

Light and Water 1

This website is dedicated to the theme Heart and True Love. It is not only important that we get a clear understanding of the qualities connected with this highest value in the universe but also what is hindering us to become one with this treasure

This section includes besides external aspects of the elements light and water considerations dealing with our inner reality because the light of clear insights is necessary in order to advance on our inner path and we need water on a daily basis for the purification of our body and to enjoy a wholesome life

Both light and water are essentially important for our existence and well-being. Light is needed to have a clear view of the world and water serves us in so many ways, including with its characteristic of being the best solvent we know

From an internal standpoint we need the light of truth, a crystal clear view of the world in order to make the best out of our life. And we need water to keep our body clean, whereby it is decisive on inner levels that we dissolve all the wrong concepts we may have in order for Love to flow freely in our life

In modern technology light is even used to purify water instead of strong chemicals. It is only a question of time when this technique will be applied on a broader level to ensure that we have high quality water at our disposal

Concerning the internal aspect it is true that the light of truth serves us to become spiritually purified so that we are clearly aware of the standard which fits best to our human existence and to realize in which way we have to change in order to enjoy the life we are meant to live in the midst of the precious realm of True Love

In order to achieve inner harmony we have to learn to deal with our emotions and thoughts in a very natural way. We need to use them in a constructive way in order to understand and experience what we are longing for in our deepest soul

If we want to enjoy good health we need to care first of all about the state of our Heart. It is essential to become aware of what kinds of fundamental feelings we harbour in our Heart and what kind of thoughts determine the way we look at our life because our emotions and thinking directly influence our body

Scientific research confirms that the electromagnetic fields which we produce through our Heart and through our brain influence body more than we may be aware of. Everything that we do not resolve inside will find its expression in our external appearance. Therefore it is decisive to recognize what our body tells us

For example, cancer cells eat other cells. They separate from the community in which they have been living and destroy the organ of which they have been part of. There is always a counterpart on the inner level to what we find expressed externally and accordingly we need to look for root causes underlying the health problems we may be faced with

Every thought of separation and any other unhealthy or wrong thinking leads earlier or later to some sickness in the corresponding organs of our body. A rejection of reality or refusal to deal with it causes us to get ill. On the other hand the more we are ready to face our actual situation and welcome changes the quicker we will become fine in our soul and physical body

If we do not listen to our Heart we will suffer the consequences. Simply speaking, when we go through life centered on the brain we may be forced at some point to lie down due to some sickness so that we may leave our focus on the brain aside and listen to what our Heart tells us

To put Heart and True Love into the centre of our life is not just a possible choice but a prerequisite in order to be able to experience the fulfilment we are seeking. Listening to one's Heart is the only really effective recipe for a healthy life, the most natural way which enables us to enjoy inner harmony and external wellbeing

Whatever we experience has concrete root causes which we need to address and deal with very consciously. We must never live in denial because this is the surest way to become internally and earlier or later also externally sick

We are created to experience unconditional Love from our Heavenly Parent and from people in our surroundings. If this is lacking we naturally come into a situation where we are not in harmony with ourselves and our body, leading to all kinds of spiritual and physical suffering

Our Eternal Parent created everything perfect, from the macrocosm to the microcosm but unfortunately we still do not understand many things correctly. Until we have found the right answers to all relevant questions we will suffer in one way or another

The overall answer to all issues lies in taking it to heart that Love is the strongest force in the universe. True Love brings healing on all levels while false, self-centred Love destroys people internally with negative consequences for the body

Our origin is God's unending Love. Either we connect with the True Love which is there, available for every human being from our Creator, or we uphold walls and barriers which hinder that precious Love to reach our Heart

Such barriers are built by many people through their religious beliefs, narrow concepts about God, or simply out of fear or other negative emotions connected with the feeling that we are not worth to receive unconditional Love

Each and every person decides whether he or she leads a healthy life with a happy, joyful and hopeful Heart or goes through life with all kinds of inner or external limitations based on a closed Heart and not having widened one's horizon or consciousness

It is fully in the hands of every individual what kind of experiences he or she makes in line with the desires and attitudes that are harboured in one's Heart. Let us therefore focus on the deepest emotion of True Love based on a profound understanding of the light of unchanging truth which is underlying all creation

Light and Water 2

In the past many answers have not yet been freely available for all people but this is not any more the case today. All answers necessary to live in God's presence, to be one with our Ultimate Origin, are already there. The only question is whether we search for these answers and make them our own

In order to enjoy the fullness of life every person has to ask questions like the following: Who and what am I loving? In which area is my Heart still closed? Do I experience fulfilment in loving relationships? Where is still emptiness and a certain desert in my Heart?

If we ignore the signs which our Heart and our body show then we will have to deal with the consequences which may not be pleasant for us. Most of all every person needs to become clear that it is my own emotions and thoughts which have caused my suffering or struggling situation – because I did not resolve one or the other issue

The first task is therefore to become clear: What is it that I am missing? What do I need to do in order to come into balance from within so that profound Love can reach my Heart and flow through me to others?

The next question is to become aware of the obstacles and limitations that hinder me to connect in Heart with my Heavenly Parent and with those who are in my everyday life, family members or close friends

We lose what we do not love. This is very true on internal and external levels. Whatever we would like to experience we need to love first of all. This is a fundamental principle

When we see a baby we feel naturally attracted because infants are a full representation of Love. Unfortunately so much of that original potential to be a loving being is destroyed over the years so that most people have serious problems to love themselves and others

The starving for Love and attention needs to be healed in a natural way. There is no solution possible if we look for some substitute, including a religious belief that somebody else will save us. True liberation can only happen through the substantial experience of True Love here on earth

The time to look for some salvation in the next world is over because it is absolutely clear that healing must happen here on earth in our Hearts through the experience of God's Love, reaching us directly and through our beloved and other people as well as through nature

One fundamental point that most people find hard to digest is the following fact: What we feel about others that they are doing to us or not doing for us is merely a reflection of our own thinking about ourselves

Every man and woman needs to realize deeply: If I do not really love myself then it will also be hard for others to love me. It is one of the fundamental laws of energy that we can never receive more Love from others, really take in more Love than what we ourselves are able to give to us

We may feel in hell now but if we take responsibility for our recreation and inner resurrection we will find ourselves within a short time in a completely revived situation because our cells listen to our thoughts and they feel our emotions

The first step towards internal liberation and true freedom lies in opening ourselves to recognize the fact that it is none other than I myself who creates my destiny in every respect

Let us ask ourselves seriously: Will I continue to be victim and make excuses or am I ready to take full responsibility for everything that occurs in my life, leaving no aspect out and not blame others for my actual situation?

Once we forgive ourselves for our wrong concepts and show gratitude to others who helped us to recognize what is wrong with us - those about whom we may have been upset while in reality they have been only mirroring our own problems - we will be free to begin to truly love ourselves and others

We must face our actual emotions and accept them then the way is open to resolve them. There does not exist any other path to being completely free internally and healthy on external levels

We carry negative subtle energies in us that are affecting our body. Only if we deal most sincerely with all of our emotions and thoughts that cause our problems will we be able to leave them behind

When we meditate deeply on our existence and the world around us we can find out that there is nothing in this universe that does not have a clear purpose. Accordingly it is obvious that the answers are all there; we only need to find them

Once we realize the inner meaning of why unfortunate things have happened in our life and why we are confronted with certain issues we will be able to act, based on the insights we gained by having a totally honest look at ourselves

Fundamental questions every person has to ask: How strong is my internal foundation? Do I depend on external conditions in order to be able to experience peace of mind?

There is no way around facing such questions and building my personal foundation of integrity in the light of the unchanging absolute truth of the universe that everything is created out of Love and for the sake of fulfilment based on loving relationships

Light and Water 3

Every man and woman on this earth is created to live in inner harmony and based on such a firm foundation contribute to expanding the realm of True Love, the most valuable treasure in the universe

Love should be flowing like water in all realms of our life and the warmth and light of Love and light should be present in the Heart of every human being. This is the ideal we all can experience if we lay the proper conditions for it to become a reality

One first step may lie in beginning to appreciate people and things in our surroundings. We live in societies where selfishness prevails but that does not mean that we have to be egoists. Each and every person is free to become the embodiment of true selfless Love

We all want uplifting feelings to flow freely in us and in our surroundings. For this ideal to become a reality we have to first have an honest look inside our Heart and ask: What kind of emotions do I feel?

Upon having a closer look we will realize that what I am afraid of is already in me, otherwise they could not be a common base with these emotions. In this respect we need to become like children whose Hearts are free from negative emotions and thoughts

In order to clean up the disorder in us complete honesty in front of ourselves and others is absolutely required. Unless we are ready to live up to this fundamental standard we will never reach our goal of total fulfilment in True Love because the Origin of our life, our Heavenly Parent, is absolutely honest and true

Whatever we experience, we need to ask ourselves: Does it feel in accordance with my Heart? Is the emotion which I experience arising from my innermost soul?

Concerning our fundamental inner situation we need to ask: Can I trust in my Love for myself? How does my relationship to myself look like? How deeply can I accept and love my inner reality?

Total honesty in front of my own internal reality is the prerequisite for the light of truth and the warmth of Love to be fully present in our life. Unless we are ready to be absolutely honest in front of myself and others there is no way that I will experience what I long for in my innermost soul

In order to sort out my inner situation it may be helpful to make a list of all people with whom I am not yet in peace. With how many people do I not yet feel fully free inside?

Our past is in us. What we did not digest after going through painful experiences represents a burden now. We really carry our past within our Heart and therefore it is decisive that we clean up our internal situation thoroughly and completely, leaving not a single issue out

Let us simply ask: Can I be proud of what I have done? Do I love myself with a sincere pride of having done my very best to lead a good life that is based on loving all people no matter how they have treated me?

If I cannot praise myself it means I am ashamed of myself. I want to hide some of my actions from others because they have not been good and true but centered on ourselves in a selfish way. Such issues need to be addressed most honestly in order for our Heart to become free to experience True Love

Everything what we have not digested we carry as burden through our life. Let us therefore get rid of any burden now by forgiving ourselves and others wholeheartedly and resolving any problem which stops our Heart from being completely liberated

Fundamental questions which we need to ask are: Do I love my life? Who do I want to be? What kind of life do I want to live? In which way do I want to fulfil my dream?

Uncertainty and not being aware or unconscious of reality are the main cause of inner suffering. Therefore it is so essential that we become completely clear of what really matters in life and focus on those values which bring us lasting happiness

One first step towards this goal is to meet my own true self. I need to go into silence, take time for deep meditation to become unmistakably clear who I am and what moves my Heart. What are my dreams that I would like to see realized?

Actually we have already given an answer to the fundamental questions of life during the years we have lived until now. My past shows the personal answer that I have given to the timeless issue of what kind of attitude a person should have in life

It may not be pleasant to face my actual inner reality but only if we are ready to do so most sincerely is the way free for us to enter the realm of experiencing the ultimate fulfilment in life based on our Hearts overflowing with the joy of loving

We must not run away from our inner reality but face it consciously and resolve it and then we must leave it behind, consciously and make a profound new beginning based on having cleaned up our past and having set our priority right

Let us not wait until tomorrow but clean our Hearts today with the help of the light of insights gained by sincere people of conscience in the past and present and go forward with the absolute conviction that nothing is more precious than leading a life of sharing True Love

Light and Water 4

In order to reach our destination we need to be crystal clear concerning what is right and which behaviour is wrong, what is in line with the principles of creation and which attitude violates the timeless truth of living for the sake of others in order to expand the priceless realm of True Love

The invisible is always in the primary position over external results. Therefore we have to look at the internal root, ultimately our Creator and the fundamental principles of life in order to be able to enjoy a deeply fulfilled life

Our fundamental nature as human beings is spiritual and our inner situation is expressed on the outside, in our body and in our behaviour, in our actions. It is obvious that every visible problem or issue has to be addressed first and primarily on the internal level in order to bring about lasting solutions

We need to leave the old school behind and question traditional understanding not only on external levels based on revolutionary new scientific discoveries but especially on internal levels based on the realization that I have much more power than I ever thought possible

If we feel a certain internal emptiness it needs to be overcome based on opening our Heart to build relationships that are centered on True Love. Enough insight concerning this most precious value has been revealed historically in sacred scriptures and in the life of saints and sages, completely sincere people of the past and present, so that now every person can lead a life of True Love

All people need to learn to appreciate what we have already on deeper levels and especially come to the realization that every one of us has so much to give independently of how much we may own on external levels

Our emotional security must not be based on material things but on feeling that there is so much we have to offer to others if we love people. We have so much Love to share if only we start to give from the bottom of our Heart not only to one or two people but freely on ever broader levels

We all have received a lot - certainly on internal levels - but how seriously do we ask, What do I have to give? What are my unique characteristics which I can use to share my Heart and Love in unique ways?

It is natural that those who give will receive, and those who receive want to give again and expand the realm of Love being shared in order to create deeper realms of heartfelt joy and satisfaction

The balance of giving and receiving must be established on all levels whereby it is essential that we do not focus primarily on external matters nor put internal values at the centre while ignoring external aspects

Material things need to be appreciated. What I have and use should be really loved. Then it will be a blessing in my life. Such a fundamental attitude is crucial in order to experience success first on internal levels, expressed in the brightness of our eyes and the warmth of our Hearts

Unending Love can only be enjoyed when we truly love what we have in the awareness that we can only take these things with us to spirit world what we really love

Matter and spirit do not exist separately. We need to remember our divine origin and lead accordingly sacred lives which are filled with the light of truth and embody the highest standard of True Love in our unique way of sharing our Heart with people and nature

One core aspect we need to be aware of is our creativity. Will I be open to welcome my position as co-creator together with the Ultimate Origin of the universe, to respond to His/Her Love and to expand the realm of True Love eternally?

Do I want to continue to be victim in one way or another or gladly be the creator of a wonderful life filled with Love based on my own decision to focus on sharing True Love in Heart to Heart relationships?

I will only experience True Love if I fully integrate it into my life by taking full responsibility for Love to flow on every level of our existence. When we stop giving responsibility to others but feel completely responsible for everything that happens to us we are on the safest way to find never ending joy and happiness

The most important things in life are determined by ourselves. When I open my Heart to a new understanding that is based on the realization that nothing is more important to strive for than to live in line with the highest principle of the universe – to exist for the sake of the realization of the ideal of True Love

Every day I decide with what kind of attitude I go through my life. When we think of it we may realize that each day like a whole life, from 'birth' as we wake up until 'death' as we fall asleep. We are daily on the path back to our Creator and we can make great progress if we walk this path with a conscious mind and most of all with a loving Heart

Looking back at our life the most important question is: What did I really love in my life? Did I welcome and love life wholeheartedly? Should not all of us die happily one day after having lived a life of joyful giving in order to enrich other people's lives?

It may be true that we have slept for a long time but now we can wake up and ask ourselves most sincerely: Who do I want to be? We can leave any kind of inner darkness and live from this day forward in the bright light of the day which will never end on the foundation of the practice of True Love which cannot be stopped

The future is in our hands. On the individual level in my Heart, and collectives in our decision to share True Love with one another. To the extent that we do we will see the realization of the Kingdom of Heaven on earth, a new world where all people live on the bright side of life in an atmosphere of heartfelt sharing

Light and Water 5

I started out with the goal to make a website that deals only with the theme Heart and True Love. But the more I researched into this topic the clearer it became for me that there are other themes intrinsically connected with this central realm of Heart and True Love which I need to include

Therefore I expanded the content one by one to the 12 core themes which you find on this website with the PDF text version uploaded in the section *New Content*.

The whole process of preparing the material to be used for this Home in the worldwide net was a profound eye-opener for me personally to recognize that God's existence is confirmed in so many ways through the discoveries of modern science, especially the discoveries made in recent years which opened up many doors but leaves us with more questions than ever

This is also true for light, about which scientists until today are not clear whether it consists of particles or waves and they have to face the fact that it is both, something what should be impossible according to the traditional understanding of scientific laws

The same is true for water, whose existence should not be possible according to the general behaviour of elements. Its existence does not fit at all into the conventional understanding of how elements behave; more than 40 anomalies of water present a big challenge for scientists

Light and water are fundamental elements necessary for life and still they have such specialized characteristics that it is only fair to say that what we know about them is like a drop of water and what scientists cannot understand yet is like an ocean

Through the research into the characteristics of light and water as well as studying more deeply about the origin of human life, especially the DNA and the structure of cells which need light and water in order to exist, I learned that they all point every to directly and unmistakably to the existence of a Creator of this universe

This fact is most obvious when one has a closer look at the details which I am outlining on this website in basic points whereby further study of the themes addressed on this website will naturally lead to an even stronger confirmation that our world could never exist if it were to have come about by coincidence

Just as light is present with us from morning to evening as we go through our day it should be most natural for every human being that not only the light and warmth radiating from the sun is fully present in our life but also the light of truth and the warmth of Love shines from our Creator into the Hearts of all people

Just as life cannot exist without light and water it is impossible to truly live, to have a vibrant spiritual life without living in the presence of God, our Ultimate Origin

God's Love becomes most real for us if we open our Heart and mind to recognize the traces our Creator has left on this earth in the form of the immense information embedded not only in every cell of our body but in all the beings and things that exist in this universe

Our existence began surrounded by water in the womb where our body developed well protected by the Love of our parents until we have been ready to be born, to see the light of day, and began the journey of our life here on earth where we are surrounded by light which symbolizes the bright Spirit of God

Just as light allows us to see the world in which we are living, we are meant to be filled with the light of truth, a crystal clear understanding of the meaning and purpose of our life, which is nothing less than enjoying ever growing happiness as sons and daughters of God, our Eternal Parent, united in Heart as true brothers and sisters of a worldwide family

In order to make this ideal become a reality we need not only the light of knowledge and deep insights based on having illuminated minds but even more so we need to have Hearts that are fully alive based on experiencing God's overflowing Love

Just as we may feel in Heaven when we swim in the sea on a nice beach or just by taking a hot bath that is refreshing our body, we are meant to live surrounded by the water of life, to 'gladly drown in the depth of God's unending Love reaching us through our spouse, our children and our parents, our brothers and sisters as well as our friends and colleges

It is vitally important that we experience the all-embracing Love of our Heavenly Parent in order to be truly alive. We need to find God's presence in people as well as in nature, to meet our Creator on a daily basis by connecting with His/Her Heart

Of course it is not easy to reach this level of cultivating a personal relationship with God so that we can feel His/Her presence from morning to evening but this is what we need to strive for because only when we reach this level of oneness with our Ultimate Origin will we experience our value and find deepest fulfilment on all levels

From this viewpoint it is good to reflect about the qualities of water and light which are part of our daily life in order to become more strongly aware of the importance of striving to find a Heart to Heart relationship with our Eternal Parent in whose image we are created in order to live surrounded and embraced by light and warmth

When we look at the electromagnetic spectrum and visible light it is clear that the light which our eyes can see represents only a tiny spectrum of the whole scale whereby the beauty of colours is already lost if the frequencies are a little higher or lower as we can see when we look at photos taken by a camera that can show ultra violet and infrared light

