

## Sacred Geometry 1

The word sacred in the term Sacred Geometry does not refer to a religious term but to the word 'whole' when used to mean uninjured, sound, healthy, entire, complete, and further to refer to health, happiness and wholeness

Sacred Geometry strives to provide a holistic view which is all-inclusive and a science that is confirmed through the discoveries of physics, including quantum physics

There are two basic ways of seeing the world. That things develop from below, from lower to higher forms of consciousness, or that the origin lies above, in the realm of ideas and information that is expressed in our reality. The latter needs to be looked into more deeply

Sacred geometry has been referred to as the architecture of the universe and even the fingerprint of God. It is found throughout the natural world, it is indeed all around us if we have the eyes to see it

Sacred geometry is one of the only subjects which appeals to both the desire of the left brain for logical, sequential objective data and the right brain's desire for random, intuitive and subjective data, the study of the whole

Based on the insights gained on intuitive and scientific levels we can now understand logically how nature created its very first pattern, whereby one may of course substitute the word nature with God or spirit or whatever you may prefer to use in order to refer to the Ultimate Origin of the universe

True Love represents the strongest force in the universe. Therefore it is obvious that Heart, from where the highest precious energy originates, stands at the very beginning of creation

Heart, which desires to give Love and to manifest truth, beauty and goodness, existed prior to creation and is the driving force and inner root cause behind the universe where we find the same fundamental structures on all levels from the microcosm to the macrocosm

Before the visible creation came into being there was no dimension, no space and also no time but the invisible reality of the Heart and the desire to express Love in concrete substantial forms

Sacred geometry is the blueprint of creation and the genesis of all forms. It is an ancient science that explores the energy patterns that create and unify all things and it reveals the precise way that energy is and how creation organizes itself

On every scale, every natural pattern of growth or movement form geometric forms and shapes. If we open our Heart and mind to conscious we will see like never before the wonderful patterns and beauty of creation

Sacred geometry is the study of geometric forms and the metaphorical relationships that transitions in mind, emotion and spirit

The transition of the human spirit can be seen through the transition from one geometric form to another through its own evolvement, moving into higher and higher patterns. This is the way of the Heart which grows from one level to the next

Sacred geometrical forms are not stagnant. They are in constant flux, evolving from one geometric form into another at their own speed or vibratory frequency

Through the study of geometric forms we can attune ourselves into certain vibration resonate with that frequency of the sacred geometry because of insights into our own body systems

We may experience that certain sacred geometrical forms call out to us from an indefinable place within our own being. We are resonating with that geometry as it brings balance and uplifting emotions when we harmonize with it

From ancient times throughout history the experience of sacred geometry served as education for the soul based on gaining deeper insights into the sacred forms and structures found in nature

Some people spend a lifetime contemplating on the sacred geometry like meditating with mandalas what is surely helpful in deepening one's appreciation of the beauty of nature and the inner aspects of the universe

Sacred geometry takes on a whole new level of meaning when we experience in a personal way with the help of mandalas which are used in various spiritual traditions as a teaching tool, for focusing attention, as an aid to meditation and for establishing a peaceful space

In common use, mandala has become a generic term for any plan, chart or geometric pattern that represents the cosmos metaphysically or symbolically, a microcosm of the universe from the human perspective

Sacred geometry can help us to grow to new levels of self-awareness as well as becoming more deeply conscious of our interconnectedness as human being who share a common home

## Sacred Geometry 2

When we reflect about how consciousness is manifested, we can realize that in order to put an idea into visible form by drawing a picture we may begin with one point and make a circle, creating a space as basic pattern

Before doing so we have an empty white sheet where to we project our ideas. This understanding is expressed in ancient spiritual traditions, e.g. in the books where it says that at the beginning the earth was without form, a void, with the Spirit of God moving upon the face of the waters

Spirit refers to consciousness that wanted to experience a realm of Love just as we all are looking more than anything for True Love because we are made in the image of our Creator

Heaven and earth, all things existing in the universe, are created based on very fundamental structures which are repeated on all levels of existence with slight variations that have led to the great variety we enjoy in nature

Everywhere in the whole universe, from the microcosm to the macrocosm the very same structures are found because everything exists as an expression of consciousness that is based on Heart in order to manifest True Love

Nature is perceived by man as beautiful because we share the very same origin and fundamental structure as all the other forms that we find in our surroundings, wherever we may go, wherever we may look, up to the sky or down into the depths of our soul as we reflect about the relationships which we treasure

How do our ideas come into the world? We can draw them and write about our thoughts or we can speak about them. When we look at the form of the mouth as we talk we can see that the lips have basically an oval form or with another name you can say that they form the shape of an almond or mandala, an expression that refers to a circle or a square with a centre, in this case represented by the tongue

As we look at the appearance of our whole body we can find many vertical and horizontal geometrical forms which are harmoniously united together in order to create symmetry as well as variety

While ideas are expressed through our mouth as we speak, human life is born through the mouth of the uterus which is also formed like an ellipse, in this case in a vertical position bringing forth life that is destined to last for eternity

The most basic geometric forms, the line and the circle, represent the male and the female principle or straight and curved characteristics

After creating one point and a circle we can repeat this process on the upper end of the circle as central point in order to expand our consciousness. When we do this then we will see that the area that is shared by both circles has the form of an eye with four relevant points

If these four points are connected then we receive a horizontal and a vertical axis, representing light which has an electric and a magnetic component

In the scriptures we can read that at the beginning of creation there was darkness and on the first day light was created. This ancient wisdom expresses what we find confirmed when studying the basic elements where a vertical and horizontal axis and a circle represent light with the circle forming a wave when it is portrayed horizontally

What was written in sacred scriptures thousands of years ago is also confirmed by modern science that has come to the point of realizing that light is the most fundamental element which can be used to convey information as it is e.g. explained in the video: <http://www.youtube.com/watch?v=VsQWfitopxk>

Science and religion meet through this essential miraculous element, the light, whereby a religious person may say, 'I saw the light,' filled with some insights while modern science is illuminated by the fact that light is the most ideal form to convey information which will perfect internet communication to take place in the future

When we look at the two overlapping circles we can see that the intersection has the form of an eye which was created in order to see light. In this way we may realize that even at the very fundamental level of two circles both the light and the organ to see it are represented in their basic components

By connecting the four relevant points of the intersection of two circles, commonly known as Vesica pisces, we get two triangles into which two more triangles fit, giving the physical representation of an eye as we find it in many kinds of animals in a big variety of forms

Even when one looks at the eyes of insects under the microscope it is very obvious that their hexagonal structure is perfectly fit to come into resonance with the structure of light

At the same time we find the proper structure in the plants that receive light, as in the example of the way leaves grow in order to absorb as much light as possible

The understanding that man is the standard for the things existing in the universe came about because the structures found in his body are also present in nature in very harmonious forms

Base on this understanding we need to be aware of the mirroring that exists on all levels as we all consist of the same fundamental structures that permeate our universe and which enable us to connect beyond consciousness in heartfelt relationships where True Love is shared

Sacred geometry, meditation with mandalas, has helped countless people to find deep inner peace and in many cases also a relationship with our Creator

Sacred geometry represents one way of coming to a deeper understanding of my own nature and the characteristics of our Ultimate Origin

How do you feel when you reflect about the word sacred? For example: Am I convinced that life is sacred? If I am certain that this is the case then I will realize that I am a holy person

How do I treat myself? Am I aware of my dignity as sacred person created by God Almighty in order to be the creator of my destiny?

At the time of our birth on earth we see the light of day after having left our mother's womb. This is the day of our physical birth. But in order to be truly alive we need to go as well through a spiritual birth of finding the inner light of God's existence

This is only possible if we are ready to leave wrong concepts behind and open our Hearts completely to our Creator. Only then will we come to realize that our Ultimate Origin is not some abstract energy but our Heavenly Parent who loves me ever so dearly in a very special way

The starting point of physical life is conception, the moment of the union of the female egg with the male sperm as we all know. But what many people have not become aware of is the fact that we also need to be born spiritually into the awareness of living in God's presence

Just as the birth of a baby is preceded by the time in the womb our inner birth to experience a living relationship to our Heavenly Father and Mother, our Eternal Parent, can only be achieved if we go through a period of preparation and inner growth

We can understand this point when we think of Love. Only on the foundation of experiencing True Love will we know its value. We need to feel what it is like to be unconditionally loved in order to be certain that such a Love without any conditions exists

Similarly we will only come to the conviction of God's existence when we first open our mind to realize the fact that our universe was created and next open our Heart to feel the presence of our Eternal Parent in our innermost Heart and mind

Just as we cannot feel Love deeply even though there may be much Love available for us if our spirit is confused, if we are full of struggles, it is decisive to become quiet and still inside in order to become sensitive to recognize God's presence within us.

If we ask our Heart most sincerely and listen to the answer from the depth of our soul we will come to realize that God is not a theory, a concept, something or someone who may or may not exist, but an absolute Reality who is with us every moment of our life

God is not just energy or some consciousness but very personal, capable of feeling and experiencing what I am enjoying or suffering because He/She is my beloved Parent who cannot stop loving me unconditionally

The only problem why you may not yet experience God's presence lies in your Heart not yet being open or in the fact that wrong concepts hinder you to connect with God intimately, maybe because you do not really believe that this is possible

If we are ready to do the honest work of dealing most sincerely with the issues which we could not resolve yet, we open the door for Heaven to come down and to help us in our search for true peace and complete balance as foundation to have deeply fulfilling experiences where True Love can reach our innermost soul

It is a gradual process from inner darkness to light based on our removing all obstacles which are hindering us to be one with our Creator based on a continuous communication from Heart to Heart

Every person needs to cultivate his inner life in order to feel the joy and uplifting fulfilment we are meant to experience based on being able to love ourselves and others on profound levels where strong bonds of Heart are established

The basis for any kind of further development is to recognize oneself, to know where I stand and what is needed in order to reach a new level. In order to know myself I have to be totally honest and face what kind of emotions are in me and how I deal with them

This is a deeply personal task which nobody can do for ourselves. It requires absolute sincerity as it may be found in the Hearts of children. For this reason Jesus said: *'Truly I tell you, unless you change and become like little children, you will never enter the kingdom of heaven.'*

On occasion of the Sermon on the Mount Jesus said: *'Blessed are the pure in Heart for they shall see God.'* Total sincerity and purity are an absolute prerequisite to finding an intimate relationship with our Heavenly Parent where we can meet with our Creator on a daily basis

Let us therefore take the time to have a close look into our own soul and at the beauty of nature in order to find God's Presence in and around us as this is the most important primary task we are to achieve in life

#### Sacred Geometry 4

In order to gain deeper insights into the realm of Heart it is essential to have a close look at and examine the elements and structures we find in the cosmos into which we have been born

If we try to describe the origin of the same one reality which we all experience we can say that in the beginning there was the void and within this infinite void was the spirit of God or the first Causal Being

The 'sphere of void-ness' was infinite before creation because distance had not been defined yet. The very first structure reaching out in three directions was not material yet in any form but existed as pure consciousness

In order to complete this process of creating space some boundaries needed to be defined. To define a boundary every point needs to be connected to the end of every other point. The natural creation from a single point to extremely complex structures may be understood based on studying sacred geometry

At the beginning of visible existence stands the creation of the three dimensions by projecting a beam of consciousness from a single point in all six directions: front back, left, right, up and down in equal measure

Because sacred geometry is the root architecture of the universe, it is also the root architecture of our minds. This realization leads us to the collective human mind, a mind which transcends all individual human differences and unifies us all.

