our own Heart

When we care for one another we will naturally help each other to open our Hearts so that True Love can flow freely among us

It is in the world of Heart that our deepest desires are fulfilled

Let us listen to each other's Heart and care for one another wholeheartedly

May we all respond to the desire of our innermost Heart which guides us to build together a world of True Love

It is in our Heart that precious victories are achieved which will bring us lasting peace and deep joy

When we open our Hearts we can enter the world of True Love and make it our own

The Kingdom of Heaven starts in our Hearts with our being able to love in a selfless way

May we talk to each other by speaking from our Heart rather than being satisfied with intellectual talk

Once we have embraced the timeless truth of the principle of True Love in our deepest Heart nothing can stop us from loving others wholeheartedly

The world is starving for the energies of the Heart. Let us give freely from the depth of our soul

## A loving Heart 15

More than anything else let us strive to build connections of Heart centred on True Love

When we all listen to the voice of our original mind and conscience we will naturally come closer to each other in our Hearts

Let us follow our original Heart and Mind's desire to build loving relationships which will finally lead to the establishment of a caring world

To go forward in life towards lasting success requires first of all a deeper search into one's own Heart

While the truth may set us free it is the experience of True Love that truly liberates our Hearts

What we can be most proud of in life are our achievements in the realm of loving others with a Heart of unconditional Love

Once true Heart to Heart relationships are established Love will flow endlessly because we never want loving connections of Heart to end

May we all respond wholeheartedly to the voice from within the depth of our soul which longs to live in a realm of perfected selfless Love

It is the condition of our Heart that determines what kind of experiences we make

With a pure and sincere Heart we can open the gates to the world of True Love

Let us strive to really know one another centred on our Hearts

The birth of a Heart of True Love has to occur first of all in each and every person before being able to experience ultimate fulfilment

It is most precious when we can develop a deep Heart that is able to love no matter how difficult it may be

Let us share from the bottom of our Heart, not wasting time with superficial relationships which leave us hungry in our soul

The more we reach out with an open Heart and mind the richer our life can be, filled with precious unforgettable experiences of sharing True Love

When we become a great Family of Heart as members of the Human Family by establishing bonds of Heart we will be able to enjoy ever growing happiness without end

With every person to whom we are connected in Heart we expand the treasure which we will always cherish deep in our soul

We will pull true life into our Heart when we unite not only our own mind and body but become one with others

If we do not have the right Heart first, all the organization in the world will not make any difference because Heart is the most important aspect to be considered

What is the content and quality of my inner Heart? Let us ask this question sincerely

Let us take a moment to examine the level of our Heart, our ability to love - and we will be more aware of which realm to concentrate

### A loving Heart 16

What is the level and depth of embracing people with a Heart that loves without any conditions have I been able to develop in my life so far?

Whom do I really and truly love with all of my Heart and soul?

Unless our Hearts are truly open for one another we will struggle with all kinds of difficulties despite sincere efforts to connect with others in Heart

True Love lives in the realm of oneness where complete satisfaction on the level of Heart is experienced

True Love brings intimacy and complete oneness of Heart

A truly loving Heart naturally reaches out to the whole world wanting to embrace all people without excluding anybody

Through living for the sake of others new energy is created which gives rise to a renewed desire in our Heart to give more in order to make others happy

In the True Love principle the output is bigger than the input. In this way our Hearts are enriched in ever increasing dimensions based on our sharing True Love with others

True Love is dedicated to contribute to the purpose of the whole to secure prosperity for all people in line with the desire of the original human Heart

When we are able to love people we feel happy because the reason for our existence is directly connected with the Heart that longs to share Love

There is no inequality in front of True Love as it originates in the Heart that is longing for everybody to live in happiness

True Love transcends distance and time, national and cultural barriers, striving to achieve unity among people centred on Heart

The more we give with a sincere Heart the closer we get to becoming a person who embodies True Love

When we invest our sincere Love we can communicate anywhere with people because we have a common desire for deep sharing from our Heart

Let us help each other to reach deeper levels of Heart

Our words express Heart. Let us use them well

Truth and life are under True Love which originates in our Heart

Man's Heart and mind can only develop well based on the experience of True Love

What we need is a Heart vision to reach out and establish bonds of Love as members of one united worldwide Family