This means that God created our eyes to see a tiny fraction of the electromagnetic spectrum where we can enjoy the richness of millions of colours based on our eyes only perceiving the three colours red, blue and green. The difference in the wavelength between yellow and green is only 60 millionth millimetre and between orange and red even only 6 billionth of a millimetre

From these facts we may sense that it is not easy to tune in to the frequency of our Creator who made us so finely tuned. We really have to invest 100 percent of our Heart and mind, and use all of our knowledge and wisdom in order to connect with our Ultimate Origin who brought forth such an astronomical big universe with perfect structures down to the level of the Nano world of the microcosm

Light and Water 6

Water is the most studied material on earth but it is remarkable to find that the science behind its behaviour and function are so poorly understood (or even ignored), not only by people in general, but also by scientists working with it every day

Although we drink it, wash, fish and swim in it, and cook with it, we nearly always overlook the special relationship it has with our lives. It makes up more than 70 percent of our body and without it we die within a few days

Liquid water has importance as a solvent, a solute, a reactant and a biomolecule, structuring proteins, nucleic acids and cells and controlling our consciousness

Water (H₂O) is the second most common molecule in the universe (behind hydrogen, H₂), the most abundant solid material and fundamental to star formation

Water is the simplest compound of the two most common reactive elements, consisting of just two hydrogen atoms attached to a single oxygen atom. Indeed, very few molecules are smaller or lighter

Liquid water, however, is the most extraordinary substance. Its unique properties and chameleonic nature seem to fit ideally into the requirements for life as can no other molecule

The small size of its molecule belies the complexity of its actions and its singular capabilities which scientists have studied for decades but so far they have no explanation for a great part of water's complex behaviour

There is a hundred times as many water molecules in our bodies as the sum of all the other molecules put together. Life cannot evolve or continue without liquid water. Therefore we all need to give our wholehearted attention to this precious element

The water we use on a daily basis is often perceived to be ordinary as it is transparent, odourless, tasteless and ubiquitous. And still it may contain so much content when we add our Love in dealing with it

Water is more than simply a physical substance. Research demonstrates that human vibrational energy, thoughts, words, ideas and music affect the molecular structure of water

The fact that the molecular structure of water can be affected by our consciousness, our intent and our sound is extremely important

Even more importantly, our thoughts and emotions which we radiate through the electrical field produced by the Heart, have a substantial influence not only on our own body but also on our surroundings

For this reason, our view of the world must be based on undeniable facts like the centrality of the Heart at the core of our personality and its influence on our whole being

In Israel scientific research at the university of Tel Aviv about the memory quality of water with the help of bacteria has shown the phenomenon that certain bacteria grow much better in a water which has been exposed to slight electromagnetic radiation

Even though the consequence of this exposure cannot be detected by any state of the art measurement method bacteria can very well sense that information in the water

This shows that water can indeed store information that cannot be detected by scientific instruments but very well be absorbed by living organisms

Such facts should not leave any doubt that water does indeed store invisible information and accordingly it is decisive that we have good thoughts and emotions in ourselves and express them to others

Gazes from the atmosphere are constantly absorbed by water and connected to a complicated net-structure of Nano bubbles in numbers that are 1000 fold of all neurons in the brain

It is amazing that while we have around 100 billion neurons in the brain, 1000 times that number of Nano bubbles exist in a simple glass of water, forming very complicated structures

Alone from this fact it is understandable that there is a enormously huge potential for information to be stored in water which in turn can be absorbed or read by organic living beings

Light and Water 7

The aerospace institute in Stuttgart, Germany, has discovered a relatively simple way of making the structure of a drop of water visible. Photographs of water drops taken in that scientific laboratory show proof that there is a concrete visible influence on water caused by people who deal with it

The researches had their efforts rewarded by insights into a very beautiful world. Each drop has a face of its own, unmistakable and unique. Why are the individual drops so different from one another?

Students were invited to the aerospace institute in Stuttgart, given them all the same water, and at exactly the same time they made water drops which were collected and analysed by the research team

Surprisingly, the scientists discovered that each individual produced different images from the same water

The images of the individual students were different but those by a given student were all quite similar. Individually the results could quite easily be reproduced

One would never have thought that the drops were all from the same water because when you compare the images from the different people you see quite big differences

The institute made also experiments to see if water changes when an object is put into the water, and found astonishing results

When a flower was placed into water and a while later researchers took a drop of water you could recognize the typical image of the flower in every drop of water in the glass

The statement that water has a memory practically changes our whole way of looking at the world because of the far-reaching consequences of this reality

For this reason we need to reconsider not only how we view water as essential component of life but also our Heart and Mind where our thoughts and consciousness originates

As water flows down a stream it is picking up information along the way. It has more information at the mouth of the river than at its origin. People who drink that water are drinking all that information

Based on such an understanding, the world's oceans are no longer something that separates us but they are a giant storehouse of information. The rain is practically a data medium carrying information into the world

To what extent is water capable of picking up information? What is it able to perceive and how does it remember it over time? Such questions are now researched by scientists

In the laboratory of Prof. Dr. Bernd Kröplin, who has been director of the aerospace institute in Stuttgart for more than two decades, the effects of handy 'radiation' was visibly shown e.g. through exposing salad to this radiation

The water drops of the salad that had been exposed to handy radiation looks like this and in comparison the drop of water into which unexposed salad was put looks like this

Water can tell us something about the history of a plant, e.g. that it was exposed to handy radiation for 2 minutes. How much more information is contained in water that has been exposed manifold positive or negative influences!

Water has indeed a memory and specific qualities may be programmed with certain information which cannot be detected with conventional scientific devices but has a clearly measurable effect

At the Technical University of Graz, Austria, the more than 40 known anomalies of water are examined. Anomaly means that the specific behaviour of water cannot be explained with the help of known scientific laws

It is incredible but even if a single one of these abnormalities were missing, life itself would not exist on the planet. Should it be by chance that water has such very special characteristics?

In other words: the 40 specific characteristics of water which cannot be explained by scientists even with the help of state of the art high-tech instruments are yet another undeniable proof of a Creator because even without one of these characteristics life would not be possible

Wherever one may want to look in our universe, as soon as we examine creation closely it become unmistakably clear: Only a personal Creator can develop such complex and at the same time beautiful and harmonious structures as we find it in nature, even in the most common element of water

Light and Water 8

At the University of Graz in Austria scientists are researching phenomenon of the water like its inexplicable behaviour to move up the wall of a glass container and establish a direct connection with the water in another container when being put under high voltage

After connecting with the water in the other container it even forms an up to two centimetre long water bridge whereby the water from one side tries to move over to the other container what can be made visible with a thermal camera

Simply speaking, according to physical laws such behaviour of water is impossible but it exists defying any known laws established in the area of physics and other sciences. Such examples of inexplicable behaviour of water shows the immense potential which lies in this element that can even be used to move thermic motors

The more one looks into and examines the qualities of water, the more mysterious and secretive it seems to be. Every answer poses even more questions. Scientists agree that there are still many phenomena of water which could not be explained until now

Why does water have the highest liquid tensions of all liquids? Why is it the most powerful solvent on earth? And why, in defiance of the law of gravity, is water able to rise in the trunk of gigantic trees to the top against very strong pressure and the force of gravity?

One scientist commented: *'We have just taken a great step forward. We realized that we really know nearly nothing about water. It is a great step forward because this realization is followed by the desire to find out more.'*

In order to gain the right view of the world it is very important to have a close look at the most common and for all beings influential element, which is without any doubt water

On an internal level it is a deeper understanding of our Heart and of the value of True Love that has to be a first priority for us because only when we have absolute clarity in this area will we be able to represent a well or spring of living water for people who are thirsty in their soul

Our Heart produces by far the strongest electromagnetic field in our body. In nature it is water which is able to manifest the greatest energy, what became obvious when people began to build hydrogen bombs

Just as we need to take care of our Heart in the right way it is also essential that we have the right attitude towards water. In order to get there it is decisive to study the characteristics of water thoroughly and comprehensively

Enormous energies can be produced through normal water. When it is filled into a steel container water can even burst the steel walls if that container is firmly closed and frozen to low temperatures

Water is capable of creating an enormous amount of pressure. As we all know, a plant shoot can break even through asphalt

Among the many characteristics of water the most astonishing quality is its ability to remember information. This characteristic of water is used in homoeopathy a healing method that has helped countless people

One may come up with all kinds of explanations or justifications that homeopathy is not a serious or reliable healing method but it is proven to be very effective with animals, healing even cases where there was no more hope from the standpoint of traditional medicine

For this reason we must also be ready to draw the right conclusion or consequences which are that it is not the issue whether something can be explained or proven scientifically but how things look like from the viewpoint of experience

This is a very fundamental point which has to change in the worldview of many people. Until now the majority has believed blindly in science without realizing that scientific laws are in reality nothing more than assumptions which are only valid until they are disproven

Especially concerning the characteristics and the behaviour of water it is very clear that many more questions scientists have not been able to explain than the ones which were answered after many decades of research in the realm of studying water

The manifold characteristics of water which cannot be explained by traditional science show us that some of the laws of physics have to be re-written as they can only explain a small portion of reality

On the foundation of a renewed attitude towards science we also need to take a second look at our understanding of what is important in life based on the realization that rather than the intellect it is the Heart which is the actual centre or core of our personality

It is incredible but true that when the very same water was examined at the Technical University of Graz twenty times with a standardized method, each time a slightly different result was gained while other materials that were examined with the same method led to exactly the same results as it should be the case when examined repeatedly

That the very same water changes its quality without any measurable external influence on it, an impossibility according to the traditional laws of science, proves once again how limited our understanding is and on the other hand a clear proof of the existence of subtle matter which influences visible elements like water

Light and Water 9

Every one of water's properties is unique and they do not easily fit into the generally accepted laws of physics. For example, even though water consists of two gases, it appears as liquid and not as gas like similar elements

Science has not been able to answer the question why water is the only substance on the planet that can exist in three states: liquid, solid and gaseous

Experiments done in many countries have shown that water receives an imprint from any outside influence, remembering everything in the space that surrounds it. Every substance that comes into contact with water leaves a trace in it

As water records information it acquires new properties yet the chemical composition remains unchanged

Science had believed that it is the chemical composition that is important but meanwhile it is clear that the structure of water is much more important. The structure of water means how its molecules are organized

We can see how water molecules join together into groups, called clusters. Scientists came up with the idea that these clusters were memory cells of a certain sort in which water records the whole history of its relationship with the world as if on magnetic tape

When people turn on the light the water changes just as the electric field from a nearby power line influences the structure of water. While the substance remains water, its structure is changed, similarly to the nervous system reacting to any irritation

Modern instruments have made it possible to show that within each of water's memory cells there is a huge number of information panels, each one of them responsible for its own type of interaction with the environment

If you consider a cluster as a group of specific molecules then it can survive only a short amount of time, but if you consider it a structure whereby molecules can leave and other molecules come in, the cluster can last effectively for a very long time

The observed stability of the cluster structure confirmed the hypothesis that water is capable of recording and storing information. Like a computer memory, it has the capability to store information

The molecular structure of water may be compared with the implications connected with the alphabet: knowing it is not enough; you can make a sentence and change words for a certain purpose, what finds its expression and is manifested in the changed structure of water

There are many examples of people having influenced water, with Jesus having turned water into wine being well familiar to Christians, his imparting special properties into the structure of water

Scientists have carried out many experiments and examples of what kind of effects magnetic fields, electric fields, various objects, a human being, especially human emotions can have on water. It became clear that human emotions are the strongest kind of influence which changes the structure of water

Such experiments that show how emotions have an effect on water included asking a group of people to project very positive emotions like Love and tenderness on a glass of water on a table in front of them

Then the flask was replaced with another one and the people were asked to project emotions of a different type, fear, aggression and hatred. Afterwards measurements were taken on the samples and the results showed clearly in one direction or another:

Love increases water's energy level and stabilizes the water while aggressive emotions reduce the energy and make radical changes in the structure of the affected water

This effect can also be made visible when water is subjected to various kinds of influences and then swiftly freezing it. The structure of the crystals reveal: This is what water heated in a microwave oven looks like - This is the effect of a mobile telephone

With modern technology it is also possible to structurize water artificially. Here are the results of people using the words '*Thank you*', '*Excuse me*' and '*You disgust me*'

How do we feel when we look at such images? Some appeal to us and others appear ugly. Why? Because we have an inner knowledge and desire for beauty which enables us to recognize whether something is created out of a state of harmony or disharmony

If we take these scientific findings seriously we will make sure that we harbour only positive feelings in our Heart and do not allow ourselves to be contaminated by negative thoughts and emotions

The scientific evidence of the measurable influence of the invisible mind on visible matter are indeed manifold. But how many people will take the implications of these discoveries to Heart and lead a life of radiating goodness? Should not each one of us do so for certain day by day?

Light and Water 10

When seeds are grown under laboratory conditions using positively structurized water plants have shown increased photon radiation than when ordinary water was used

Vegetable sprouts raised with structurized water are developing better than those supplied with normal water. Using structurized water does effect the growth of vegetables and fruits. It allows vegetables grow faster and increases the useful amount of micro elements and vegetable proteins

For the purpose of irrigation less of this type of water is needed than when ordinary water is used. Even with no fertilizer added to the soil or water better quality fruits can be harvested

The chemical composition remains the same, H₂O. The only thing that changes is the structure of the water. Scientists can only answer the question how this happens but science does not have an answer to the question, why this is possible

Depending on age, a human being is made up of 70 to 90 percent of water; an adult drinks approximately 2,5 litre water per day in order to sustain his normal life functions. Another 1,5 litres is absorbed through the skin when bathing or showering

Water plays a big part of our daily life while we are in most cases not aware of how strongly we are connected with this precious element

Many people are not aware that water in a floor heating system is devitalized and rotten. It actually sucks and steals energy from people living in that house

Water makes a long and difficult journey through many kinds of water pipes before arriving in our homes. The natural structure of water breaks down with each such turn in the pipes of the water system as its natural flow is different in nature where it flows in more softly curved forms

We pollute water spiritually and this happens on a huge scale. The water adopts all of the hatred, the malice, the stress. By the time it enters our body it is almost dead

In reality, the water supply of many big cities is a closed loop system. After undergoing a chemical purification and passing through powerful filters the water in these systems is returned to our homes, still remembering the chemicals and the violence it was subjected to

Even stronger however, is the informational pollution that water accumulates as it flows down miles of long pipes, through thousands of houses and apartments

Our earth is a gigantic container of water in which all forms of life arose, whereby every living being is essentially a container of water

Scientists need to examine more closely concerning how water interacts with their molecules; on a molecular level it creates the structure of DNA and of proteins. It would not work without the water

Every seed, every embryo begins its life exclusively in water. Embryotic fluid is the surrounding water like a universal computer that reveals any kind of biological influence and thus changes can be initiated with the help of water

Because water may have a strong effect on living beings it is decisive to study the special characteristics of water very well, especially from the viewpoint that it has the ability to store and to pass on information

It is unsurprising that water plays a central role in many of the World's religions where water is used in multiple ways in order to come closer to inner purification and harmony

Light and Water 11

While there are many places with very polluted water there are also special places where hardly any human beings had come in touch with the water, e.g. in a certain mountainous areas. Scientists who collected water samples of remote clean places found that such is many times more active than normal tap water

Instrument to determine the quality of water are based on the Kirlian effect: Everything that enters a strong electromagnetic field begins to emit light. The greater energy an object possesses the brighter it shines

Such highly activated water like the one collected in the high mountains of Venezuela seems to be fundamentally different from ordinary tap water. It immediately activates the whole system of the body, what can be seen in the long life of the Indians who live in that area underneath these mountains

Modern science maintains that the water structure in each person's body is identical to the water structure of the water in the place where they were born. Therefore our internal connection to our place of birth is preserved throughout our lives. That means that the concept of homeland has not only a lofty poetical meaning but also quite specific physical content

What we need to find is our common home as human being which will be created when we come together as members of the Family of Man who is united in heartfelt relationships

Water has a direct effect on our brains because a major part of our brain is water. So the water and the easy movement of molecules are part of that imprint. Water has a certain influence on the pattering of the information in the brain

Water contains many types of information. When we introduce this information into a human body then the body will assimilate this information which may change the person's characteristics

How does structured water affect the human body? Using a special microscope the condition of a person's body can be seen from one drop of blood. Red blood cells that have lost their electrical charge are stuck together in a certain formation. Such problems are associated with heart diseases, arthritis and many other conditions that may arise

It is amazing how quickly merely the drinking of structured water can influence even the condition of red blood cells in our body. Not long after a patient drinks a small amount of structured water a drop of blood may be drawn from a patient and under the microscope the result becomes clear

The red blood cells become more pliant, they become slippery and have their electrical charge restored so that they repel each other. That allows them to carry oxygen and this means that the PH of the blood is changed back to an aerobic environment rather than an anaerobic environment

Traditional Eastern medicine has been based for many centuries on the vibrations and resonance of the body's water content. The pulse tone indicates the condition of the body. It may be strong or weak, hot or cold. On this base an experienced physician carries out a kind of energy scan of the body, makes a diagnosis and prescribes treatment

The understanding is that healing is not achieved with the help of water because the human body is water. A sick person reads prayers or recites the mantras in order to correct the bad water structure

Unfortunately this hidden effect of influencing the structure of water in the body which is used not only in Oriental medicine but in all major world religions is not really known to scientists. In Christianity, Islam and Judaism, it is the practice to recite a prayer before taking food or to consecrate the food during major holidays

How often do we stop and think why this tradition is upheld? How did this certainty arise in these dissimilar religions to use the same method understanding the importance of prayer and inner purification along with water?

Why is it that science only now tries to understand what seemed obvious to our ancestors, and is known for centuries to be the right thing to do?

The frequency of the vibrations in the prayers of many people is 8 Hertz which corresponds to the oscillation of the frequency of the earth's magnetic field. Prayers pronounced with Love do have a positive effect on the organic structure in water which is an ingredient of absolutely all foods. With the help of modern science we have now some idea how this happens through the structuration of water clusters

Based on these insights we can understand that it is good to sit down at the table with a very good mood and we should not dine with cruel or aggressively minded people because this will have a direct destructive effect on our health

When we consider all these facts about water deeply then we may realize that it is indeed of greatest importance to lead a pure life just as we like to drink fresh pure water full of life force

Ultimately the issue is to purify our Heart and soul so that we may be able to freely give True Love to others which feels like crystal clean water, refreshing the mind and spirit

Even though new insights are gained with the help of high tech measure devices, also many new questions and puzzles arise concerning the behaviour of water. Even though the qualities of water has been examined for decades our knowledge is still rather limited

In respect to water it is certainly very true what Isaac Newton said: *'What we know is a drop what we don't know is an ocean.'* Should we not become humble in the face of such a fact, and turn wholeheartedly to our Creator and connect with our Eternal Parent in Heart in order to gain the true wisdom which surpasses limited scientific understanding?

Light and Water 12

Water is the single most important substance; if you do not have water you do not have life. It is the driving force behind all the various environments and ecosystems that make up our world, in fact it regulates all weather systems.

Life depends on water for virtually every process; its ability to dissolve many other substances is one of its essential qualities. Water must have the ability to clean, absorb, and transport any other substance. This ability is affected by pollution and environmental influences.