At the creation of each new sphere more and more patterns or information become available such as in the form of the vesica piscis. The vesica piscis image is a symbol of our unified Father/Mother God as the two major aspects of the supreme Creator with the cosmic womb of creation, the vesica piscis, in the centre

The vesica piscis is a portal of light. It is the womb of creation and the source of unity consciousness. From such a perspective it is very clear that Heart and True Love are the very centre and root cause of our existence in line with the desire of our Ultimate Origin

When we add a third circle and add to the female energy of the circle the male energy of the line we get for example an equilateral triangle. By adding another triangle inside we get four equilateral triangles which together form a Tetrahedron

After the two original intersecting circles or spheres are established, the third sphere is created by following the rule of always moving to the innermost circle points before projecting another sphere. This results in a process of perfecting what is known as the flower of life

The flower of life is completed by adding one circle after another, what results in a new figure with six circles, representing the six stages of creation that began with light followed by separating the waters above and below, heaven and earth, preparing the home for our life on this planet in the eternal realm of True Love

From these observations it is clear that all structures which we find from the microscopic to the cosmic level have their root in very simple basic forms and represent an extension of the original pattern that was established at the beginning of the existence of our universe

Because all creation originates in one core information similar patterns can be seen on all the various levels of existence, most obviously in the life of a human being that begins in the form of a globe, the round egg

In the egg cell we find the interesting development that before the two centrioles separate the chromosomes into two pairs of 23 chromosomes, the 46 chromosomes first arrange themselves in the form of the so-called mother star with the help of the strings produced by the centrioles, forming a structure which can be found e.g. in fruits

When we look at nature with open attentive eyes we can find many examples of similar patterns being repeated in a rich variety of forms because all of creation has the same fundamental principle as its foundation

It is absolutely clear that a conscious Creator stands at the beginning point of this universe which started in a very natural way of basic principles and patterns being repeated and expanded on ever new levels

Simple life forms exist in their very first stages as it is shown in this drawing where the first form shows an invagination, a simple structure that may develop into a mouth while in the human egg we find a special vertical arrangement

At the top of this fertilized egg we can see the part which will become the placenta, below in a vertical line the umbilical cord and in a 90 degree angle to it in a horizontal position the germinal disk from which the new human life develops

In the egg of chicken we find the chalaza which has the same structure as what we see in nature in the form of a storm. At the centre of the storm we find a hole as central point of the energy flow, similarly to the navel which as the place where energy from the mother was flowing into the body of the foetus during its growth in the mother's womb

At the time of birth when the umbilical cord is cut and the baby starts to breath the axis of receiving energy is changed from the horizontal axis through the navel to the vertical line of receiving energy from above in the form of Love and from below through the fruits of the field that serve as our nourishment

By observing these basic structures of nature we can gain insights and answers concerning fundamental questions of life because as we study sacred geometrical forms we may also perceive the inner content connected with them

## Sacred Geometry 5

In nature we find five unique basic shapes, the Platonic solids, with the following characteristics: all faces are of the same size, all edges the same length, only one angle throughout the entire shape, all points touch edge of a sphere perfectly

The faces of the five Platonic solids are congruent, regular polygons, with the same number of faces meeting at each vertex

The names of the Platonic solids are: Tetrahedron (four faces), Cube or Hexahedron (six faces), Octahedron (eight faces), Dodecahedron (twelve faces), Icosahedron (twenty faces)

The aesthetic beauty and symmetry of the Platonic solids have made them a favourite subject of geometers for thousands of years. What makes these shapes so special is that the faces, edges and angles are all congruent and that each one can fit perfectly inside a sphere with all the corners touching

There are no other shapes in existence which satisfy these conditions and that is what makes these shapes so special. They are the building blocks of the universe which create the qualities of the informational system and core inner structure

The Dodecahedron, for example, with its twelve faces refers to fundamental structures centered on the number twelve like two times 12 hours of a day, the 12 months of a year, the 12 signs of the zodiac and the 12 Chinese signs of the zodiac

The five Platonic solids are associated with the five elements: fire, earth, water, air, ether or cosmos, the life energy which extends everywhere and is accessible at any point in creation

The molecules of our DNA, snowflakes, pine cones, flower petals, diamonds and crystals, the branching of a tree, stars, galaxies, the air we breathe and all life forms that we know emerge out of timeless geometric codes and offer us a glimpse into the workings of the universal mind and the universe itself

If we put into a bowl representing the orbit of Saturn a cube and into this form a globe then we get the orbit of Jupiter. If we fit into this glob a tetrahedron and inside another globe we get the orbit of Mars. If a dodecahedron is put into this form we get the orbit of the earth. In other words, the orbit of the planets and their distances are all interconnected in a harmonious way based on the Platonic solids

Many people are familiar with the following drawing by Leonardo da Vinci which shows the harmonious proportions of the body in connection with a square and a circle whereby the diameter of this circle has exactly the length from the bottom of our feet to our fingertips when we lift up one arm vertically above our head

It is incredible but true but if we draw one circle into the square and another circle on top with the diameter in the length of the distance between the top of the head and the end of the hand put up vertically then we get the very same proportion as exists between the size of the earth and the size of the moon

The golden ratio is also called the golden section or golden mean. Other names include divine proportion or divine section and golden proportion or golden cut, the golden number, and mean of Phidias.

In mathematics and the arts, two quantities are in the golden ratio if the ratio of the sum of the quantities to the larger quantity is equal to the ratio of the larger quantity to the smaller one. This figure illustrates the geometric relationship

The Greek letter phi ( $\varphi$ ) represents the golden ratio. Its value is 1.618..., originating in sections that are found in the pentagon. It can also be expressed in the form of an oscillating wave

In the body of a grown up person the navel is located exactly at the golden ratio within the human body. The golden proportion can be found in the structure of the fingers and toes and in the relation of other parts in the body, naturally so as the origin of life goes back to very clear fundamental elements like the circle, square and triangle

When we draw a line from the corner of a square down to the bottom line we get the golden mean or ratio, and when we draw the circle line up in the other direction to the vertical position we get the golden rectangle

If we cut off a square from that golden rectangle we get another smaller golden rectangle and this process may be continued infinitely, forming a golden spiral when the appropriate points are connected and the male aspect of the line is connected with the female characteristic of the circle

This basic structure of the golden spiral can be found in many animals and plants, most visible e.g. in the nautilus snail or in the sunflower as well as in the form the solar systems are arranged

The Fibonacci numbers can be found in nature e.g. in the genealogical tree of bees that have either only one origin in the queen bee as male bees and two if the egg is fertilized and a female bee grows out of the egg

The Fibonacci numbers can be found in the human body for example in the number of teeth with 4 times 5 teeth as infant and 4 times 8 teeth in adults, or in the two and three parts of the left and the right lung

An old saying expresses a fundamental insight: 'God sleeps in the stone, He breathes in the plants, He dreams in the animals and He wakes up in man.'

Accordingly we find crystalline structures in our bones, the plant world in our lymph system, the animal world may be represented by the blood. But most of all we are destined to let our Creator become alive through living for the sake of others, sharing True Love, the very root of our existence

## Sacred Geometry 6

Upon studying the basic forms found in our body it becomes clear that a human being is represented by the number 5 with the basic structure of the body being derived from the pentagon

After seven spheres have been created in a vortex like motion, what we have as a result is known as the seed of life. It is considered to be the pattern that lays the foundation for the creation of matter and the universe itself

It also gives rise to a shape of the tube torus, the only form in existence that can fold upon itself. The tube torus represents the form of a magnetic field which can be observed around a small magnet as well as in the structure of the earth's magnetic field

The tube torus is composed of 7 equal sequences that can be displayed visually using the seven colours of the light spectrum

The Octahedron is made of purely straight lines. In sacred geometry straight lines are considered to be male and curved lines female

By spinning the whole Octahedron in one full rotation around each of the three axis which are central to its creation - it does not matter in what order the axis are chosen, the end result will always be that the parameters of a perfect sphere have been traced

In this way we get a purely female shape. Symbolically speaking, Eve has now been created from Adam who represents the male energy which is considered the generating principle

In many cultures the basic form of the egg of life is known with 8 globes being formed at the beginning of human life when the egg divides one, two and three times

Seed of life most balanced form of eight spheres in direct connection with each other. In nature we find this form in the creation process of every single living organism on this planet with no exception

The number eight can be found in other realms as fundamental basis like in the Octave in music or the periodic table in chemistry where we see that 8 groups of elements exist

The number 8 is also present in the inner structure of the DNA where we find a double helix with various levels of spiral strings consisting of four key elements: carbon, hydrogen, oxygen, and nitrogen. Altogether we find 64 variants that are possible in the DNA

The I Ching, the ancient book of changes shows 64 basic symbols which represent the whole of creation, 8 times 8 potentialities, which are expressed in countless ways, including e.g. our spine which consists of three times 8 bones

Many scientists have been studying the fundamental forms of nature what stands at the basis of Johannes Kepler's well-known book *World Harmonics*

Famous scientists like Johannes Kepler and Isaac Newton are known for their discoveries in the field of mathematics but few people know that they have also been mystics who tried to understand internal aspects based on their view of our Creator

Everything in the universe is geometrical, from the tiniest creatures to the solar system, and can be measured on a geometric scale. When we look at things in detail we can find out that basically everything comes out of patterns which have certain geometrical forms

The book *Energy and Information in Nature* deals with healing as a process that happens in our body and mind which does not come from outside but depend on the right information. Information moves energy and creates the matter we are made of

Why can we enjoy high-tech instruments which make our life comfortable? Because scientists found out that there are basic structures down to the Nano level of the microcosms which can be used to construct computers, mobile phones etc.

Euclid's Elements form one of the most beautiful and influential works of science in the history of humankind. Its beauty lies in its logical development of geometry and other branches of mathematics which have influenced nearly all areas of science

Poets wrote about the sound created by the planets and stars as well as scientist, whereby Pythagoras expressed that he could hear their sounds. This is natural because the universe is harmonious with sounds being expressed even though we may not hear the frequencies

Contemplating these thoughts allows us to gain deep wisdom and as the geometric forms offer a glimpse into the inner workings of the universal mind and the universe itself

It is indeed worth the efforts to have a closer look at the forms expressed in nature because they always correspond to fundamental principles and structures which are studied through in sacred geometry

## Sacred Geometry 7

The Weber–Fechner law states that the just-noticeable difference between two stimuli is proportional to the magnitude of the stimuli, describing the relationship between the physical magnitudes of stimuli and the perceived intensity of the stimuli

Fechner-Weber's law states that subjective sensation is proportional to the logarithm of the stimulus intensity. It is applicable to all of our five senses referring to intensity and spectrum of the stimuli that is perceived

The ear, with the cochlea in the form of a golden spiral has the remarkable ability to handle an enormous range of sound levels. In order to express levels of sound meaningfully in numbers that are more manageable, a logarithmic scale is used, rather than a linear one

Our senses are logarithmic because the world is built on the basis of logarithm. They correspond to each other as they have one common root

The principle of logarithm applies not only here on earth. If you put the distances of the different planets to the sun on a logarithmic scale then we get the following curve starting with the planets that are closest to the sun

Alone this simple fact of the 'precise' logarithmic curve of a hyperbole showing to the actual distances of the planets from Mercury until Pluto from the sun may be proof enough that the universe follows a very clear principle which is manifested on all levels of existence

If you calibrate this hyperbole you get another geometrical form, a straight line. When we compare the distance between the sun and the earth with the length of the human body then we can see that proportionally Mercury is in the position where the navel is situated

Mathematics speaks of the fractal nature of the universe, the same structures are repeated on many levels. Fractal geometry is a new way of looking at the world; we have been surrounded by natural patterns, unsuspected but easily recognized if we make efforts to find them in the objects we see or deal with

The ideas in the fractals, both as a body of knowledge and as a metaphor, are an incredibly important way of looking at the world. Logarithmic invariance is found everywhere in nature, with the structure of the nautilus snail being a famous example

Science has realized that signals can be conveyed using the fractal nature of things. In this way it has become clear that communication between cells on an electromagnetic level exists, a fact that had been rejected by science in the past.