Giving and investing True Love from our Heart is the only way to find richest fulfilment in life

The ideal society is the perfection of the ideal of Love. It is a beautiful world where people's Hearts are filled with True Love

### A loving Heart 17

A true spiritual home or home of the Heart is like a brightly shining electric bulb which is powered by God's power plant, allowing its members to love even their enemies. Such a family is the greatest proclamation of True Love

The core crucial question is how many people are ready to sacrifice themselves in order to establish True Love and take responsibility to expand this unifying realm for all people to become one in Heart

When those who are called to pioneer True Love, all of us, fulfill the task well, we will make sure that no one is without True Love that encompasses everything and brings all Hearts together in loving relationships

To establish bonds of Heart is the first task in order to allow True Love to flow freely without end among all people

Our eyes are drawn to True Love, and once we experience it all our senses are alert. All our Heart yearns in that direction. We never get tired of seeing True Love manifested

If we are sensitive to True Love we will long to establish bonds of Heart which can never be broken again

Our Hearts are yearning for True Love but in order to implement it, to make it our experience certain sacrifices are necessary

Just aspiring to experience True Love is not enough. We need to reach out to connect with others in Heart

A movement of True Love alone can unite all mankind. It can start now with each one of us allowing True Love to be born into our lives by leaving any kind of self-centered feeling and thinking behind and embrace wholeheartedly the realm of unconditional Love

When we become people of True Love we will live our whole life for that one purpose: walking, eating, sleeping and working, everything will be centered on sharing our Heart and Love

Once we know the deeper meaning of True Love we will continue toward the realization of the ideal of creation based on Heart to Heart relationships

It is only possible to reach True Love if we go through the needed steps of growth which make our Heart deeper and wider

Every person has to learn to give and to receive True Love with the proper Heart and mind so that it can bear rich fruits in our soul and everyday life

We ourselves benefit the most when we give to others with a Heart filled with True Love

In order to acquire True Love we must first fulfill our human responsibility and develop our Heart to be able to love unconditionally

Let us take responsibility and create the unchanging realm of True Love by developing Heart to Heart relationships

To establish an unchangeable point of connection between people is only possible through the practice of True Love

Once our Heart has grown to maturity and established the ideal of Heart to Heart relationships we will be dwelling in True Love eternally

When True Love knocks at the door of the human body, what happens? All the billions of cells are immediately activated and ecstatic. This is an undeniable truth but only if a person is mature in his or her Heart will they be able to make this feeling last

Every human being is destined to be a man or woman who radiates True Love from the depths of one's Heart

We have to go over many boundaries in order to reach our goal. Even if a portion of ourselves had to be sacrificed for the good of the whole, we should be willing so that we could reach the True Love goal as quickly as possible

That is the spirit of sacrifice for the higher attainment of True Love which is required in order to ensure that we reach our goal and live in the world for which we long for in our innermost Heart

### A loving Heart 18

As we are generally far behind in the development of our Heart we need to expedite our journey toward True Love

A person with a mature Heart would never trade True Love for anything else in the universe

How interesting it is: When you are in love you want to touch your beloved's nose, eyes, every place. If this being in love reaches the level of True Love it can be enjoyed forever, bringing utmost fulfillment to our Heart

Once True Love dwells in you, you can do anything because True Love can digest and overcome anything for the sake of the beloved

Once someone is touched by True Love, they never want to be separated from it but live in the embrace of that precious Love eternally with bonds of Heart firmly established, never to be broken again

If True Love gets into you, it just keeps on going deeper and deeper toward the Heart

Everyone's original mind wants to touch and be connected with True Love because we are created to live experiencing the flow of Love between our Hearts

True Love is the method by which we can bring about total oneness, total harmony, total unification among the Hearts of all people

Let us listen to the message of True Love arising from the depths of our Heart

Once you are equipped with True Love and anchored in this unchangeable standard the experience of deepest fulfillment in your innermost Heart is secured

Every person is destined to become a unique embodiment of True Love. And only if this precious goal is achieved will we find deep peace of mind in our innermost Heart

When you are living with this 100% commitment of True Love you can enjoy true freedom within this priceless realm of Heart to Heart relationships where oneness is achieved

Let us safeguard the growth of True Love in our own life and act from the genuine, true thought which flows from our Loving Heart