While there is still no conventional scientific explanation of how the Grander Water Technology process works, many studies have shown profound consequences through the use of Grander Water Technology.

The Austrian Johann Grander understood that healthy living begins with lively, energetic water and invested therefore into research which resulted in what is known today as Grander water with millions of people using his method or benefiting from his work

Today GANDER is a term associated with high-quality water. All over the world Grander water revitalisation has been installed and is used in high tech industrial companies, in agriculture and in particular within private homes. An increasing number of users appreciate the numerous benefits that come from revitalized water

Water is one of the most puzzling elements in the universe. It is full of mysteries, for example: The biological properties of two chemically similar types of water can differ from each other. Both effect humans and animals differently, although they possess the exact same components

This means that the mere chemical formula H₂O is not sufficient to describe even the approximate nature and the effect of water. Water is more than merely H₂O, more than the sum of chemical properties. It possesses special characteristics primarily due to its unique inner structure

Thus, it resembles strong elements such as carbon. It appears both as hard diamond and as soft graphite. The same chemical element exhibits different densities because of the various structures

For water, these inner structures determine which microbiological properties the water possesses and how stable it is. Or how easily lime and rust can build up and also how digestible it is for humans and animals

Dr. Viktor Gutmann, a former professor of inorganic chemistry, put it in this way: *'Science assumes that water is abnormal because its maximum density occurs at plus four degrees and not at zero degrees, as one would wish. It is not that water is abnormal, but rather our formula is insufficient to describe the phenomenon of water.'*

The structure of water is constantly changing. This is because the sun, the moon and the whole cosmos communicate with and through the element of water. However artificially generated vibrations also impact water, for instance through power lines, satellites and radios

Water records and saves all of these good and bad influences. Its memory is comparable to a tape recorder, which records and often replays physical vibrations.

Water can regain the energy endowed to it by nature. Thus, the information saved originally remains and does not change. It is still, as it was before, a scientific mystery where and how water saves all this information

Straight out of its source, water is the unadulterated elixir of life. Natural and pure, full of energy and freshness. On its long way to us, however, it loses much of its vitality. It is pressed through long pipe lines and is exposed to perpetual stress, pressure with the consequence that the natural structure of water changes

Johann Grander has succeeded in returning water to its original, orderly state. Water is revitalised, once again becoming potent and strong. It is effective without the use of electricity or chemicals based on the original stability and order of water, its full potential and vitality being regained

This revitalisation of water is based on the 'principle of information transfer', which means water can transfer information to other water without direct contact, what is indeed a very amazing phenomena which is scientifically proven

Water has not only a memory, it does not forget anything, it also possesses an immune system that may serve as a feature protecting against polluted, external influences. The inner structure of water is responsible for the quality of the immune system

The stronger the inner structure, the more resistant is the water. Water revitalised through Grander remains structurally stable and, hence, resistant to external influences. By improving the water structure a new healthy environment is created for valuable microorganisms, which are present in healthy water

The microorganisms in one single drop are extremely multifaceted and carry out important tasks in relation to water's self-purification. The basic prerequisite for this is an ordered and stable inner structure

The regained quality of water through revitalization useful with all its positive effects for humans, animals and plants, based on the principle of information transfer which works even without direct contact

We have entered the age of information and our heads may be full of knowledge but much more than in our brain enormous amounts of information is stored in water. Let us make use of this precious potential and use it to store and spread the vibration of True Love

Light and Water 13

The existence of an inner world which influences the outer world very concretely can best be seen in the way our thoughts and emotions influence the structure of water

The evidence of water having memory and consciousness is overwhelming. The argument against it, that we do not know why and how water has memory and consciousness has little weight as we cannot even explain how gravity works and yet we know gravity exists

Recent scientific advancements, beginning with the work of Dr. Masaru Emoto, have discovered amazing things about water: The most amazing discovery, perhaps of all times, is that water has memory and is highly influenced by human emotion

Through experiments it has been confirmed that among the many components influencing water, positive and negative emotions are the strongest factors. Because the vast majority of our body consists of water this is an essential fact to be aware of

The water structures itself according to the information we give to it what is visible when photographing its crystals. We find that positive influences produce structures which are pleasant to behold while the result of destructive emotions on water are not agreeable for the human mind

When we have good thoughts inside of our Hearts and minds then those good thoughts make the water inside of our body manifest in beautiful forms, making us ultimately beautiful persons

Also sound has the ability of affecting and changing physical structure of water just as the electrical structure of water can be influenced by our intent, our thoughts and emotions

In 1995 Dr. Masaru Emoto was the first to examine the influence of music on water. After putting various water samples in front of loudspeakers with different kinds of music the water was frozen in order to check the crystals under the microscope

It could be seen clearly that the crystals which the water had formed were quite different from each other according to the style of music it was exposed to: Here is what the music of Bach, Mozart, and Beethoven looks like in contrast to heavy rock. How strongly music may influence people could be witnessed in incidences of violence after rock festivals while such incidents never happened after classical concerts

Leading figures in the field of water research are Konstantin Korotkov, Professor of Physics at St. Petersburg State Technical University in Russia and Martin Chaplin, Nobel prize winner in chemistry and Professor of Applied Science at London South Bank University

Dr. Konstantin Korotkov's research team developed the Gas Discharge Visualization (GDV) camera that photographs the human, animal and plant energy fields

This special camera, which is certified as a medical instrument in Russia, is also able to report on the effectiveness of medical remedies for specific conditions and increasing numbers of professionals and clinical hospitals are using it in everyday practice

The camera's operation is based on the stimulation of very weak photon and electron emissions from the body. So it operates on the quantum field of a human or a plant, and its biological functions.

The quantum level is very sensitive to physical, emotional, mental and spiritual activity. This is why the GDV camera is sensitive to different levels of the functioning of an organism

The camera creates a high-intensity electrical field around a fingertip or a plant placed on the special, fibre-optic plate of the instrument. The electric field produces a visible gas discharge glow around the object. The image is captured instantly in a computer and can be processed in a variety of ways using our proprietary software.

One of the great benefits to date is the ability to do real-time measurements of a variety of treatments for such conditions as cancer, to determine which treatment is the most appropriate for the patient. Therefore it is used already in more than forty countries for research and for the analysis of the energy field of clients.

This allows researcher and client to see imbalances that may be influencing an individual's well-being, and greatly facilitates the diagnosis of the cause of any existing imbalances, showing the area of the body and the organ systems involved

The incredible implications for the diagnosis and treatment of physical, emotional, mental and spiritual conditions with applications in medicine, psychology, sound therapy, biophysics, genetics, forensic science, agriculture and ecology, to name a few, have only just begun

There is a web of energies and fields that are moving, changing and embracing all that we have in our world, providing intercommunication between humans and the environment, and between humans, animals and plants, as well as the entire noosphere of our world (the 'sphere of human thought')

A great part of the breath-taking recent scientific discoveries can be studied on the internet so that enough information is available on the intellectual level for all of us to know for certain that we are living at the beginning of an age where we can reach new levels in many areas, especially in the use of light in the form of laser

A bright new future will come for all of us when we listen to the Heart and live according to its guidance. Then we will always strive to have bright Heart and mind as foundation to influence our body and our surroundings in positive and uplifting ways

Light and Water 14

The laws of polarity, of resonance, of the beginning and parts including the whole, expressed for example in the iris of the eyes, the hands and feet 'mirroring' the various organs (hand and feet reflexology) and many more laws whereby none must be excluded

If we neglect any of them we will not be able to see the whole picture what inevitably leads to serious consequences, even tragedy, so that what started off as a hot Love ends as hate because we do not look at and see the whole picture

Illness is an expression of shadow which comes about when we neglect one pole of the fundamental polarity embedded in our being. Therefore it is essentially important for our health and wellbeing that we consider the whole picture, all aspects, from the standpoint of our inner Heart

Things that we absorbed but did not digest properly end up as shadows in our body where these energies find their negative expressions in the form of illnesses

It is an imperative to deal with the themes which have led to illness in order to be able to become completely free from the symptoms which become manifested in the body

Unity is more important than polarity. Therefore we need to focus on developing our foundation of being able to experience unity within where our inner Heart is focused and we find real peace of mind

If we do not solve internal problems then they come back to us again and again, leading often to even worse conditions. We will be confronted with issues which mirror our own inner problems until we have resolved them completely

The phenomenon of structural memory enables water to take a structural impression of everything that is happening whereby every person is a link in an endless information transmission that is constantly happening. Each one of our thoughts an emotion, an uttered word separates from us and become part of the overall informational environment

Informational dirt is poisoning the water, accumulating layer by layer in its memory. If that problem would continue endlessly water could in essence lose its original structure but it is endowed with a self-cleansing capacity, which becomes effective at the moment of phase transition when it vaporizes and then condenses and falls as rain or when it freezes and then melts

By 'shaking off' the informational impurity water preserves its basic structure, that is, the program for life. We can say that everything originates in water and in water everything comes to an end

In all of the world' religions, water is a kind of intermediary that unites man with the Creator. In Jewish tradition the cleansing with water is important and for Moslems washing one's hands and feet is a preparation for prayer

If we trace the scriptures of various spiritual traditions we find that water is associated with the idea of purification. Experiments have shown that water reacts to individual words that have a positive religious content by forming beautiful crystals. This means that the conception of nature coincides with each religion

On the other hand it has been shown that more serious crimes are committed in those places where people curse most often. The negative emotion of people is conveyed through water and affects people negatively. What purifies water most effectively is not one word but a combination of two Love and gratitude

The universe was created by the Absolute, by the Source that produced all of which exists, all its material manifestations. Each of us has an element of the primeval ocean. Our every word is like a water drop, a medium of thought, a source of information, which should be filled with Love and gratitude

Nowhere in the world is water the same: Breaking its way to the surface through minerals and ores water assimilates the vibration of the soil and information about its specific bioelectrical and energetic features

Scientists tested samples of purified municipal water which is sold in large bottles with the producer putting nice labels on them, calling it very good, while in reality it is empty and dead from the viewpoint of energetic structures. It is pure and it contains some minerals that have been added, but in essence it is dead water with no energetics and no life

Most likely, people do not sense any difference between naturally pure and artificially purified water. Humans may not recognize the difference but any animal will always choose water from a natural spring because this water is loaded with natural energies

Among the manifold qualities of water it was discovered that with the help of radio-waves even a flammable hydrogen-containing gas can be generated from a salt-water-solution. The reason it burns is precisely that natural water is structured in a special way

Natural water is burning in rigorous scientific terms; it is a process of oxidation in which heat and light are given off. In the case of water, it burns at the temperature of the environment and the light emitted can be recorded using super sensitive instruments

In burning you have oxygen continuously activated and some organic matter is burning. So the burning of water is a process that happens over an extended period of time; if it were a process that happened more quickly we would have already burned up a large part of the water on earth

It has been known already since the 19th century that in order to burn anything there needs to be a certain amount of water. Without water you cannot burn anything

Light and Water 15

In 1932 scientists discovered that in addition to normal water, heavy water also exists in nature, Tutorium 20. the splitting of Tutorium was the bases for the creation of the most destructive bomb, the hydrogen bomb

Everybody knows very well what radioactive radiation can cause, but it turns out that there are other more horrific effects, the changes in the structure of water, covering huge areas, many times larger than the nuclear testing grounds caused by a hydrogen bomb

It made no difference where the tests were carried out, in the atmosphere, on the ground or underground. Colossal changes occur in the water and the water's memory changes. People drink that water and animals drink it and suddenly terrible changes take place, causing various sicknesses

When the explosion occurs, waves are formed which die out fairly quickly in the ground but the water may continue to fluctuate for another 30 days swinging like a pendulum. These waves create a new and pathological order in the water

It has been noted that the number of suicides rises abruptly after such tests by a factor of two to three; medical experts had absolutely no explanation for this. But meanwhile we can understand the reason: As the brain is made of water, about 85%, these changes take place in the brain

Scientists showed that as the structure of the water is changed a conflict arises between the water of the brain and the changed water, leading to the bio plasma of the brain being disrupted. This may result in a person being deprived even of such an important incentive as the drive to live

According to tradition, the only Dead Sea where there is no life came into existence at the place where the destroyed cities of Sodom and Gomorra had been located, the Dead Sea, what points to the negative influence of people on water

There is no such thing as dead water; ultimately it always has that original vitality. Water may be used more or less correctly but it always keeps a certain structure

When we approach water with a positive attitude, with good thoughts and bless it and say thank you, the quality of the water will improve and that water will have a positive effect on a person's body

Hatred, rage and even annoyance not only exerts destructive influence on other people but they also give feedback and especially we poison our own body if we harbour negative emotions

It is very clear that a person who sends out negative thoughts is polluting his own water of which our body is about 75 percent composed of. In this way we are producing a negative charge in ourselves

Many laboratories around the world have repeatedly carried out such experiments with similar results. And surely any individual may try to use such a method in order to see for himself the difference, which will surely become obvious if we treat flowers ins such a way

Another kind of experiment which brings impressive result can be seen when dividing water from a single container into two portions and then subjecting one of the container to an outside influence

As a result the structure of the water in the other container will also acquire after a certain period of time the same structures and properties even if the two flask are in a significant distance removed from each other

For any process to begin an impulse is required. Wise men believe that the impulse for life was a primordial divine spark. This spark, imprinted in water, contains the sequence of future development

The entire course of evolution provides evidence for this. Every species of living beings, from simple bacteria to mammals, come to have life based on a certain inner structure which is manifested in water

Just as the cry of a bird in the mountains can cause a powerful avalanche or the motions of the wings of a butterfly can change the weather over an entire continent, likewise, people can launch global processes solely by the power of their thought

That is no exaggeration. No scientist who is familiar with systems theory doubts that. It is only a question of waiting for a moment when the system is in a state of instability because in such a phase of instability the motion of a thought alone is sufficient to for the system to start to change

Everything around us has the ability to receive the energy and vibration that we send out from our brain Heart and body. And everything has the ability to react to those vibrations and energy

This fact has great implications for the future of both personal and planetary harmony and healing which is now more needed than ever before

In recent years the research about the qualities of water is growing with many researchers delving into this phenomena as water is a basic element which we are using each and every day. The clearer we understand this most common element the better we can make use of it to benefit everybody internally as well as externally

Light and Water 16

Just as without the light and warmth of the sun physical life is impossible, one cannot experience True life without a relationship with God. Therefore a big part of this section is dedicated to gaining a deeper understanding about our Creator

Similarly, water is an essential element of life – without it life as we know it cannot exist. Symbolically speaking, we all need the water of life, the fresh water of timeless truth to still our thirst for a crystal clear understanding concerning the fundamental question of life

All the necessary answers are now available, freely, for any man or woman to become familiar with this precious eternal truth which has been explored by people of faith and those who lived with a clean conscience a righteous life

We live in the blessed time where all these truths can now be combined and elevated to a higher level based on the knowledge that God absolutely does exist and the purpose of all religions is being fulfilled at this time with the full truth and ultimate 'salvation' being reached on the foundation of the practice of True Love

In order to gain this profound understanding for which people have striven often at the risk of their lives there is no external price that needs to be paid but there is of course a certain inner condition required: a completely sincere open Heart and mind

Unfortunately many people have already preconceived ideas about God and the world to which they cling without the openness to question what they are actually believing. This means that the light of truth can only reach those who have eyes and are willing to see

Another fundamental point is the purity of Heart and mind. We use water to wash our body. In order to purify our mind and Heart prayer or some form of meditation is needed, including the readiness to shed tears to clean one's soul

Of course, tears of self-pity have no value whatsoever. Our tears must be those which arise from deep within and silently run down our faces – such most sincere tears of repentance for past mistakes, for things which we did wrong or things which we left undone, especially when it comes to reconciliation in relationships

Only when we look at the world from the viewpoint of Heart will we be able to receive all the urgently needed answers for which the soul is longing. Basically, our original mind knows already the truth, but we need to take the time to become more deeply aware of it

It is not important that we understand all aspects intellectually well, but only that our Heart will grasp the overall situation we are in: We are orphans in this world if we do not have an intimate relationship with our Heavenly Parent who loves us endlessly as His/Her beloved children

We see so much suffering all around us in this world which is rooted in the separation between God and man, in the inability of men and women to love one another and to live wholeheartedly for others. In order to heal this world we must address the root cause which is clearly the separation from our Ultimate Origin of True Love

Does God really exist? Can God be felt as more real than the pain that makes you say 'ouch' when someone pinches you, or more real than the experience of eating when you are hungry? This is the question. When we know that God truly exists, all problems will be solved

We have a mind. The mind is invisible and may not appear to exist; yet it exists. Does it exist in the head, or in the Heart? Mind exists throughout the body, with not even one cell within our body where it is not present

The same is true for God. Because this world is like His body, He is present everywhere in the world. Most distinctly in human beings as the masterpiece of creation, in the Hearts of men and women who reflect the divine nature of the Creator on the highest and deepest level

The essence of our universe, vibrations and energy, cannot be seen with our eyes. Since God is the original body of energy, we cannot see God even in the spirit world, the realm where we are destined to live eternally united with God's Heart

The wise, all-knowing, and omnipotent God chose to remain as an incorporeal being who could move around freely in the midst of things and to be present in the Heart of each and every one of His/Her children in a unique way

Since God has no form, He can pass through things at will without any problem. God may come to your body and pass through it, but you would not notice. It is plausible to say that God chose to remain invisible because He thought that it would be the best for everybody

We are normally unaware of the air around us. The air is there, but we do not feel it. If we are unaware of the air circulating around us, how can we be aware of God? Only by connecting with Him/Her in our innermost Heart

We all have a conscience which we cannot see. Have we ever seen our mind? Although we can neither touch nor see our mind and conscience we know they exist. We know about Heart and Love by feeling that they exist. Likewise, we can know about God existence through our Heart and mind

When God is in your Heart, your Heart knows it. When the eternal God comes into our Heart we can connect with eternity, the realm where we will live forever

Because we are created by a Loving Parent who loves all His/Her children unconditionally, it is possible for every human being to develop his/her unique personal relationship with our Creator

Light and Water 17

Where does God live? God's home is in the middle of our Heart. God's masculine Heart lives in the Heart of man, and God's feminine Heart lives in the Heart of woman. For this reason the conjugal relationship is so very precious – as two fundamental aspects come together to become one united being in Heart

If God, the greatest treasure of them all, was in your possession, where would you like to attend Him? Is there a store room where you can store Him securely, where you can attend Him? That place is none other than your Heart and mind. The human Heart and mind form the store room where God can be safely attended

Since God is without form, the conclusion is that He should give more importance to beings with form than He does to Himself. Only then will things begin to turn. Conversely, human beings should value their invisible mind and God more than their bodies

If humankind had not become corrupted, and we had been born through parents of original goodness, there would be no need to argue about whether God exists. People would naturally know from birth. Babies begin sucking as soon as they are born, when they sense their mother's breast in front of them

People whose Heart is completely purified can naturally recognize and cultivate their relationship with God, and automatically understand that their position is to advance towards Him/Her as our Heavenly Parent