Global scaling, is today seen as the basic of a new scientific view of our everyday life and the whole universe is explained e.g. in the book with the title *'Understanding the universe through global scaling by seeing the world with new eyes'*

Themes addressed in this book include: Vibrations define our life, Concerning the particles that make up our bodies and the whole of space, Natural oscillations (frequencies), Are the particles intelligent? What do they know? How is order created in the universe? Why harmony is effective, Information is vibration

The name Scaling refers to logarithmic scale invariance, the basic characteristic of independent (fractal) structures. The reason for the existence of logarithmic scale invariance and independent structures lies clearly in the fact that every self-oscillation creates logarithmic fractal structures

Global Scaling shows the distribution of all matter on the lowest energy level of its natural oscillations, where harmony exists. It shows the fractal structure and the fractal evolution of the universe in space and time

The basis for this natural phenomenon is a standing vacuum or matter compression wave that causes the universe to vibrate on all scales in a synchronic self-oscillation. The standing vacuum or matter compression wave forms an ultra-weak cosmic background field, the morphogenetic field

The global wave influences how all processes develop by strengthening the vibrations of certain frequencies through resonance while suppressing others. Therefore each process has an inner rhythm in resonance to the wave

Elementary particles and atoms are energetically stimulated conditions (fluctuations) on the micro level, stars and galaxies on the macro level, while protons are super stable at the exact centre of singularity. The proton resonance spectrum is fractal. Understanding the original or causal oscillation can explain phenomena that traditional physics cannot explain like the rings around Saturn

The process of self-oscillation consists of a threefold structure that is subdivided in three parts which are also based on a threefold structure. Parallel to it we find an asynchronous or phase-shifted wave

Resonance between protons is the main cause for the phenomenon of Global Scaling  
Protons consist of 1836 times more matter than electrons, leading to the fact that 99.995 percent of each atom consists of nucleons (protons)

Linear thinking of the past cannot explain many phenomena because in reality everything exists in logarithmic structures. These structures cannot easily be controlled by physics and mathematics, therefore linear reasoning is preferred but this way many scientific questions remain unanswered

## Sacred Geometry 8

Because of the great importance of our Heart at the centre of our personality it is decisive that we are aware that not only our thoughts, our emotions, and our feelings are vibrations but also the sound of our voice, creates certain patterns

Just as we find vibration everywhere in the universe it is also true that everything is sound which causes particles to resonate in tune with the vibrations of the sound

It is sound that turns energy into matter, into form. All things that we see are manifestations of sound vibrations. Every organ in our body resonates with a certain frequency

Our thoughts and emotions like stress and the vibrations caused by them disharmonize (de-harmonize) the vibrational state of the various parts of our body, leading to their not functioning any more properly. We are thinking ourselves into illness because we are affecting the vibrational state of the body

Every time you think and feel you are resonating a frequency which is making the energy around you resonate to the same frequency. What you give out is what you create

We need to be aware that as we are harbouring a certain feeling or emotion we are actually holding a vibratory pattern in the liquid crystals of our bodies which inevitably affects our health and wellbeing

Scientific research has shown that sound turns energy into patterns which form matter from the micro to the macrocosms. The galaxies are formed and continue their structure they are in through sound

If the sound changes, the matter changes, the energy changes. Sound takes random particles and turns it into astonishing form

When we think and feel, we are creating sound. When we think we send out a sound which lies outside of the frequency of human hearing. The energy around us resonates to that sound

The Heart beats at a certain resonance. Interacting frequencies are making a beat. While the frequency of the Heart is at the right level it beats in the normal number of beats in a minute

But when we become stressed we affect that frequency and the heartbeat becomes faster

Everything is sound, even the human heartbeat. Interacting frequencies make it happen

With sound passing through particles they form certain images what is manifested in the forming of planets

The earth has a certain frequency, called the Schumann resonances. When the frequency changes the planet will change its form

The human body is formed through sound resonating energy. Its physical form is held as long as that sound matrix is held. But once that sound changes, the physical body changes

How sound creates form can be seen vividly in scientific experiments

Sound understood as a force of creation is a theme found in the traditions of many cultures. In the Judeo Christian tradition the word of God summons form from the void

In Hindu culture the entire way and course of the world is imagined in the dancing form of Lord Shiva as a symbolic synthesis of the most important aspects of Hinduism, and the summary of the central tenets of this Vedic religion, with the vibrations of his drums stirring the primordial ocean of creation

The very structure of sound as a wave form, a succession of opposite states brings to mind the rhythms of life in the universe as expressed in inhalation and exhalation, expansion and contraction, and the Oriental concept of Yin and Yang

Sound has the ability to perfect physical structure. Water as a fluid substance is especially responsive to sound.

When we consider that on average, an adult human body is 72 percent water, we may see clearly the importance of relating to each other with loving words, with a beautiful sound pattern expressed in kind words for one another

May the sound of Love ring in our Hearts and resound from there out into the world

## Sacred Geometry 9

In order to develop one's ability to Love both experiences of loving relationships and proper education of the Heart are necessary

Classical education in all cultures of the world was concerned primarily with cultivating virtue. Education was about cultivating the soul, developing a civilized character and forming good citizens. However, in today's schooling the focus is on technical knowledge and the skills needed for the complex modern workplace

Character and values get short shrift. This fact has serious consequences which find their expression in the many social problems we find in developed countries despite a certain standard of material wealth. The warning, *'To educate a man in mind and not in morals is to educate a menace to society,'* is unfortunately not taken to Heart

Taking the lack of education in the field of ethics seriously us back to consider education's primary ends whereby we can distinguish three levels: first, education of Heart cultivates the emotional basis for unselfish Love; second, education of norm deals with the morality of good relationships; third, academic and technical education follow on these two foundations

Much of the first two levels of education, of Heart and norm, is done at home as the responsibility of parents. Yet schools can also play a part, particularly by providing character education and marriage education. Therefore improvements on both levels are needed

Given that deficiencies in character and marital problems can detract from performance in the workplace, educating for these ends need not be seen as in contradiction to the career orientation of modern schooling

Putting emphasis on the education of Heart is beneficial for all other areas of education and performance in life because inner harmony is the basis to be fully concentrated and motivated to fulfill one's tasks and responsibilities well

The primary purpose of education is to cultivate virtue. If this premise is fulfilled beautiful fruits can be harvested: happy children, inspired youth with high ideals and responsible citizens are a direct result of value-oriented education that puts the education of Heart at the very centre

Moral education teaches the norm that people should place the public good ahead of self-interest. It provides knowledge which is the food of the soul and guides young people in skill of how to deal with challenges in relationships

All people live with a desire for goodness. Therefore education should teach especially those who grow up and live in a religious environment: *'Before you love God, you must love human beings because God as our Parent is primarily concerned about the wellbeing of all people.'*

Besides the fundamental understanding that we are born for the sake of others, not for ourselves, and the attitude to Love. The ideal of living for all humankind needs to be promoted as it is expressed in the motto, *'Love people and live for their sake.'*

To become a good person, someone capable of practicing goodness throughout a lifetime, education is indispensable. The path to goodness is not easy in this world of self-centeredness and therefore it is all the more decisive to invest into the Heart to raise people whose morals will not be corrupted

There is a lack of education in many centrally important areas, e.g. concerning the issues that typically arise after marriage. The schools disregard questions of how to build happy marriages or how to properly educate children. Instead, they focus on teaching science and mathematics. This is certainly an aberration which has to be urgently corrected

We must create appropriate children's educational materials about keeping purity before marriage because losing one's innocence is in fact such a horrible experience for the soul that longs for pure and clean relationships with no trace of a shadow of a bad conscience

Also in the areas of creating educational materials on how to make good fraternal and peer relationships, educational materials on marriage and on parenting, and educational materials on developing ideal families, extended families and clans there is still a lack of really appropriate materials to guide our youth in the right direction

The family is the school of Love; it is the most important school in life. Within the family, children cultivate the depth and breadth of their Heart to Love others. It is education of Love and emotion that only parents can provide, and it becomes the foundation stone to form the children's character

When we take this fact to Heart we will realize how crucial loving families are for the development of a person's character and Heart which longs for deep experiences of Love from the early stages of life

The family is also the school teaching virtues, norms and manners. It is the way of Heaven that people receive academic education, physical education and technical education on the foundation of this primary education of Heart and norm

Children surely need to be educated about Love. They do not necessarily need their parents to educate them in knowledge, but their parents are essential to educate them about Love. Therefore it is essential that men and women are not only qualified to become a good father a mother externally but most of all on the level of Heart

Parents should teach by example how two people can become one with each other. Hence, the mother and father should truly be an example in the practice of True Love; the father should be pleasing to the mother and the mother pleasing to the father. They should like each other and be parents whom the children love dearly

Most of all, every human being needs to receive an education about Love in the presence of God - centring on the unconditional all-embracing Love of our Heavenly Parent. This education is fundamentally important for every human being in order to learn to become the embodiment of True Love

## Sacred Geometry 10

It is natural that our Creator would like to teach us about True Love. This is the most important education we can ever receive in life

Most people can somehow understand how orphans feel who grow up without parents. But how many are aware that we grow up and live as orphans when we do not connect with our Heavenly Father/Mother?

Our Eternal Parent surely longs to educate us as His/Her beloved children about Love so that we may grow in Heart and fully actualize the values which bring us lasting peace and happiness

The search for knowledge is incumbent upon everyone. Education and diligent study elevates and ennoble the human person whereby we may consider four aspects. First, the search for truth is a natural human responsibility, and the search takes us back to the Source of the universe from whence comes all truth

Second, an important aspect of learning is to examine oneself. This includes recognizing the extent of our ignorance - how little we know especially when it comes to inner realm of how our spirit and mind, especially our Heart, the centre of our personality

Third, knowledge is not handed to us, but requires us to comprehend a topic and make it our own. Therefore the student makes thorough efforts to understand the matter from all angles

Fourth, the search should be broad, embracing all religions and cultures, including all the sciences. Such an attitude to not to exclude any realm is essential in order to gain a comprehensive understanding of life where the internal core questions are well answered

To reach the goal of philosophy, to know the ultimate truth, it is necessary to posit a transcendent or absolute Being. Apart from the Absolute Being, one cannot understand the origin of existence or its

meaning. Therefore, when facing serious difficulties, people have sought solutions through making a relationship with the Absolute Being and the truth of that Being

The truth is one, and it is the principle established at the beginning of creation that rules both the natural world and the human world. In nature this principle is the root and source of all things of the universe

For human beings this principle is the absolute value of True Love, which guides us to complete our personalities through harmonizing our spirituality and physicality and to realize truth, goodness, and beauty

The claims of theism, humanism, and materialism are in irreconcilable conflict because each one of them is an incomplete and one-sided expression of the one principle of absolute values. In order to fundamentally solve various human problems of the modern world, we should find this one principle, the absolute value - which can cope with the whole, beyond any existing ideologies and claims

The search for absolute value leads us ultimately to the fundamental question of God. To accept that God exists is to recognize that there exists a universal principle which operates consistently in nature and the human world. On this foundation, values that appear to be relative can be understood as interrelated with each other when viewed from the viewpoint of the absolute value

The ultimate purpose of religion can be attained only when one first believes it in one's Heart and then puts it into practice. Philosophers, saints and sages set out to pave the way of goodness for the people of their times. Yet so many of their accomplishments have become added spiritual burdens for the people of today

Consider this objectively. Has any philosopher ever arrived at the knowledge that could solve humanity's deepest anguish? Has any sage ever clearly illuminated the path by resolving all the fundamental questions of human life and the universe?

If we are created in such a way that we cannot live apart from God, then surely our ignorance of God consigns us to walk miserable paths. Though we may diligently study Holy Scriptures, can we really say that we know clearly the reality of God?

History has shown that even those who believed in God had to walk a difficult path and often struggled with doubt because the ultimate answers have not been clear for them. But this is not any more true today. Now we can answer all fundamental questions satisfactorily

Thanks to the advancement of science and all the insights that are available, revealed throughout history and especially in recent decades, we have enough light of truth to know clearly about the ideal of creation and how it can be fulfilled

In order to see our innermost desire fulfilled it is not necessary to study all the religious and other spiritual teachings that are available now but the core issue is the purity of our Heart and mind to recognize the timeless truths of this universe and human existence

These core insights are not only very clear but also simple so that any person can understand it, no matter whether he or she has some education in the traditional sense of knowing what is taught in schools and at universities

What is needed is an open Heart and mind to see the most obvious: We are created out of Love to live in a loving world and therefore the most important task in life is to become a loving being who has learned to love himself or herself from the depths of one's Heart

If we strive to do this we will naturally build a relationship to our Ultimate Origin who can help us to gain the needed insights into the realms of Heart and True Love which are necessary in order to live in such a way as to experience deepest joy and fulfilment

Where do we connect to Love? It is at the point where we become absolutely zero, where there is no trace of self. To find perfect Love, there is no place for 'me.' As God's object partner I believe in my Subject absolutely, and God as my Subject partner believes in me as His object partner absolutely

When you unite with your partner in absolute Love, there is no "I." Likewise, when you unite with your partner in absolute faith, there is no "I." This is how two become one. When we follow this way we can achieve heartfelt oneness with our Heavenly Parent as well as our fellow human beings

At the time of creation, God created with absolute faith. When God spoke, He determined according to His Word that created beings would become His object partners. In other words, He spoke based on absolute faith in the realization of His ideal

The objects that God created in His/Her image were for the sake of His absolute Love. Man and woman represent the male and female characteristics of our Heavenly Parent, destined to live in utmost joy by manifesting the ideal of creation

In order to experience the greatest happiness it is necessary to experience the richest realms of Love. This should be naturally achieved by being born into a loving family, being raised by loving parents and becoming a man or woman of True Love who is capable of loving in a completely selfless way

This is the core essence of God's ideal which is realized when heartfelt unity is achieved between brothers and sisters, husband and wife, and parents and children. This ideal of a loving family expands to a loving society and ultimately a world where True Love reigns

Unfortunately this ideal was not realized and therefore humanity has been on a path of searching for the truth through religion and science. This course has finally come to an end with all core answers available in order to build a world of True Love for what humankind has been longing

Even though the full truth has been revealed and is available for all mankind to see and to understand, there remains the human portion of responsibility to look for the answers and to become one with them by putting them into practice by leading a completely truthful life

From this point forward it is not any more the truth which is the issue because the needed answers are all there but only the Heart, whether a person is humble to accept facts and to deal with them or pushes them aside or closes his or her eyes to reality

Now that the existence of a Creator or Designer of the universe cannot be any more reasonably denied the remaining question is: What is my attitude in front of God, Allah, Yahweh, the Ultimate Cause or Reality, etc.?