People may have all kinds of ideas about salvation but we can only be saved by True Love, the experience of giving and receiving this wonderful content based on heartfelt relationships having been firmly established

We are created to live totally immersed in an atmosphere of eternal Love. In order to experience this timeless realm of being embraced by True Love we must first learn to practice this unchanging standard as we grow in our Heart

A broad mind and an embracing spirit are born out of a loving Heart

All people are meant to enter into Heart to Heart relationships and to make the journey to True Love in order to become one with God, our Creator

True Love is so deep, so profound and so huge you cannot begin to measure it. As soon as that Love leaves you, you feel dark, downcast and distressed. And when Love comes toward you, everything inside of you is lit up-your eyes are bright, all your senses and your body are lit up and you feel light in your Heart

The first spark of True Love is so important and it must not be misused. To do so is one of the worst sins or crimes you can imagine because it may destroy the precious innocence of Love, breaking a person's Heart

It is impossible for a person to abolish His desire for True Love because such a longing is intrinsically connected with human nature and our original Heart

The hope for the realization of a world of True Love can never be erased from the Hearts of men because it is our destiny to live in such a world

True Love has a warmth and a fragrance unknown to those who never experienced it. Let us make the challenge of embodying a Heart of True Love our own and we will be richly rewarded

## A loving Heart 19

The Four Great Realms of Heart refer to the child's realm of Heart, the brother and sister's realm of Heart, the husband and wife's realm of Heart, and the parents' realm of Heart.

It is in a loving family where parental love, conjugal love, children's love, and siblings' Love - in short, the four realms of Love or the four realms of Heart - are perfected

The Heart of a child develops as children see their parents living lives of sacrifice and True Love for their sake. As children grow and mature, they expand in their ability to give with a selfless motivation

Sons and daughters who have perfected their character want to give everything they have for their parents. They are willing to serve them forever with an unconditional Heart

The completion of the realm of the Heart of a brother or sister is reached when siblings live together in harmony, learning from and understanding the lives of their parents. It is the realm of Heart in which the children learn to be like their mothers and fathers

The sons and daughters who have perfected the realm of Heart of true children and of brothers and sisters within the context of a true family will lead lives that shine brightly like the sun, even when they go out into the world as they will always share from their Heart

In this way they will become children loved by all; when they meet elders, they will serve and honour them as they would their own parents, and when they meet people who are younger, they will share true love with them as they would with their own brothers and sisters

Wherever they go, whatever they do, and whomever they meet, these children will be respected as the possessors of True Love and Heart, giving more than others, working harder and longer than others, and thinking about others and making concessions before thinking about themselves, under all circumstances

Though they may be young, they will become central figures trusted and relied on by all, regardless of gender and age. In this way, the perfection of the realm of Heart of brothers and sisters achieved within the embrace of a family will promote absolute values for eternal life

Love is the flow of Heart - the outpouring of deepest Heart - in line with the fact that the essence of the Ultimate Origin of all existence is Heart

Heart is always directed towards achieving some purpose. The purpose of creation is certainly joy because this is what our Hearts desire to experience based on sharing our Love

As brothers and sisters overcome challenges together they deepen not only their own Hearts but also their relationships, creating a treasure of common experiences

If True Love is the centre of a family then husband and wife, parents and children will have the same mind. Their attitude will be: the other person's Heart is my Heart; his difficulties are my difficulties. By learning to share in this way joy and sadness we can create families where an atmosphere of True Love can be felt at all times

True Love is the desire to give and to receive without any kinds of conditions attached but purely motivated to share with a selfless Heart

The settlement of True Love on earth has already begun with those who embody a Heart capable of giving unconditional Love

All people aspire to live in oneness of Heart with the beloved. What can make such a unity possible?  
Nothing less than True Love

Our Hearts are created as recipients of True Love. In order for their purpose to be fulfilled we need to first receive God's Love and then share it with others so that more Love can flow into our soul

Only human beings of original Love who have developed their Hearts fully can open the gate to True Love and live in that unending realm of overflowing Love

The path of reaching the core of True Love may not be easy but the result is overwhelming and therefore worth any kind of sacrifices that may be required on the way to embodying a Heart of True Love

No matter how much a person may feel enmity towards others he will finally surrender to True Love once it reaches his or her Heart