Human beings are the masterpiece among the created beings of the universe. How great a masterpiece are they? They are superb beyond imagination. That being the case, when the absolute God created them, should He/She have created them in such a way that they do not know what their Creator says, sees or feels? Of course not

If our Heart were completely pure and our conscience crystal clean, we would be able to sense God's presence at any time, and He/She would appear right away whenever we called upon our Heavenly Parent

God's existence is not just a matter of words. We do not need to prove that God exists. Rather, we need to understand that God existed before we had cognition of Him/Her. The basic rule is that awareness precedes knowledge, not the other way around

When we are cold, we first feel cold before we think, 'I am cold.' We do not first think 'I am cold' before we feel it. Likewise, because God exists, we must be able to feel His/Her existence with our cells. Reaching that state is what matters

Therefore the issue is how we reach the state in which we can experience our Heavenly Father/Mother as a living reality in the depths of our Heart and soul

When we reach out to our Heavenly Parent from our innermost soul we will meet Him/Her there, in the midst of our Heart and experience His/Her Loving embrace which will surely move us to tears of gratitude

Such experiences are most precious and we need to learn how you tap into these feelings that bring us these deep experiences. The degree and amount of our experience and feeling can be the measure of our inner growth

As a being of dual characteristics which exist in harmony within our Heavenly Parent, He/She created Adam and Eve, our first human ancestors, as manifestations of His/Her duality. It is the desire of our Heavenly Father/Mother to be the vertical centre of His/Her beloved children

God is a Being who harmonizes dual characteristics as a unified Being of Love. As men and women we are created to experience the harmonious union of the masculine and feminine characteristics of our Heavenly Parent

Although all things of creation manifest with a certain standard form of that being, and although they manifest with a substantial body resembling that being, God cannot rule them directly. Hence, the substantial world of creation needs a substantial being that is united in Heart with God – men and women of perfected character

God's purpose in creating human beings was to have dominion over the incorporeal and corporeal worlds through them. God must form a relationship with a being that has personality. Thus, with the perfection of men and women as God's image, that is His external form, is perfected

When God created Adam and Eve, He/She intended that their shape, looks, character, and other characteristics should resemble His/Her own. Therefore men and women are created in the image of God, in His/Her likeness as sons and daughters

As an incorporeal being, God cannot love His/Her physical children without becoming a father and mother with a substantial body. God's purpose in creating Adam and Eve was, first, to acquire a body through Adam's and Eve's body

Second, in assuming a substantial form, He/She would experience a vibrating jolt to His/her Being. Mere words cannot express the feeling. God wanted to feel joy through the stimulation of this impulse

Third, God's domain does not extend over any area because, as the vertical Parent who occupies the central axis, He/She seeks to expand on the horizontal plane which He/She would like to see accomplished through us as the children who multiply and fill the earth

As an invisible Being, God would like to feel stimulation from this universe through His/Her beloved son and daughter and experience the world together with us. Let us open our Heart to this fact and allow our Heavenly Father/Mother to be fully present in our lives

Light and Water 18

Since God is invisible and has no form, He/She wanted to manifest Him/Herself by taking on a form through His/Her children. When this vertical unity is achieved and God and men and women become one, God's Heart becomes the Heart of His/Her sons and daughters

Many religious people have the concept that because God, the Creator, is a unique and absolute Being in the position of the Most High God and the Being of supreme goodness, He cannot have a relationship with human beings whom He created. In other words, they say His creatures are profane, whereas God is absolute and divine

But from the viewpoint of Love, no matter how elevated and good God is, and no matter how lowly His creatures are, they must have the same character as God if they are to have a relationship of Love. They must have the same Heart. It means God must have the same personal qualities as a human being. What kind of deity is God? He is a personal God, with intellect, emotion, and will. Since what this personal God wants most is Love, He/She created human beings as His/Her partners in Love. This is an amazing fact which all people need to realize deeply

How did God, the First Cause, shape human beings? Our Creator made us like Him/Herself. Our Heavenly Parent made us in His/Her image so that we may resemble our Heavenly Father/Mother

Whom do you think God resembles? If it is Love that God needs, would He/She love something that resembles Him/Her, or would He/She love animals, which do not have as much resemblance? God needs a partner with whom He/She can share profound Love

If human beings are indeed God's partners, upon looking at the human race we are led to the conclusion that God must be a personal God. All His/Her elements must be able to harmonize one hundred percent with those of humankind

God must be one who harmonizes all elements of the body and mind. This is why God must have the attributes of intellect, emotion, and will. When we realize this fact deeply then we will eagerly strive to develop a Heart to Heart relationship with our Heavenly Parent

To have a relationship with human beings, the Creator of the universe must be a personal God. And to be a personal God, He/She must resemble human beings. People have the attributes of mind and body. Then God, as their Creator, has to have similar attributes if He/She is to share with them a common purpose

Whom does God resemble? His children. This is why God has to be a personal God. As a personal God, He/She wants us to have the highest standard of character. What forms the base for the highest standard of character? It is measured neither by nothing other than True Love

As a personal God, our Heavenly Parent surely possesses intellect, emotion, and will. Based on these attributes, all His/Her feelings and desires, all of the ideals of our Creator must become concrete – manifested to the greatest extent in us

What kind of person is God? He/She is said to be omniscient, omnipotent, omnipresent. But we do not need this kind of God? What kind of God does our original mind desire? We would desire someone about whom we can say: *'I cannot but love Him more than my own father and mother, more than my own spouse and children.'*

Can the absolute God be sad? Can the all-knowing and almighty God avoid sadness? Can He relate to sorrow? These are serious questions that we should not take lightly. We cannot maintain the view that the absolute God can be the Father/Mother of humanity and yet never experience sorrow

If we think that God cannot be sad we follow a logical contradiction, for it fundamentally distances God the Father/Mother from His/Her children who have intellect, emotion, and will, and who experience the feelings of joy, sorrow, and pleasure. Therefore, God has to be the Subject who can feel joy, sorrow, and pleasure - even more than we can

Once we understand the wonderful qualities of True Love and realize that we have been created out of Love, we will know that we are created in order to live in oneness with our beloved Heavenly Parent

God is both a personal God with intellect, emotion, and will, and the Subject of Love at the same time. All people will come to know this clearly. Everybody will find out that the God as the centre of Heavenly Heart and cannot vacillate because True Love is unchanging

In addition to His intellect, emotion, and will, God has His own hopes, circumstances and Heart. We need to know these fundamentals before considering humankind's situation

Based on this knowledge, we will naturally understand people's original desire because humankind's purpose is God's, and God's purpose is humankind's

Those who understand people's circumstances, hopes, and Heart can also understand God's. The Heart of God can be found very deeply by reaching out to the Hearts of His/Her children with unconditional Love

We cannot talk about loving God unless our Creator is a personal God. God needs to have the same qualities of emotion and character as human beings. Christianity, alone among religions, revealed that kind of God, what deserves our special recognition

Becoming free and able to call God 'Father' ('Mother') marked a great religious discovery. Understanding our Creator as Parent takes the conversation about the Ultimate Origin to a new level, which allows us to establish a Heart to Heart relationship with our Eternal Parent

Light and Water 19

Although there are many religious paths today, the one true teaching that can penetrate the Heart still needs to appear during the course of history. Because God exists, such a precious teaching will inevitably appear

Some religions instruct in social ethics and morality and others teach about the infinite spirit world. However, there must be a movement that combines teachings on ethics and morality with those that describe the incorporeal world, uniting them upon the essential core of one Heart

Christianity is a religion of Heart. The fundamental teaching is that through the Fall, human beings lost God and forgot that God is our Father/Mother. We lost the substantial True Parent and Christianity is the religion that can reintroduce them

From the standpoint of Heart, the final destination of philosophy is the discovery of God. In discovering God, we will find that He/She has to be a personal God, one needed by human beings. In order to have a relationship with us, God has to be a personal God who shares the inner and outer aspects of all our thoughts, ideals and will

He/She has to be someone who can deeply relate with us in all aspects of our being, emotional, volitional, or intellectual. Otherwise God has nothing to do with us in concrete terms of a direct relationship from Heart to Heart

From this point of view, on the basis of the premise that our Creator must be a God whose character includes human-like character, religions and philosophy have widely not honored God. This very sad and unfortunate reality must be change now based on the understanding that there should be a natural flow of Love and intimate sharing between God and us

Whom does God resemble? His sons and daughters - us. We take after our Creator and we should act accordingly. The Ultimate Reality is a personal God and not a shapeless entity. This is the eternal truth about who the Designer or Creator of the universe is

What is amazing about Christianity is that it has talked about a God of emotion and personality in terms of His character and Love, and His intellect, emotion, and will. This is a great thing. It has also promoted monotheism

If God is a personal God, does He/She need Love? When we human beings are born as God's sons and daughters and call God 'Father' or 'Mother,' we need our Heavenly Parent just as He/She needs us

As God is a personal God, what should be connected to Him/Her? It is your Heart that is connected. Human beings are to live with a vertical Heart with the First Cause, the personal God, at the axis. Just as the earth rotates on its angle-adjusted axis and moves in its day by day, 365 day course around the sun, we should live revolving around God

The time has arrived in history when it has become absolutely clear that the purpose of creation is manifested in the realization of the ideal of True Love. As all people come to acknowledge the personal God with His perfected intellect, emotion and will, they will gladly strive to realize the ideal world of Heart

God and human beings are related as parent and child, but how did this relationship come to be? If you enter a mystical state and ask what the centre of the universe is, you may get the answer that it is the parent-child relationship

If you pray deeply and ask, 'What is the centre of heaven and earth, and what is the root of the universe?' God will show you that it is the relationship between a Father/Mother and His/Her sons and daughters, the parent-child relationship between God and man and women

God created human beings because being alone brings no stimulation. Joy arises through a relationship. Alone, you cannot receive the stimulation of joy. When we stand in the position of God's partner, we can finally receive the highest Love and God's internal nature is made substantial in us

If God is sorrowful, humankind will inevitably be sorrowful. For this reason, the relationship between God and human beings is a destined relationship that cannot be severed. No matter how hard you research, this will be your conclusion

What is special about this parent-child relationship? It is the highest place where a father and Mother can meet with their children in a loving relationship, where their Love, life and ideals intersect. At that place, God is Love, and so are we; God is life, and so are we; and God's ideals are our ideals

When God gives us Love, how much would He/She want to give? God's Love does not have a set limit. Our Heavenly Parent wants to give infinitely. Even after giving everything, our Heavenly Father/Mother want to give more and more – nothing can stop a parental Heart to invest unconditionally into the children

God still says, *'Because I love you so dearly, I want to live in you.'* What is the essential element that makes this possible? It is Love. God would even be happy to live as a servant if that life were lived inside Love. This truth may be well understood from the viewpoint of the logic of Love which does not mind about one's own position

God, who has been continuously extending His/Her Love to people, would never feel, 'I have given you everything without reserve. Why do you not give back?' The God of absolute Love is still frustrated that He has not been able to give all the Love He/She wants to. This is how our Heavenly Parent actually feels

As God's purpose in creating man was to give perfect Love, our Heavenly Parent would still want to pour His/Her Love into the human world even though our Heavenly Father/Mother have gone through endless difficulties in trying to do so until now

The more we think of God as being so unconditionally giving, the better we feel. Why? Because this is the eternal truth which applies surely not only to our Creator but awaits our input, our willingness to lead ourselves a life of selfless giving in order to bring joy to others

Light and Water 20

God is the Father/Mother of human beings who are His/Her sons and daughters based on unconditional investment by giving everything to the core of His/Her bone and flesh, by investing all of His/Her Heart into them

God created for the sake of Love. That is why God likes to see a man and a woman loving each other. For this reason, God appears in the world of existence as the essence of Love. The more we practice a life of True Love the closer we will experience God's presence

A child is the fruit, the manifestation of the parents' Love, an extension of their life, and the embodiment of the parents' ideals. Children are born on the basis of the parents' Love, life, and ideals; thus, the more the parents see them, the more lovable they become, the more they become ideal people to relate to, and the more vibrant life becomes

Human beings are born through the relationship of Love as God's absolute partners. This is where God becomes the Father/Mother and we the sons and daughters. If there is a place higher than this, human desire would want to occupy that position because we are created to fulfill the highest ideal of True Love

We as human beings desire the best because our Heavenly Parents wants to give us all He/She can, to share all of His fatherly/motherly Heart with us so that we can experience the greatest possible joy

Clearly, God created us for the highest purpose, to embody the greatest value as His/Her most beloved children. As a True Parent our Heavenly Parent wants to see us even in a better position than His/Her situation just all good fathers and mothers desire greater happiness for their children than for themselves

Since God is the Absolute Being, who knows everything He/She created us as His/Her absolute partners so that we may be able to share with our beloved Heavenly Parent the deepest realms of Love and endless joy

What kind of being is God, the Creator of heaven and earth? Naturally, He/She is a being of utmost goodness, the root of all things, and the Origin of True Love. This is absolutely certain

Therefore, after creating heaven and earth, He/She wanted to give all the precious things in the whole universe to humankind. If there is someone whom God can truly believe in, Love, and entrust everything to, He will want to pass the most precious things on to him in their entirety

As our Father/Mother, God could not have wanted to create us as mediocre or incompetent creatures. Our Heavenly Parent created us to stand in an equal position, at the same level, as the all-knowing and all-powerful God, and accordingly our conscience seeks the highest and best as it is our destiny to experience the deepest possible fulfillment

If God is the Absolute Being, why did that absolute being create human beings? He/She created man because it was the only way He/She could feel Love. From this point of view, God as the Father/Mother and human beings as His/Her sons and daughters form an axis

If the connections for this axis are made, absolutely nothing can sever the relationship of loving oneness between God and humankind. This ideal is not a distant utopia but it can be fulfilled now by each one of us investing wholeheartedly into becoming one in Heart with our Loving Parent

In creating human beings, God completely invested Himself to fashion them into the most precious, ideal and perfect form. God created Adam and Eve wanting to exist for their sake, not His own. An ideal being does not live for his own sake; an ideal being lives for the sake of others, for the sake of its object partner. This principle is the basic core of the universe

God, by completely investing Him/Herself, created His/Her object of Love because our Heavenly Parent needed an object of Love. You cannot love by yourself without an object of Love. Thus, God created human beings as such objects of Love. He would not, therefore, create them carelessly

When thinking about God's creation of heaven and earth, some people of faith focus on God's omniscience and omnipotence, and thereby believe, simply, that God created by His/Her words. The creation did not, however, come into form by some type of magic. Our Heavenly Parent created His/Her sons and daughters by investing His/Her entire being with a sincere Heart

God placed the starting point of the ideal upon the principle of existing for the sake of others. This is why our Heavenly Parent invested Him/Herself for the sake of humankind and in response we naturally love our Heavenly Father/Mother once we have become aware of their existence as our Eternal Parent

The highest teaching encourages us to cherish Love by night and day, while working, resting, dancing or crying. Having Love in its entirety would mean that everything was invested into it. Let us therefore dedicate ourselves completely to leading a life that is filled with True Love

The one who cherishes Love the most is God, and once we have tasted it we are unable to let go of it. The deeper we look into the endless dimensions of True Love the stronger will be our desire to develop our ability to embody this highest ideal

As an omniscient, omnipotent, and omnipresent being, there is nothing God wants to withhold for Himself; He lacks nothing. Although He has everything, if there is one thing He values highest and takes the most pride in, it is Love. There is nothing He needs apart from Love – and the same is ultimately true for us

Where does the completion of the ideal of creation begin? It does not start with God, but with human beings. It begins with the things of creation because the ideal of creation destines them to be. Humankind stands at the centre of creation. For this reason, it is in our hands to complete the ideal our Heavenly Parent has been longing for

God is alive and dwelling in the spirit world, transcendent of time and space. What is the centre of His/Her life? It is not His/Her infinite power, omnipresence, full authority, or anything like that. God lives with Love as His/Her central focal point and we should do the same

Light and Water 21

What is the highest embodiment of all truths? Parents, husband and wife, and children are. There is nothing higher. Then, what is the centre of truth? It is True Love. Therefore everybody should grow up in a loving family where all members focus on sharing with each other from the Heart

What is the centre of the highest truth? God is the ultimate source of truth, goodness, Love and life. They all go to the same point - the establishment of truth requires Love and life. For this reason, God is the deepest core, the ultimate source of life, Love and truth

God does not do things arbitrarily or through unprincipled action. The laws established by the eternal God are eternal. He does not arbitrarily change what He has established. The authority and dignity of God, is amazing. God is the first to follow, absolutely, the laws He has established regarding justice and the public good because they are in keeping with heavenly principles

After God, then all people are to follow the heavenly principle, and then the universe. There is no alternative direction. Such is the ideal standard of man's creation – all for the sake of the realization of the ideal of True Love

Despite God's omniscience and omnipotence, there is one thing our Heavenly Parent cannot do as He/She pleases. It is Love. True Love. Can God attain Love by Himself? No, our Heavenly Father/Mother needs an object for His/Her Love – each one of us

Even the absolute God cannot have Love by Himself. Since Love is found only in a mutual relationship, no matter how all-knowing and all-powerful God may be, our Heavenly Parent cannot possess Love alone. God absolutely needs us who are created in His/Her image in order to experience fulfillment in Love

God has the potential for Love, but the signs and stimulation of Love come only through another, not to God alone. This is due to the nature of Love. For this reason we, as His/Her object of Love are indispensable for our Heavenly Parent

God likes True Love the most. The all-knowing and all-powerful God is the Master of True Love, and yet God does not want the root of this Love to begin from Him/Her. God decided to plant the root in His/Her image who can be the object of this Love

For whom did God create heaven and earth, for His/Her own sake, or for His/Her creatures as partners based on Love? Our Heavenly Parent attaches greater importance to the object partner, and this is the standard for all the creation

The subject partner among all object partners is humankind. God's thoughts were focused on humankind and on the happiness of all people. The all-knowing and all-powerful God gladly puts the joy of His/Her creation before His/Her own

God is absolute, omniscient, omnipotent, and omnipresent, but can our Heavenly Parent also love as He/She pleases? No. God is also under the dominion of Love. If we ask Him/Her, '*God, are You not omnipotent?*' the answer will be, '*I am omnipotent, but not when it comes to Love.*'

What longing was it that led God to create? Our Heavenly Parent is an all-knowing and all-powerful Being who needs neither gold nor knowledge. There is nothing He/She lacks, so what was God's fundamental motivation for creating? Love, True Love

God lacked the basis for Love. God, too, is unable to achieve Love by Him/Herself. This is why True Love is the origin, the alpha - the motivation for the creation of heaven and earth

What kind of Love does God need? God has Love, but He can love only when there is a partner. Love only works when you have a partner. This is the basic rule of the universe. No matter how all-knowing and all-powerful God may be, without a partner He/She is a lonely and sad God

What is the essence of God as the Absolute Being? It is Love, True Love, not a Love that seeks to be served and worshiped but a Love that seeks to care and serve, to live wholeheartedly for the sake of the object – all of creation

God's Heart is found not only in God's Word but also in all things He created. In heaven and earth, God's Heart is everywhere. This is why we say that there is nowhere that God doesn't dwell - that is, God is omnipresent