Those whose Heart is truly open to the beauty of creation will also gladly strive to develop a personal relationship to the designer of the universe who has such a deep sense for harmony and incredible variety of forms and colours...

In religious terms the word prayer is used when people communicate with God or others speak of meditation in order to connect with their innermost reality or whatever terms may be used to refer to the One who made the wonders of creation

Whatever name or method is used, it is fundamentally important to take the time to look inside, to listen to the silent voice of our soul that longs to be united with its Creator in order to hear His/Her voice and to develop a personal relationship with our Heavenly Parent

Prayer lies at the core of the religious life in most religions. Through prayer, we develop a relationship with God, exposing our inner life to Him and receiving His grace and guidance

We learn to trust in God to fulfill our prayers, and to follow His/her advise for what we should do in order to progress in our spiritual growth and how we can best develop our ability to love on deeper levels

Conversely, God can begin to trust us as we declare our intention in prayer to do good, and then strive to fulfill it. Thus, prayer life can develop into a living relationship with God, as substantial as with a friend or indeed, with our own parents

Prayer directs our Heart to God and purifies it, providing a natural defence against temptations and the evil promptings of our fallen self. As we cultivate a taste for prayer, it nourishes our spirit and brightens our entire life

We receive divine energy in our conscience to do what is right, strength of character to endure hardships, and comfort in our Heart as we seek to Love

Prayer should be done constantly, sometimes with vigils far into the night. Prayer should be honest; it is quiet and sincere conversation from the Heart. Prayer should be accompanied by deeds; the prayer of the hypocrite is without effect. Prayer is calling to God and conversing with Him

Whatever you pray about, you have to practice. There is no need to pray for the same thing day after day. It is essential to pray with genuine sincerity and then to seek and long for it with a prayerful Heart even if it takes ten or twenty years to be fulfilled

Prayer is making a wish. By making a wish, you place yourself in an object position to God, the Subject. You set up a subject-object relationship of Love. Having unfulfilled wishes and longings is good, because they motivate us to make this relationship and open the way for true fulfilment

## Sacred Geometry 12

Through prayer you receive strength. Through prayer you are given wisdom to know how situations will develop in the future. You will be taught how to deal with every work. The wisdom gained through prayer can equip you for achieving great tasks

Once you have made that proclamation, then on your own, decide your course and determine to accomplish it. Practice Love; then surely God will listen and encourage you to go forward.

Once you have prayed, as long as you practice what you have prayed about, overcoming obstacles one by one, then our Heavenly Parent will appreciate you as a trustworthy person, as a beloved child who truly responds to His/Her Heart

You can test the power of your prayer. Pray every day for one person (without telling him). Pray tearfully for his well-being, and see what happens. Amazingly, he or she will feel a magnetic attraction to you, feeling drawn to you without knowing why

When you make a request in prayer, it passes through several stages before it is answered. And when it is answered, the answer may come in an unexpected way.

Prayer is needed to purify the mind and spirit. It is necessary training to purify the mind and to focus the Heart on our Heavenly Father/Mother

When we are going the wrong way, prayer guides us to the right direction. Those who pray do not make serious mistakes; they know what to do by listening to their purified Heart and clean conscience

Once you develop the habit of prayer and relish its taste, you will find it tastier than food and more interesting than listening to music or watching a movie. Moreover, you will find that you are better able to distinguish between good and evil and make the correct choices in life

Through a life of prayer, you cultivate the path for uniting mind and body and for connecting with beloved Heavenly Father/Mother, becoming one with Him/Her

It is good to pray when you are in the most profound and heavenly state of mind. Your mind should abide at the centre of your Heart, not near the borderline

When you want to pray about an important matter in your life, first purify yourself. Make sure your environment is free from worldly distractions and your inner state is focused on establishing a Heart to Heart connection

How does one make a true prayer? By overcoming obstacles with patience, Love and sacrifice. People who live this way see their prayers fulfilled. They do not even need to pray, since they are already advancing to fulfill it

The Tao - the spiritual path - begins with prayer. Traditionally, people pray in the mountains. They pray in the mountain fastness, alone and solitary. In such a place you should cultivate yourself

When you pray for public things all day and all night, your prayer becomes a living prayer. Pray often to touch limitless spiritual power. That power should become the main spring of your life and enable you to meet people always with a deeply loving Heart and mind

Indescribable joy comes from a life of prayer. You can enter the state of God's thought at the time of creation. If you pray deeply you will never be lonely

Prayer is like breathing. If you pray a lot, you will become spiritually bright. You will become very sensitive and acquire the ability to discern good and evil. Effective prayer requires sacrifices and special devotions

Prayer supplies the warehouse of the Heart. If you do not have time to pray, pray through the work you do, especially through the act of loving fellow human beings who are all God's temples, longing to live in oneness with their Creator

When you become a person of complete character, your life becomes a prayer, and you will always be focused on loving people in the same as our Heavenly Father/Mother loves them

Your prayers will definitely be realized if they are not for selfish ends but in accordance with God's Will and righteousness

Instead of praying to receive a blessing, pray that you can offer devotion for God's sake. To pray out of a desire to receive a blessing is a selfish prayer. It is better to pray asking God's blessing on the nation and the world

To fulfill the content of our prayers, God does not walk an easy path. He goes through many courses to arrive at the place to meet our requests. When our true Heart corresponds with God's desire, then God will be able to freely support us

### Sacred Geometry 13

Meditation cleanses the mind of all obstruction and opens the door to Ultimate Reality that lies within. This inner liberation must be focused on becoming free in one's Heart to love people on ever deeper levels in very concrete ways

The various techniques of meditation all have in common the restricting of the body and sense stimuli, controlling the mind's wandering thoughts and feelings, and finally attaining a pure state of stillness where the true Self-nature can reveal itself

Silent meditation is often employed as preparation for prayer, as a time of quiet when the mind is calmed and clarified and its spiritual senses heightened before communing with God

The topic of meditation is vast, and one can practice it for a lifetime without getting to the end of it. Some aspects include: quieting one's thoughts, focusing on the breath, developing intense concentration, the discipline of 'mindfulness' of one's body, feelings, and thoughts, visualization of a divine image, preparation to meet people and to connect with their Heart

You can get up early in the morning and meditate. When praying, listen to the sound of your Heart. Think of the origin of your Heart, imagining that the harmony of heaven and earth is flowing through your arteries and veins. Then, your health will improve

We may come to experience the Heart of God, when He rejoiced upon creating all things when we take the time to meditate on Him from morning till evening sunset while sitting in a garden or a mountain meadow, being so immersed in our meditation that we lose track of time

Breathe in deeply, and the air of the universe will come to you with life force. If you enter a state of deep relaxation, all things will harmonize with you

Exhale, and all things receive; inhale, and all things give out. If you reciprocate with the creation centered on Love, all things in the universe will interact with each other. Keep on relating with them and become their centre of harmony

Thus you will become a being who resembles nature in all its beauty, like the universe itself. Once you dwell in that state, you will become a centre of harmony on many levels

What does God breathe? He breathes the air of Love. The atmosphere in which we all are to live eternally is one of Love and care. Man and woman were created as partners of Love, to be trained in Love here on earth and then breathe Love in the spirit world

We need training in the way we think and the way we use our mind. Meditation and prayer are methods for cultivating the mind and by practicing deep Love for other people we are growing our Heart

Zen meditation brings your mind to a level place on the horizontal line. There you lose consciousness of self. Consciousness is formed through resonance; in that horizontal state it can resonate with wavelengths coming from the vertical world

Take two tuning forks and strike one; the other will vibrate with the same frequency. A well-rounded mind makes a good resonating vessel. It has the sensitivity to feel the spiritual vibration coming from the Subject Being

We need to take time to meditate while longing for goodness. When you meditate, open the door of your mind completely and make your mind round. Then, God's original nature and your original nature will resonate together

The individual qualities of your mind (e.g., your spring-like personality) will resonate completely with those same qualities of God, uniting you in a complete relationship with the Subject Being, our Heavenly Father/Mother

There indeed exists a door to the mind of each human being. You can discern it in your prayers and make in this way the internal preparation to deepen Heart to Heart relationships with your beloved spouse, parents and children, and close friends

Our emotions change with the seasons, our feelings towards our Loved ones change; in such ways the world of the mind is constantly changing. That is why we need to discover the best time to pray. You need to pray when your spiritual senses are keen, so your sensitivity to God will be high

As you enter deeper and deeper into a state of feeling connected to God, you will eventually reach the door to the mind. The door to your mind connects with the door to God's mind. Once it opens, the way unfolds to experience God's feelings

What should you do to enter such a state? You should cultivate your mind and especially your ability to share deep Love with others. The core key to deepening one's relationship with God lies definitely in learning to love people on new levels of heartfelt unity

As you become one with all beings, what phenomena will occur? You will feel something multidimensional that you have never felt before. If we want to experience new depths in the relationship with our beloved we need to invest into prayer and meditation

Once you enter the door to your mind, you will have intuitions and premonitions. You do not realize what is happening, but suddenly you receive a heavenly inspiration that teaches you some lesson. Maybe the inspiration will hit you when you hear someone talking. The more you practice, the more often you will experience such incidents

## Sacred Geometry 14

Every person needs to learn to figure out the direction that God is leading him or her in order to develop one's potential in the best possible way. According to my unique character and personality I need to develop my personal relationship with my Heavenly Parent

Keep a record of your experiences and you will see that your most unforgettable visions actually came true; their predictions were accurate. Maybe in your dream you were talking with someone about certain things, and later on you actually talk with that person and the things you discussed actually happen

Such phenomena can take place. What do they mean? You entered a spiritual realm, and there your mind was resonating with everything in that realm. Your mind was like a tuning fork, resonating with the vibrations of the cosmos

Where does God appear to us? Not in the sky, but in the original mind. For this reason, we know that our self and our original mind are two different entities. If you do not feel it, it is because your original mind has not fully established its existence. We need to develop our sensitivity to our original Heart

At the same time we need to learn to build Heart to Heart relationships with those in our surroundings. Whenever we relate with someone, we should not be careless or indifferent. Rather we should think, '*What can this person teach me?*'

Have a hungry mind, eager to learn something new from other people. Then your mind will be happy and will be automatically attracted to that person. This is due to the influence of mind waves which originate in our Heart which produces by far the strongest electromagnetic field in the body

Just as you can smell a person's unique body odour, you can also smell the mind's odour. Such phenomena are natural as we do not have only five physical but also five spiritual senses

In our body, we have a special sense which strives to reach out to everything. It sends out invisible energy waves to locate its object partners. Our Heart is continuously striving to build harmonious relationships where deep unity and heartfelt oneness can be felt

In order for us to unite in Heart with our Heavenly Parent and establish loving relationships, we should always reach out with a most sincere motivation. If we do not have the attitude to make connections with others, we cannot improve the environment in which we live

For this reason, we should have a mind to anticipate new things. When praying in the morning, you should feel, '*Today, something good will happen.*' But do not just think that good things will just happen. You have to seek for them with deep longing in your Heart