Heavenly life must start on earth and True Love perpetuates it. When we as objects are united in a circuit of Love with God, our perfect subject, the electrical energy of Love will ignite in our Hearts

## A loving Heart 20

When True Love touches your soul, it will inspire you to respond and to also practice this highest level of living for the sake of others with a deeply caring Heart

True Love transcends all the aspects of culture, such as eating habits and customs, and even differences in the area of religious beliefs. True Love will definitely unite the world beyond religion because our common Creator is a Being of Heart and True Love

Your Heart has reached the level of embodying True Love when you can love someone at the risk of your life with a completely selfless motivation

The greatest way of life is the pursuit of True Love. Let us discover the beauty of walking such a path by building first of all bonds of Heart among us

If you reach the ultimate goal of embodying True Love, nothing will be lacking in your Heart. You will feel that everything has reached perfection, its ultimate fulfilment based on loving relationships with God at the centre

Once we embrace and welcome the worldview which is centered on True Love we will look at the world with new eyes and listen to our surroundings with new ears, from the standpoint of embodying a new Heart

By allowing to open your Heart to the Love that we are you open up to all Existence and your true self, which will come into full bloom in this way

Only True Love can make out of this universe a beautiful place to live in where people share freely from their Hearts with deep trust in each other

As we all are Love, it is understandable that nobody is more important. Everybody contributes on his or her unique way to create an atmosphere of True Love by giving generously from one's Heart

True Love is selfless. It is giving in happiness, touching the Heart of one another with kindness, always sensitive to the needs of the other person

Our life changes when we open up to Love. If we do so and connect with our Heavenly Parent in Heart we will experience that we are loved, infinite, without any condition

True Love is all encompassing and unconditional, ready to invest everything in order to enrich the object of one's Love. Let us be guided by this standard of selfless Love which is bound to grow stronger and day by day, securing in this way a bright future for all humankind

Love is an inward journey to the world of Heart where we want to live and see the truth of living in harmony with all existence realized

In order to reach our goal it is important to distinguish clearly between True Love and what kind of attitudes are wrong. For this purpose it may be helpful to consider the following thoughts concerning superlatives:

While developing a loving Heart is the greatest gain one can achieve as son or daughter of God, the greatest loss would be e.g. losing one's self-respect and dignity

The most satisfying work is surely helping others, living for the sake of others in order to expand the realm of heartfelt sharing

Whereas the ugliest personality would be the one of an egoist full of selfishness desires the most beautiful character is one of freely giving to others with a generous Heart

The most powerful force in life is Love. True Love cannot be defeated as it is unchangingly dedicated to the wellbeing and happiness of the beloved

While the most worthless emotion is self-pity, forgetting oneself and investing sacrificially into others is the way to experience being uplifted to the highest realms of Heart

One of the most important things in life is realizing who you are, recognizing our value and dignity as unique sons and daughters of God, knowing that as the best Father/Mother our Heavenly Parent will be not be happy as long as even one of His/Her children is in pain

Whereas the worst thing to be without is to have no more hope the most uplifting experience is to be full of the thrill of anticipation, living in hopes of God's ideal being fulfilled for all people to enjoy – a world of True Love

## A loving Heart 21

Deepest fulfilment in life is found based on developing the four great realms of Heart that can be experienced in the relationships within a family

The four great realms of heart refer to the realms of the Heart of a child towards its parents, of siblings for each other, of a husband and wife and of parents for their children

The Heart of a child develops as a son or daughter experiences how daddy and mommy live sacrificially for their sake with an all-embracing Heart

As children grow and mature, they perfect their Hearts by being prepared to give everything they have for their parents and are willing to serve them wholeheartedly

It is a life in which children can read the minds of parents before their parents even open their lips, and know what the parents are feeling just by looking into their eyes

It is the realm of Heart in which the children learn to be like their mothers and fathers and inherit all the best qualities from them

The child thus embodies the Heart of a true child after having reached an absolute standard in loving his/her parents

With the right Heart to Heart relationships being established, the children naturally follow their parents, so there is no need to emphasize filial piety and loyalty

The realm of the Heart of a brother or sister naturally develops in a loving family in the relationship among siblings

It is the realm of True Love that is perfected by brothers and sisters who live together in harmony, learning from and understanding the lives of their parents