Since God's Heart is found in the things you see, if you want to be in His Heart you should have the Heart to embrace those things and all that exists in heaven and on earth as yours. This is God's Heart

A person that reaches the highest point on the religious way is one who belongs within the Heart of God. The one whose Heart sings eternally even at the sight of a flying bird or a fragrant flower dwells within God's Heart

How do we feel God's presence everywhere? Feel the air as God's breath, and when there is a storm, feel it as the sweat God has shed for the sake of the world, and the rain as the tears our Heavenly Parent has shed for the sake of His/Her beloved children

Because of the painful history of struggles and wars our Heavenly Father/Mother has shed endless tears for humanity. But in the future the rain will remind us of God tears of joy upon His/Her reunion with all of His/Her children

When you behold the sun, be aware that it symbolizes the life elements of the entire universe. Learn of God's Love from the sun. God has provided nature as a textbook to help His/Her beloved sons and

daughters experience God's Heart and to bring them joy. Let us use it well and learn a lot from the wonders of the natural world

Light and Water 22

Since God is omnipresent, we want to resemble our Heavenly Parent in His/Her omnipresence; because God is omniscient and omnipotent, we also want to be omniscient and omnipotent; and since God is unique, we also desire to be unique

This is resemblance and because we resemble God we want to make ourselves like Him/Her. We want to rule over all of heaven and earth. In all these things we closely resemble God, our Heavenly Parent

We should live a life of deep emotional experiences through Love. When God is sad, I would feel sad, and when God is happy, I would feel happy without even knowing why. Every person can develop such an intimate relationship with our Ultimate Origin

As for a child of filial piety, even when he is thousands of kilometres away from his parents, his parents' Love is always with him. The same kind of experience will be ours in the relationship to God as our Heavenly Father/Mother once we united with Him/Her completely in Heart

If we talk of God's omnipresence, where is God? He is not found in knowledge. Love, however is different. It is the parents' Heart of Love toward their children that makes omnipresence reasonable and possible. It is a Heart that reaches beyond ultimate extremes

On the path of Love, the parent's Love is omnipresent; there is nowhere outside its reach. This is possible only with Love. Only Love can completely govern the son. This is where omnipotent authority comes to bear

Love has wonderful attributes. Once you stand in the position of oneness with God's absolute and unchanging True Love, you receive the authority to be where God is and live with Him/Her at any time. Then you will be able to see God even without closing your eyes

The one who has deeply felt God's sorrowful Heart will stop in his tracks and weep bitterly; such a realm of deep feelings exists. Even in the fallen world, a mother's Love is such that if her child has an accident far away, she can sense it

This phenomenon has now even been proven in the realm of quantum physics which show that particles which are connected from their origin of existence react to changes instantly, even at a speed greater than light because they are intrinsically connected

Although you may not understand God, judging from God's omnipresence, which fills the universe, He/She exists as Love rather than as the Master of Knowledge. Try to recognize anew and rediscover God based on the question, *'How can I deeply experience the resonance of Love in all aspects of life?'*

God is an absolute God, but why is He/She absolute? It is because He/She absolutely obeys Love. Are you happy to hear that or not? Also, God is omnipresent. There is nowhere that His/Her Love does not pervade

God's Love is more than enough to embrace the universe and it occupies the central position. God is the central being of Love who maintains the greatest foundation. When God moves, the small things all have to move together

Everything is contained in one big circle, isn't it? That's why it makes sense to say that God embraces the whole world and entire universe – based on His/Her all-embracing True Love

If God did not exist, the universe would be completely empty. It would feel empty. But because God exists, the universe is completely full. Why? Because there is Love. Hence, even when we are alone, the universe is full if we know that God exists

God is everywhere. We come to feel that He is everywhere. Hence, within Love we can know the deep inspiration that comes from God's omnipresence. But when we do not know about God, everything is empty; it is as if nothing exists

When the subject of Love is absent, you feel as if nothing exists, but when the subject of Love is present, everything is filled up. We come to the conclusion that it is only when we are full of Love that everything becomes full; when we are full of Love we can give infinitely and truly

Give and take allows for the realization and multiplication of our ideal. The world of Love transcends distance. The speed of Love is such that even light cannot catch up with it. The fastest thing is Love; it is also the brightest thing. The most complete thing is Love, and that which fills most completely is True Love

What is Love? Love provides the lubrication and guide rail upon which things can turn. Without Love, there is no lubrication. Cars need lubricating oil to be able to move. Everything needs lubrication in order to move. And only Love provides lubrication for the highest joy

Love is like a nerve. Just as pulling a strand of hair pulls the entire body, just pulling Love pulls the entire universe. Only when Love moves will the entire universe turn in harmony

If there is one subject partner in this universe who can fill every person's Heart, what kind of subject partner would that be? The one absolute centre. We need an absolute being who will completely fill any Heart with Love. This subject partner has to be an infinite and absolute being

How much Love do you think God - who has to fill the Hearts of the billions of people today - has? It has to be unconditional. This is why we need the expressions omniscience, omnipotence, and omnipresence. They are the words God needs

Light and Water 23

God's creating heaven and earth was not aimed primarily at sustaining life; it was to realize the ideal of Love. All people need to know this fundamental fact deeply and align themselves with this reality

Scientists say that the universe is made of energy, and that it originated from energy. But this is not necessarily so. An electric current does not flow just because there is potential energy. Electricity is generated through action

And before action, there must be a plus and a minus - that is, a subject partner and an object partner. Action cannot occur by itself; therefore a subject partner and an object partner are necessary

Considering here mentioned facts we can understand that action requires a plus and a minus, and that action then generates electricity. Thus, in the same way, energy arises only through the interaction of subject and object partners. Action comes first, not energy

Which is most important, Love or life? Love is most important. We do not say life is most important just because our world came from God's life. We say that Love is most important because all existence has its ultimate origin in God's Heart

Although God began the creation of heaven and earth with life, the source of life and the motivation for life is Love. The reason life came into being is because of Love. Why did God create heaven and earth? Clearly for the sake of realizing the ideal of True Love

Even if our Heavenly Father/Mother were placed in a joyful atmosphere, it would still not be possible for our Creator to feel the stimulation of joy if He/She were alone; this is why our Eternal Parent created us as object partners of His/Her Heart

No matter how much the Absolute Being may say, *'I am the Absolute Being, the Master of Love and Master of life,'* while God is all alone, He/She cannot feel the stimulation of Love. This is a very simple fact which has deep implications for human beings because from this viewpoint God's joy depends on our behaviour

Alone, God cannot feel the stimulation of life that makes Him/Her sense that heaven and earth are within His own body. Therefore he created men and women through whom our Heavenly Parent would like to relate with the beautiful creation He/She made for us

If God had been thinking only about Him/Herself, would our Eternal Parent have created heaven and earth? Creation requires an investment of energy. An artist's great hope is to create a masterpiece. An artist invests all his effort into making great works of art. A true masterpiece appears only when the artist gives everything, and feels he cannot give any more

Creation starts with investing oneself. Creation is possible only when energy is poured out. Without contributing energy, there is no result. According to the principle that a perfect object partner appears only through total investment, God as the Subject partner completely invested Him/Herself into making His/Her object partner

The creation was the beginning of God's work through which our Eternal Parent determined not to exist for His/Her own sake, but for the sake of His/Her object partner – out of Love because our Heavenly Parent has been longing to experience oneness with His/Her image

Creation requires giving out energy. God invested Him/Herself, but how much did our Heavenly Parent invest of Him/Herself? God completely poured out all of His/Her Heart and Love for the realization of true ideals – and we should naturally do the same

We do not love something unless we have worked hard and invested our flesh and blood into it. So the period before creating and the period after creating were therefore different for our Eternal Parent. After starting to create, our Heavenly Father/Mother existed for His/Her object partner. Likewise we are to live wholeheartedly for our sons and daughters

God had to pour out His very essence to create heaven and earth. This required that our Creator give out energy, and investing energy normally would entail depleting His/Her essence – but this did not bring any loss to our Heavenly Father/Mother as He/She gave freely from the Heart

God created the world through Love to be His partner, and He devoted Him/Herself to fulfilling this will. God arranged for His/Her investment to bear fruit in humankind and all creation rather than in Him/Herself

By investing, God does not feel diminished, but satisfied. This is because God created through Love. The same is true for every person who invests his or her Heart out of Love. Nothing can stop a truly loving Heart to give again and again, without any limitation

After eating breakfast, when we work strenuously we get hungry and tired quickly. Why is this so? It is because when energy is poured out, it is depleted. For things to be good there must be a plus. So for God's creation to be good, it must have something that can be a plus

Then, when can God retrieve something with that plus? Here is where the standard for the perfection of created beings must lie. There is a point where all the investment up to that point will start bringing returns – and this is when Love is returned, when God's True Love bears fruits in the Hearts of His/Her children

The same thing happens when you have a deep desire to accomplish something and you make effort and stretch beyond your limitations - the result comes without fail. This is the law of the universe which we all can experience when we invest wholeheartedly

How did the universe begin? It started with God serving and pouring Him/Herself out for the sake of the other. It started with God expending Him/Herself. Then, what is the purpose in devoting oneself to creating one's partner? It is the multiplication of Love which brings ever growing joy

Light and Water 24

After both, God and man, have given all they have, what we gain is Love. As long as we have Love, we are happy, no matter how much we have invested. Since this is the Love principle, God started the creation based on Love

God would not invest in anything that would not produce a benefit. Giving all one has creates a minus, so why do you think He/She did it? Because Love has the power to more than fill up any void, after expending and investing Himself, God gained Love in return

True Love does not become smaller as it is invested, but grows bigger and bigger the more it moves. Conversely, if the principle were that True Love would grow smaller, God would be depleted through His/Her investment. But the opposite is the case. True Love grows bigger and bigger the more it is invested. This is a timeless truth from which we benefit eternally

Since Love has the capacity to create, it never grows tired. With a Heart of Love, you never get tired, because you have the power of Love. The energy spent is always replenished by more energy than is used up, no matter how much is invested. This is why you don't mind making that effort, although to do so may be hard and painful

On the path of True Love, you will always readily invest your Heart for others, even those who hurt you.. God's essence does not include the concept of an enemy or the concept of evil. This is because His essence dwells within True Love

When you invest, circular motion occurs. Take air, for example. If there is a very low-pressure mass of air and a very high-pressure mass of air and they mix, a mid-level pressure mass of air results. God comes down, although no one calls Him. Our Heavenly Parent is attracted the most by the presence of True Love

Those who want to invest more than a hundred percent are always filled by God. The principle of the universe is like this. Completely giving yourself out and forgetting what you have given is connected to eternal motion; at that level the underlying principle of eternal life emerges

Acts of creation consume energy. They require an investment of energy. Investing energy means expending oneself. However omniscient and omnipotent God may be, if His/Her abundant endowment of energy did not produce a return, it inevitably would be exhausted but this could never be the case as His/Her investment is based on True Love

God put all His energy into creating all things and human beings. He invested everything and then gave still more. Other things are depleted when they are poured out, but with True Love, the more you give, the more your creation prospers and the more it gives back

If you invest 100 units of true Love, 120 will come back. Therefore, although those who practice True Love seem like they are going to perish, they will not perish; rather, they will prosper eternally and live forever

For what does God want to exist? Our Eternal Parent wants to exist for the sake of Love. This is why the omniscient and omnipotent God had to create a Love partner. Until now we have not known that God began the creation based on Love as His essential ideal. The entire universe was created for the sake of Love.

God wants to have a global platform for true giving. God wants to see a free, peaceful and happy place where giving has no accusers and receiving has no conditions attached. God's goal is to expand that place worldwide and have all humankind settle down to live there

God created the world in order to realize Love. Our Heavenly Father/Mother created the universe so that He/She could rejoice over people and all things as they become one cantering on His Love and making a harmonious world of Love

In so doing, our Heavenly Parent could rejoice over people as they become true husbands and wives centring on God's Love, creating families, tribes, races and a world of True Love Our Heavenly Father/Mother would be able to taste the joy of Love by becoming one in Love with such people. This was God's ideal of creation

Heart is the foundation of the original mind. Through Heart God can pour out His/Her infinite Love centring on His/Her purpose. Its value never changes. To understand the value of God's existence, we need to reflect about it by holding on to this Love

Value is determined when the conditions are established for a reciprocal relationship. Joy starts from God's Heart, and its purpose is realized in human beings. The Heart of the invisible God manifests itself in the Heart of a visible human being

When people with such a Heart multiply horizontally and form families, these families become the centre of the world. God blessed Adam and Eve to be fruitful and multiply so that they could have such a family. The ideal of the cosmos is established on the basis of being fruitful, multiplying and having dominion over all things

Finally we know unmistakably clearly why God created the universe? Our Heavenly Parent wanted to experience joy through it – centered on us as His/Her most beloved children

Parental Love should be expressed to and felt by the children. Centered on parental Love, which lies at the centre of the four-position foundation (comprising God, parents and children) man and woman become one in Love and as father and mother they become one with their sons and daughters centered on God's Love

Love is the central point that connects God and man and women eternally. When human beings, who have a body, attain oneness with God, their Heart and feelings will be immersed in a boundless state of deep experience of joy and happiness

Ultimately, God and people become one through Love. Human beings and the world become one through Love, and the realization of the ideal world of God's purpose of creation starts here. The realization of God's ideal finally emerges in the place where new Love centered on God arises in the Heart of men and women around the world

Light and Water 25

What we long for deep inside is to have an unchanging Heart of True Love day and night, through all four seasons and throughout our life, because in this way our lasting happiness is secured

God created heaven and earth for the sake of the ideal realm of Love, where men and women form a completely horizontal line in heartfelt oneness and become connected to God at a perfect ninety-degree angle. This is a place of Love where human emotion and heavenly emotion become one

God began creation from His/Her own essence, giving and giving for the sake of Love and forgetting about it. Therefore, if God we want to receive His/Her Love and become one with our Heavenly Parent, we likewise must pour our Hearts out in a completely selfless way

This is like investment coming from above and also from below. In this way, heaven and earth join together harmoniously and become one. They become one centring on the Love that can embrace and move heaven and earth. This generates great power which will surely create a unified world

To occupy Love, you must give and forget what you have given and give again because the more Love moves, the more it expands, rather than diminishes. In nature, things diminish the more they move, but in the world of True Love, things expand the more they move

God created human beings because of Love. We differ from other things in creation because we were created as God's sons and daughters. In other words, we were created as God's object partners who can receive God's direct Love. This is the privilege of human beings

God, who is a perfect plus, was bound to create a perfect minus. Then, who is God's object partner who stands as the subject partner of the universe? We are beings with a physical body who are the partners of the invisible and internal God

Having created people, God's intention was to nurture them and elevate them - as individuals who possess Love on behalf of God, the Lord of the cosmos - to a place higher than Him/Her, and to make them owners

We are God's Love object partners. God is a subject partner who has dual characteristics of positivity and negativity. Therefore, to be object partners we need to have a form consisting of positive and negative dual characteristics, a form that fits exactly into the essence of Love. It is a corresponding existence that harmonizes with other things in a relationship of True Love

God has no need for the likes of knowledge or other things; He needs Love. The reason we say that human beings are the centre of this universe is that the world was created to manifest the ideal of True Love

The saying '*Human beings are the lords of all creation*' makes sense then because human beings, as the representatives of the loving God, have the privilege to receive Love from the Heart of our Heavenly Parent

For what reason did God create human beings? He did not create them just to watch His sons and daughters live their lives. He created them in order to share Love with them. This is the only conclusion we can come to, however deeply we may think about it

The purpose of our creation is Love. Life was created based on God's Love; God did not generate Love by first creating life. In other words, life began because Love started budding in God's Heart. Since life started from Love, the result must also be produced through Love

Since the beginning was Love, the end must also be Love. This is why we human beings are miserable when Love is taken away. We can only reach lasting happiness when we unite with the realm of True Love

What does God need? God does not need even life. As the initiator of life, why would He/She need that? Then what does our Heavenly Parent need? He/She needs Love because Love is something that exists only in a reciprocal relationship

Without being a God who needs Love, He/She would be unable to make a relationship with the created world and human world. Since the conclusion is that God cannot make a relationship with the world of existence without coming with a Heart of Love, He designed True Love as the standard

God values human beings most. Why does our Heavenly Parent value us to this extent? Because He/She longs to have an object partner for His/Her Love. No matter how much Love God may have, He/She is unable to feel Love without having a Love partner

God can experience Love only in a relationship with a partner. The reason God values human beings most is that we are His/Her object partners whom He/She can love. As God's children we need to become completely one with this understanding so that we will always walk the way of True Love

God create human beings in order to fulfill Love. Without a partner, True Love cannot be found. For God to attain the most precious thing, He/She needs a partner. God cannot experience it without a partner, which is why He created men and women in His/her image

God exists for us and we naturally want to respond. True Love begins from the point where one lives for the sake of others. Human beings are born from God's Love; in other words, we were born because of Love. True Love is the origin of our life

God seeks a partner so that He can realize absolute Love through that partner. Therefore, even God exists for the sake of Love. This is why Love is so amazing. Once we make this understanding our own we will always strive to expand the realm of True Love

Light and Water 26

God created people in order to share His/Her Love. You cannot be in Love all by yourself; without a relationship with a partner, Love cannot be experienced. Because God absolutely needs Love, He created all things and then human beings to be one with Him/Her in True Love

God gave us the value of His/Her object partners in True Love so that Love would be under joint ownership. Hence, we are in a position to be like God's bodies, united as men and women as true husband and true wife who are one with our Creator

When God created human beings, He did not do so as a hobby. It is impossible to express with words how hard God worked and the efforts He devoted to creating human beings and establishing them as the centre of all things in the creation

In creating human beings, God utterly devoted Him/Herself, giving all His/Her Heart and soul and the essence of His/Her life. Our Heavenly Parent totally poured out all His/Her Love and affection to enable us to exist in a relationship with Him/Her that no force could ever undo or sever, so that we may be able to live together peacefully throughout eternity

Why did God create men and women? Our Heavenly Parent had two purposes: first, to realize the ideal of Love, and second, for the invisible God to make Him/Herself visible after taking on a form. For this reason, men and women are the base and core through which the invisible God can assume a visible form and establish a relationship with the visible world

When a man and woman reach perfection they are like God's body here on earth and in the spirit world after their ascension to life eternal. The invisible God assumes a position corresponding to their mind, which connects them inseparably with our Heavenly Parent

Why was it necessary to create men and women with dual characteristics? To become just like the invisible God, they must achieve mind-body unity within their lifetime - by the time they depart for the other world. Otherwise, when they appear in the eternal world, they cannot become one with God

God who is in the position of the Parent made human beings to be His/Her representatives on the earth so that heaven and earth can unite harmoniously and live together in Love. Had the original human ancestors reached maturity and had they become true parents for their children, God Heart would have become manifested through them

If the Heavenly Parent and earthly parents had become at the beginning of human history then nobody would have been born on earth with the need a religion. Everyone would naturally go straight to God's kingdom of True Love

God created man and woman so that they could Love each other and become one. Adam was not created for his own sake, or Eve for her own sake. God created Adam for Eve, and Eve for Adam. This is the timeless truth which applies to all men and women