Our Love for God may be expressed in joyful and emotional outpourings of praise and song and in the constant longing for God's sweet presence. This powerful mode of religious consciousness is manifest in various religious traditions

But there is also the dimension of wanting to bring comfort to the painful Heart of our Heavenly Parent who is longing to be united with all of His/Her beloved children. As God's real circumstances are full of suffering and pain, then the longing for emotional unity with God should also take us into the experience of divine sorrow

When we connect with our Heavenly Father/Mother on this level our prayers will be full of tears, commiserating with our beloved Parent. Knowing that God is in pain also motivates us to act in this world to alleviate His suffering by helping our brothers and sisters to love in the right way with a selfless Heart

At this deep level, Heart and action become one. Then our prayer and meditation will be a heartfelt experience of connecting with the actual inner situation of our Heavenly Father/Mother who are in indescribable pain as Parent who feels with the miserable situation of His/Her children

What is needed in order to receive God's Love? Since God has complete Love for us, we should also invest ourselves wholeheartedly into building deep bonds of Heart with our Heavenly Parent and with His/Her children

The saying, '*Practice everything with sincerity in your words and deeds,*' means to completely unite your body and soul in a conscientious life of dedication. What we need to be concerned most of all is establishing sincere relationships where pure Love can flow freely

True Love naturally dwells with people whose thoughts are for God and all His creatures, especially when the Heart is totally focused on developing Heart to Heart relationships

As God Loves all humankind, if you offer everything most sincerely for the sake of all people you will feel God's Love from the very first moment, and as a result heartfelt unity between you and our Eternal Parent will naturally be established

### Sacred Geometry 15

As we strive to develop a relationship with our Creator we need to consider the question of how much sincerity you invest in loving our Heavenly Parent, how deeply you long for Him/Her, and how much Heart you invest into seeking to know His/Her inmost feelings

Unfortunately, some people forsake everything for a doctrine or abandon their own views for the sake of an ideology, but if they are not doing it to find the truth that can elevate their minds, then they cannot make a worthy relationship with our Ultimate Origin

When ritual is overly relied upon, it may imbue an aura of sanctity not matched by deeds or wisdom. Ritual is no substitute for authentic piety, Love of one's neighbour and personal realization of God

Ultimately, the living God wants to relate with us not merely in the context of scriptures and rituals, but rather dwelling in the Hearts of people who keep God's desire in their minds and live it in daily life

Once we establish a heartfelt relationship with our Creator it will not be difficult for us to form ideal societies because we will always be concerned about the higher purpose of the wellbeing of all citizens

A good society is built on good ethical and moral foundations. In this technological and materialistic age, the steady decline of morality and spiritual values poses a looming threat to social peace. Among these neglected foundations are: first, morality and virtue, which forms people into upright citizens

Second, education - especially character education, which can give young people a sense of purpose and direction and empower them to shun the hedonistic lifestyle of sex and drugs. Unfortunately we have failed collectively to protect people from destructive influences and this failure must be addressed now

One third area where we are not providing proper education for our youth is the field of religious education. Every person needs to learn about our Creator, the designer of our universe, in order to find clear answers to the fundamental questions of life

The task is not to teach one or the other religion but to help young people to have a broad understanding concerning established religious traditions and spiritual teachings in order to find their personal relationship with our Heavenly Parent

It is important to know that the higher the religion, the less it stresses the self and the more it stresses meekness, humility, and one step further, sacrifice and service in line with the ideal of True Love which is ready to invest everything in order to build harmonious relationships

Values which are essential for all people to experience and to practice: Love, joy, peace, patience, benevolence, goodness, loyalty, gentleness and self-control

These values need to be experienced and acquired in the home where a person grows up and based on such a foundation men and women can become mature citizens of a loving world

Good citizenship does not appear automatically, but arises out of a person's character and family. It flows from character, Heart and education through family life. These are the bases for noble deeds which we all want to see practiced in our societies

Peace and happiness depend on people's moral and spiritual development. This is because a nation is only as peaceful as individuals and families that comprise it. Science and technology can be used for good - for the improvement of human life - when they are utilized by good people

Throughout history, saints and great teachers have devoted themselves to guiding families, societies and nations toward a peaceful and happy world. To take on the challenges of the twenty-first century, humanity needs true parents, true teachers and true owners who can raise leaders of mature morality and spirituality

Such leaders with a mature personality need to be well trained in matters of Heart so that they can be mediators with a parental attitude when issues arise in the relationships among people

An ideal society is characterized by universally shared values. This means that everyone practices True Love, observing universal ethics and morality. All members of society pursue a life of goodness and righteousness

To establish that ideal, we aim to build a society rooted in moral principles, whereby all people live moral lives in keeping with the absolute value of God's True Love

An ideal world presupposes ideal families and mature individuals. An ideal family requires the harmony of ideal parents, ideal husband and wife, and ideal sons and daughters in True Love

An individual can be called mature when his or her mind and body function in harmony through True Love. When people at that level of maturity practice goodness and righteousness in their family, they create the foundation for True Love

When we practice True Love in society, which is the extension of the family, we build the world of supreme Love, the world that operates in accordance with the ideal of creation which our Heavenly Parent designed from the very beginning

## Sacred Geometry 16

Freedom is one of the Creator's most precious gifts to humanity. God created human beings to exercise freedom as spiritual beings because only in an atmosphere of inner and external freedom can our potential to love grow to the highest levels

All people without exception wish to be free. They want to live in a free society, a free nation, and a free world. Without peace and freedom in our minds, there is no true happiness. Most of all there is no true freedom without the liberation of our Heart

Today, although we strongly pursue freedom, we must admit that we still do not experience the condition of true freedom, coming from the Heart. Therefore it is decisive to focus on developing on deeper and wider realms of Love as foundation for our inner liberation

Our Heavenly Parent does not want to just observe the universe from the highest Heaven but longs to see His/Her children to be completely free as foundation for heartfelt oneness with each and every one of them

Ask anyone: no one wants to be controlled. You will enjoy complete freedom once you attain the status of a person of True Love. Then you can travel anywhere and meet God anytime you like

Freedom originates in True Love; without True Love freedom has no root. Furthermore, without first planting this root of freedom, we cannot complete our ideal world

A wife whose husband loves her is totally free. A husband whose wife loves him regardless of how he behaves is totally free. To achieve such a freedom a person's Heart needs to grow and learn to love in completely selfless ways

Examine your motivation in searching for freedom. Does your Heart truly seek for the freedom that can bring harmony to all creation? If you can put yourself in God's position and share His Heart for freedom, your Heart would seek the standard of freedom that all people can enjoy together

God is the source of peace. When we look around us and see only conflict and war, when we despair of finding peace on earth, we turn to God, the King of Peace. The key to peace is to live in oneness with our Heavenly Parent, and to manifest His/Her Love

Peace begins with peaceful individual. People who attain inner peace radiate peace to others. They possess inner strength, clarity and compassion with which to treat others peacefully, even in the face of hostility

By achieving unity of mind and body, people can become vessels fit to receive God's abundant Love, with which to share with others. To develop unity between one's inner mind and what we are practicing is an essential task for every human being

The precious Love of our Eternal Parent is bound to flow through us as the crown of creation to the deepest extent and therefore it must be a first priority for us to become a pure channel of True Love

Cultivating inner peace must be the starting-point for all peace-making efforts in the outer world. No political or economic program can produce a just and equitable peace if the people it seeks to help are full of hatred and violence in their Hearts

We commonly say that the human body is the temple of God, but what is a holy temple? Is it a place to work for a living? Is it a factory or an office? When we think of a holy temple, we visualize a tranquil place of rest

Where can we take rest? It should be amidst Love. A holy temple is a tranquil place filled with God's Love. If we wish to be God's temples, we should have this same quality: inwardly tranquil and filled with God's Love. We want to elevate our inner selves to this high level

As people of God's Love, we become participants in the world of Heart. That means our Love is like a well that never runs dry; you can draw water from it all you want yet it never runs out. The reason it never runs out is because God is there

What is peace? When your mind and body become one and you have a peaceful family, then there can be a peaceful nation and a peaceful world. Peace cannot come based on some man-made ideology. It must be rooted in the Designer of the universe, our Heavenly Parent who created out of and for the sake of True Love

You have to make a foundation for peace in your mind and body, and then in your family among husband and wife, and parents and children, centring on God's original Heart. Such families are the cornerstones of peace. Even if your family were immersed in a universe of peace, it would still have to receive direction from the root

A true peacemaker is willing to make sacrifices and take risks for peace - even to the extent of sacrificing his life. Reconciliation requires much of the quarrelling parties. Beyond a temporary truce, it requires genuine forgiveness

If each side insists, '*I exist for myself,*' they can never be reconciled. To achieve the goal of peace, people on both sides need to take the stance, '*I exist for you.*' Then they can come to the point of consoling one another. Peace can arise only when we say to our opponent, '*I am here for you.*'

Ultimately, peace-making should lead to bonds of Love and solidarity between the former enemies. This can only be achieved if we apply the scriptural ethic found in high spiritual teachings to love our enemy, to reconcile with enemy nations and enemy religions

## Sacred Geometry 17

We should follow the principle that to reach the world we should deny ourselves. In order for your beloved nation to lead the world, it must go beyond national self-interest. If your nation cannot do this, it does not have the philosophy that can unify the world

To become God's sons and daughters, you have to love the way God loves. You have to love humanity. I know that God wants enemy nations to reconcile, become friendly, connect with each other and unite into one

That is why it is decisive to encourage the leaders of nations to think beyond their borders and form a united world. But this goal can only be achieved if all people long for such a unified world which is built on the principles of True Love

To bring about a united, peaceful world we must overcome the many challenges arising from differences in region, race, religion, culture, custom, language and nationality. If we view the world from the perspective of the Creator - through God's eyes of True Love - we see that despite all these differences, the world is one

When young people inspired by God's True Love dedicate themselves to sacrifice and service, they can begin to solve poverty and hunger throughout the world. They can begin to heal the wounds caused by differences between rich and poor. They can help people overcome the animosities and hatreds arising from different historical experiences

True Love means to love that which cannot be loved. From this definition we can acquire a clear sense of direction for overcoming relationships of enmity and conflict

Liberation goes beyond the individual. Jesus spoke about liberating the prisoners and a Kingdom of freedom. When people live in the spirit of Love and self-giving, they can be very free with one another. If everyone in a family or society enjoyed the inner freedom of a God-centered life, they then could live and act in freedom

Liberating others also expands our own realm of liberation. That liberation should expand to encompass societies, nations, the entire world, and beyond to the realm of God. God's liberation is contingent upon human liberation which has to be achieved based on the practice of True Love

Liberating humanity also liberates God, and when God is liberated, humanity can be truly free. Let us therefore invest for the liberation of the Heart of our Heavenly Parent who yearns to be one with us as His/Her beloved sons and daughters

What does it feel like to experience the being of God? The interminable struggle between your mind and the body, which formerly plagued your self-centered life when you put yourself as number one in everything you did, will completely disappear. Instead, you will live the life that God wants you to live: living for the sake of others and giving yourself for the whole

Then, True Love will continue forever, and God's joy will be displayed in the spirit world. You will experience such satisfaction and happiness as you have never felt before, because it will be connected to the whole. Thus, you will discover yourself in the state of liberation

The body has a limit, but the mind is infinite. The world of the mind is beyond form, beyond any philosophy or viewpoint. Still greater than the mind is the world of the Heart. It has no restrictions

The world of the mind has certain restraints, conditioned by its relationships. Yet nothing can restrain the world of the Heart. What could ever restrain a parent's Love for his or her children?