When sibling love is mature a beautiful realm of Heart is created in which the older brother is served and honoured like a father, and the older sister is trusted and relied on like a mother

This is the practice of True Love with the older taking care of the younger as a parent would a beloved child, and the younger serving and honouring his elders like he would his parents

In the True Love realm between brothers and sisters one makes up for what is lacking in another and fosters and learns the good points from others

It is the realm of True Love between brothers and sisters who are of the same lineage and who are inseparable because bonds of Heart are firmly established

Children who have perfected the realm of Heart of true sons and daughters and of brothers and sisters within the context of a loving family will lead lives that shine brightly like the sun, even when they go out into the world

They will become children loved by all; when they meet elders, they will serve and honour them as they would their own parents, and when they meet people who are younger, they will share true love with them as they would with their own brothers and sisters

Wherever they go, whatever they do, and whomever they meet, these children will be respected as the possessors of True Love and Heart, giving more than others, working harder and longer than others, and thinking about others and making concessions before thinking about themselves, under all circumstances

In this way, the perfection of the realm of Heart of brothers and sisters is achieved within the embrace of a family which promotes absolute values

Unlike in the relationship between parents and children, and that between brothers and sisters, husband and wife are not related by blood from the beginning as they come together of a man and a woman from different backgrounds and families to create a new life together by forming a realm of True Love

Once husband and wife become one in mind and in body through True Love and build an absolute relationship, endless and boundless treasures can be found in that precious realm

When a man and a woman become husband and wife cantering on True Love they form an absolute relationship where they never want to be separated from their spouse

## A loving Heart 22

True Love enables us to achieve complete unity between our mind and body, between parents and children, husband and wife, brothers and sisters and in all other relationships we establish centered on Heart

To live for others with internal unity of Heart and mind as a person motivated by True Love is the basis of peace for individuals, couples, families, tribes, races, nations and ultimately the whole world

When we align our Heart completely with the ideal of True Love we will definitely come to live in utmost joy and happiness

To have loving parents and brothers and sisters, people who care for us sincerely, is the best protection for our Heart in challenging situations

It doesn't matter whether a family is rich or poor; if True Love is at the core, their bond of Heart is liberating not only for the members of that family but far beyond

An original family consists of people who are bonded in Heart with True Love at the core

Initially we feel awkward and shy when we lack a deep bond of True Love with people we meet but after having established bonds of Heart we lose our shyness and begin to relate freely

Once the seeds of True Love are planted, no one will be able to steal them. They are the seeds of the Heart of True Love

Once we realize the enormous value of the True Love ideal we will strive to achieve this unified realm of liberated Hearts under any circumstances

With True Love in our Heart we are able to digest and swallow everything because our desire to liberate others is far greater than the concern for our own wellbeing

The willingness to rise above any inconveniences for the sake of giving True Love to others originates in a True Heart

Children experience and learn the Heart of True Love as they communicate freely with their parents in daily life

Children who watch and learn from their parents in this way will grow up to become loving husbands and wives who live according to their original nature and ultimately they will obtain the position of true parents themselves

We come to know deeper aspects of Heart through giving and receiving True Love in our relationships with each other

True Love moves us to love any kind of person because it strives to love no matter the price that needs to be paid in order to establish a Heart to Heart connection with others

True Love is not complicated love but searches always for the most direct way to build bonds of Heart which allow Love to flow freely

Once we establish the foundation for True Love to dwell in our midst we can break down any kinds of barriers in our Heart

An original family consists of people who are bonded in Heart with True Love at the core

By practicing True Love we prepare for an unlimited life in the eternal world of Heart

A mature Heart longs for all people to live in the realm of True Love

Let us build many bridges of True Love so that one day all people will be united in Heart

### A loving Heart 23

Experiences of a truly parental Heart and the sharing of True Love among siblings, in the relationship between spouses, husband and wife, parents and children, are essential in order to develop our potential in the realm of Heart to the fullest

A caring Heart pursues the way of True Love

By living for the sake of others and investing our Heart with True Love we perfect ourselves as the owner of Love and secure lasting happiness

Through establishing the absolute standard of Heart we perfect ourselves as owners of True Love

The most important connection we are to make in life is to align our Heart with the realm of True Love