God's purpose in creating human beings was to make the foundation of Love through families established by men and women who have become the embodiments of True Love. This ideal which has not been fulfilled at the outset of human history needs to be achieved now after all the necessary conditions have been laid

Man represents God's masculine characteristics, and woman represents God's feminine characteristics. As they unite in Love as God holy son and daughter their union becomes inseparable. They form a harmonious union resembling their Creator and manifesting His/Her Heart

When a mature husband and wife become one in conjugal love and give birth to sons and daughters then rise to the position of being parents like God. To give birth to and love children means to inherit everything that was joyful after God created human beings

Your children are the way God helps you feel joy in the position of a creator and to experience what our Heavenly Parent felt when He/She created Adam and Eve. Children are given to you so that you can substantially feel and experience God's profound joy of creation

God seeks to realize His/Her ideal of a harmonious family in the universe through loving and caring children, brothers and sisters, husbands and wives, and parents, who unite in heartfelt oneness of sharing True Love

When a woman is expecting a baby, a new world emerges for her. When the baby starts moving, she has so much hope. This is how women should be. They have many dreams, like the ones God had when He created

To have the thought '*I hope my child grows up and becomes so and so in the future*' is in keeping with the Heart God had when He prepared to create Adam and Eve. Such are women's dreams as the baby grows in the womb while her mind embraces the whole world in Love

The time when you come to the point of having a baby after marrying signals your move into the upper realm. You are rising to God's position. Loving your children is God's way of allowing you to experience His/Her innermost Heart and how much our Heavenly Parent loved human beings after creating them

God will come and dwell in men and women only when they love each other as God loves. He/She cannot come if they just do as they please. The invisible God will come to them only when they become completely one

In this way, God wants to give them a special position in relation to Love and wrap them in cloth made of Love. This is the ideal. Only then can God smell Love. Wherever God goes, He sniffs the fragrance of Love

God's purpose in creating men and women was that they could grow to maturity and, through their Hearts that long to relate to the opposite sex, build the true Kingdom of Heaven on earth with God at the centre, a world where True Love reigns

Conclusions 24

The message of True Love requires action by each of us fully realizing the potential that lies in a life that is lived for others – with a completely selfless Heart and mind

It is perhaps the most critical time we have yet encountered on the planet and it will take the personal strength of each to lift the world into a higher perspective. Let us not be bystanders but write history through our heartfelt dedication to the ideal of a world of True Love

Behind the many evolving news headlines is a bigger movement attempting to encourage a level of fear and hopelessness to permeate our consciousness into believing that we must be afraid of everything and everyone. This not-so-subtle effort is hoped to keep people from realizing their personal potential to make a difference while the truth is that we can change the world by starting to love unconditionally

It only takes one to simply realize that Love is more powerful than fear and the game is done. Let us be the ones who show this precious timeless truth

To discover and express Love in the face of fear and doubt takes enormous courage and strength. Yet, we can show that we are up to the task and that we will no longer sit idly by allowing our attention to become engrossed on the negative images and stories of others, or continue to live in our own fear, doubt and limitation. When we can accept our ability to change our personal perspective, we change the outcome for all

Let us take time for personal contemplation and observe ourselves to see clearly where our thoughts and feelings are focused. By beginning with this first step, we will add to our awareness of Love and affect people within your circle in an exponential and positive way

People thousands of miles away will instantly benefit by this Love just because you were willing to go beyond your limited perspective to understand a bigger picture. The earth awaits our next thought and feeling of Love and forgiveness. Let us not hesitate to offer our contribution gladly and willingly from our loving Hearts

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Light and Water 27

It may be said that man represents heaven and woman the earth. Thus, although they are two, their horizontal union unifies heaven and earth. When they achieve unity through God's Love, the cosmos will be unified automatically

God had greater expectations for the future that would unfold through Adam and Eve than He had for the time He created them. Our Heavenly Parent aimed for the most noble and precious result. This was to fulfill the purpose of creation, and to complete the four-position foundation centered on True Love

Our Heavenly Parent created His son, Adam, as the representative of the positive characteristic between the two characteristics and loved him most dearly. In loving him, He included the feminine aspect of His Love

Also, in loving Her daughter, Eve, our Heavenly Parent included the masculine aspect of Her Love. As these two separate people became one, the basis for a third new beginning was to emerge, and this was to be their children

For this reason, we say that children are object partners of Love who stimulate new hope. Adam and Eve were born as embodiments of God's Love and parental Love. This is why God likes His/Her children, and Adam and Eve like their children. This is how the three-object purpose is fulfilled

God's will for human beings is to fulfill the purpose of the ideal of creation. The ideal of creation is not completed simply by a man and a woman marrying each other and becoming one. They must then have children

This is because the principle of heaven and earth connects the relationship of above and below, and front and back. If there is a yesterday, there is a today, and if there is a today, there is a tomorrow. These must all be connected

But for a husband and wife alone there is only today, and no tomorrow. However, without another day everything will end. If we say couples are above, they must have something below, namely children

Without something below, it ends there. Hence, the principle of heaven and earth is that when the positions of upper and lower are established, left and right can emerge, expressed in the family in the relationship among siblings

Only after they hold marriage ceremonies for their children do parents feel that they have fulfilled their responsibility. A relationship of upper and lower is established only when a couple who are parents experience the marriage of their children. Only when the relationship of upper and lower is established can the ideal be attained

Husband and wife are joined as left and right; parents and children must have a relationship of upper and lower to connect the vertical and horizontal and thereby form the ideal spherical realm within the universe. In addition to that, only when there are brothers and sisters will a sphere finally be formed

When the ideal is realized this way, you can draw a circle around the vertical and horizontal lines meeting at the centre. Ultimately, only when a man and a woman experience the realization of the ideal in the vertical and the horizontal can they say they are living within the ideal realm

A person should not remain alone but rather go through three stages, beginning with the individual, then the partner stage, and finally the stage with children. The God-centered relationship between a person, the spouse and their children is the four-position foundation. The completion of this four-position foundation is God's purpose of creation

Human beings need to be in parent-child relationships, husband-wife relationships, and brother-sister relationships. In other words, these three relationships must meet at one point. Through True Love all directions experienced in relationships like above and below, left and right, and front and back, are united in harmonious ones

Since God is the Original Being of true Love, when one is connected to True Love, everyone becomes part of one body. A family structure comprising three generations centring on True Love in this manner is the basis of the Kingdom of Heaven. Without achieving such a basis, the kingdom cannot be established

The family is the centre of the universe. The perfection of the family is the basis for the perfection of the universe. And so, if there is Love in a family and Love for the universe, we can go anywhere freely. In this case, God stands in the combined central position of Love as the Parent of the whole universe

A man's Love, a woman's Love, a son's Love, a daughter's Love, parents' Love and God's Love are all contained in the family foundation of the original creation with God at the centre. Any place where these different kinds of Love are demonstrated, anyone who loves his parents, his spouse and his children is practicing the lifestyle of the Kingdom of Heaven

The most important times in a person's life are the time of birth, the time of marriage and the time of death. It is God's ideal that all people are born from a true father and mother and achieve maturity to form a loving family and after a fulfilled life move on to live eternally in the realm of God's unending Love

A perfected family is a family of peace and the foundation for the Kingdom of Heaven. The driving force in such a family is true Love. True Love is the pure and beautiful Love that Loves God and my partner more than my own self, with all my life

In this universe, God has not created a power greater than the power of true Love. True Love is the Love of God. And we are in the blessed position where we can inherit it from our Heavenly Parent and become one with in Heart to experience the deepest joy

If God's will had been carried out on this earth, a single cultural realm would have been created. Instead of countless races, each forming its own different culture and civilization, as we see today, we would have a world with a single culture, single philosophy and single civilization centered on God's unconditional Love

Then everything, including culture, history, customs, language and tradition, would be unified. In God's Love, we would have established ideal families, tribes, peoples and nations, and these would have expanded to realize an ideal world of where True Love abounds

Light and Water 28

God's ideal of creation is a living body of Love where people care for one another like brothers and sisters of one worldwide family. People living in such a world would not need salvation or a Messiah, for they would be God's good sons and daughters who are one in Heart

God created them with a great purpose, based on the philosophy of the great universe. Therefore, we cannot deny that the philosophy based on God's Heart is present in all existing things, from the most insignificant creatures to the entire universe

Undoubtedly, the aim of our Heavenly Parent is to see an ideal world realized based on True Love, where people communicate with a joyful Love. If we open our Hearts we can see such a world unfolding before our eyes

With what did God create? In the beginning, there was God's will and there was God's thought. Based on True Love, together with God's thought, there was a plan. We can see that there was God's original will and design to build a loving world where His/Her children live in peace and happiness

One thing you should know is that in creating the world, God first created the environment. This is the world that resulted from the relations of subject and object partners. The natural world has developed as a world of phenomena where subject partners and object partners act in conjunction with one another

When we consider the principles used in the creation of heaven and earth, God did not make the central beings and then the environment for them. Rather, before creating human beings, God prepared an environment based on relationships

In order to create human beings, He first made soil. He established the internal based on the external. This is the principle by which heaven and earth were created

Things that existed at one time have given way to bigger things, and things without value have given rise to things of value. This is the principle underlying the creation of heaven and earth. In creating human beings, God first made the human body and then the spirit

When God saw everything He/She had created during the six days, our Heavenly Parent was filled with infinite joy and expectation as He/She looked at the beauty of creation. When God said, '*It is good, it is good,*' with such a joyful Heart our Eternal Parent was speaking to all the things of creation with such an eager Heart

What is joy? It is what you feel when you accomplish a certain purpose. God felt joyful over all the things He had created because God's sense of purpose was embedded in them

Then, what kind of world is the ideal world? It is a world where people live having multidimensional connections of Heart through which they can praise God as they behold each individual entity in the universe

This is where, from Heaven's viewpoint, the value of character lies. So the story that St. Francis spoke to animals and birds is true even though it may sound like a dream. After creating the universe, God made

Adam and Eve in His/Her image as owners who inherit True Love and pass it on to all things and living beings

Everything in the created world is prepared like a textbook so that God's beloved sons and daughters can seek out the ideal of Love. That is why everything exists in a pair system. The mineral kingdom operates through the relationship of subject partner and object partner

In atoms, too, protons and electrons interact through the relationship of subject partner and object partner. Without this interaction they cannot continue to exist

Without movement, there can be no eternal existence. Hence, the universe is centered on humankind, and it is the sphere created to enable them to reach the central point

What is the universe? It is like God's visible body. It is an extension of God's being. This is why the idea emerges that we can truly love. In other words, loving the universe is a very real experience when we bring God into the middle of our Heart and build a unified world where your mind is one, your body is one, and all things are one

The perfection of the universe must bring joy to the internal you, as well as to the external world. Both your mind and your body must rejoice in a place of happiness based on the experience of True Love

Happiness does not come without stimulation. Just as our hunger makes each meal taste like something new, the Love between husband and wife should always be fresh. The more the husband and wife see each other, the more they should long to see each other and want to be together all day

Establishing a family where God's Love and the three great kinds of human Love can blossom together is the desire of the world, the desire of humankind, and the desire of the future. The Love of husband and wife is a precious and beautiful thing that can spread the fragrances of history in front of the principles of heaven and earth and appear as a new flower

Having children will lead you to love your child from God's position and experience the inner Heart of God and how much our Heavenly Parent loved human beings after the Creation

How great it would be if the whole world turned into an environment where butterflies and bees flew around freely and we could live in harmony within heaven and earth according to God's ideal of creation - just as in the Garden of Eden, with the fragrance of flowers - so that God could fall asleep in bliss

Light and Water 29

We may not have thought about how everything in heaven and earth that unfolds around us without our being aware of it exists together with God's Love. When you enter into a mystical state of mind, you can see that the principle of the universe is contained in one small grain of sand and how the endless and inexhaustible harmony of the universe is contained in one atom

We cannot deny that all existence is a result of some unknown yet complex force. Beyond the molecules there are atoms, and beyond the atoms there are elementary particles. These things, rather than existing unconsciously, exist with a certain consciousness and purpose

Thus, need to thoroughly understand that all existing beings have come about through God's loving hand. So they are inevitably connected to God in Heart, and our relating to them with a loving Heart brings us naturally closer to our Creator

The person who can discover the various tastes of God's Love and Heart in the diversity of all things existing around him should be our example. He or she is the one who has the feeling to become friends with all things and find joy with them

If you carefully observe children, mainly they like lively creatures such as puppies, insects, birds and wild animals. Why is this? This is basically how people are. What does this mean? Their interests are aroused when they see the natural world and the earth in motion

Although, of course, there can be different levels of partners, people enjoy themselves and find it interesting to contemplate these things. In this way, they learn about all the properties of Love within themselves

Observing how bugs, insects and animals live, we see that they all exist in pairs. Considering this, nature is a museum of textbooks built to educate human beings, as the object partners of God's Love, about the ideal of reciprocal relationships

God made the universe and everything in it to be a textbook to help His beloved sons and daughters find the ideal of Love. This is why everything exists in a pair system. The mineral kingdom operates through the relationship of subject partner and object partner

In atoms, which are the structural units of matter, the protons and electrons interact in a relationship of subject partner and object partner. Without this interaction they cannot exist. Without movement, there can be no eternal existence. This is why they must interact

People learn about Love through the textbooks in the museum God created. When people and God Love each other in joy, everything in heaven and on earth will follow that rhythm and harmonize around them. If God likes this and loves this, the angelic world also will like it. The entire created world will like it too, applauding and offering praise

This created world exists in order to expand the fragrant atmosphere in which human beings, in the central position, having the highest Love, can enjoy themselves. God laid out the world of all things to serve as a textbook, to guide the ideal of human Love to reach maturity

Born as God's first children, Adam and Eve were to grow from childhood to maturity in the realm of God's protection. Since their intellect was meant to develop through this process, they would have come to realize why God created the world, and God would have educated them through the created world

The created world, with everything in motion, was a textbook to teach Adam and Eve everything they needed to know about how to live. They were to have been our first, original ancestors, but unfortunately they did not reach maturity. This essential task needs to be achieved from now on – by all men and women

When you open your eyes in the morning and look at nature, it subtly connects with your original nature and inspires feelings about a new ideal that can sprout forth. On the other hand, you know very well that the more you look at the human world, the more despair and sorrow it arouses in your Heart

If the world were populated by people who have reached maturity, the value of human beings would not stir up sorrow in the Heart of a beholder. Human beings were not created merely to have the value of a blade of grass, a flower or a tree trunk. People were supposed to be noble beings who could not be exchanged for anything in the created world. They were supposed to step forward representing Heaven with incomparable value

People will enjoy and take delight in anything that belongs to someone they love. Nevertheless, they do not know how to take delight in all things created by God, whom they should love the most. We are responsible to liberate creation which is sighing and lamenting from its sorrow

We should deeply experience the Heart and care that God invested in the creation of even one tree or plant. We should have such a Heart be able to shed tears even at the sight of one plant along the road, or holding onto one tree, say, 'How lonely you must be without receiving God's Love though His/Her children.'

Where are the people who can value all things of creation more than the family treasures that are handed down over the generations? Upon seeing those who understand in their Hearts what God has created, and who hold those things and shed tears over them, God will say, '*You are truly My dear children!*'

What is nature? It is an exhibit that God has given us as a gift, something our Heavenly Parent prepared for the birth of His/Her beloved sons and daughters. Even the song of a bird and a plant growing are decorations prepared to bring beauty into the lives of His/Her beloved children

We should be able to sing praises for the beauty of the original world of creation, where everything devotes its entire life to establish a world where each lives for the sake of the other. Then, even baby birds will want to come and live in our home. Birds will want to have their young there

We should know how to Love nature and love people. Those who cannot love people or love nature cannot love God. Because all things of creation are symbols for God and because people are substantial beings, those who know how to love all things of creation and people will come to love God

Light and Water 30

Love is something that makes us feel even the energy by which our cells expand. The world where God's Love exists is like that. That world is hard to describe in words. It is a joyful and enchanting world, where all of our cells are dancing and we feel as if we are flying on the clouds on a bright spring day

How can we describe God's Love? We may imagine a warm spring day with white clouds floating gently in the sky. The air shimmers above the ground, insects and ants scurry about exploring the world. Beside a flowing stream, catkins blossom and frogs sing new songs of spring...

And there you are, enraptured in the atmosphere, in that twilight state we experience when drifting peacefully off to sleep, and yet awake in a happy mood, rejoicing forever. God's Love has such a flavour. With your ideal partner given to you by God, you will feel as if you are in a flower garden where butterflies and bees fly around

Love fills the place where God dwells. It is a place where the more you give, the more desire you have to give; and the more you receive, the more desire you have to give more than what you have received

In the experience of True Love you will feel an explosive stimulation because you can give more and receive more, a stimulation that makes you feel as if all your cells exploded. God's Love is like that

What kind of being is God, who has created heaven and earth? Our Heavenly Father/Mother is a being of utmost goodness, the fundamental root of all things, and the subject partner of True Love

This is why, after creating all things in heaven and earth, God wanted to give all the precious things in the universe to human beings. If there is someone God can truly trust, Love, and entrust things to, He/She will want to hand over to him all of the most precious things

What kind of taste would God like most? If God has a sense of smell, what kind of smell would He/She like most? If our Creator can hear, what would our Heavenly Parent like to hear, and if God can feel, what would He/She like to feel?