In thinking about these important questions, we need to consider that God is not free. Since God is not free, liberated and unified, the freedom people pursue today is not true freedom

God created us. Therefore, the complete freedom, liberation and unification that we desire can be realized only when God is free and becomes the master of liberation and unification

God's freedom, liberation and unification are the standards for humanity's freedom, liberation and unification because we are intrinsically connected and one cannot be truly happy without the other

It is possible to revive a dead person by breathing his or her spirit self back into the physical body. Yet certain conditions are required. First, the person should not be dead for too long -not more than three days - so that the flesh has not decayed. Within that period, if the spirit is called back into the body the person can come back to life; it is not very difficult

However, bringing someone back to life on earth after God has called that person to the spirit world requires paying a suitable price. It should either be compensation of greater value than the person's life, or something to benefit the whole purpose

Maybe to revive that one person, three or four others might have to die. Therefore, you should carefully consider the benefit of bringing someone back to life. If you do not take responsibility for doing it, you will violate the heavenly law

Concerning a possible judgment from God that many religious people fear it is important to understand that it is actually an opportunity to purify ourselves in the truth and reach the point where we are one hundred percent united with the word of God

Thus, the purpose of judgment is to save and to help people to recognize what they are doing wrong so that they may be liberated to follow their Heart and lead a life which is absolutely centered on building True Love relationships

## Sacred Geometry 18

God desires but one thing: Love. Therefore, Love gives us the privilege to move God. When He relates to us out of Love, He can alter our destiny. Love can move God

Those who endure misfortune on the path of loving God are fortunate people. It is even more fortunate for them if they are happy to follow this path. When God sees them braving waves of misfortune throughout the world as they search for God's Love, our Heavenly Parent is very grateful

What is the path to overcome all trials and go safely straight to the goal? It is the path of loving God. Is there any other way? When we are ready to live and die for the Love of God, God will be with us and protect us

Our mind seeks the world of the Heart. Even radio waves do not operate just anywhere; they require a receiver that is tuned to resonate with the signal. It is the same with people. We need to tune in to the realm of Heart

As long as a person has a true conscience, a true loving standard, then wherever or whenever he goes, even in conditions of oppression and misery, he will unexpectedly find a way to survive and even prosper. Even when misunderstood and mistreated, he will find a way based on the deep Love in his/her Heart

The path to true life cannot be found in comfortable circumstances. No one achieved an historical discovery or success without investing. In many cases people began in circumstances where they stood face to face with death. In such situations, God reached out to them

Therefore, when someone is about to encounter God, he may meet with a crisis. It may be material - an accident or a financial disaster. It may be a problem with other people, or it may be a problem of the Heart. At that time, if he shouts out, *'I will go this path no matter what,'* and goes forward resolutely, he will be able to lead others who struggle with similar kinds of problems

When we cannot go one step further, yet are willing to endure still more, God appears and blesses us, saying, *'My son, my daughter, you don't have to endure any longer. You can rest now.'* This is the Heart of our Heavenly Parent

For many, the goal of religion is immortality or eternal life. People have always chafed under the limitations of mortality, and have found in religion the means to transcend the death which seems to proscribe the possibilities of human existence

As with resurrection, eternal life is not simply about the survival of the soul at death and its journey into the afterlife. Eternal life is not about eternal existence *per se*, but rather about the quality of that existence

We find that the scriptures of many religions give two meanings to the terms 'life' and 'death.' There is physical life - existence on this earthly plane, and there is spiritual life - the state of blessedness which endures from life to life and transcends death

'Eternal life' and 'immortality' are thus ciphers to describe the condition of blessedness. This condition is present already in the physical life of the person who realizes Truth or lives in God's grace, and it will continue, unabated, in the hereafter

Eternal life is rooted in our relationship with the eternal God, based upon God's Love for us and our Love for God. Therefore we can say that eternity does not exist apart from True Love

People who love each other very deeply always aspire for the eternal. This is so because we human beings are designed for eternal life, eternal Love with God, and eternal community with the ones we love under God

As human beings, each of us was created to be an object of God's Love - God's beloved partner. God cherishes True Love more than Himself

Hence, although God is the centre of absolute and eternal life, His ideal of True Love is even more absolute and eternal. It is the very core of God. We are the object partners of that True Love

How do we come to be in such a precious, eternal position? Love is the attribute that brings subject and object into oneness. Love unites a family. In the unity of Love, we can participate in anything our beloved does, follow him wherever he goes, and inherit everything he or she possesses

In the same way, we can inherit God's eternal life. We can inherit God's Heart - his Heart of Love by which He longs to dwell within each of us and also in the creation. How precious it is to find such great value within ourselves!

What joy! What amazing grace! What an unparalleled blessing! We can dwell in the same position as God and participate in God's eternal Love because we are His/Her beloved children

According to God's ideal of creation human beings are born from True Love, grow in True Love, live in True Love and die in True Love. We are not meant to just disappear into a void. Since God, the Subject of all created beings, is eternal, unchanging and unique, we who are His partners of Love should live eternally

This is the starting-point of the logic of eternal life. Life does not begin from life. Life originates from True Love, not the other way around

## Sacred Geometry 19

If God creates something He regards as most precious, would He discard it ten years or one hundred years later, or would He want to keep it for eternity? Obviously, He would create it to last forever

Thus it is with human beings. Would God create human beings to be born and die, and their death is the end? No, He created human beings to live forever. Why? They are the object partners of the absolute God, with whom He can share joy in absolute True Love

Suppose you were fleeing to a refugee camp; if you had a precious possession, would you take it with you or leave it behind? You would want to take it with you. Once in the camp, you would treasure it. You would not enjoy it for a few days and then throw it away. You would keep it until you die, and then bequeath it to your descendants for eternity. That is human desire

It is the same with God, the Absolute Being. God is eternal, and He desires that His object partners, whom He loves, should live eternally. That is why human beings want to live forever

For this reason also, the absolute God never ceases to seek for His children. Each human being has the value of eternity

If God only liked humans for one or two days, or even for one hundred years, and then discarded them, it would not be True Love. The more you love, the more you want to be with your beloved one

For this reason you sometimes find a man whose wife died young who never remarries, preferring to live alone until his death while treasuring some article of his wife's clothing

That is why God created human beings, His precious children, to live forever. However, for Love to last forever, people should stand on the foundation of actions that can generate greater output force

As time goes by Love's power gets stronger, generating more give and take action instead of consuming energy. Hence, the Lovers' joy never ends, but only grows and develops more and more, to infinity. Such is the ideal world, the Kingdom of Heaven in which God dwells

A true religion should teach people about God. A true religion should not have some vague ideas about God; a true religion should be able to give a clear picture of God so that people can understand Him

A true religion should teach people the path to know God clearly, to become one with God, and finally, to re-establish the world that God originally intended at the creation. After all, the purpose of religion is to seek for the ideal world: a world without sin, a world where all people enjoy the original relationship with God

Through religions, God has been teaching people how to strengthen a God-centered spirit and reverse the body's control over the mind; these further our character development. This is the reason why religions recommend that we fast, sacrifice and serve, be meek and humble, but the most important quality which needs to be learned through religion is to love on deeper levels

Each religion that has appeared on this earth emerged from the deep will of God's providence to teach the nature of Love. Based on this fact we need to have a second look at all religions to see to which extent this core task is being fulfilled

God created the various religions to be training grounds for heaven, illuminating paths for every people, culture and tradition. Religions are meant to train and polish people to be qualified to enter the region of the original homeland of a world of True Love

What is the true religion? It is the religion that brings the truth by which all people can enter into a genuine parent-child relationship with God. It unites all humankind in brotherly Love

Further, it strives to bring about one human family centered on the Love of God. These are the qualities of a true religion. People who are searching for the highest religion, the religion established by God, should seek a religion with these qualities

In the next world, people are divided by nationality; except religious people, who can dwell together with fellow-believers from every nation. In the religious sphere people believe in one God and long for one world; hence they can live together transcending nationality

The ultimate purpose of all religions is to realize the ideal world of peace, which is God's desire. Religions should be concerned about the Will of God for the salvation of the world before thinking of the salvation of their own denomination or the salvation of individuals

Ultimately, all genuine religions worship the same God. Thus, the Qur'an affirms that Jews and Christians are People of the Book who worship the same God as the God of Muhammad. The Sikh scriptures affirm that there is one God for Muslims and Hindus

Scriptures affirm that each religion is a path to the same Supreme Goal. Here we have the famous images of many rivers flowing into the same ocean or a mountain with many paths leading up to the same summit.

The religions of the world begin by addressing the needs, customs and circumstances of diverse cultures, but as they elevate humanity they draw closer together as their paths converge to the One

## Sacred Geometry 20

God inspired each of the great religious founders with a message appropriate to the culture and times in which he lived. He honours them as humanity's True guides, who sent to the earth within the providence of God to help humanity progress towards the ultimate goal

Certainly, every religion considers its way the best and highest path. The Bible says that Jesus is 'the way, the truth and the life,' and that 'nobody comes to the Father but by me.' The Qur'an states that it is the only accurate witness to the previous revelations- the Torah and the Gospel having suffered corruptions and interpolations

Nevertheless, we are cautioned to be humble before the higher wisdom of God. As the Parable of the Blind Man and the Elephant teaches, each way may touch the truth without seeing its entirety. Religions at different levels, due to their appearance at different ages in the course of humanity's spiritual development

Yet the differences among religions should not obscure the core truth they hold in common. Hence, religious people can overlook their differences and find common ground

Although different religions have different names for God and different ways of worshipping Him, the central Being worshipped by each religion is the one and only God who longs to be in a Heart to Heart relationship of True Love with all of His/Her children

All people know Jesus, Buddha, Confucius and Muhammad as the founders of the world's great religions. We revere them as the guides of humankind. There can be no objection to believing their teachings

All four great founders of religion were centered on God. They were not their own lords, for above each was God, their Lord. God is above Jesus; likewise God is above Buddha, Confucius and Muhammad. These men knew God; that is why they could become the founders of religion

That is why they taught a common message - that message was one of righteousness, peace and justice. They worked to spread that message and to establish a world of goodness. They all lived many centuries ago, yet their teachings guide people to the present day

There are numerous religions on the earth today. God needed to set up different religions in order to gather the peoples scattered all over the world. Each people has a religion suited to its distinct history, circumstance, cultural background and customs, yet these religions are all headed towards one goal

They are like the streams of a single river. As you go downstream, the number of streams decreases as they merge into larger and larger tributaries, until finally they merge into a single great river

Likewise, all the religions are to unite as they flow towards the place where they can capture God's Love; there they will stay

Religion provides training as we seek for God's Love and ideal. The world's religions were given different responsibilities to raise people level by level back to the original state.

The world in which we live is not the world of goodness; it is a suffering world where evil holds sway. Hence, many barriers block our relationship with the God of goodness. To remove these barriers, God needs human beings to play a mediating role

Therefore, throughout history and all over the world, God has been developing movements based on religion to transform this evil world to the world of goodness. Finally we have arrived at the point where all these historical efforts will bear fruits in the realization of God's original ideal of True Love

Among every people of the world, God developed a religion suitable to its unique culture and customs. God expanded the scope of these religions according to their suitability, from local beliefs to worldwide faiths

Today these religious roots have spawned four great civilizations: Christian civilization, Islamic civilization, Hindu civilization, and the Far Eastern civilization rooted in Confucianism, Buddhism and Taoism.