It is a mysterious reality that after sacrificing yourself with a sincere Heart, whatever essence will be left in abundance is True Love

Human salvation and the peaceful unification of the world will be completed through True Love when the development on the level of Heart is our main focus

As human beings who have not yet reached maturity our main endeavour should be focused on recovering a Heart of True Love

When we transcend nations and religions we can bring about a new world of the True Love culture of Heart

We need a seasoned character and profound wisdom that are models of True Love in order to develop our Heart

Hearts are deeply moved when True Love is offered with sincerity and deep dedication

A loving family represents the model for the ideal world of brotherhood and sisterhood among all people based on Heart to Heart relationships

Let us build connections of Heart that can never be separated again

With True Love in our Hearts we will surely realize a harmonious world of freedom, peace, unity, and happiness

Being revived in Heart through the experience of True Love feels like entering the realm of true life

Developing our ability to love during our life on the earth is the foundation for being able to live in a precious realm of warm and caring Heart eternally

To grow in Heart through expanding the realm of Love of giving and receiving True Love is the central task in our life on earth

According to the level of maturity we have achieved we will do everything with a loving Heart

Only True Love and truth can unify people in a culture where Heart is at the very center

The way of unification to bring about a harmonious world can only be achieved based on developing the Four Great realms of the Heart

#### A loving Heart 24

Based on living in line with True Love we become filial children, loyal subjects, saints and holy men and women who have learned to live with an unconditional Heart of sacrificing for others

Once we have become one with True Love we utterly and unreservedly invest ourselves over and over again entirely, all the while forgetting the fact of having done so, in order to fulfill that lofty and cherished hope of humankind manifested in a world of Heart

When we lead a life based on absolute values our central axis is True Love expressed in living for the sake of others with a generous Heart of unconditional giving

A truly loving Heart longs to leave behind for posterity the sublime and vast realm of the ideal of Love

Love is a motivating force. True Love gives the desire to expand the realm of Heart to Heart relationships

We can experience the essence of True Love when we invest our Heart unconditionally with a selfless mindset

When we connect with the original Heart we will follow the correct path of True Love

The sacrifices we make with a sacrificial Heart are a clear expression of True Love

True Peace comes from a Heart of True Love

If we have this true Heart we will encounter the cosmos with all its vast expanse as a friend within our mind

The ideal of true parenthood is fulfilled in unconditional Love for children

True siblings love each other with a sacrificial Heart of being concerned for everybody's wellbeing

A true husband loves his wife with a completely selfless motivation just as a true wife gives everything in order to secure profound happiness of her beloved

If I do not settle the root of the peace in my own Heart, the ideal world of True Love will remain just a dream

To the extent that we establish peace centered on the original human Heart we will harvest the beautiful fruits of being one big family of True Love

Based on our practice of True Love the concept of enemy will completely disappear from our life

When parents establish the realm of True Love then children can naturally inherit this most precious foundation

When a husband and wife live for each other centered on True Love they become a True Love couple

When siblings truly love each other they are true brothers and sisters

True Love is the inner driving force that unites people beyond any kind of differences

Unless our motivation is pure and selfless True Love will not be present in our life

#### A loving Heart 25

The Four Realms of Heart which we are meant to experience in the relationship between parents and children, husband and wife and brothers and sisters are each centered on True Love

The most important foundation we need to establish in life is to develop the Four Realms of Heart by focusing on true love as the highest value in the universe

We naturally learn about True Love in the family as we grow up through giving and receiving from our Heart

Living a life of True Love includes willing sacrifice and serve with an unconditional Heart

Without absolute investment of Heart there is no True Love

The place we should look for and find True Love is the family as the central school of Love

When True Love comes from parents then children recognize it deep in their Heart

Children are the fruit of the love, life and lineage of their father and mother. So parents, husband and wife, naturally live more for their children than for each other

Based on such a foundation the children grow well and prosper in the precious realm of True Love established by their parents

At the core of True Love education stands the teaching of living for the sake of others in order to enrich other people's life and to grow in one's own Heart

One Heart, with mind and body united with True Love at the centre represents the essence of a matured person

It is the collective responsibility and task of all people who have developed their Heart to bring True Love to those who long for this precious realm

In the ideal world all of our thinking and reasoning is based on a deep understanding of Heart and True Love