There is only one thing God likes, and that is completely selfless Love. Nothing other than True Love can focus God's five senses and fill Him with joy

If God is looking for an absolute partner of Love, what would our Eternal Parent choose? We can conclude that it will surely be a human being. This is why we say that among all things of the universe, human beings have the highest value

God's Love expresses parental Love, conjugal Love, and children's Love. Of course, it includes brotherly Love, and when it expands it also contains the Love of the nation and world

We say that God's Love is parents' Love, husband and wife's Love, and children's Love. This is the most wonderful thing that can be said about our Creator

What kind of Love does God really need? Our Heavenly Parent wants absolute Love. It is the same for us. Just as God needs absolute Love, unique Love, unchanging Love, and eternal Love, we human beings also need absolute, unique, unchanging, and eternal Love

We should all resemble God. God created because of Love and similarly we are destined to become beings of True Love, who invest our loving Heart into everything we do

Since God created because of Love, our Heavenly Father/Mother likes watching a man and a woman loving each other. For this reason, when God appears before the world of existence, He appears as the essence of True Love

Just because God has been giving Love to people, can He say, 'I have given to you completely, now why don't you give back?' God, who has absolute Love, is still anxious and troubled that He/She has not been able to give all the Love our Heavenly Father/Mother wants to give

Giving Love completely is God's purpose in creating people and thus our Heavenly Parent's Heart burns to pour out all of His/Her Love to the human world where He/She has as yet been unable to give complete Love

It is because He is such a God that the more we think of Him/Her, the more we feel good. If He were a God who says, '*Since I have given everything, now you have to give back,*' we would not like our Creator

In giving us Love, how much would God want to give? God's Love is not given according to a limit that says a certain amount is enough. It is a Love that wants to give infinitely

As an omniscient, omnipotent, and omnipresent being, there is nothing God does not have and there is nothing our Heavenly Parent wants to keep back for Him/Herself. Although He has everything, if there is something He wants to present and be proud of as being more precious than all, it would certainly be True Love

Even after giving everything, God will still say, '*I want to live in you because of you.*' What is the essence that brings this about? It is True Love

Light and Water 31

God created all the things of nature in order to multiply joy and perpetuate its stimulation. Our Heavenly Parent did not create them just to feel happy temporarily, but rather to feel joy permeating deep into His/Her Heart every time He/She saw them

For this reason, our Heavenly Father/Mother created everything with the greatest Heart and devotion. This is the supreme example from which all people can learn as they invest into creatively sharing their Love with others

After making all the things of creation over five 'days', then on the sixth day God created human beings with a joyful Heart. Our first ancestors, created in the image of our Heavenly Parent, were most beautiful, precious, pride engendering, gratifying, glorious and lovable

God, being omniscient and omnipotent, does not lack knowledge, ability or power. What our Heavenly Parent needs is an object partner for His/Her Love. That object partner can be none other than human beings, who are the most precious and greatest of all created beings

Where is the path which leads to unity and the origin of peace? God had no choice but to establish the principle that not only Himself but also all human beings need to live for the sake of others

Hence, True Love, as well as the True ideal, peace and happiness, can be achieved by doing that; they cannot be found in any other case. Until now, people have not known that this is the fundamental principle of the creation of heaven and earth

Everything in the world was created by God as the textbook to help His beloved children attain the ideal of Love. Thus, it was created with a reciprocal structure. Minerals exhibit subject-object interaction, as do protons and electrons in the case of the atom

Nothing can continue in existence without engaging in action and motion. Thus, with human beings as the centre, the universe is created to reach that central point of True Love

God first created all the things of the universe and then the progenitors of humankind in the Garden of Eden as their lords. The amount of effort and devotion our Heavenly Parent invested into not only creating human beings but in establishing them as the centre representing all creation cannot be expressed in words

The universe symbolizes God's body, His/Her visible body or manifestation. Thus, it is natural that we can really love it. What we need to strive for is to allow God to dwell in the centre of our Heart, become one with our mind, our body, with all things, and achieve a unified world in this way

Through observing and learning from the natural garden of Love, the beautiful natural world, created within the pair system, we learn about characteristics of our Creator. It is indeed a joy which children experience and which we should feel throughout our life

The creation is God's veritable museum, the museum of Love for the education of young men and women as they grow up watching how all creatures were born in pairs of male and female, even birds and butterflies, and how they developed affection for each other and brought forth their young

Growing up and reaching full maturity, they are supposed to realize for themselves that the man is the prince of God's Love representing plus and the woman the princess of Love representing minus, destined to become one as husband and wife

The natural world is a museum of Love, where the creation is made up in pairs, though at a lower level than humankind. Then why was this museum of Love created? It was made for human beings and for God. Hence, God can experience the sensation of Love in everything encompassing the mineral, plant and animal worlds

When you enter the deepest level of the realm of True Love, you can communicate even with the rocks and all the rest of creation. In the world of True Love, all things would be able to communicate with one another. Why? It is because everything was created according to the pair system in order to relate to God's Love

True Love is bound to resonate. When you are within the realm of True Love, you would feel God's internal and external worlds. As such, without being taught you will naturally get to know everything there is to know about the spirit world and God, and how to attend your Parents and the nation of God in your earthly life

The path of Love is not meant to be trodden haphazardly. There is a formula, for there is but one path for Love and no other. The path of True Love to be pursued by human beings and the path of True Love led by God and the heavenly world is one and the same

As God descends, we ascend the same way. We will meet with our Creator in oneness at the place where we have attained full maturity. Therefore it is essential to grow in Heart in order to experience the precious unity with our Heavenly Parent

Based on the 'Theory of Love' everything can be explained. It is the highest and deepest knowledge. In coming to understand the theory of Love, we have learnt that this entire world is made up of a pair system. They were created in this way for the sake of Love corresponding to their respective levels, as only then can reproduction take place

Similarly, there are males and females in the animal kingdom, and men and women in the case of humankind. Why were they created like this? Love did not come into being just for women or just for men, but for both! This is how it should be

All existence in the universe carries out actions, which are guided by the desire to give, based on Love from a higher level. Let us unite wholeheartedly with the precious Love of our Creator and become one with Him/Her in our deepest Heart

What happens in the presence of Love? Do the things that used to be far apart get even farther away or closer? Why do we like Love? Because it can make things that are far apart very close and make them one

The principle of parental Love that governs the continued existence of the universe is an environmental element that can connect to the original ideal Love, along with attributes of that parental Love belonging to the realm of spherical motion taking place vertically, horizontally and in all directions

Then how should you conduct yourselves before the Parent of the universe? You should be reciprocating His Love. Shouldn't you be His partner? We can draw the conclusion that in order to unite with Him, you need to become your Parent's counterpart

Only when you have become the recipient of True Love can this union be achieved. Without True Love there cannot be complete unity

God-centered people are like His/Her body, and everything in the universe is sent to us from God with substantial forms which symbolize Him/Her rather like shadows. All things in the universe are modelled after our Creator

Every one of them was created with Him/Her as the original Subject; the only difference being whether they are in image or symbolic form, the level of Love which they represent

How did the universe come into existence? The answer is neither the theory of evolution nor the idea of creation. Before the concept of either creation or evolution, there were male and female. Why did male and female come into being? It was because of Love. Love is the formula

God wants a partner of Love who is better than Him/Her. Don't we all desire our objects of Love to be better than ourselves?

It is the same for our Heavenly Parent who is the completely united form of subject and object partners, which is the origin of creation. It is for these two to become perfected as one based on Love, as this brings liberation and fulfilment for God

At the place of Love, the entire world of creation will sing, dance, roll about and thus become as one. How delightful such a world would be! Then God, with His external form and internal nature, with His/Her masculinity and femininity, would have entered their bodies

Then subsequently, the Creator would have naturally dwelt in the centre of our minds, and we would have become His/Her external form in image as His/Her creation, in short, we would have become one as with God through Love. By achieving this, based on True Love, the external form followed by a family could emerge

True Love is crucially important. If we do not clearly know this, we will not be able to understand about the origin of the universe and countless other questions because all existence is based on the True Love of our Creator

Everything in the universe related to God hopes for them to become the number one practitioners of True Love. You should understand that this is the path originally desired by both humankind and God

In what way did God create heaven and earth? Our Heavenly Parent committed Him/Herself 100 percent into creating human beings as His/Her perfect objects by investing all in His/Her power and might centered on True Love

Why did our Heavenly Father/Mother commit Him/Herself so much? Because as the King/Queen of wisdom our Heavenly Parent knows that an every growing multiplication of joy and happiness can be achieved in this way

We can say that after investing everything, God reached the position of zero, nothingness, whereas His object attained 120 percent; to explain this in terms of atmospheric pressure: where God eventually comes to stand would be a vacuum, the point of lowest pressure, and His object would be in a high pressure area

This situation would immediately create a renewed circulatory action according to the principles of automatic generation and movement. Thus, if you were to constantly invest yourself in your object, it would eventually be enveloped, wouldn't it?

With what would you surround and envelop it? It would be with Love. Since the origin of the universe is Love, this is what would take place according to this principle

The original form of unity is expressed through individual perfection of men and women. The family, tribe, nation and world, all stem from there. This is the case regardless of how small that origin is; the angle of the perpendicular would remain the same

So with this as the central axis, if True Love were to spread out in all directions from it, then no matter where it was in the universe, the whole earth would nevertheless be unified and filled with True Love

God would undoubtedly be able to create Love, but owning that Love would be another matter because one cannot own Love alone. It takes two to do that. Not even God can seek Love alone. Let us therefore respond wholeheartedly to our Heavenly Parent's desire

Light and Water 33

God created a world in which everyone would desire to give as the origin had done, and therefore it can be understood that the universe is a place where everything exists in order to give to others

Everything is trying to be absorbed into a being which stands at a higher level than itself. From this viewpoint, where would the source of continuity of the universe be? Naturally it is our Eternal Parent of True Love

The Love of a mother or father is one of the greatest forms of Love in the human world. Parental Love toward one's children is unconditional and unlimited because it is the mother of all kinds of Love. Thus, orphans who grow up without receiving parental Love, thirst after it most of all.

Parental Love is the highest. Those who have been raised with the empowerment of True parental Love become well-rounded people and understand the dynamics of Love. The children will never forget their parents' Love. The full experience of parental Love is impossible without parents

What should the Love among children be like? What should they use as the standard for loving? Brothers and sisters should Love each other just as their father and mother do. From whom should we learn about Love? We should learn from our parents

Children should be able to say to their mother and father, *'Our mother and father are the greatest in the world. They are the ones who stand in the position of God!'* When children see an unchanging Heart and Love between their parents and say, *'Let us learn from this Love and become united among ourselves as well,'* this is the realization of an ideal family

When children grow up and reach young adulthood, they go looking for a partner with whom their mind and Heart can be one. This is realized through marriage, where a man and woman totally respect each other and strive to establish the standard of Love and Heart

Everybody should have a family in which the mother and father can unite with our Heavenly Parent's Heart and Love, and then the children can take after their parents and also unite with God's Loving Heart

It is the order and tradition of Love for the one in the position of the elder brother, as a representative of the parents, to sacrifice himself and Love his younger siblings centring on the parents' Love. The position of the elder brother brings with it the responsibility to give the most among his siblings

It is the same with the position of parents, who invest the most for the sake of the children. If parents shed tears and sacrifice for the sake of their children, the children will naturally want to follow their parents

When they relate with God as the centre, children can express Love to each other in many different ways. The older child should love the younger sibling in the same way the parents love him

In a family united through such Love, the Love within that family will blossom, and become the Love within a society and the Love within a nation. In this way it eventually becomes the Love of the whole world

What is the reason you receive Love from your parents? It is because your father and mother's motivation to rely on each other and Love each other originates in you. Thus, when brothers and sisters Love each other centring on that motivation, their Love also will not change

Similarly, when you think of your neighbour as if he were your own self, the right social environment will develop based on the family as the school of Love

The family is the formation stage, the society is the growth stage, and the nation is the completion stage. All families must be linked together. Only then will Love develop among them and unity be realized on the national level

God's will is to realize the kingdom of Love. As God's desire is to develop and globalize the ideal world of Love, the family is the training ground where you learn to love and earn credits, all the way from an elementary school certificate to a bachelor's degree and PhD

The family expands to the world. If you look at the world carefully, you will see that it is a world where grandfathers and grandmothers live, a world where adults like your uncles and aunts live, a world where people like your elder brothers and elder sisters live, a world where youths live, and a world where children live

These places where old, middle-aged, young people and children live are larger expansions of the family. We should naturally feel Love for one another as members of a worldwide family

The family is the smallest unit within the training centre and is also a textbook for entering the Kingdom of Heaven. It has all the levels: the grandfather's level, mother's level, couple's level and sibling's level

These levels expand into larger groups of grandmothers and grandfathers, mothers and fathers, your own peers, and your sons and daughters, and together they form humanity

Only families that can love all human beings as their own spouses and as their own parents, and serve them as their own sons and daughters, can inherit the Kingdom of Heaven. This is amazing. The right to inherit all the power and authority of heaven and earth created by God lies here

Light and Water 34

The family is a training ground of Love. The extension of this family is the world. The world is made up of smaller worlds: there is a grandfathers' world, a grandmothers' world, a world of fathers and mothers, there are husbands' and wives' worlds and sons' and daughters' worlds. When these combine we have the whole world as one loving family

If you love the people of the whole world as you love your family and as you love God through the family, this will make a straight road to the Kingdom of Heaven. Thus the first commandment is, '*You shall love the Lord your God with all your Heart, and with all your soul, and with all your mind.*' And the second commandment is, '*You shall love your neighbour as yourself.*'

If you love God and Love humanity, everything will be accomplished. If you cannot do it, your spiritual training will have been in vain. No matter how great a religion's spiritual discipline may be, if it does not know how to love God, humankind and the whole universe it will not bring the desired result to the Heart

In the family you should deeply experience Love by going through the official course of the training centre which is an encapsulation of the whole universe and then expand this and Love the world. You have inherited this from your family, your training ground, where you were raised with your mother and father

You must not forget that while you lived as an embryo, you not only received nutrition from your mother but you also received Love from her. Likewise, people living on earth are not only receiving physical nutrition from the universe but also Love from God, who is the essential element of life

Just as all plants absorb sunlight as an element of life, Love is an element of life for people. Our hope is that the Kingdom of Heaven on earth or the Kingdom of Heaven in heaven be built where we can live eternally in Love and in adoration

Human beings are born through Love and grow through their childhood while receiving Love. After a certain stage of growth, parental Love is not enough, and their Love expands horizontally through the Love among brothers and sisters and the Love of the tribe

In other words, they grow to maturity while receiving all kinds of Love in heaven and earth. When they reach young adulthood, they particularly thirst for Love with the opposite sex. Engaging in this Love leads them to a more comprehensive Love, through which they finally find the centre of Love

The paths that man and woman walk exist because of Love and for the sake of Love. Our fundamental attitude should be: My path is the path of Love. I move in order to attain Love, keep Love, and form an environment of Love

It is for the sake of Love that women put on cosmetics and receive massages. Wanting something and doing work are all for the sake of Love. We overcome hardship and move on in order to attain precious Love

From the time we are born, we are receiving parental Love. As long as our parents are alive, they Love us at any stage of life, be it the period of childhood, the period of youth, or the period of middle age. When we grow up receiving parental Love, horizontal Love of husband and wife is bound to happen to each of us

Marriage is a school, a place where the men learn something they did not know about women, and women learn something they did not know about men. All their grades should be A's in order for the husband and wife to be pleased

We have sons and daughters for the sake of learning how to love the world. Without them, we find it hard to be connected to the future. Your sons and daughters are given to you as educational materials through which you can be connected to the future world

Fulfilling your filial duties to your ancestors and grandfather and grandmother is like receiving education from the spirit world. All these relationships are connected through Love. The grandfather and grandmother, husband and wife, and sons and daughters are all connected through Love

This is how spirit world and the universe are organized. All things will be governed by Love. Therefore it is essential that we develop our ability to love in the right way

If we ask ourselves whether life or Love is first, we can claim each to be first. But which comes really first? It is Love that comes first. Relating this to the core of the universe, in order for something to have value, there must be an original flow of Love

When we examine where life comes from, we must ask the question as to which comes first, life or Love. Until now many people have not been able to discern this clearly. Love comes first, then life

Because what comes second must meekly surrender to what comes first, it is natural that we offer our lives for the sake of Love. This is the way things are, designed by our Loving Heavenly Parent

This understanding provides an answer as to the true course for our life. Since our life is born in Love, the conclusion is that we must walk the way of Love and die for Love

The purpose of human life is to find the Love that the macrocosm, not the microcosm, is able to welcome. It is to be born, to love and to die in the midst of the great universal Love that God, creation, our parents, and the angelic world all acknowledge.

Human beings are not born based on their own choice. Then, are they born due to their parents' wishes? Ultimately, they are born due to God's desire. They are born through the Love of their parents, which represents God's Love

Light and Water 35

The person, who is born as a new life through parental Love, representing God's Love, is I. Love has the power to create everything. What is most precious for a man and woman? It is Love. In any kind of relationships it is ultimately the experience of Love what we are looking for

The one who is born as the centre of the whole universe by receiving all the Love of the universe is none other than I. The highest purpose of life is to be born through Love, be raised in Love, live by Love, and to leave Love behind

The most valuable thing to do is to fulfill, in the family, the rules of Love that lie at the centre of the universe. Let us therefore reflect deeply about the precious qualities of Love

Human beings are born because of Love and from Love. Then what makes Love so great? It is the fact that Love is the original source of life. You are born in the midst of your parents' Love

You are not born out of your parents' desire for money or knowledge. Since you are born in Love like this, you should bear fruits of Love. This is why you need children. A husband and wife become complete when they become one and have sons and daughters as their object partners

Human beings cannot exist apart from Love. Therefore, we can say that "I" live on the foundation of Love. All things also originate in God's Love. The existence of all things began on the foundation of Love, so it is undeniable that human beings, as the centre of the created universe, must also have begun in Love

The cause of human existence is Love. The purpose of human existence lies in completing the ideal of Love. Human beings came into being through Love, and so their purpose is to perfect Love by forming a foundation of Love and expanding and connecting it

Since the beginning is Love, the purpose has to be reached through Love as well. For this, a man and a woman in partnership must become one in Love and connect front and back, left and right, and above and below

Our daily life should be happy. When we have achieved the purpose, something new will exist that is greater than existence itself. What is it? It is the eternal happiness arising from the realization of truly loving relationships

Love is the key element needed to experience happiness. No matter how lofty a person's purpose may be, if he fails to establish a Love that can take dominion over his purpose, he will have to pursue a new purpose. Purpose cannot stand above Love

What do human beings live for? If you say you live for the sake of Love, how great this answer is! Human beings are born as the fruit of Love, live in Love, and return to the eternal Love of God's bosom. This is the original life of creation

One is born through Love and grows up in Love. Next, he leaves the Love of his parents and finds and connects to the Love of a partner, which is a Love in another dimension. We can call parental Love the formation-stage Love and conjugal Love the growth-stage Love

No matter how much a couple may be in Love, they cannot see the completion of their Love until they have children. This is why they want to have children. This is completion-stage Love. Therefore, the process of going through parental Love, conjugal Love, and children's Love is the fundamental core of human life and the original path of God's ideal of Love at creation

Life is born from Love. One is born from Love, grows up in Love while being Loved by his parents, meets a beloved wife and Loves her, and dies in that Love; this is what is called human life. Therefore, originally there should have been no sorrow or pain in human life

Originally, the focal point of the universe is the place where all vertical and horizontal combinations of Love come together so that parental Love, conjugal Love, and children's Love can unite. This becomes the point upon which the entire universe is focused and where the directions of all cells in the universe are oriented

How can we characterize God's Love? It can be compared to a warm spring day where white clouds gently float in the sky, heat rises from the ground, insects fly around, ants crawl in and out to see the world, pussy willows shoot out by the stream, frogs sing new spring songs, bees swarm and butterflies flutter

You feel intoxicated in such an environment and feel sleepy, but in reality you are awake and feeling so good that you want to stay like this forever. When God finds His ideal object partner, He gets the same feeling, as if He is in a beautiful garden of flowers where butterflies and bees fly around

When you run into someone you are pleased to see, you hold his hand firmly and shake hands. When someone joyfully says, 'Long time no see!' and holds your hand firmly, do you feel good or bad? When you are glad to see someone, do you hold hands tightly or not? Do you like it when someone grasps your hand firmly?