At the same time many smaller realms have developed based on the teaching of wise men and women who founded spiritual traditions which are still alive and practiced in various parts of the world

All of these precious foundations can now finally bear wonderful fruits in the realization of a world of True Love where all people can live in utmost joy and happiness. Even though such a world may seem still far away, this is not at all the case when looking behind the scenes

Decisive are the internal conditions which are established in the realm of root causes. In this respect the needed foundation for the realization of God's ideal has been firmly established. Remains to practice the truth of True Love on every level

The realization of the deepest and greatest dreams that have ever been dreamt is at hand. It merely depends on how quickly each person responds to what he or she knows deep down in their innermost soul: Nothing is more precious than the experience of True Love

Let us therefore invest wholeheartedly to build honest and sincere relationships which allow God's presence in our midst and the free flow of selfless Love among us and spread from there to warm up the Hearts of all people to join this precious realm of True Love

## Sacred Geometry 21

Light and water are essentially important for the existence of (most) living beings, certainly absolutely needed for us in order to be able to lead a happy life. On an internal level it is the light of truth which is essentially important along with the warmth of loving relationships

In order to be able to perfect and complete our ability to love in a completely selfless way it is important to ask fundamental questions and to look deeper to understand internal aspects well which we or fellow human beings are dealing with

In this respect the realm of religion is a decisive area where we need to have a closer look because most people belong actively or passively to a religion or they believe in spiritual teachings which have a strong influence on their lives

For this reason it is helpful to reflect about various aspects which are important for people of faith and to understand clearly what kind of religious concepts or dogmas are helpful for the realization of the ideal of True Love and which represent a certain hindrance for the development of our Heart

When we think of how the various religious traditions see our Ultimate Origin, we can learn that it is considered in various ways as an Ultimate Reality, both knowable and mysterious, transcendent and immanent, unchanging and passionate

He or She may be encountered as a personal, loving God, as impersonal Being, or as Truth which is neither being nor non-being. It is a Unity, yet has many manifestations. In many religions, it is credited with the creation of the universe

Religions denote Ultimate Reality in various ways. If one contrasts the personal God of Christianity, Islam, and Judaism with the impersonal Absolute of Hindu Vedanta, one may infer that each religion has its distinctive way of apprehending the Absolute, whereby also Sikhism, and the theistic traditions of Hinduism refer to the Ultimate Reality as a personal Being

There is the image of Ultimate Reality as an impersonal transcendent Being, the ultimate source of all existence: this is Brahman in some Hindu traditions, the Primal Unity or Tao of Chinese tradition, the Christian philosophical image of God as the Unmoved Mover, the Sikh One Without Attributes, the Mahayana Buddhist concept of Suchness

There is also an image of Ultimate Reality as immanent within each person: this is the Hindu Atman which has an eternal substance, the Mahayana Buddhist Enlightening Mind or Buddha Mind or Womb of the Tathagata which dwells in Liberation and has no substance, and Christian concepts of the indwelling Spirit

The image of Ultimate Reality as the ultimate goal or blessed state is the Buddhist goal of Liberation (Nirvana) and the Jain ideal of the soul in its most purified, divine stage (paramatman)

Religions which recognize many spiritual beings may image Ultimate Reality as their common solidarity which works with a single purpose: the Shinto kami and the Taoist deities and the Native American spirits (Sioux: wakan) may be called 'Heaven' or 'divinity' in the singular

We also find the image of the Ultimate Reality based upon the manifestation of the Founder; this is the Buddhist image of the Absolute as the Buddha in his eternal, cosmic manifestation (Dharmakaya), the Christian image of the cosmic Christ on his heavenly throne, as in the Book of Revelation, or again the Jain paramatman as revealed through the Tirthankara

Finally, Ultimate Reality may be depicted as eternal law, as Hindu Dharma or Rita, Taoism's Tao, Buddhist Dhamma, Christianity's Word (logos), Jewish Torah, etc. In all of these ways people are referring to the Origin of the universe or the Ultimate Reality

What is your view? How do you see the Ultimate Being or original Cause behind all existence? Whatever your answer is not as relevant as the practical issue as to your and my attitude in front of True Love because the answer to this question is the most decisive one in our life

Why? Because it is based on what kind of Heart you have, on your understanding of Love, which kind of religious belief or spiritual teaching you prefer. This is a very important point for all people to understand

Of course these two aspects influence each other. The way you have been raised with or without a religious content affects how you see the world but ultimately every person is faced with the essential question as to how one sees the strongest force in the universe, True Love

Depending on my view of what Love means I will choose or affirm what kind of religious belief or worldview is important for me. If I do not really believe in True Love and put justice above Love then I will not have difficulties in accepting a religious belief which contains judgemental contents

For example, once you understand in the depth of your Heart that True Love is the most precious content for God and man it is impossible to support a religious dogma which speaks about eternal damnation because no father or mother would ever agree for his/her beloved child to be suffer eternal pain

It is very, very important that all people of faith check their religious beliefs and dogmas from this very standpoint of True Love being most precious both for our Creator as well as for each and every human being

Once all religious people are ready to do so the barriers between them will drop as swiftly as a veil that falls down which has concealed a face, leaving all sides in tears of remorse feeling: How very sad that I did not understand that in front of a Loving Creator we are all brothers and sisters

From the day this realization has reached the Hearts of all people the ideal world will be there in the midst of us because from this day forward we will treat each other as true brothers and sisters who all share the same Heart of longing to live in True Love

## Sacred Geometry 22

Although one can distinguish the several different ways of imaging Ultimate Reality, in fact the concepts typically overlap. For example, the goodness of God can be understood in any of these seven images:

The loving kindness of the personal God, the impersonal beneficence of Heaven, the absolute bliss of Nirvana, the solidarity of the kami for the promotion of beauty and purity, or the compassionate nature of Reality as revealed in the compassion of the Buddha

For the sake of finding common ground between religions, we can place side by side these various expressions of Ultimate Reality as they pertain to common themes like: traces of God's existence in nature and in ourselves; the unity of God; Ultimate Reality as formless, unknowable, or void; Ultimate Reality as transcendent; the sovereignty and power of God

Other forms of viewing the Ultimate Reality are: immanent in nature and in the human heart; its unchanging nature in the midst of a world of transience; God the Creator; the goodness of God; divine omniscience, knowing all secret thoughts and deeds; and God our Divine Parent

How can human beings recognize the existence of this transcendent Reality, the invisible God, all-pervasive Truth? Although God is invisible, He has left evidence of His reality by which people can know Him, if they only look with an open Heart and mind

These include: first, the doorway of contemplation by which God is sensed by the inner self; second, the universality of the moral law, which mirrors the law of nature; third, the evidence of His handiwork in the glories of the creation; and finally, the testimony of the founders of religion and countless people of faith and good conscience

Based on the scientific discoveries of recent years it is virtually impossible to deny the existence of a designer behind this ever so complex universe. The remaining task is only to understand more of the precious attributes of the Creator

The Ultimate Reality may be seen as all-pervasive and immanent, the 'ground of being,' the source of the energy within every atom and the life in every creature. Yet God's involvement with the world, even His immanence in all things, in no way limits or affects His essential, absolute nature

The monotheistic religions emphasize God's sovereignty over the affairs of the world. The view that God rules over the affairs of men and women and decides their destinies must be re-viewed from the standpoint that the actual desire of our Creator is to be in a relationship of True Love with us as beloved children

From this viewpoint there is no place for concepts like humans being subject to the will of God, that they must do His/Her will because a relationship of True Love can only develop if there is the freedom of choice

The difference is that when a person decides to connect with our Loving Eternal Parent the potential Love can be expanded on immensely deeper and greater levels than without establishing a Heart to Heart relationship with our Creator

The teaching that God is omnipotent often includes the belief that God determines everything that happens in this world, be it for good or evil; this relates to doctrines of predestination which need to be readdressed from the standpoint of free will

Concerning God's total knowledge of human thoughts and actions, that nothing is hidden from God it is helpful to consider that we need to be very sincere even in our thoughts, not primarily because there is no place to hide from God and from our conscience

What our Heavenly Parent is longing for is that we approach this and any other issue concerning the qualities ascribed to Him/Her that above all our Creator would like to be known and experienced a Loving Father/Mother

Hence we can have confidence in the truthfulness of God's justice and all His/her actions because in essence He/She only longs to be one with the beloved children and desires for nothing else than the utmost happiness of each and every son and daughter

In Buddhism, Jainism, and many schools of Hinduism, the functions of omniscience and omnipotence to judge human affairs are not fulfilled through God's agency, but rather through the omnipresent workings of karma

Whatever our understanding may be in this point, the fundamental truth which needs to be fully known is that even karma or the concept of paying indemnity must be based on the realization that not justice but the realization of a realm of True Love is what really matters

Concerning God's immanence it may be noted that God is described in the Qur'an as 'nearer than the jugular vein,' knowing all a person's thoughts and desires, and abiding within the human Heart. From such an understanding it should be obvious for all Muslim that Allah wants to be united with all people in a True Love relationship of complete oneness

In the scriptures of the Abrahamic religions, while God is near at hand, He is rarely identified with the soul itself; that could be seen as tantamount to idolatry. The right understanding is that God and man as separate beings are bound to become one in True Love

In the Bible, God's immanence is expressed in the revelation to Elijah, where instead of a grand manifestation in earthquake or thunder, God's self-revelation is as 'a still small voice.' They may speak of God coming near or dwelling in the Heart only when there is receptivity, humility, and faith

Most of all there needs to be the readiness to open one's Heart to allow God's Love to flow into us and through us to our surroundings. In order to have this experience a purification of our Heart is a prerequisite which needs to be accomplished by each individual on a personal level – now – in the light of deeper insights into what really counts in life

### Sacred Geometry 23

Some religious traditions teach more thoroughgoing notions of divine immanence. Sufis interpret the Qur'anic parable of the Lamp as expressing the presence of God in the human Heart as a light, illuminating the lamp of the body

What is widely missing is the conviction that the light of True Love should be emanating from every human being and therefore we all should strive to be a pure channel of God's Love so that we can freely let our light shine – with a good conscience of spreading only goodness

In Hinduism, Sikhism, and Jainism the divine immanence is described ontologically: Ultimate Reality is the Self (Atman). Naturally the Ultimate Being wants to be expressed – in the loving Heart of every man and woman living on earth before they pass on to the next world

In Buddhism the divine immanence is described psychologically: Essence of Mind or Suchness (Tathata) is realized by a mind dwelling in Perfect Wisdom and expressing a mind of enlightenment (bodhi), Dhamma nature or Buddha nature

What is the highest quality of the Buddha nature? It should be an unconditionally loving Heart. Therefore it should be a first priority of all Buddhist believers to embody a Heart of True Love

The ordinary individual soul is seen by many believes as beclouded and deluded by an egoistic sense of self; in contrast, the divine Self within, or Suchness, can only be realized through enlightenment

The deepest enlightenment is of course the realization that Love, True Love, is all that matters in life because based on its practice our highest dreams can be fulfilled

The complete realization of the God within is a potential and a goal that must not remain a theory but it can actually be achieved now. We do not need to wait until tomorrow but allow True Love and along with it God's presence to be in our midst every moment of our life

The monotheistic religious claim is that God is absolute, eternal, and unchanging; a similar teaching applies to other religious conceptions of the Absolute: Nirvana, Dhamma, the Dharmakaya, the Tao, and in the I Ching the ground of Change itself

The complementary assertion, which is central to Buddhism and other Eastern religions but also found in analogous expressions in the monotheistic faiths, is that all beings, things, and phenomena in the world are transient, impermanent, conditioned, and hence less than truly Real

This understanding needs to be re-addressed from the viewpoint of the preciousness of each moment to be used to love. Everything loses its fleeting state when connected with True Love because in this way each and every experience is elevated to have eternal value

Concerning God as the Creator we find various accounts of the creation of the world in Holy Scriptures, some beginning with a word and some from a desire within the primordial Absolute

Some teach creation out of nothing (ex nihilo), affirming the distinction between creator and creation. Others teach that the world originated and exists as an emanation of the Absolute which nevertheless remains distinct and transcendent - a view termed panentheism

Such an understanding loses its importance when we look at creation from the standpoint of Love. Everything longs for a relationship or connection of True Love which naturally includes a Heart to Heart relationship between human beings and our Ultimate Origin

In the sacred scriptures many passages may be found discussing God's attributes of goodness and Love. Most of them describe God as good, loving, beautiful, truthful, compassionate, and faithful in personal terms

Theologians have argued that the personality of God is the highest aspect of God's nature, just as the faculties of intellect, emotion, and will make human beings the highest achievement of the created order

This view needs to be revised in the light of Heart and not our brain (intellect) being the core of a human being and therefore also in God as our Parent His/Her Heart is the centre and most important aspect or characteristic

Qualities like goodness, compassion, and Love as the primary attributes of Ultimate Reality need to be taken to Heart with the consequence that as our Creator embodies such precious characteristics they should also be our main qualities as men and women of True Love

Naturally God's goodness is especially manifest in His help for the poor and downtrodden. Knowing this, all people of faith need to have the same priority and make sure that loving care and compassion for those in difficult situations must be their primary concern

Goodness is universal and all-embracing. Common metaphors liken this goodness to the beneficial influences of the rain and the sun to promote growth and abundance to all nature which are clearly expressions of the loving Heart of our Creator

The essential nature of Ultimate Reality itself is loving, merciful, and good. Therefore it should be natural for every human being to embody a Heart of True Love, filled with compassion for others and the desire to see goodness realized on every level

## Sacred Geometry 24

Divine love and compassion is often expressed by the relationship of parent and child. The Jewish and Christian scriptures call God our Heavenly Father; in the Lotus Sutra the Buddha is called Father of the World; and similar statements are found in the Vedas and the Confucian classics

Such timeless insights need to bear fruits now in the conviction in the Hearts of all people that our Creator is indeed a Loving Parent who cares for each and every one of His/Her children wholeheartedly