By establishing the ideal of absolute True Love the world of Heart will blossom in our midst

True happiness comes from fulfilling the desire of our original Heart and mind

Desires that are not rooted in True Love will never lead us to lasting peace and fulfilment in the realm of Heart

In the world of Heart nobody lives for himself or herself because True Love naturally moves us to invest more for others than for ourselves

The energy for True Love is generated through circular relationships of giving and receiving what is offered from the Heart

In this way we become being who can exist forever as eternal beings

On the way of True Love the output is bigger than the input, enabling unlimited heartistic development to come about

While our body receives valuable nutrition through food our spirit needs to be nourished by receiving True Love and the experience of sharing Love from our deep Heart with others

#### A loving Heart 26

In a family of goodness the fruit of True Love, true life and true lineage can be harvested abundantly based on Heart to Heart relationships being well established

Within the family the Heart of the children, the Heart of siblings, the Heart of husband and wife, and the Heart of parents is nurtured and refined

The world of Heart is a realm where True Love is practiced in every respect

When we lead a life based on absolute values our central axis is True Love expressed in living for the sake of others with a generous Heart of unconditional giving

We can see how far we advanced in our growth of Heart by the level to which we practice True Love

If we practice a life of True Love our Hearts will definitely grow to reach full maturity

True Love has the power to touch a person's heart and spirit on the deepest levels

We learn about various aspects of True Love through the Heart of parents, husband and wife, brothers and sisters and the Heart of children

To develop a culture that is centered on Heart and True Love must be our first priority in dealing with challenges we face in this world

We need to build the highway of True Love for all people to enter the world of Heart

Let us become those who can digest everything with True Love in our Heart

Only when we have become completely one with our original Heart and mind and listen attentively to our conscience directing us to embody True Love will we achieve deepest fulfilment in life.

True Love is multiplied based on the Heart of living for the sake of others

No matter the circumstances, True Love is ready to reach out with an embracing Heart and mindset

Our Hearts long for the experience of True Love which should naturally be an integral part of the life of any child, man and woman, old and young

Words based on True Love touch our Heart the deepest

The beauty of creation is a reflection of Heart and True Love having been invested

Relationships of True Love are like spiritual food for our Heart to be healthy and strong

To serve each other with a loving Heart is the surest way to expand the realm of True Love

The impulse to offer unconditional Love naturally arises in a healthy human Heart

True Love looks for the shortest distance between me and the object of my Heart

### A loving Heart 27

True Love moves us to display an utmost degree of dedication to the ones we reach out to with a caring Heart

The most precious qualities one can develop in life arise from a Heart of True Love

To work for the realization of the ideal of True Love is the most noble endeavour where we are to invest our Heart and soul

Our Heart should be the dwelling place where True Love is fully alive

Among the many presents we can give to others those which originate in our loving Hearts are the most precious

All of our actions need to be rooted in a Heart that wants to convey True Love

Going through difficulties out of Love for others naturally causes our Heart to grow

To the extent that our Heart grows the realm of happiness we can enjoy expands

The more Heart and love is invested the greater the joy that arises when our efforts bear fruits

Understanding the concept and reality of True Love is the beginning point of ever increasing prosperity in the realm of Heart

Once we have found and become one with True Love we stand at the beginning of a wonderful life where our Heart is filled with Love

Heart and True Love are not a just a concept but the most fundamental reality in this universe which is itself a manifold manifestation of expressions of True Love and Heart being invested

All the conflicts among religions can definitely be overcome by recognizing that Heart and True Love are the highest values which we are destined to embody in our life

Only through practicing True Love can we become a true individual, a true husband or wife, a true father or mother and true brothers and sisters as members of a worldwide family of man

We can touch, embrace and educate conflicting parties by True Love which is the only basis on which we can bring about peace on earth

True Love cannot be found by just looking within but we will encounter this precious value when we reach out to build Heart to Heart relationships

Once our Heart is filled with True Love no shadow can darken our soul and spirit

The destruction of the family which is the foremost school of True Love has led to manifold problems which all can be resolved by returning to healthy lifestyles centered on Heart

The gap between generations can only be overcome through the practice of True Love

It is True Love what enables people to become one in Heart

If we focus on maturing in our ability to love we will naturally come closer to the realization of a worldwide family of True Love