Love is eternal. Love is united, not divided. You become one. When a man and a woman become a couple and Love each other, they are bonded together. Of course this does not happen literally, but in Heart they reach a level even higher than this. That is God's Love

When a man and a woman fall in Love, all kinds of things happen, right? But if you find a way to know God's Love and really taste it, then His Love cannot be compared to anything in this world. If there is someone who has tasted this Love, no amount of difficulty or sorrow can discourage him or her

Such a realm of absolute liberation exists and every person can experience it based on purifying one's Heart and developing the ability to love to deeper levels centered on our Heavenly Father/Mother

Light and Water 36

A glorious new morning will dawn when God can love His/Her children fully. The time our Heavenly Parent can love His/Her grandchildren and all people have become brothers and sisters of a worldwide family is a most glorious the time

Parental joy can be learned only when people have their own sons and daughters. Children cannot know what parental Love is like, but they do come to understand after having babies and a family

They understand that their parents loved them while raising them. Therefore, the day when your child takes a spouse is a day of glory, and the day your child has a child is a day of glory

In order to experience God's Love to the fullest we need to experience your parents' Love, conjugal Love and children's Love. Only then can we understand God's Love to the deepest extent

Parents want their children to be married because they want to bequeath to them and completely teach them of parental Love. When parents die, they leave their real selves behind with their descendants

Love is something that continues forever. Since Love is the highest human desire, everyone wants to inherit it with their arms wide open. When parents bequeath their Love to their descendants, they can stand proudly before God in the spirit world

It is through the family that Love becomes complete. Going to the heavenly kingdom through the family means that the realm of oneness of Love has been realized

People should follow this principle. Seeds are sown in the spring; in summer, plants develop fully; and in autumn, they bear fruit. In winter, you should put things in order and carry the essence of this new seed of life deep within your Heart. Only then will you have seeds to plant again when spring returns. This means that in the future you should be parents and raise sons and daughters like yourselves

Why do people feel sorry when they do not have sons and daughters? They feel sorry because they cannot form a circle. When you see birds feeding their young, you can recognize the deep Love of the mother bird. You can realize how much your parents loved you when you have your own sons and daughters and raise them

Everyone should get married and have and raise their children so they can know both children's Love and parental Love. Some people hesitate to have children because the children may limit their freedom to marry and divorce. But when people fail to establish a family they do not know God's Heart of loving people

Human beings are born through Love, grow up in parental Love, and mature while broadening Love horizontally. Horizontal Love reaches the completion of the first stage when man and woman meet and grow together to the state where they can represent the Love of heaven and earth and bear children as the fruit of that Love. Children are born from the Heart's core as a result of Love

The child who is born from a man and woman who share Love based on Heart creates a path to the centre of Love. This centre will lead them directly to God. By having children as a fruit of Love, human beings come to deeply experience the Love with which God created all things and human beings

By loving their children, they deeply experience the Love they received from their parents and the parental Heart. The Love parents have been pouring into their children is not a materialistic Love but an intrinsic Love

The Love that parents give their children does not change even if heaven and earth change and historical ages change. By becoming a parent and loving your children, you will understand and deeply experience how God has been loving human beings. By becoming a parent and loving your children, you will feel and realize how much your parents have loved you

This is why we revere our aged parents even more and fulfill the duties of filial piety with Love. If you do not fulfill these responsibilities, you are unqualified to be parents and your Love towards your children can only be considered hypocritical.

Human beings should feel and realize how much God has loved them by becoming parents themselves and loving their children. Furthermore, they will love God even more sincerely

A person should love their aged parents more than they love their children and love God more than they love their parents, knowing that this is the order and law of Love

Because heaven and earth has a spherical shape, they share horizontal Love and rotate, forming a circle on the first level. When they take a partner of the opposite sex and share Love, they have children as the fruit and become parents

When they love each other and rotate, vertical Love is realized following the horizontal Love. This forms the spherical world and establishes the centre of Love at the same time

The centre of Love that emerges through the movement created by these Love relationships is also the core of existence of the entire world of creation. The centre of Love is where infinite force is gathered that enables continuous movement

The centre that appears through the sphere of Love in this manner is also a place where God dwells. Therefore, all creation existing in the world is born and exists through God's Love and moves in search for the centre of God's Love

Light and Water 37

How should a person prepare before seeking the path of Love? A person should form a union of Love with God, the Parent. Only then can there be True Love. This is the centre where the will of God can reside, where an individual can unite with that will

Only through the power of God's True Love and truth can the mind as subject partner take command of the body as its object partner and realize the ideal of oneness with God. This is the perfect human being that religions speak of

From the beginning, God was the Parent, and our first ancestors were His children. In order to manifest True Love, we must achieve unity with God; that is the principle of creation

What, then, is the principle for achieving unity? On the day that God becomes one with human beings, all that belongs to God will belong to us. God will dwell in us and we will embody Him. Only True Love can make us one with God

When people embody True Love, they become the cells of God's body. They become the limbs of the holy God and can live forever as one body with Him, breathing and eating Love. Such a world is called the Kingdom of Heaven

A true person is someone living with True Love. True Love will live eternally for the sake of the centre. This is God's core essence. True Love is God's Love. A person who Loves God for eternity will become an owner of True Love

Through True Love, we can become absolute, unique, eternal and unchanging. Those who are harmonized in True Love can stand in the position of God's partners. Such people enter a realm where they can at any time relate to the unique, absolute, unchanging and eternal God

No one can bring about True Love alone. There must be a partner. Don't you wish that your partner could be better than you? We all want our children to be better than ourselves. This Heart comes from God

We need to understand that even God wants His partners of Love to be better than Him/Herself. Our desire for our partner of Love to be better than ourselves horizontally and vertically originates in God

The minds and then the bodies of woman and man come together to attain oneness and become God's external form. When this happens, God is able to reside in the centre and settle there eternally

Through the three stages of origin-division-union action, mind and body form the ideal of oneness. The oneness of Love brings about the realm of oneness of the ideal world, both vertically and horizontally. Everything is unified within the concept of the mind- body oneness

The family that settles as God's substantial form on earth and multiplies through the oneness of Love becomes His family, His offspring, citizens, and world. When this happens, the mind-body conflict disappears instantaneously

Because this family is one with God's internal nature, His Love naturally resides in it and any conflict between man and woman disappears. The members of such a family can Love each other naturally without conflict. God resides and becomes a mind-like being there. The husband and wife will be His bodily beings, and oneness is achieved

A true couple is one formed by a man and woman joined together in True Love as the embodiment of True life. Such a couple is a true one. Society must be connected by such relationships. The realms formed by the horizontal expansion of that of fraternal Heart are the true society, nation, and world

If parents, motivated by True Love, invest in and sacrifice themselves infinitely for their children, those children will feel infinite gratitude for having received this True Love and their parents will experience great joy in place of their sacrifice

In this way, the power of sacrificial True Love initiates a give and take action that establishes an eternal relationship of joy and peace in the true family and world. It is here that the ideal world of eternal life is manifested

It is in the true family that our pure, True Love grows and is perfected. The True family is the initial stage on which True parental Love, True conjugal Love, True filial Love and True fraternal Love are put into practice, and jointly grow to fruition

The true family is the fundamental nucleus of a peaceful world, for it is here that we learn about God's True Love through true parental Love; it is here that we are trained by means of True fraternal Love to acquire true universal Love for the true nation and for all people of the true world

Not only that, but the true family is the basic unit of historical connection, for it is through True Love being handed down from parent to child that the generations of past, present, and future are connected together in a consistent value system of True Love

The path of True Love that path that the man and woman of True Love, the true family, nation and world must go is absolute. There is but one path, not two. The family is the textbook of True Love teaching you how to relate to all humankind

When the children do something wrong, they must obtain their parents' forgiveness. If the husband, their father, does something wrong, he must ask them, and his wife, for forgiveness. This is the true family with True Love at the centre

Light and Water 38

The family is an unchanging point of origin, a timeless cornerstone that cannot be altered even by the father, by brothers and sisters, or by the system of government of any country. Nothing can alter the sovereignty of the family - not the world, not heaven and earth

Why do we like our parents? And why do we like our husband or wife and children? It is because they have Love. For the children, parental Love is absolutely necessary

Similarly, conjugal Love is essential between husband and wife. The Love and friendship among brothers and sisters in a family is also necessary, as is their Heart of loving devotion towards their parents

Why do we like our family? People long for their hometown and their family - their parents and brothers and sisters - because the family is the basis upon which they can freely share Love and prosper

A True family is a place where the husband Loves and serves his wife as he would his mother, the wife serves and Loves her husband as she would her father, and they Love each other as brother and sister

The Kingdom of Heaven, where ideal families live, is a place where a husband and wife each Love and respect each other as they would God Himself. Such a tradition should be naturally present here on this earth

There are three kinds of Love in an ideal family, each governed by God: the eternal Love of parents, the eternal Love of husband and wife, and the eternal Love of children

An ideal family is where the parents, children, husband and wife, and brothers and sisters all desire to unite through True Love. In this situation, they are all eternally on an equal footing; from there, the Kingdom of Heaven on earth begins and the Kingdom of Heaven in heaven is automatically established

Where does happiness come from? Where can we find an environment that makes us feel like humming? We can find it in the family. A happy family is a family where parents embody the Heart of God

If you have been seeking God's Love, then your mind and body must be completely one so that God's Love can come. Then, extending this pattern, you should create a heavenly kingdom as a couple and a heavenly kingdom as a family

The family heavenly kingdom is realized only when the mother and father Love each other in complete oneness and their sons and daughters each acquire a partner who is like their mother or father. When the parents become the plus and the sons and daughters become the minus, this will become the family heavenly kingdom

The family; consisting of the parents, husband and wife, and children is a microcosm of the world. The path of life for humankind lies in the expansion of a family-type of Love to the relationships amongst all people

We should love elderly people like our own grandfather and grandmother, and middle-aged people like our own father and mother. Furthermore, we should love those who look older than us like our own elder brother or sister, and love those who look younger than us like our own younger brother or sister

The family is the ethical basis of society and the most exemplary, fundamental, and primary organization in the human world. In such a family, Love is the highest standard of value. The family is the place where we strive to align ourselves with such laws of the universe

The family is the basic unit for perfecting the heavenly kingdom. The heavenly kingdom is the kind of place that once you enter you do not wish to leave. It is also a place where lives the one whom you would want to see again even after seeing Him a hundred times

If all people desire to live with our Heavenly Parent the world will soon be unified. Our goal is to go towards that place, but this will not be realized all at once. First, the individual foundation must be established, then the family foundation must be laid, and then this has to expand to a people, nation, and world

True Love turns hope into knowing in a collective reality that is often seen as hopeless or seemingly impossible to overcome. When you know something is possible you empower this to manifest with your very being

When we know that you are loved and love others we will see how the world responds to our light. On such a foundation we can watch how our peace and strength is sought out by others and how the Love we share is the Love we receive in return

As the world is rapidly changing and there is once again a seeming increase in confusion, tension, polarity and fear, we can send a different message to each and every one of the people whom we can reach in our immediate surrounding or far away as we connect with them through the internet or other means

Let us help each other to recall and become deeply aware of the potential to love unconditionally while appreciating each other's efforts deeply. We do have a timeless and simple message to share: True Love is indeed possible

True Love transcends the law. May we live based on this insight and focus on developing a loving Heart in the awareness that the sum of our life is the sum of the hours in which we loved

Light and Water 39

What is the Kingdom of Heaven? It is the place where you can love the people of the world as you love your family, and such people are the people of the heavenly kingdom

What do the four generations of your grandfather and grandmother, your mother and father, your wife, brothers and sisters, and your children make up? They make up a family, which is like a textbook to help you experience the True Love of the universe as a person of the Heavenly Kingdom

God's Love manifests itself in the things of creation. Where does parental Love appear? It appears in children. Also where there's a husband, the wife's Love appears. Just as we can see the parents' Love by looking at their children, or see the wife's Love by looking at the state of her husband's clothes, we can see God's Love by looking at the things that have been created in this world

God's Love appears in an orderly fashion. First is parental Love, and next come conjugal Love, children's Love, and the Love of brothers and sisters. If we only have Love, we can be friends with God and have Him/Her as our Heavenly Parent

We must deeply experience vertical and horizontal Love while on the journey. After creating a family based on the Love of true parents, true husband and wife, true brothers and sisters, and true sons and daughters, we should expand this horizontally throughout all families, in all directions

Once establishing the model of the true family that joins both the vertical and horizontal, we must expand this to the tribe, nation and world. This world of True Love, which connects to God, we may call the Kingdom of Heaven

The Kingdom of Heaven is the place we enter after living in oneness with God's True Love, on this earth. Since God is the original substance of True Love, when we are connected to True Love, we all become one

The parents represent God as a living God in their own right. A husband and a wife each represent one aspect of God's divided nature, and the sons and daughters are additional little Gods. The family organization built by the three generations through True Love is the foundation for the Kingdom of Heaven

Since the perfection of the universe is based on the perfection of the family, if you Love in the universe just as you love in the family, you will be able to travel freely. In this case, God stands at the centre of all Love as the parents of the entire universe

The basis for an original, God-centered family includes all the Love of men, women, sons, daughters, parents and God. If you love your parents, your husband, and your sons and daughters in such a place of unity, it will be like living in the heavenly kingdom

Where does the heavenly kingdom start? It starts in the family. It does not unfold from somewhere else. The heavenly kingdom is just a three-dimensional expansion of the family. It is not something that is outside of the family

Therefore, when you embrace your wife or husband, you should think that you are a man and a woman becoming one on behalf of the world. The family is the place where you substantiate your Love for humankind through action

A true family is one exemplifying such sacrificial Love between grandparents and grandchildren, parents and children, among siblings, and between spouses. This is the natural way of life which secures the greatest possible happiness for all members of a family

Our Heavenly Parent is the great King/Queen of truth, goodness, trueness, and Love. He/She has grown because of Love, an absolute Love wherein God is the subject partner of Love and human beings are in the position of object partners

God created heaven and earth, not just to see human beings, but for the sake of Love. God cannot possess Love by Him/Herself, nor can He feel it on His own. Certainly, our Heavenly Parent contains Love, but He/She cannot experience the kind of Love that overflows with the joy of being in perfect harmony all by Him/Herself

Our Heavenly Parent is absolutely dedicated to the ideal of True Love. Why are both men and women willing to sacrifice their lives for True Love? The reason is that Love precedes life and only through the experience of True Love does life become truly worth living

True Love cannot exist without God's involvement. Without God, not even the words man, woman, family, truth and Love can be called true. All of these are possible only due to God's involvement. He is the great King of truth, goodness, and Love. For this reason, nothing good exists anywhere if God is not involved

How, then, can we distinguish between True Love and false Love? Egoistic Love connects us to evil, and altruistic Love connects us to God and the laws of the universe. That is where the dividing line lies. God's Love gives, gives, and gives again, and then forgets that it has given. This is True Love

True Love begins with the willingness to invest even our own lives over and over, giving and giving again, but forgetting that we have given. As it ascends, it can penetrate and enter anything it pleases, a strong mind, heaven and earth, the world of life, and even the world of death. There is nowhere that True Love cannot go

True Love is God's Love. When you go to the spirit world, you will be able to sense the colours and flavours of True Love there. The spirit world is that kind of world. Once we embody True Love, it will be possible to relate to any situation with the right kind of Heart

Let us be the ones whose Hearts are filled with compassion, courage and vision to make this a better world for all of us. We can do it and nothing will stop us once we made the decision deep in our soul and follow the guidance of our original mind which is rooted in the Heart of our Heavenly Parent

Light and Water 40

We need light in order to see clearly what enables us to move freely without hurting ourselves. Equally on inner levels we absolutely need the light of truth in order to experience inner freedom

The goal is to be able to love with a Heart of True Love. In order for Love to flow freely it must be pure Love. Just as we need clean water for our physical health we absolutely need purest Love in order to enjoy profound joy and happiness which arrives when such a Love flows among us

History has been a course of gaining deeper insights both on outer and inner level and now we have finally arrived at the destination where we can see the light in every respect because we have the answers to all core questions of life

It is when we look at all things from the standpoint of True Love that the right answers will arise in our Hearts and lighten up our way. This is a personal process through which every human being has to go in his or her individual course of reaching perfection in one's ability to love

In order to reach the goal of completion many barrier need to be overcome, hard shells around our Hearts be removed, and motivations and desires purified so that only beautiful realities remain in our life, enabling us to live with a crystal clear conscience

This website is intended to offer help on this course of personal purification through presenting core truths from many different angles in order to provide a wide base as resource from where to draw inspiration on the challenging path of complete cleansing of the soul

The issue is not intellectual explanations because every person knows already deep in his or her Heart what is right and wrong but how to find the strength to follow this course of step by step purifying each layer of the many aspects which are connected to our inner core

In essence it is a course of moving from being more or less centered on oneself to being totally dedicated to the happiness of other people. Such a path can only be gone successfully based on a clear understanding of what True Love means and why it is so centrally important for our lives

Just as we grow in our physical body to maturity we are supposed to equally grow to perfection on the level of our Heart and inner personality during the first 21 or so years of our life. When we succeed in this fundamental task centered on God's Love we will never ever leave the realm of goodness any more

And this state is what each and every human being needs to reach – complete oneness in Heart with our Creator. There does not exist any alternative path because we are created out of Love and destined to return to Love, our Loving Creator

As long we keep some self-centeredness we will not be free to love unconditionally and accordingly we will not experience the joy and satisfaction we are longing for deep in our soul. For this reason the elimination of any kind of egoism must be the primary goal of every sincere person who strived for true fulfilment in life

Because wrong concepts and attitudes are so deeply entrenched in people's Heart much effort is needed in order to erase them and substitute wrong behaviour with the right way of life. Religions have the task of helping people to reach this goal which can only be achieved if one focuses on it wholeheartedly

Religious and spiritual teachings have been supporting people of faith and those who search sincerely but the ultimate answers have not been available in the past and therefore the ideal could not be achieved. Now, the situation is different because deeper insights in both the world of science and religion are available today than ever before

Who united wholeheartedly with the newly established foundation? Those who are ready to go beyond any kind of self-centered thinking and are ready to take responsibility on a higher level. This is the only way to become one with the newly established realm of True Love on the cosmic level

The doors are now open for all people to live in the realm of God's direct dominion of Love where ones in Heart is achieved between our Heavenly Parent and us as His/Her children. But only those who purify their soul completely can enter this precious realm

This means the issue is not one of faith or belief in religion or science but only a question of honesty in dealing with those realms which could not be unresolved in the past

The core of the problem is not on the level of the intellect because there are no reasonable arguments against God's existence possible any more. What need to be resolved are issues of the Heart, people's refusal to take complete responsibility for their own internal situation

To do so is a personal decision which requires the humbleness to recognize what is not right in one's Heart and the readiness to change patterns of behaviour which are hurtful for others – of which many people are unfortunately not aware of – a fundamental transformation

Ultimately it is a change in the Hearts of people from being centered on themselves to being focused on bringing joy to others by sharing their Love with them. This is what is needed most of all in the Hearts of every person in order to realize God's ideal of True Love

Everything is prepared for the historic transformation from a sad and suffering world where people live for themselves to a new Heaven and new earth where all painful tears will be wiped away and a glorious realm of joyful relationships be established among all humankind

As for the moment, we still are in a situation to share the tearful Heart of our Heavenly Parent and to shed tears of repentance to purify our soul but as we take full responsibility for our growth in the realm of Heart we will definitely arrive at our destination, a world of True Love