In many religious traditions Ultimate -Reality is also recognized to be our divine Mother. Often God's Fatherhood and Motherhood are identified with Heaven and Earth, which cooperate in the creation and nurturing of human kind and the universe

We may recognize from sacred scriptures that Ultimate Reality has the attributes of both Father and Mother. This conclusion is most essential to be recognized by all people of faith and taken to Heart so that all differences between them will disappear completely as they unite under our common Parent

Even religions that restrict the vision of God to a patriarchal image only, or religions like Islam that avoid using the language of parenthood altogether, describe God's love in terms that can be said to encompass both fatherly love - Creator, Teacher, Guide, and Savior--and motherly love - Nurturer, Fount of compassion, and Sustainer

All religions recognize a transcendent Law, Truth, or Principle which governs the universe and human affairs. Sometimes this Principle is identified with Ultimate Reality itself, but it is more often consequent upon and subordinate to it

Important terms used in Holy Scriptures are: the Word (Greek: logos) or Wisdom (Hebrew: kochma) of Christianity, Torah of Judaism, Dharma and order (Rita) of Hinduism; and Tao and Principle (li) of Chinese Religion

In Buddhism we have passages on several related concepts: Wisdom (prajna), Absolute Truth (dharma), and Teaching (dhamma). The variety of these concepts may show some differences between them but in essence they are all referring to one core Truth

The universal Truth may be expressed in various ways and forms but its essence is only one: Everything is created out of Love – for the sake of the ideal of True Love. There is no higher truth than this because True Love is the highest and most precious force and content in the whole cosmos

In some religious doctrines, truth or lawfulness is a property inherent in Ultimate Reality. The laws of the universe are the basis of the Absolute - e.g., the Tao of Chinese religion which is the creative principle itself, or the Absolute Truth which is realized by the Buddha

In other traditions - Judaism, Christianity, Islam, and theistic Hinduism - God conceives of Law and then sets it up as the standard or measure for his work of creation. This leads to a question which has engaged theologians: is God bound by his own laws, or is he free to contravene them to perform miracles, etc.?

The answers to such questions are unmistakably clear from the standpoint of Heart: True Love is the highest authority in every respect and the standard by which all decisions and actions must be based

Hindu mythology has no trouble with deities performing all manner of miracles, but in Christianity the tendency has been to assert the consistency of rational principles, and even to seek explanations for the miraculous within the normal functioning of natural law

In Christianity, the Word finds its chief manifestation in Christ, the Word made flesh, the Truth incarnate. This is echoed in Confucian and Buddhist scriptures where the Tao or the Dharma is only completely realized by a perfectly enlightened being

In some traditions, the law is a property of samsaric existence which must ultimately be transcended - e.g., the Hindu and Jain law of karma and the Buddhist doctrine of dependent origination. Similarly in Christianity Paul critiques the law as a form of slavery, unable to save

The Truth or Law or Principle which is at the Heart of the cosmos may be depicted in various ways in the many sacred scriptures, but regardless of these differences, all these religious viewpoints share a respect for the Law which human beings are consider

It is undeniably clear that among the many truth and laws which are taught by the various religious and spiritual traditions the most central core truth is the ideal of True Love which existed already prior to the beginning of creation

The universe is fundamentally moral, an expression of the workings of a divine Principle or natural law in both the realms of nature and of human affairs. Hence human morality is not relative, not explicable as the result of social and cultural conditioning alone

Morality and ethics are rooted in the way things are (ontology); they are as enduring as the laws of physics. This is so because True Love is the timeless core standard which is destined to be applied in every situation

Some Holy Scriptures speak of the pre-existence of the Word, Truth, Wisdom, or Principle before the creation of the universe, and its function in guiding the creative process. Other sacred texts refer to the pervading reality of Truth which operates through the specific laws of the cosmos

Core truths of the universe may be grasped by ordinary reason as the impersonal laws which govern the cosmos. But when one asks the Heart then it is not any more logical truth or clear laws which are of primary importance but the core essence behind all existence: True Love

## Sacred Geometry 25

Passages in sacred texts describe the essence of Truth as that which is comprehended only in Christ, or in Buddha, or in the mind of the sage. It does not partake of anything evil or immoral, according to Confucianism, and hence is only accessible to the moral person

Analogously for Christians, the Word is manifested completely only in Christ, the perfect man. Finally, this spiritual Word, according to Buddhism, is hidden from surface phenomena and may be understood only when the external world is not grasped or discriminated. It is 'Mind-only,' a theme that finds echoes in contemporary metaphysical movements such as Christian Science

Unlike the laws described by modern science, the immutable divine Law is inherently moral, and is the basis for human ethics. The Hindu concept of Dharma, for example, embraces at once the cosmological, ethical, social, and legal principles that provide the basis for belief in an ordered universe and an ordered, prosperous society

Religion, therefore, cannot easily accept the modern distinction between fact and value: there are ethical values in human life that are every bit as absolute as the fact that the earth revolves about the sun

The value of things and living beings cannot be determined apart from Love because ultimately it is the relationship we have to the things we use and people, animals and plants with whom we communicate that determines their value for us

For this viewpoint it is unmistakable clear that we must look at everything from the standpoint of Heart with True Love as the standard which decides what is important and valuable in order to make the right decisions in life

The way to salvation lies in following the divine laws and revealed teachings, e.g., the Tao (Taoism), the Torah (Judaism), the Reading (Islam), the eternal Dharma (Hinduism and Sikhism), the Dhamma revealed by the Buddha, or the Word revealed in the Gospel (Christianity)

The Law applies to all people, though not always equally. Most religions, including Buddhism, Islam, and Christianity, teach a single standard of law that applies to all people

In Hinduism, however, there are different dharmas for people of different social status (varna), stage of life (ashrama), and quality of inborn nature (guna), even though this differentiation should not obscure an underlying unity in the divine principle

Sometimes religions distinguish between the law for believers and the law for unbelievers, for the law of the community of believers is distinctive in that it is covenanted (contracted) with God. Regardless of this tendency to pluralism of laws, we can discern an underlying common ground for the moral law - often called natural law - which transcends religion or social circumstance

It is very important to be aware of this common ground of fundamental natural laws which are true for all people. Among them it is the Principle of True Love which represents the highest standard of reference on which all decisions must be based

To act against Principle of True Love is the greatest violation because it hinders the realization of the ideal of loving relationships for which all people are longing

The Decalogue or the Ten Commandments represents is one of the divine laws advocated in holy teachings. When we think of it, then we realize that such laws are actually liberating. The Ten Commandments define the way through which a person can gain deep fulfilment in life, according to Judaism

Other laws and commandments found in sacred scriptures lay out the road to heaven, according to Hinduism and Sikhism, or to Nirvana, according to Buddhism. They are the keys to happiness and success in life, as depicted through the parables used to convey important contents

Law or Teaching is often an ambiguous concept, for there are laws that fetter as well as teachings that liberate. Christianity, for example, distinguishes the Mosaic Law which educates but confines from the liberating grace available through faith in Christ

Works of law cannot save or liberate, according to passages from the New Testament, the Upanishads, and the Buddhist scriptures. Laws and doctrines are of provisional value according to a text from the Tao Te Ching

These religions look beyond the limitations of law to a higher relationship with the Absolute, what the Christian calls justification by faith, the Hindu experiences as union with Brahman, and the Buddhist experiences as Enlightenment

Considering this reality it is decisive to become clearly aware that the limitations of the laws and of works done to fulfill the law. If the literal fulfilment of the law is put as first priority all kinds of heartlessness may arise, against which Jesus Christ spoke out in his time

Hypocrisy is one of the widely spread results found among religious people who put more emphasis on laws than the practice of Love. This contradiction can only be fully resolved and all evils of the Heart which are even found in people of faith can only be completely eradicated when all situations are evaluated from the standpoint of True Love

This contradiction in the lives of religious people between claims or dogmas and actual behaviour is a crucially important issue which must be fully resolved at this time based on a purification of corrupted Hearts which made false compromises

This very serious problem is also referred to as pharisaic behaviour where something else is shown on the outside than what is a reality inside. This issue must truly be addressed in the Heart of every person, whether they are religious or not

## Sacred Geometry 26

The moral outlooks of most religions are basically quite similar. Just as the Decalogue, or Ten Commandments, is the basis of Jewish and Christian ethical values, similar lists of ethical principles may be found in one form or another in the scriptures of most religions

The Qur'an contains several passages summarizing proper ethical behaviour which have been called Islamic Decalogues. In Buddhism, Hinduism, and Jainism we find lists of ten precepts for monks and lay people, and there are further condensations into five universal dharmas called samanya dharma. Another comparable list is found in the Buddhist Eightfold Path

The first table of the Decalogue contains positive injunctions for right worship to establish a proper vertical relationship with God, and the second table contains negative injunctions prohibiting criminal behaviour in order to foster horizontal relationships of community

These two ethical dimensions, the vertical towards the Absolute and the horizontal towards one's neighbour, are characteristic of such lists in every religion. These two types of commandments are given for the sake of fostering Love relationships between God and man and among people

This fundamental purpose must be in the subject or primary position so that laws may never be misused or used as a way to justify heartless actions which are rooted in an unloving judgemental attitude towards others

We may regard the injunctions to renunciation and meditation in the Buddhist Eightfold Path and in other Hindu, Buddhist, and Jain lists of dharmas as non-theistic expressions of the vertical dimension of supporting the relationship to the Ultimate Reality

In the horizontal dimension of law, prohibitions against social crimes such as murder, adultery, and stealing are universal. The more they are taken seriously the faster all evil is eradicated from the earth. This goal cannot be achieved by law enforcement but only by educating people in the value of True Love

Let us look at the Ten Commandments: (1) *"You shall have no other gods before me."* Why is this important? Because there is the tendency to make a graven image, or any likeness of anything to what we bow down and focus on this external image instead of the inner content

Our Heavenly Parent wants to have a Heart to Heart relationship with us which may easily be distracted by focusing on external images which are taken as substitute for the true content

(2) *"You shall not take the name of the Lord your God in vain: for the Lord will not hold him guiltless who takes his name in vain."* This commandment refers to the tendency of using God and His Word as excuse or justification for wrong behaviour

(3) *"Remember the Sabbath day, to keep it holy. Six days you shall labor, and do all your work; but the seventh day is a Sabbath to the Lord your God; in it you shall not do any work..."* This commandment is intended to help people to take regularly, at least once a week time to focus on internal aspects, especially on relationships

(4) *"Honour your father and your mother."* This is a fundamental task which does not need to be seen as commandment but as reminder because any person who developed a loving relationship with his/her parents will always respect and love them

(5) *"You shall not kill."* Such a commandment is of course only necessary for those whose Heart is not even developed to the extent that they grant to all others what they want for themselves – the right to live

(6) *"You shall not commit adultery."* This fact is most obvious to those who have understood the value of True Love which can only blossom in absolutely pure relationships. This commandment is very important to follow in order to reach the realm of True Love

(7) *"You shall not steal."* The desire to take from others what does not belong to me arises from a lack of Love within my own Heart. Therefore this like all other commandments will become unnecessary once a person has become one with the realm of True Love

(8) *"You shall not bear false witness against your neighbour."* A person who loves all people would never bear false witness. What is happening is that many people try to hide their own lack of abilities by pushing or pulling others down

(9) *"You shall not covet your neighbour's house."* Everything what we possess should be on the foundation of having established a sincere condition of investment of Heart. This is decisive for all people to understand and to apply in every respect

(10) *"You shall not covet your neighbour's wife, or his manservant, or his maidservant, or his ox, or his ass, or anything that is your neighbour's."* Again, all sense of possession must be based on heartfelt investment of our Love.

From these simple points offered here for consideration it is obvious that the Ten Commandments are not given in order for man to follow some rules but for the sake of the protection of Love and the development of the ideal of True Love both in the relationship with our Heavenly Parent as well as in the relationships among people

The second five commandments were intended to be paired off with the first five commandments. To help remember the Bible Commandments, they can be distilled to a word or two each and associated with the fingers of one's hands as a memory aid referring to the importance of one's Love for God and for one's neighbour

These two overarching principles were given in the New Testament and have been called the Great Commandments, to love God with all of your Heart and soul and your neighbour as yourself. Perfecting these two realm leads to the realization of God's ideal of creation